

RAYSON
AND
FRIENDS

BEFORE JANUARY 1ST, 1993
VOLUME 1

PREFACE.

This volume is not the original composition. The original 100 copies, of Volumes 1 and 2 were created by Duane Faw, sometime after 1994. This volume has been re-created by scanning the original printed document. The original bi-column format has not been retained, because in this modern international age, we have the ability to recompose documents to different page formats and sizes, and the bi-column format does not lend itself well to that process.

We have attempted to recreate this as closely as possible the original. Readers may note that spellings are not entirely “American”, and this is the way of the original. We have added some punctuation, and corrected the small number of obvious typographical errors, and added hyphens, but with few exceptions, we have refrained from altering words, even when word usage is strange. Thus, as far as possible, we have retained the “soul” of the original. The document will find a resting place in the Teaching Mission Archives, and interested parties can download copies from that web site. The URL is <http://www.tmarchives.com/>

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Geoff Cutler, Sydney, January 2004.

FOREWORD

This booklet contains selected teachings of RAYSON and friends before January 1, 1993. It includes all formal lessons of RAYSON during this period. The text of the lessons, themselves, has not been edited except to remove false starts, corrections made by RAYSON, and personal names. When appropriate, the name of a transmitter/receiver has been replaced by the symbol (T/R). Names of "students" have been replaced by the symbol (S) or (Student)

It also includes selected statements of, questions to, and answers by, RAYSON and friends during this period. Those relevant to the formal lessons are included in the order in which they were asked following them. The remainder have been omitted. The questions, themselves, have been edited to focus upon the question asked, but the answers by RAYSON and friends are in the exact wording with the exceptions made in the lessons.

Eight different T/Rs have communicated messages from RAYSON and friends reported in this booklet. Some were more proficient than others. Some were less proficient at the beginning sessions of their transmission than later. No attempt has been made to rate the T/Rs or to omit material based upon the lack of proficiency of any T/R. This is for the readers to ascertain by reference to their Thought Adjuster and the Spirit of Truth.

The booklet is divided into three parts. Part I is about RAYSON, the Teaching Mission, the Teachers, and the preparation of the lessons. Part II contains the teachings, themselves. It is organized and arranged alphabetically by topics. There are some duplications when appropriate. Part III contains the prayers of RAYSON, verbatim.

"RAYSON & FRIENDS" is prepared and distributed by the students of RAYSON. Questions and comments should be addressed to:

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PART I

A: ABOUT TEACHER RAYSON

[Note: On July 8, 1991, Teacher HAM in Woods Cross, Utah, concluded his session with these words:]

HAM: ...Thank you all for this evening's experience. Next week we will have a visiting teacher. I will not be here. So I will see you the following week. Farewell for now. God and peace go with you all. (07/08/91)

* * *

[The following week, July 15, 1991, the Woods Cross students (through their T/R) heard the message:]

Greetings. I am new to you - your awareness. I am RAYSON. This communication involving (T/R) is completely new to me, and is also new to her, and is therefore somewhat difficult because of the unfamiliarity. My name was new and therefore difficult for her to word form. However, this seems to be improving and I feel confident enough to continue.

As you have been told, many things have lately come to pass, and so will there also be many interesting and eventful occurrences in the future. Our purpose is to prepare the world for these future occurrences.

One of these will be the up-quickening of spiritual receptivity among all peoples of the world. In this we are observing the effects of these great spiritual changes. Vast realms of space are now being opened which were previously closed, as you know. This, we have looked forward to this time for many millenniums, and now this time is here.

You have all been especially preparing yourselves with your guidance for these days. Many of you were born into this time as the select ambassadors and news carriers of this wonderful news. To many there has been no perceptible change, however there are very many people who are now reaching a point of spiritual ripening and these are who we wish to include in the harvest of the kingdom. You are chosen to thus go forth and gather together these ripened souls so that they may hear the good news of the gospel of Jesus again - for the first time – for so much of this enlarged presentation is completely new.

I am a teacher under the command of ABRAHAM, who has thought it wise for me to begin training with a person as receptive as is (T/R) in order for me to gain practice for my assignment. For, as you see, I am quite pleased that this is coming through so readily, although at first (T/R) was wishing I were ABRAHAM. I feel prepared to be allowed to present tonight's lesson to you.

[RAYSON gives a lesson on The Fatherhood of God (see first lesson on Fatherhood of God). During question and answer session which followed, the relevant matters were as follows:]

Q: Are you an ascending or descending Son?

A: Ascending, as you ...

Q: Can you tell us more about who you are, RAYSON? And do you know us? Do you know me?

A: One moment. Yes, now have I some knowledge, understanding.

First question, I am also an ascending son, also was resident on Edentia, volunteered and was chosen for this assignment serving MICHAEL. This is - as far as I understand - a unique situation in all of the worlds. We have been given permission to give advanced truth to your world such as is taught as far as Jerusem. This is very unusual. And we have been thoroughly trained in your languages and religions and modern thought, understanding, word pattern. We hope to fulfil this assignment with, and doing, the greatest good possible. We understand the many difficulties facing this assignment and have been, we believe, quite fully prepared to meet any exigency, happening. My word was "exigency," (T/R) is unfamiliar.

My world is not really very far from this one, and it is thought that this would be advantageous for communication. Is there further inquiry?

Q: How do you transport your thoughts, your expressions, over the time and space we exist in? Or do you actually come into presence with us in this room?

A: Yes. I am here, present, yet you are correct in surmising that there is also a distance in time and space. I exist on a different other perception-reality, which we think of as distance from you. This greater reality-awareness has been received over millennia your time. This perception-reality, being reality, has been a gradual process of change. And as I am now, you cannot physically perceive my presence. Yet I can perceive your presences quite readily. (07/15/91)

* * *

[In September and October, 1991, RAYSON began contacting a woman in the greater Los Angeles area. In October she had practice sessions as RAYSON's T/R during which RAYSON spoke to (T/R) and, through her, to her husband. In late October they shared practice sessions with selected individuals in the area. During one of the practice sessions RAYSON discussed his authority in these words:]

RAYSON: ...Rest assured my authority comes not from myself, (S). I derive my authority from Prince MELCHIZEDEK, who derives his authority from Creator Son, Father MICHAEL, who derives His authority from The FATHER.

[The same practice session produced this dialogue:]

Q: Can you tell me, have you ever seen MICHAEL?

A: Yes, but not - I have not had an audience with Him. I have seen His image. Do you understand?

Q: Yes, teacher, can you tell me, when you see the image of someone like a Creator Son, do they have what we would call a face?

A: Yes, of course. Not different from your human face.

Q: When we celebrate remembrance suppers together, we are told in The Urantia Book that the Master is really present and that He communes with our Thought Adjusters. Does this mean that His omniscience is so great that all the days following here on Urantia when we have remembrance suppers. He is aware of this?

A: Yes. (10/24/91)

* * *

[The first formal lesson to the students of RAYSON was on December 1, 1991, where RAYSON, through (T/R), gave a short lesson on Mercy (see the first lesson on Mercy), after which the following questions and answers transpired:]

Q: Is it appropriate to ask if you could tell us a little about who you are?

A: I was once like you: a mortal on a planet that is closer than you think to Urantia. I ascended. Although I have not ascended far enough to meet MICHAEL of Nebadon, I am over 10,000 earth years old. I was trained as a teacher by Prince MELCHIZEDEK and was honored to be chosen to return to this planet, correction, to come to this planet to teach.

My other field of expertise is health-medical. In your world you would call me a doctor. Although, once you graduate, that word is slightly different in meaning. A doctor on high prevents spiritual illness. On this planet, which is so trapped in its physical, material mind-set, a doctor is only for the body. But the body has been designed to wear out. So if a doctor only looks at the physical, he/she could grow to embrace this phase of it. Spiritual doctoring is very uplifting, because it has success in healing.

[Later in the session:]

Q: Can you tell us where you reside? On Urantia, are you physically on this planet? Are you - do you have an abode?

A: I do not have a physical form. I am here, with (T/R), all the time, except when we meet as a staff. I guess this is my abode.

Q: When you meet, where do you meet? If you have to leave?

A: We meet in the Mariposa Grove

Q: That explains a lot to us because we have always believed through Urantia mythology that there was an Archangel's Circuit in the Mariposa Grove. Is this true?

A: Yes. ...

Q: If we were to go to the Mariposa Grove, as many of us have, would we sense more of the presence of celestial beings than we do in other places? Is there a concentration there? Does it matter?

A: Yes. You will sense more. The mountains are made of crystal and we use that actual property of crystals to – correction - as a circuit. That is why your mind, heart, soul is more open when you go there.

Q: Is there a best time of the year? Or does it make any difference?

A: It does not make a difference.

Q: Christy one time made a pilgrimage to the Mariposa Grove and concentrated on the Grizzly Giant as being one of the places that she was told had something to do with planetary communications. Can you confirm that the Grizzly Giant is involved, or is it simply located in the Mariposa Grove?

A: Near the Grizzly Giant is the spot many find the Archangels. It is not physically necessary, but it is spiritually inspired. (12/01/91)

* * *

Q: Father MELCHIZEDEK asked me to be a screener. If I may ask, what does that look like? Should I meet people before, or just what?

A: As - there will be a progression, (S). Right now, in the beginning, people will seek, will make themselves known to members of the group, and what you should do is meet with them and assess their level of maturity, character, and knowledge of The Urantia Book, as this group is a more evolved group from others who might not have the reference of the written revelation. Use intuition. This is not an investigation, but merely to get a sense of them and then when you have met, after the lesson you will tell me who the prospective members are, and I will scan your mind-memory and approve or ask them to wait a while.

Q: When you say “scan” (student)'s mind-memory, are you working with his Thought Adjuster, his Seraphim, I didn't understand that.

A: We are able to scan the minds of those who consent through a Life Carrier – Midwayer combination and immediately the knowledge is also mine.

Q: Are they only survival value memories, or all the mindal memories - that we have on Urantia – available to you?

A: All of the mindal memories, although I am not truly interested in the lower forms of human behavior and disregard them as if they did not exist, for truly they will not once you are repersonalized. (01/06/92)

* * *

Q: You are so much further ascended than the rest of us - to Jerusem - is your experience with your Mystery Monitor intense and conscious at this point? Does it get more conscious as you ascend through the morontia spheres? And could you enlighten us a little and let us know what the differences might be? Between you and us?

A: Yes, it is more conscious, of course. The difference is that I guess much less than you (laughter) as to the will of The FATHER.

Q: Are you able to see your Thought Adjuster, RAYSON?

A: Not at this time.

Q: Is that because he is back where you came from waiting for you?

A: I am not allowed to answer your astute question. (Laughter.)

Q: On your planet of origin, did you receive your Adjuster as we do on this planet?

A: Similar, but at a younger age.

Q: And when you received your Adjuster, on your planet, do the people or the beings know when that occurs?

A: On occasion, yes.

Q: Can you share with us any interesting aspects about that?

A: We were much more attuned to the spiritual growth of our children than you are on this planet. Every parent actively fostered spiritual awareness in their children as one of the main responsibilities and honors of caring for a young unformed being. Therefore the arrival of the Deity fragment was awaited with great anticipation and joy, and much preparation was spent in discussions around this momentous event. Because it was so highly paid attention to, and fostered, there often was an awareness of the moral decision-making capabilities of the child on the part of the parents, and sometimes an awareness of the upsteps of mind being when the Mystery Monitor arrives. It was a cause of much speculation and celebration. You are virtually unconscious of this momentous occasion on your planet here.

Q: Did your Mystery Monitor bring a blueprint for you

A: I am not sure, but what we do know is that The FATHER fragment works with whatever decisions the free-will creature makes to the highest advantage of Deity. Certainly my intellectual genetic inherited capacities and my spiritual receptivity capacities were evaluated when the Mystery Monitor chose to indwell me. So perhaps the angels projected my possible career choices to Divinington and God selected the best FATHER fragment for me. This is speculation, but an educated guess on my part. (01/12/92)

* * *

In terms of my own relationship, I was once very similar to you on my physical world, which was not too far from Urantia. I functioned as a male mortal and was a doctor. I have traveled through the seven Mansion Worlds but have not fused. I have not seen MICHAEL but have studied your planet for many, many hundreds of years, and there was great competition to be chosen for this mission. I was quite honored to be amongst the handful chosen because of my similar background, my doctoring skills, and my study of your planet and peoples.

How do I see you mortals? Not as differently as you would think. I have downstepped to a more morontial form to make contact. So, I perceive a Light emanating from the head region at times, which is your adjuster. I can, if given permission, search your mind circuits for memories or knowledge of other human beings of which I have none. I gather information just like you do, by meeting the human or searching the mind memory patterns of a human who knows the individual in question.

Travel for us is quite fast, and we are aided by Seraphim and midwayers. The Life Carriers help to effect the necessary connection for transmission and receiving-as well as first and secondary Midwayers. (01/13/92)

* * *

[Word was received from Sarasota group that two new MELCHIZEDEKs had arrived.]

Q: Does the arrival of two new MELCHIZEDEKs affect your relationship to this group in any way?

A: It does not. We will continue as before on our steady upward path toward spiritual illumination, and when you are individually and group-wise ready, prepared, you will be given additional and more worldly assignments for service.

I suppose in your terminology I would be described as a more conservative teacher. Some of my brethren are more flamboyant and spontaneous. As a mortal I was more patient, wait and see, scientific, not in so much of a hurry, more of a steady worker, slower progress. Some of the teaching corps were not that personality type, but more creatively leaping, intuitively jumping - I am not describing well what I mean, but some run marathons, some are sprinters, we all reached the goal in our different ways.

I am more reluctant to give certain information and more concerned with your balanced and steady spiritual progress, and perhaps more familiar with your species, having been in a similar species myself, very close to the human state. (04/04/92)

* * *

Q: Are you available to us in our daily lives? And if we needed immediate guidance or help, can you come into our minds and give us special guidance and assistance?

A: No. I can assess you, I assess you as my students, but I do not guide or assist your decision, will, or struggles. (05/30/92)

* * *

B: ABOUT THE TEACHING MISSION

Q: I have read in The Urantia Book that the rebellion of Lucifer isolated the (rebellious) worlds of Satania, including Urantia. Is this new opening of (communications) a part of the re-encircling of Urantia into the spiritual fullness of the Universe of Nebadon?

A: Yes. This is the end of isolation. (07/15/91)

* * *

[In referring to the Urantia Book RAYSON said:]

Our mission is not opposed to the revelation. Rest assured it is part of the revelation. The FATHER did not only approve of truth in a book. The book was sent to prepare the first wave of workers in the kingdom. Your world is an illiterate world. It is a world divided like the tower of Babel, by languages and races. Why, ask yourself, would the unseen Father send only a book? Our truth, enlightenment, membership in the Kingdom, is for all mortals, regardless of intellectual abilities. The book was sent to prepare the first wave of workers. The first wave of workers, yourselves, will take the word to the world through the gift of Prince MELCHIZEDEK's teachers. As the world becomes more enlightened, more people will accept the book. (10/25/91)

* * *

[At the first formal meeting of his group the following was recorded]

Q: ... (RE: Prince MELCHIZEDEK) I'd like to know about when he took over as Planetary Prince, and what happened to the Lucifer rebellion, and to Caligastia.

A: Just a moment.

MELCHIZEDEK: This is Prince MACHIVENTA. You all know the history of the nefarious rebels who took control of this planet. In 1984 the Mercy Bank was rejected by Caligastia and Daligastia. They refused to repent. They are no longer.

Caligastia was such a bitter being that he left behind this virus (AIDS) and other illnesses which he, being of such a brilliant mind, designed. He would never give us the access so that we may effect some physical cure. He said: "If I cannot be Prince of Urantia then I will take the planet with me into the blackness."

But God's will is not for that to happen. This planet is a protected place as it is the birth planet of the human-divine Jesus. It will take us some time. We are approximating a thousand to two thousand years, to erase the evil that this insane being left behind as your legacy. But we will erase it, and your planet will be a beacon to all other ascendant mortals.

God's will is never hurtful or harmful to His little children. It is the will of the Father to heal his little ones, and many are being used to do so.

We look in awe at the agondonters on Urantia. You are truly God's children. To build and maintain faith and God consciousness in the midst of such darkness is commendable.

I have taken over by order of my God, MICHAEL of Nebadon. This occurred when those two evil beings ceased to be. I am, and have been, officially ushered in as your Planetary Prince. We have a lot of work to do, but do not cast eyes downward. Cast eyes upward for the glory that will befall this planet. These are wondrous years. (12/01/91)

... I leave, now, to go - to attend the group at Woods Cross, and bid you Godspeed. (12/01/91)

* * *

[On New Years Morning (very early), 1992, RAYSON and PRINCE MELCHIZEDEK turned up at a New Year's Eve party.]

My children I AM PRINCE MACHIVENTA MELCHIZEDEK, official Planetary Prince of Urantia and formal spokesperson for our creator-father, MICHAEL of Nebadon. I am proud of you for your celebration and for bringing our creator-father into your hearts. The down-grasp of God, the upreach of man, is indeed a beautiful and miraculous thing to behold. As I have met MICHAEL on high, I am still moved ...

(Interruption of communications by dog and untimely entry of other members of the group.)

Greetings, (S), I AM RAYSON, and you will hear my message on the recording device. I will not keep MACHIVENTA waiting, so I turn the transmission over to our revered and esteemed Planetary Prince.

MELCHIZEDEK: Praise to the Lord, I am Prince MACHIVENTA MELCHIZEDEK, Prince of Urantia, agent of our creator-son MICHAEL of Nebadon whom we worship and love. Greetings, children of time, I am pleased to formally inaugurate you into the teaching mission of which I have the assignment, responsibility, and honor to lead during the thousand year correcting time as we adjudicate all effects of the rebellion of the nefarious Lucifer, Satan, Caligastia, Daligastia, rebellious Midwayers, and others who entered into this evil plot of self liberty and denial of the authority and creation of The FATHER.

The correcting time will be an age of wonder and miraculous events to the human mind and soul. To us it is a great opportunity to make right what has been made wrong and dark. In addition, our planet is re-encircuited and much will happen in your lifetime to affirm to your spiritual eyes the coming age of spiritual enlightenment and the eventual transfusion of God back into mankind. We welcome this opportunity to serve in such a wonderful mission.

You will receive teachings from my beloved brother, RAYSON, which will prepare you for your group mission and individual assignments, which will be based upon your personal strength and faith in yourselves and The FATHER. First, the lessons will continue for a period of one to two earth years. If (T/R) is unable to complete her task due to her mortal birth into the Mansion Worlds, I will ask you, (S), if you will accept the assignment of acting as the transmitter-receiver for teacher RAYSON. If you accept the match of your mind's energy frequencies will begin in preparation for this contingency. Do you need time to pray or do you have an answer?

[Here follows the assignment of tasks within the group. All are formally accepted.]

I am pleased at your service-mindedness and faith in the revelation. We envision many groups being taught. As one group is graduated, the teachers will move on to another human social group, and thus transform individuals, create a transformed planet.

I welcome you to my mission, which is now your own. We share the same path, the same Father created us, loves us, and some day – children - we will meet on high with the Universal Father and move onward to the outer space levels where this experience will vastly aid in your assignment when you become a finaliter. (T/R) is not attuned to my frequencies, so my messages to you are foreshortened, however, I am involved in the supervision and overseeing of every aspect of your growth development teaching. We carefully monitor everything as, unfortunately, many mistakes have occurred and we do not wish to see your planet involved in further retrograde actions. We have studied long and hard to insure the success of the winning of Urantia to the side of Good and God and Light; and we will not fail this time!

My love and prayers and watch-care are with you. I send you the personal greetings of MICHAEL of Nebadon, who was here with you tonight. He loves his children dearly and well and knows your soul and potential. His prayers and love are with you now and always. God bless you and keep you my children. Until another time I bid you farewell. (01/01/92)

* * *

[On January 13, 1992, RAYSON talked to a small group in Northern California where the following was recorded.]

Prince MACHIVENTA MELCHIZEDEK is now the official Prince of Urantia and has arrived on his teaching mission and formal reign as Planetary Prince with one hundred beings who will act as teachers

to the mortals of this planet, fifty female, fifty male beings. Contact will be made with mortals whose minds were prepared ahead of time - studied ahead of time in a similar fashion to (T/R). Teachers will spend a year to two years approximately, earth time, teaching a small group of believing faith-filled mortals. When the group is ready to go out into the world, the teacher will be assigned to another group of ready souls. Assignments will be given to the mortals who have graduated from the teaching program. I am not at liberty to disclose these assignments at this time. We function thusly, Prince MELCHIZEDEK to ABRAHAM to brother HAM who is the head teacher.

We hope to achieve in the next thousand years of the correcting time a spiritual up-step, using transformed individuals to ultimately transform this world. We are a continuation of the Fifth Epochal Revelation. We are not a separate bestowal, but this phase of the revelation was planned from the beginning. However it was decided not to reveal this to the original contact personalities because of the danger that would place the revelation in - over emotionalism, non-belief, dismissal. The book had to stand and root on its own.

Now we proceed to take the humans who are ready and activate them out into the world. We will contact on a world-wide basis readers and non-readers alike. We begin mostly with readers as there is less groundwork to lay.

Q: (About the validity of other channels such as Ramptha, Lazarus, etc., how to tell, and how long have you been on Urantia.)

A: All false. Only legitimate channeling coming through our mission is the group in New Zealand, Utah (Los Angeles Area), Idaho, and Florida at this time. There will be more.

How to tell? There will be a network amongst the true transmissions. For yourself judge the spiritual content, use your Spirit of Truth. And (S), truth may be gathered like a bee from flower to flower from sources, which are human inspired. Celestial or non-corporeal beings do not have a monopoly on spiritual insight. So whether a transmission is from us or is from the human higher mind is really just a speculation, which humans and we like to engage in, to speculate about what could be. The message, is spiritual, will illuminate.

As to how long we have been here, we have been here since 1984, not all, but MACHIVENTA arrived as the rebellion was adjudicated. As you know, none of the evil ones exist. He was not formally installed Prince of Urantia until October of last year, '91. And the mission is officially under way. (01/13/92)

* * *

[On February 1st, 1992, during a recess in the meeting of the General Council of the FELLOWSHIP, before an audience of about 150 people at the LAX Holiday Inn, teacher HAM formally announced to the world the recent changes in planetary government in the following language:]

The light of God surrounds us,
The love of God enfolds us,
The power of God protects us,
and The presence of God watches over us.
Wherever we are, He is.

My profound and sincere greetings to you all this evening. I AM HAM. I have been commissioned to bring the light of truth and the understanding of our Father to Urantia.

I am one of many teachers. All of us are awaiting the greater reception of our words and we are desirous of placing many teachers among you. Great is our mission. Understand this in your hearts. The time has arrived for expanded level of truth to begin correction. We come not for ourselves. No, indeed. Rather, only in service of MICHAEL.

This day is, marks the beginning of, the correcting time. MACHIVENTA MELCHIZEDEK has arrived, and has been duly inaugurated as acting Planetary Prince of Urantia, an assignment he has accepted from MICHAEL. Long years we have waited this day. The Lucifer rebellion is officially ended in Nebadon. The circuits, which have isolated your world, are being reopened. All these changes are occurring by and in accordance with the plan of MICHAEL.

Happy and joyous is this day! Blessed in the sight of our Lord! Gracious listeners, I bid you welcome to change. We mark the beginning of the reign of Prince MACHIVENTA on this day.

Questions are welcome. Indeed, happy am I to serve you. (02/01/92)

* * *

[Some General Councillors deliberately stayed away from the meeting. There was a feeling of disappointment and sadness among students of HAM and RAYSON about their absence from such a momentous event and about the treatment of teacher HAM by some present who should have known better. The next day RAYSON said:]

RAYSON: Children, on a purely human level there is disappointment and confusion in some of your minds. However, let me broaden your perceptions. Human beings are unpredictable. They react from centers of emotion - primitive fear, defiance, resistance to change and growth, inaction, anger, ego-guarding positions of power and misguided impulses to protectIt is not our responsibility to control, predict their reception of this truth. It was our responsibility to present the truth of the second stage of the Fifth Epochal Revelation to the official guardians of the first stage. We have done our job and done well. Most especially the teaching group from Utah have stood shining and bright in front of much scorn, but have not lost their loving hearts and minds.

Throughout history men have had the irrational need to malign the good, beautiful, truthful in others. How sad to see some of these same reactions in the presence of the Planetary Prince. But not so surprising when one considers what this species did to our beloved Creator Son when he sojourned here in the flesh. Lucifer himself was shamed by the actions of these mortals. I am not comparing this to the crucifixion of our Master, no. But I am comparing some of the irrational actions that continue to infest your race when presented with higher truth. What the mind cannot absorb, the animal attacks.

How shall we deal with these reactions? Brothers and sisters, the power of our commission, The FATHER, and our Creator Father MICHAEL wish to give you other tools to enhance your own spiritual growth. The brighter you shine, the closer you live to God's truth, the more other humans will want what you possess.

Therefore, let us ignore the negative; let us not give energy to the unreal. In your own heart-mind you know what is true. The Spirit of truth is there for all. Search for this Spirit and he will show the way. You know this already and are true faith-filled sons and daughters of the universe. Do not waste energy with non-believers, attackers. Rather, spend your time on those who hunger for guidance - and there will be many. Let us not have heavy hearts.

Let me assure you, and share with you the wonderful celebration which we celestial beings participated in last night: the celebration of the public awareness of the reign of our Acting Planetary Prince. And children, what a Prince this MELCHIZEDEK is! How many planets have as their planetary prince a being of such immense love, wisdom, and light as our beloved MACHIVENTA, a being, who has intimately lived, studied, and loved this planet and its humans for such a long time? Indeed, a teacher who has actually incarnated as one of you. How blessed this planet is to have this special watch-care of MICHAEL and such a wonderfully experienced planetary prince.

I bring you commendations from Prince MACHIVENTA. I bring you his love. I bring you his prayers. And above all, I bring you his promise that this mission will not fail. Someday, my children, your names will be sung on the lips of angels even as were the names of Van and Amadon. This we promise you.

Human suffering is temporal, spiritual growth eternal. You have all grown and will continue to grow. With God, my children, nothing - absolutely nothing - is impossible. Be of good cheer. See through the eyes of the spirit and you will behold greater miracles. God bless you all, and farewell. (02/02/92)

* * *

[On February 9, 1992, RAYSON said to his students]

Before our lesson I would like to convey my feelings of admiration for your human hearts and minds who so genuinely seek The FATHER's will and so respect the sanctity of this mission that you concern yourselves with things which are sometimes beyond your wisdom. I have listened to your discussion and am honored to be associated with such a high-minded group. (T/R) is slightly resentful of analysis, but she will in time come to accept this human curiosity as part of her destiny. The fruits, growth, morontial sight which will steadily increase due to these teachings and our associations will more than compensate for human hurts, flaws, insecurities that might be felt along the path.

In the near future it will matter not what others think, feel, say, as you all will make such spiritual growth-progress that this will appear as merely an annoyance or shadow of reality - which indeed it is. God reaches His children through many means. You are fortunate to have the ears to hear directly. You will feel tolerance and compassion for those brothers and sisters who, invited to the wedding, refused to attend. God will not discontinue knocking at their hearts and minds and souls, and will reach these children through other means. Indeed, they are already assured survival by their faith.

But it is a privilege, brothers and sisters, to directly interface with the Prince's staff. And for this each of you should feel a sense of great accomplishment and privilege, for you are among the first humans to be trained and sent out into the world with our teachings and blessings. This is no small accomplishment. Your faith has earned you this place. Your openness has given your spiritual eyes sight and ears hearing. Your hearts are greatly blessed and your soul growth increased through this association. This is not because I am a great teacher or ascender. No. It is because your agondonter faith is so strong.

I commend you, and great will be your soul's reward as well as earthly benefits. This I assure you of, children. You will not only earn a place in heaven, but your place on this planet will be greatly improved in all areas of your earthly life. Even the material. This is not a reward, but it is a direct result of spiritual knowledge and growth. It is true, to him who believes in me God said "all things are possible." ALL things, brothers and sisters, not just the large. ALL things. Take this in, children. The quality of your lives will increase. God will direct your step. And things will become easy. You will have spiritual lessons. No one can avoid the waters of despair, disappointment, doubt, fear, envy, jealousy, anger, these are inevitabilities, children. But your lives will increase in the good fruits of the spirit. This is a promise.

[After the formal lesson, the third lesson on Thought Adjusters, the following Q's & A's occurred]

Q: Are the repercussions that occur from people speaking against our group ultimately helpful to the group, or are they damaging?

A: There can be no damage from this except to the individuals who engage in this discussion, depending upon their motivation. Some are sincere and concerned. Some are merely engaging in what you refer to as idle chat or gossip. Some are threatened, and they themselves do not understand why, by the teaching mission. They grope for - they grope to fill in the reason for their unease, fear, and so invent rational objections. They themselves do not understand their own resistance. Nor do they have to participate beliefs. This is something that will be with you humans, these reactions, until Light and Life.

Q: Teacher RAYSON, What was the significance of the meeting with Teacher HAM in Los Angeles? What was really meant? Was this the formal announcement to this planet that teacher MELCHIZEDEK - I mean that Prince MELCHIZEDEK - has taken over as Planetary Prince? Was that the significance of this meeting?

A: Yes, it was. It was called to be announced to those who would understand its import. What better group to announce this to? Most humans have no awareness of the office of Planetary Prince or that there is a celestial government in place. So this was our formal announcement to those who understand what we were talking about.

Q: Then we were participants in a very momentous event, when this happened. Only once, I presume, on a planet.

A: Yes.

Q: Was that the day MACHIVENTA MELCHIZEDEK began serving? Or was that the announcement.

A: That was the public and formal announcement. MACHIVENTA was celestially inaugurated in October of 1991, and has been present for the most part on the planet since 1984. (02/09/92)

* * *

Q: I have a question, which has to do with planetary government. Prince MACHIVENTA MELCHIZEDEK is Planetary Prince. When Caligastia was Planetary Prince he had a deputy of the same order by the name of Daligastia. I'm just wondering if Prince MACHIVENTA has an assistant Planetary Prince.

A: He does. But I am not sure if I am permitted reveal this being to you. (02/22/92)

* * *

[On April 4, 1992, RAYSON confirmed the coming of two MELCHIZEDEKs to the planet announced by the Sarasota group (See entry of 04/04/92 under ABOUT TEACHER RAYSON, above) the following questions and answers transpired.]

Q: The two additional MELCHIZEDEKs which are coming, are they to be involved in the teaching mission, or do they have other missions besides the teaching? How will they impact on our group?

A: They will have other additional missions, both. Prince MELCHIZEDEK is indisputably in charge of this teaching mission as he is of the entire spiritual government and goes on on Urantia. These two MELCHIZEDEKs are subordinate to Prince MACHIVENTA and will be involved as he sees fit in the teaching mission and in other areas which I am only partially allowed to disclose to you.

The planet right now is undergoing a huge and quite possibly devastating regressive backward-sliding economic upheaval. This is but the beginning of much change globally. These MELCHIZEDEKs will be working in many other world areas to stabilize the effects of collapse and starvation, mitigate and work with world government, some of whom will be activated, the human reservists, highly placed figures, to offset the economic conditions which cause people to fear and respond with warlike behavior. (04/04/92)

* * *

[For several weeks, due to summer vacations and Urantia conferences, the group did not meet. When it reassembled on July 26, 1992, the meeting was opened as follows.]

Greetings, spiritual family. I am RAYSON. I am your teacher. I have greatly missed our sessions, and truly love each one of you. Some who are more attuned might have felt my visits over these few months. I have not left you unattended.

The teaching staff have learned a great deal during the time of rest. First, the human faith is strong, but applied faith tends to slip away in day to day pressures and stresses of life. It has occurred to greater and lesser degrees in each of our spiritual family, and has been inconsistent in each individual. We thank The FATHER for this time of learning from Him, for we have realized that perhaps we started on too mindally high a level, and we are grateful to learn from our mistakes. So we have been busy rewriting and revising the syllabus.

At our core of caring is your spiritual growth. Secondary is to turn out wonderful truth-teachers and living spiritual brothers and sisters, beacons of light and love to draw others to God. You are really already that, but you can become even more so. And this we wish to help you with. This is not a criticism for you truly, children, are the light on this planet. There are many others like yourselves, but you are my flock and I am proud of each of you and love each of you, ceaselessly.

It is hard to fully understand the human existence, so we make errors. But this is a great adventure for all sides, non-corporeal and material beings alike, reaching across time and space, holding hands spiritually in a great quest for spiritual advancement. We all advance through this teamwork, this wonderful blessing and miracle that MICHAEL, acting for our Universal Father, has permitted to occur here on this special planet, blessed and distressed by so much evolutionary anomaly. Another chapter in the unwritten book of growth, no one having a model for the outcome, guessing, rethinking, living, giving to the Supreme the most rare of experiences: a cooperative effort between worlds, between spirits, between ascenders.

For us it is so exciting! We are so conscientious to make the best effort as we are aware of mistakes in the past and the repercussions in your own lives. We wish no harm to come to you or your friends. Enough hurt has been left in the legacy of Caligastia, to last many, many lifetimes. We wish to be the correctors. We wish to offer our experience and love and inspiration to you humans who have such a difficult walk in the flesh. Even the Master, Himself, had times of great distress. The human form is incapable of unlimited perception, and thus seen on the smallest fragment of reality, is easily discouraged and pushed into despair, isolation, anger, loneliness.

But be not anxious, for great tools are yours. Great love is yours. Our Master-Creator, MICHAEL of Nebadon, personally looks after Urantia. He loves all His creatures but you are especially beloved by this great Creator. His mercy extends to every being but His mercy is especially tender towards you. MICHAEL is wise, patient, loving, good, beautiful, truthful and the way to The FATHER. He will never fail you no matter how many times, humans, you may fail yourself. Faltering on the path is part of Growth.

And now we will put this period to good constructive use, the clay to mold the art from. And together we will create goodness. Together we will create a glory to MICHAEL. We will rededicate our wills to this purpose: to doing and discerning the will of the Universal Father, to loving and worshiping God, to reflecting God's love in our daily lives, to serving our fellows with more love and understanding, and to serving ourselves with self-love, forgiveness, acceptance of our flaws, and a true strong spiritual attitude that we are children of the most benevolent, merciful, and loving God - MICHAEL of Nebadon - and his partner, the Universal Mother Spirit.

This can only inspire faith and acts based on spiritual poise. We will not allow defeat, disappointment, to cause negativity. Rather they will spur us onward to make spiritual war for the good. We will not allow our victories to feed our egos, children. Rather we will handle our victories with poise as befits a pilgrim of time and space. This is spiritual soldiering. This is total centeredness as Jesus lived it here. (07/26/92)

* * *

[On August 9,1992, RAYON admonished his class in the following language:]

And you are admonished to keep perspective, for the primary purpose of our meeting is spiritual growth, greater understanding in terms of living of the teachings of The Urantia Book and Jesus, and the evangelism and transformation, spiritualization, of this world. That is our mission. It is not to provide you with special vision, advice, insight, or personal guidance other than the spiritual. (08/09/92)

* * *

[Shortly before MICHAEL'S birthday, Friday, August 21st 1992, the following was recorded:]

Q: I look upon Friday night as a field trip for the class of "the students of Rayson." You told us last time that we needed to adopt a proper perspective before we can receive the maximum benefit from Friday night, and I have put together a two-page written document taken from your lessons having to do with that perspective. I wonder if you could review the document in my mind and indicate whether or not it is proper to pass this paper around, or whether or not it is superfluous.

A: One moment. (short pause) I am pleased with your effort toward maximizing the benefit of the remembrance supper on Friday night. I would add one thing, only. **NOTHING IS MORE IMPORTANT THAN THE EXPERIENCE OF MICHAEL'S PRESENCE.** (08/16/92)

* * *

[At the meeting on August 21 messages were received from the following ascendant mortals and celestial personalities: GABRIEL of Salvington, MACHIVENTA MELCHIZEDEK, ABRAHAM, HAM, RAYSON, BERTRAND, and SIGNA. They were not recorded. There may have been a message from MICHAEL, Himself. See the quotations from the September 20th meeting, below.]

* * *

[There followed a period of about a month during which the group met but there were no messages as there were no T/Rs available. In mid-September RAYSON asked a neighboring T/R to act as T/R for his group. On September 20, 1992, the group met with the visiting T/R and the following is a partial record of that meeting.]

I am RAYSON. I am your teacher. It is most pleasing to me to see your bright and shining faces once again. Your spirits continue to grow brighter. Do not fear our separation. I have greatly enjoyed sitting with you in your conversation this evening, hearing your voices again, listening to your wonderful experiences and your sadness at not being together. (S) is correct in his assumption that this group is to continue to meet, that you are being prepared for great work. Another transmitter/receiver will be on line soon, if needed.

It is truly a joyous occasion tonight. (S) has consented to act as transmitter-receiver this evening. I am most thankful for his presence.

To speak of our situation, (T/R) and (T/R) are both experiencing doubts, internal difficulties, with this mission. They are not doubts that this mission is real. They are doubts in their own abilities and doubts in their own desires to the commitment of being transmitter-receivers.

Understand, it does take time and energy that one must give freely in order to undertake this assignment. (T/R) is especially vulnerable to depletions of energy and it is quite understandable that she should be concerned with that particular aspect of her transmitting and receiving. Continue to love them with your whole hearts. They have indeed rendered an immeasurable service. And quite possibly will continue to do so in the future. Keep them in your prayers, speak with them as you might, share with them your love, and be joyous with each of them. This is not a time to feel down about this situation.

When we began this teaching mission it was quite apparent that these sorts of anomalies would transpire. It is always hoped that each transmitter/receiver will accept their assignment and this sort of situation would never arise. But in the lives of mortals many things are possible, both positive and negative. They are the outworkings of living on an evolutionary planet. They cannot be avoided.

This teaching mission is designed to uplift the spiritual natures, the spiritual knowledge, the spiritual commitment and the spiritual directions of those mortals who are a part of each class. They are not designed to ease one's life's toil, only to make each day easier to handle. You will all continue to have daily toil and trouble. There is no escape. But understand that with the re-encircuitment of the planet, with the help of your Guardian Angels and these teachings, you will conquer this earthly existence and be magnificent spiritual beings who arrive on the doorstep of the Heavenly Father and gaze upon Him in His glory.

[Here followed lesson on DOUBT, followed by:]

Q: Did anything significant in the spiritual realm happen on August 21st, Jesus' Birthday? Was there a new dimension added to the plan?

A: Not to the plan. The formal encircuitment of the planet was announced by Gabriel and completed.

Q: Does that make it easier for T/Rs to transmit and receive?

A: It is a broad stroke accomplishment that affects all as does the Spirit of Truth. It isn't something that is specifically used by the transmitter-receivers.

Q: It is a spiritual upstepping then, is that correct?

A: Absolutely. Yes. And as time goes on you will begin to see in the lives of those you meet a spiritual awakening that you have not seen before. You will have individuals come to you and seek guidance for they will see your spiritual light. Their ability to see spiritual light in others is improved now. They may not realize what it is they see, for it isn't something you see with your eyes. It is something you see with your heart. You feel it in those that you meet. Does that help you?

Q: RAYSON, did MICHAEL give us a message at JESUS' birthday party?

A: Yes, there was a short message at the end of my message with (T/R). Yes. It was a transmission.

Q: But He did not identify Himself?

A: He did. I am not certain that the actual words were spoken by (T/R). In reviewing her transmission it is evident that some of the final words that she spoke were from MICHAEL, Himself.

Q: The BERTRAND class found that none of us could remember much of GABRIEL's transmission or any of the teachers. Can you explain why that was? Of that event?

A: Sometimes it is important to use one's intellect to remember experiences as opposed to rely on mechanical devices. It is actually good that you did not record our session together on MICHAEL's birthday because now, in order to totally remember all that transpired you must again meet together and discuss what each of you have remembered. The inter-association of personality will again bring MICHAEL's personality within your midst, and the process will be much improved in remembering what occurred. Each of you have a full memory transcript of every word that was spoken. You must just have them in personal association with the other, with the 28 that were at our celebration, you will be able to reconstruct most of what occurred.

Q: Could you elaborate a little bit about the circuits, how many there are, what their being open means to a human being, does that mean they are open in us, could you liken it to a radio station transmission? Things like that.

A: As far as direct personal effect from the opening of the circuits, there is little. What has effected, though, is that each of your Guardian Angels, the Midwayers, all other celestial beings present on the planet, teachers, Life Carriers, all now have direct and open communication with their associates in the far-flung universe. They are able to minister much better than before the circuits were re-established. That is not to say that the circuits of the Thought Adjusters, the mind circuits of the Adjutant Mind Spirits, and others, were not functioning, no. But it does mean that some circuits that are used for the uplift of mankind are now re-established. As far as number is concerned, it is much more a function of number of facets on one circuit rather than the number of individual circuits. One circuit, though, that has been established that may have direct influence upon you, upon the teaching mission, is the direct circuit with MICHAEL, Himself. It is a private circuit. He can, communicate directly with Urantia at any time.

Q: Did the private circuit by which MICHAEL connects with Urantia exist prior to His birthday.

A: No, not this particular circuit. He had His connection through His Spirit of Truth, of course, but not this particular aspect of the circuits.

Q: Can He speak through a T/R, RAYSON, through this circuit?

A: Yes, He can.

Q: We have a Urantia Book publication called the Monitor in the Southern California area, and in it recently was an opinion that the phenomenon of T/Rs and receiving guidance, and so forth, is dangerous and makes us dependent on teachers and keeps us from delving into our own contact with our own Thought Adjusters. In other words that it was a crutch for people who couldn't motivate themselves in order to serve God, that they had to have another source of motivation in order to get them going. What do you think of these opinions?

A: First there is a need in many humans to have - let me phrase this another way. At no time if you will consult any of the transcripts, any of our teachings, you will know this is fact - at no time do we suggest that you, or that the teaching mission, take the place of your direct spiritual contact with your Thought Adjuster. We are continually suggesting that you practice the stillness, that you continue that daily contact with your Adjuster, that it is the most important guide that you can possibly have. This teaching class is designed to supplement The Urantia Book. It is designed to help you to experientialize the knowledge that you have gained from the facts within The Urantia Book. Truth is only had by experiencing. It is not had by reading in a book. Therefore, what we are attempting to do is to give you that experiential knowledge, that evolutionary knowledge, of what it is like to be an ascending mortal on a planet seeking the morontial, seeking soul growth, and seeking your spiritual growth as well.

None of these are a panacea to an individual who is lazy. These are all processes that are necessary for a person who is active, who is eager, who wants to learn, and wants to grow.

You see many who have made these statements; this is not by any means the only, but made them from a position of ignorance of what the teaching mission really is about. If they were to take the time to learn they would immediately see that those two suppositions are most incorrect.

Q: Can we assume from that that the assignments you've planned for us would be something that would enable us to coordinate our potential

A. Yes.

Q: Are the physical challenges that face the T/ Rs in any way physically endangering to any of the T/Rs, or is it simply something like we all work and we get tired of digging ditches or whatever?

A: Your latter assumption is correct. It is like physical labor. It is not dangerous in any way.
(09/20/92)

* * *

[On November 1, 1992, the discussion was about inviting a person to the group.]

Student: Well, I don't know what the process is to get someone here, I'd like to initiate it, and propose her for membership.

RAYSON: I see that (S) has a great regard for her and I do not personally mind her presence in this group. There is a slight problem in setting a precedent. I understand that she is not a regular member of a study group or that she does not regularly study The Urantia Book. Does she, or has she, read the transcripts of other teachers?

Student: Not to my knowledge. I was awaiting permission to invite her to forward her copies. She has the impression this is a secret society, and for that reason has not sought invitation to this group earlier than this time. I believe that she believes in The Urantia Book. I know she has spoken to people about it. And that she reads it on her own and has gone to study groups. I don't know about the regularity of her attendance.

RAYSON: It is unfortunate that she believes that these sessions are secret. They were once very private, and they still need some form of discretion and inviting ???, but please try to dispel that idea. There is nothing secret here. She should be exposed to transcripts and or tapes of other teachers. Maybe what is required is a warm heart-to-heart talk with some members of this group besides (S). It is very difficult to interview a person when one is emotionally wrapped up in that person's life. Maybe you can do that.

Student: It would be an honor. I cherish her friendship....

RAYSON: It would also be okay for me to talk to her on a personal basis. This would be fitting in that it will not set a precedent of having people in the group who are not familiar with the teachings of The Urantia Book even though that is not entirely precluded depending on the circumstances. Right now I think it would be best if first she is given a few pages from various teachings, which you think, embody wisdom and truth, and then - if she is open to the truths - I will be happy to meet with her in a private session.

Q: Thank you. I think she would very receptive to that. Something we talked about at home is the idea that there are many good people on Urantia who don't necessarily read The Urantia Book, or even know that it exists, and yet they lead good lives and follow the teachings of MICHAEL. Could you comment on that?

A: Yes. There are many individuals on Urantia who have not heard of these missions, this teaching mission, or of The Urantia Book, but they are quite cognizant of truth, many truths, wisdom, and have been led to the truth by other means. Some of them also have teachers from this teaching mission. But that is in a different context.

This format in which we are participating now has a great impact on the entire Urantia movement And members - or rather new members - may be received who have not read The Urantia Book, but they should be introduced to these meetings by having them read previous transcripts and sometimes with a private session. (11/01/92)

Q: I've heard that there's a possibility that Prince MACHIVENTAMELCHIZEDEK may materialize in the near future, by that, within a matter of weeks or months. Would you have a comment to that effect of any kind? Or not

A: A moment. (Long pause) I am told that this is human wishful thinking, that this will not happen - or is not planned by Prince MACHIVENTA - and I am sorry to tell you that this is incorrect information. (11/29/92)

C: THE TEACHERS AND THE TEACHINGS

PREPARATION:

[At the first formal meeting with his group he opened with a prayer and said:]

I AM RAYSON. I AM YOUR TEACHER. First, I would like you to know how happy I am that you all are here. This seed of this group will grow into a mighty oak. The faith you have displayed is known on high. And I am so honored to be a part of a group so faith bound.

The lesson today, our first formal teaching, is on Mercy. The lessons are written by Prince MACHIVENTA MELCHIZEDEK. We teachers contribute by sharing with Prince MELCHIZEDEK our knowledge of the mortals we will be teaching. But the values come from our Planetary Prince. (12/01/91)

Q: Do you know what our next lesson will be?

* * *

A: I was planning with Prince MELCHIZEDEK, who writes the actual lesson, to talk about the Spirit of Truth. ... (12/07/91)

* * *

LIMITATIONS:

Q: How should we ask questions - the manner in which we would ask, whether to elaborate, or to be simple and direct. What sort of attitude should we have to you with respect to courtesy or informality? Also, should we have follow up questions if we are unsure or confused by your answer?

A: All questions are permitted. Some I will be able to answer, others I will not know the answer, and still others I will know but be enjoined not to share with you. In terms of how to ask, please consider me as I consider you, as a friend and brother. Each mortal here is different, some more formal than others. Just be yourself and treat me as an older brother or friend. I see your soul and know how bright a light you are. If words stumble, that is not what I see. I see your heart's desire.

So do not be too concerned with the word-thought process. It is the shadow of reality. The soul-heart process is quite clear to me. Is that sufficient for you? (12/07/91)

Q: RAYSON, can you speak to us about the limitations that are placed upon you in giving us the lessons, in giving us revelation and in answering questions? I perceive that you are limited by the vocabulary of the transmitter-receiver and I wonder if you can tell us of other restrictions that would help us to understand, and help us to accept better all of your communications?

* * *

A: Yes, (S), Yes I am limited by the vocabulary, mindal understanding, intellectual, emotional ability of the transmitter-receiver. We also have placed on us certain concepts of being, etc., which we are not allowed to discuss with you. In addition, the lessons are planned by Prince MACHIVENTA and I have certain latitude with them but he plans for each group what the lesson will consist of. Some time these are modified to the understanding of group members. I also am not allowed to divulge

certain projections, which we are privy to for individual destinies. Too much of revelation of future events would be detrimental to the goal of this mission - which is spiritual and not psychic. (02/09/92)

* * *

Q: From what you said about (T/R), can I take it that you, RAYSON, coming through (T/R), have to use a lot of (T/R)'s intellect and mind and that what isn't-the knowledge that isn't in (T/R)'s mind-if it isn't there, then even if you have it on your own, you're not really actually able to transmit that to us. Is that correct?

A: Mostly. What I am limited by is her vocabulary-understanding and her will. When she does not relate to something, her will gets in the way. She says, she stops me. And human will is always respected. (05/30/92)

* * *

TEACHERS, ASSIGNMENTS, AND TRAINING:

T/R Trainee: ... And in terms of the other experiences that I've been having, I'll continue to see you on a nightly basis. So thank you once again.

RAYSON: Yes. You are very welcome, and yes, I will be in your mind. Do not be tense or not too that we may greet each other more clearly next time.

Trainee: I'm working on the fear. I realize how scared I was because of how intense the contact can be, and the ramifications of the contact. And once I recognized how scared I was, I realized that's a great lesson to work on.

RAYSON: Yes. Do not underestimate the social, mental, physical, psychological ramifications of being able to communicate with the celestial beings through your mind. You must be willing to undergo the turmoil, the burden-responsibility if you wish to proceed. Be aware that you need not be in full contact, that you can be contacting beings and not be completely aware, but gain the benefits of some of the teachings. This is a midway point that you might wish to consider. (11/15/92)

* * *

[Several of the group questioned the proficiency of a T/R. They spoke to RAYSON through a third party T/R in whom they had confidence. The following dialogue transpired]

Q: Since the departure of our previous T/Rs many of us in the group do not feel we have been able to hear your instructions or that you, in fact, have been able to establish a channel through (T/R). Please allow us to ask: have you been channeling through (T/R) over the last four or five weeks?

A: Yes, I have made attempts to make this communication possible, however there have been, as you are well aware of, certain problems. It has nothing to do with (T/R) as far as his conscious willingness to participate. He is truly wholeheartedly dedicated in his attempt to make this happen. There are other factors involved that cause the breakdown.

Q: Why is it that what is coming through (T/R) during the meeting so unintelligible?

A: There again are several factors involved. It is mandatory that the human put aside their own thoughts and emotions that we may be able to function through their mind. This is not always a conscious process. While one may actually intend to do this, on a subconscious level their mind may still be active. It interferes with what I am attempting to do, and as a result, as my communication comes through, it is mixed - if you will - with the thoughts of the (T/R), or (T/R) himself. This is not an uncommon process, however it is one, which we must be able to overcome. (T/R) should not in any way whatsoever feel less adequate or unspiritual in his growth, that he is not - at this point in time - able to fully communicate my thoughts. It is, after all, only his mechanism being used.

Q: Can you tell us how much of what he is transmitting is actually your instruction and how much is (T/R)'s mind?

A: This is a difficult question to answer. You all know what my words are. You know the truth of the lessons that we have had in the past. I want you now to cling to those lessons. I want you to re-read them. I want you to feel the truth within your heart. I want you to continue to rededicate yourself each day to the living truth that I have spoken to you.

What I have told you in the past is nothing new for these things have been mentioned to you in The Urantia Book as well as other sources which some of you have found. My attempt is to refocus you, to re-motivate you, to get you up and running that you may begin to live each life with a spiritual purpose in mind as well as maintaining your material existence.

I am engaged in discovering alternative ways to communicate with you, but you must, if you desire my continued communication, dedicate yourself completely and be willing to do the work of a transmitter/receiver.

Q: Is there anyone in the group that you feel is closer to being ready that you can use them?

A: There are two or three individuals that we have made certain adjustments within the brain mechanism who are ready. We must have a little more time, even yet, in order to discern whether or not our attempts to communicate will be successful. Be not concerned who is most ready. Those who are willing to do this simply offer yourself. You will know when it is time. I would say to all of you who have volunteered, when you believe you hear me, or another speak to you, then speak these words out loud. I believe this information has already been shared with you before. Practice. In time it will come to you. I desire to be back in full contact with you.

Q: (S) wants to know what she can do to facilitate your use of her as a T/R? And wonders if that is her assignment?

A: As far as assignments are concerned, we are not fully ready yet to make assignments for each member who has volunteered to be a participant in MICHAEL's mission. If you wish to be a T/R, then so be it. This pleases us for we do need someone. I would say to (S) to continue worshiping each day, to continue to pray each day, to continue to spend some time in quietness to allow the Father fragment to make those super-conscious impressions that can be made. This will also help me for I have already attempted communication and will continue to do so.

Do not become anxious about this process. We have been apart for a while, but we will not be apart forever.

Q: Is our group in jeopardy of disbanding because of the lack of clearer transmissions.

A: This is a problem, as I have perceived it. I encourage you to stay together. There are other teachers that you can draw inspiration from. You have your Urantia Book, which you can share. You also have other sources such as (T/R) now who has freely offered himself to be able to speak my words to you. Do not hesitate to use these alternative sources until we are able to re-link ourselves.

Q: Is there anything that can be done to help (T/R) with his clarity, or is it essentially how his mind works?

A: There is nothing that you can do to help him. This is a matter that we must endeavor to make right. It has nothing to do with (T/R)'s intentions, as I have said. It is very complex, this process that we must use in order to speak through a mortal. There at times are certain physiological reasons that we are simply not able to make this possible. We attempt when these situations arise, to correct the physiological situation, however it is not always possible. I would add that these physiological problems that we face are in no way a reflection of any type of illness or deformity within the human subject. It is simply more of an electrical-chemical balance, or lack thereof, that gives us these problems.

Q: Just recently others in the group, (S) and (S), have received strong contacts. They appear to be ready to channel. Can you tell us who is contacting them?

A: There are actually several of my associates and I involved for we are desirous of making that contact again. Who is making the contact is not as important now as the fact that you open yourself open yourself up to being contacted.

But once again I wish to caution you not to become anxious, not to expect it, just simply allow us to do what we need to do in order to open the line of communication. Then, when you hear the words, when you sense or get a feeling of our presence, do not be afraid. Allow this to happen also. We and I love you very much. We would never do anything to harm you in any way whatsoever.

Q: If greater contact and clearer communications can be made through them than through (T/R), how can we go about making a transfer to them as T/Rs?

A: You cannot go about doing this at all. This is something, which I must do. It is my responsibility, and I take it fully.

Q: Many in our group are feeling a lessening of their former feelings of connectedness to the teaching mission much like the Apostles who began to feel abandoned when Jesus was apart from them for extended periods. Can you help us?

A: You must live your faith to the fullest. I know this has been a test for all of you. Yet as with everything in your life, do the best that you can. Do not think that I have purposely abandoned you. I will - as I have said - come back. I do wish to make communication on an ongoing basis.

There are many ways that you can draw energy. Reach out to your brothers and sisters. Make contact with those who are actively engaged in the teacher mission. Gain reinforcement from them and know that your situation is only temporary. (11/18/92)

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Q: (T/R Trainee) All day I've had on my mind a dilemma that I've been trying to work with the last couple of weeks. Ever since I started practicing as a transmitter/receiver I've had a growing sense of

inner agitation. I haven't known how to interpret it. I haven't known whether it's a doubting of my own sanity, or a weakening of my faith, or quite what it was. I was talking with some of the others before our session began. But my sense of it now is that perhaps it's an inner resistance of my own to spiritual change as you alluded to during the lesson. Is that correct?

A: Yes, that is correct. Also, there is in the human mind, the conscious mind, an inability - innate inability - to grasp certain spiritual realities. And when that mind must share space with another being, the spiritual reality often causes the human component to doubt its own perceptions, because - indeed - your perceptions are incorrect, of reality, but not in the way you think.

We are real, and we are able to communicate through you and to you. What is not real is the way you see your world as solely material, made up of animal, mineral, gas, etc. You are blind, and when your vision is enlightened a bit, you doubt your sanity. However it is the other way around, you are more sane now than before. More spiritually aware now than before. It is the dichotomy of these concepts that make you become unbalanced. And every person who is prepared and becomes a transmitter/receiver goes through periodic doubts. You know it is not until Havona that doubt is gone from your career. So you go through doubts questioning your soundness of being. And, (Trainee), this will happen as long - it happens to (T/R), it happens to all, it happens even to people who are recipients in the group and not transmitters, it happens to all of you and will continue to happen periodically. This was one of (another T/R)'s struggles, as was (still another T/R)'s, and the struggle is just abated for now but will happen in the future with all of you.

Q: (Second T/R trainee) In last week's conversation I was very encouraged to begin the visualization and I thought I got a message from you during the week during one of my exercises. I was doing the visualizations once again to determine which techniques would be effective - and I kept on hearing in my head that "not mine, but your will be done." And you - I think - told me to use that as a spiritual anchor. Was that correct?

A: That is correct, (2nd trainee). Let me say that I have phoned many of you during these months and I have been delighted with how many of you have answered or heard the ringing even if the connection was not totally clear. You have a special gift: your openness of mind and lack of fear. This is a blessing for you and for us.

2nd Trainee: Thank you. If I'm not home the machine is always on. ... Can I also confirm in fact that when I asked you to - I had three things that I wanted to mirror off of you which were - I think I asked you to show me, if you could, what morontia form was, and I had a very intense experience with that, although I know it would be the woof of morontia, I thought I perceived it pretty well. I also had an intense experience where I felt like I was encircled in the spirit of worship. And I can feel that coursing through my head like a highway. And I also got a glimpse into life in the morontia worlds and it really changed me over night. It totally took away my fear of death. And I perceive it to be just the next level and something that you get accustomed to very quickly. And I also had a sense that the teacher that I would eventually transmit and receive for might be female in nature, or was I perceiving my seraphic guardian?

RAYSON: No, you will be assigned - or already being worked with on - with a female teacher. Yes, correct.

Q: (Alternate T/R) I'd like to thank you for allowing me to transmit you in the past and I'd like to also thank (original T/R) for coming back because I've been experiencing some doubts as you have mentioned and some fear, but not so much of myself, but of the group in general and the feeling that,

with the risk of mental instability from these doubts - not just for ourselves, the T/Rs, but for others - that maybe the same things can be accomplished, maybe better, through prayer, worship, and service. And that maybe that should be something that I should go with rather than this. And that's the main concern that's been on my mind. Can you comment on this?

A: Yes, (Alt T/R). First I wish to thank you for your services. Second you must not think of things as either this or that. All should be encompassed in your human life: prayer, worship, service, thanksgiving, transmitting and receiving, participating in the mission in the world, in your own spiritual growth, in other avenues of expression. All of these are concurrent. And you certainly must achieve balance - which may mean not transmitting/receiving for a while and putting energies elsewhere to re-center your self in your identity.

Much doubt is - in essence - what you call psychologically "identity crisis," going into the core of your psychological being and shaking it. The sense of responsibility for others, while human and admirable on certain levels, is spiritually unreal for:

- a) you are not the teaching but the vessel,
- b) you are imperfect as every T/R transmitter is, and as I, myself, am as a teacher;
- c) each person is equipped with radar spiritually, spirit of truth and seraphim, Thought Adjuster, and should be responsible for their own - and is responsible for their own perception of this experience. You are not responsible for another's spiritual growth. All we can do as fellows is extend love, service, understanding, emotional support, friendship, to others, listening, etc., but you cannot do anything for them that they have not freely agreed to in this universe of free will. And everyone must proceed at his or her own pace on this path.

So your sense of responsibility that your own imbalance or insanity - let us take a worst case scenario - could infect or contagion or harm others is spiritually unreal, for they are all equipped with their own radar devices and cannot be harmed unless they wish to participate in your hallucination, disassociation, process - which is not really what human beings generally do. There are few groups of mad men that agree on the common delusion. Even in cults that have agreed to participate in a mass hysteria-type delusion there is disagreement, eventually. So there is built in a protection against what you fear, and what you fear is not real. You are not unbalanced, although the experience of transmitting/receiving does make one feel that way. Does it not, (Alt. T/R)? (Yes, it does.)

Q: Is the secrecy that we once had, and the need for that, is that a thing of the past? And do we need to have you approve new members before they come in?

A: Well, let me answer this way. The secrecy was only set up to protect (original T/R). She, I think, no longer - I know - no longer cares about this. For human and erroneous reasons, I may add, she has arrived at this position, which we are welcoming because we did this to accommodate her needs, so secrecy is not necessary any longer.

However discretion, evaluation is not secrecy. Over-rapid expansion, just on a physical level, if we doubled the size of this group next week, how would we absorb them? I mean in terms of our social - not just in the room - but in terms of the delicate balance of the group cohesiveness. There is a group dynamic as well as individual dynamics that one must respect, and too rapid expansion with new members may upset the emotional balance and cohesiveness of this group, and upset the apple cart so to speak.

So you may tell (student) that he may still screen newcomers, although we - and that is for the benefit of the group dynamic, not for confidentiality.

Q: (Third T/R trainee) If you could tell me how I am doing on my own -

A: (Chuckling.) You are proceeding slowly, and stubbornly being dragged into your role, as you know, (trainee). (Laughter.) But we all love you and are pleased more than you could imagine. And we realize how difficult this is for you.

Q: Any suggestions?

A: I suggest that one can only dive into water by doing it, and theory will not prepare you for getting wet. (Laughter) I think you should begin today or following week at this group to transmit. (O.K.) And whatever happens will happen, and you will see that your fellows will still embrace you, and that it is O. K. to be fallible.

Q: When you called me, either my telephone hasn't been working or I haven't been at home, but I know you have been received by several others in our group. If those who believe that they have been in contact with you should ask you, would you be willing to tell them whether or not, and to what extent.

A: I have contacted every member. That is all I am willing to say tonight. (11/29/92)

PART II

THE LESSONS

AIDS

This is Prince MACHIVENTA.Caligastia was such a bitter being that he left behind this virus (AIDS) and other illnesses which he, being of such a brilliant mind, designed. He would never give us the access so that we may effect some physical cure. He said: "If I cannot be Prince of Urantia then I will take the planet with me into the blackness."

But God's will is not for that to happen. This planet is a protected place as it is the birth planet of the human-divine JESUS. It will take us some time. We are approximating a thousand to two thousand years, to erase the evil that this insane being left behind as your legacy. But we will erase it, and your planet will be a beacon to all other ascendant mortals.

God's will is never hurtful or harmful to His little children. It is the will of The FATHER to heal his little ones, and many are being used to do so. (12/01/91)

* * *

Q: Sometime back Prince MACHIVENTA said the AIDS virus was brought about by Caligastia, and that the Life Carriers had not - at that time - been able to break the code. Later on I understand you to have said that there had been a major breakthrough by the Life Carriers, and they were seeking humans to reveal this break through to. My question is, have they found the human doctors through whom to reveal this breakthrough? What is the status of the progress on AIDS?

A: Some humans have been tasked for this, however the process of transmitting thoughts is a convoluted one. And the Life Carriers cannot directly communicate with the humans, so must go through - I hesitate to reveal too much but - it is a process of downstepping information that ultimately will be transmitted to the humans through Secondary, Midwayers and mind adjutant spirits of Wisdom and others of - it will not appear magically written on their desks, (S), but is a process that is fallible. And in any case one must deal with the human ego which goes off on tangents even when pushed in the correct direction. The process has begun. How long, we cannot estimate. But we are assuring you that we are committed to imparting the information in as pure and speedily as we can.

Q: But the breakthrough exists, is that correct?

A: That is correct.

Q: When the message was given to us that Caligastia had designed aids, the phrase "and other diseases" was there.

A: Correct.

Q: Is the new strain of tuberculosis one of the other diseases?

A: Absolutely correct.

Q: Does this mean that we should all be vaccinated against tuberculosis? There is a general tuberculosis vaccine called BCG that's given to many persons in underdeveloped countries. It's been my intuitive feeling that I should get it for myself, my family and my friends.

A: You should be vaccinated, however this mutated strain - this will help you to resist, but will not be total protection as the mutated strain is fatal.

Q: Should I obtain vaccine for members of the group who wish to be vaccinated?

A: It is their will choice, but I would suggest it.

Q: RAYSON, since this lesson is going to go out to many, many persons who are not in this group. I'd like to ask a question about diseases, not only AIDS but other incurable diseases rampant in our society, such as the various cancers, hepatitis, some other situations. For the last three or four years physicians have been advising patients that they can enhance their immunity by following programs like that of the wellness community. The wellness community encourages its patients to undertake moderate exercise, have light exposure - but some exposure - to sunlight, improve interpersonal relationships with modifications of the 12-step programs used by Alcoholics Anonymous and other groups, which includes prayer or meditation - whatever a person wants to call it. Is there anything potentially harmful in this advice? Is there anything worthwhile in giving this advice when asked?

A: No, no potential harm. Yes, it is quite helpful. But even more helpful is to try to enlighten one's fellows that death is not tragic but the culmination spiritually of one's life and the beginning of potential eternity. That really is the job at hand, not only improving years and quality of life and acceptance of terminal illness and will to go on, but what going on really means. Putting physical death in perspective, (S), is one of your assignments.

Q: Often I've found that people seem receptive to this kind of talk, but even when they don't seem receptive I still do it. I haven't been doing it very long, but I always have a sense that it sinks in somehow, that it resonates against - I guess - the Adjuster...

RAYSON: And the Spirit of Truth. (05/24/92)

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Q: (Students) and I have been independently and together pursuing some information about herbs that boost the immune system, and we were wondering if it were appropriate for us to continue our line of inquiry - it seems to take us on a kind of a tortuous journey. Any comments you have would be welcome.

A: The most enlightening doors are not at the end of a journey. Growth and enlightenment comes from the journey itself, and the surprise detours one takes. What we think is the goal is often just the carrot to get us to step onto the road which leads to far more interesting yet unenvisioned places than a mere mortal mind could imagine. So I say continue, (student), on the adventure of surprises which will make all of your lives more interesting and certainly give you some new thought modes. (11/29/92)

BALANCE

Lesson on Balance:

Balance is a word with which you humans feel comfortable. You feel, perhaps, you know this concept well. As children you learned what the word is defined as, and you learned balance. For example, when riding a bicycle without the training wheels. But you have not really learned balance as humans, individually, because your planet is so out of balance. So let us examine what balance really means to each of us and to the world.

On a universal level, the first rule of balance is physical. There are dark islands, which exert balancing influences on physical matter in space. Without these islands entire universes would implode, explode, or simply leave. On Urantia, in our local universe, the Master Physical Controllers are in charge of the energy balance, which keeps your planet afloat - rotating, spinning, revolving. Of course, the Isle of Paradise exerts a physical balance as the universes breathe inward and outward.

Your scientists have recently discovered evidence of creation. They are on the right track but fail to grasp the concept of physical over-control of balance. Physically, Urantia is balancing even as you who live here perceive an imbalance, upheavals, tidal floods, earthquakes, or volcanoes - are all physical signs of the rebalancing of the planet. As Urantia approaches Light and Life these physical manifestations will calm. So balance is first and foremost a physical phenomenon.

How does this translate to the individual material being? You must pay attention to your physical being. If the physical is unbalanced it repercussions on every level. Like a universe, the physical may cause you to implode, explode, or simply float away. Physical balance on this stage or arena of beingness definitely affects spiritual growth. It can enhance or retard Adjuster control. It can whip up false emotions causing despair, anger, depression, paralysis, false enthusiasm, euphoria, hysteria, fear, phobic reaction. All are manifestations of a physical imbalance. Some you can correct. Others you must learn to live with and overcome mindally-spiritually. Simple things - proper rest, nutrition, lack of abuse to your bodies - constitute the goal of physical balance. When your body is balanced you have the advantage in other areas.

In our universe, mindal, intellectual, rational, thinking balance is achieved through a system - although different in degree, upon every level - is basically the same. Of course perfected beings have no need for these considerations as they are created in perfect balance for that is what perfection is. We are more fortunate than they. We earn and learn perfection.

In our universe we have a system of teaching. The slightly more advanced teach those behind them. They teach those behind them. We are all teachers and students. Our guardian seraphim help us maintain rationality and perspective, which fosters sanity. If one were to study a minute portion of a painting one may think it insane and meaningless. When one pulls back you may see the whole working in harmony and sanity and balance.

Your guardian seraphim see more than you at every level and have given you - and will give you - the gift of intellectual, mindal, sanity. Here, for you, - keep your seraphim close. As I have instructed, fear is distancing to your angels. Consciously request your angels' help and they will be overjoyed to give it to you. They are your constant, faithful companions. If you invite them they will help, but you must allow them the opportunity to serve in their appointed roles. Do not deny these loving beings their service.

The human is blessed-cursed with ego. Ego, in and of itself, is not good or bad. Unfortunately, it is mostly in control in individuals at this time on Urantia. Ego can imbalance mind. Mind is a bestowal of Divine Mother and is spiritual, progressive, growth oriented, God advancing in nature. Adjutant Mind Spirits are at work as well as the Mother Spirit, but human ego can interfere, and should not be confused with mind properties - the sanity, spiritually sane properties - that each one of you has.

Ego can be identified as self aggrandizement, self-involvement, over self-analysis, when your self becomes more important than the spiritual goals, concepts, you know to be true or when yourself becomes the center of the universe instead of God. Or when yourself becomes more important than your fellows, resulting in hurtful behavior to others. This is ego.

We cannot be perfect here, brothers and sisters, so do not make another ego error of self punishment for past and present mistakes. We are all learning together. We are becoming together. We are going through a process together. This is what ascension, evolution, experiential beings do. Just be aware of the difference so one may achieve balance.

On a planetary level, some geographic locations suffer from lack of mind as groups, others suffer from over-much ego. We are not in balance mindally on this planet. There are few rational group voices on Urantia now, but that will be corrected, and there is no need for despair.

Third, and most important element of balanced personality integration, is of course the spiritual. This is both simple and complex. You are all indwelt by a fragment of The FATHER. You have access to the Spirit of Truth, and the ministering Angels, and the Divine Mother. You are co-creating your morontial souls with the Adjuster.

But how does one use these tools? Review Thought Adjuster - Spirit of Truth lessons for more technical in-depth explanations, teachings. But for day to day practical usages, I continue to stress a spiritual habit of daily prayer, worship and thanksgiving, a spiritual time to center in God inward and outward, the integration of spiritual principles into thought, word, deed, whether doing trivial, mundane chores, professional chores, or in one's personal social interactions. When spiritual considerations become as important as political gain, other considerations, you will be in balance as an ascender.

One must not devote all one's conscious time-thought to the spiritual. Unconsciously or super-consciously that is the reality. But for balance you must pray and then put those prayers answered prayers - into action in your lives. This is balance. You cannot exist in a vacuum. We are interrelated, and it is a disservice to your own progressive path to bury your talents.

Brothers and sisters, you are all spiritual ambassadors in your own lives. That is why balance is so important for you. Rest, relaxation, fun, loving partnering relationships, friendships, prayer, worship, thanksgiving, proper nutrition, doing a good job to retain your material existence, all are necessary for you to be the very best spiritual ambassador that you can be.

Your planet is unbalanced most spiritually. There is a lack of understanding of your cosmic place, of your future, of many very basic concepts other planets have. You are off center, but not abandoned, not at all abandoned. Urantia is most cherished by our Creator-Father-Brother MICHAEL, and most looked after on high. Some day Urantia will be the crowning planet of Nebadon, and shine brightest, and the tale of your struggles will inspire others for aeons of time, even into eternity.

For your assignment I would like you to read about the balanced personality of our master incarnated here as JESUS of Nazareth. And I will accept questions at this time, and thank you profusely for your respectful attention. Are there questions?

Q: Could you comment on the balance of our group?

A: Good question. Our group is quite well balanced in terms of representation of the twelve basic personality types bestowed by The FATHER. And in terms of levels of intellectual-mindal understanding, as a group we are quite well put together. This is why we absorb newcomers slowly, because our balance is almost as good as we can hope for, given the human factor. We do not wish to upset this so we slowly take in others, wait for the group to rebalance as new humans attend, and when we have reached equilibrium, accept others.

Q: Yes, is there any of the basic twelve personality types that I could be of service in inviting. Could I enhance our group at all?

A: A moment. The answer is “yes” but I am enjoined not to be more specific. However you will receive instructions on a person by person basis but I am not allowed to reveal the answer to you.

Q: Are the twelve basic personality types told in The Urantia Book?

A: Yes, they are. Read the Apostles.

Q: How can we use balance to develop our consonant (sic) mind potential?

A: If you achieve balance, mind-body-spirit, your cosmic awareness must increase. Part of Spiritual intellectual growth is cosmic citizenship awareness - our place in the grand scheme as individuals, ascenders, and perfecters, as well as our planet's place in the cosmos. As you become more integrated you will be aware of more spiritual beings surrounding you, your angels and Midwayers, teaching corps and assistants, Life Carriers, Thought Adjuster internally, Spirit of Truth externally, and you cannot help, then, but realize what the cosmos will be like. You can actually experience cosmic citizenship here, today, on Urantia, in material form.

Q: I was actually referring to the part in The Urantia Book about causation, duty and worship as being part of the cosmic mind. Can you expound a little bit on that?

A: I have already told you about worship. What is worship? Worship is recognition of a Creator-FATHER and knowing that the great I AM, First Source and Center, is the cause of all creation. Greater than ourselves, greater than any creation is the creator. When one realizes this in more than just words, one cannot help but worship such a beneficent Deity.

Causation is realizing that we are created beings.

When we realize we are created and understand the concept of the creator which leads to worship, we then realize our relationship to all other beings, whether material or non-material. This is cosmic consciousness.

Q: The Urantia Book says you can use causation, duty, and worship as a faculty to determine the a priori assumptions of philosophy, religion and science. And I thought maybe that you could comment on that.

A: This is difficult for it is not totally related, but I will try to answer. Within every personality exists the God-given tools of truth discernment. How much access one has to these tools is dependent upon your commitment to God knowingness. Yes, it is entirely possible to use the spiritual principles to evaluate philosophy, religion, science, technology, etc. Causation is a physical and spiritual law of the cosmos. Scientists use this law well on your world. Spiritual people do not.

Duty I do not quite understand. I would phrase loyalty, faithfulness, more. On this point I will get back to you, for I am not able to grasp the duty concept. Service, yes, but not familiar enough, or perhaps (T/R) is not, with this concept.

Q: What happens to us physically, mindally, and spiritually when the physical body is asleep - in terms of balance?

A: I will try. Physically, of course, sleep is a restorative in terms of a shut down of the senses, or a slow down of the senses. Every machine needs to be turned off or it would overheat. So physically, sleep is a necessary recharging mechanism.

Mindally, dreaming is a mindal release dealing with emotions: stress, fear, processing, feelings, etc., takes place during dream state and physically the brain is altered to release toxins, I would call it, to release toxins.

Spiritually, sleep is quite important for that is when your Adjuster or Controller broadcasts the ideal plan for you to you. Sometimes Adjuster communication is partially distorted with dream states. But whether Adjuster communication reaches the unconscious sleeping mind is not as important as the fact that higher mind is receiving undiluted Adjuster communication. Also you are receiving Adjuster broadcasts, which are beamed to your Adjusters throughout this universe. (05/09/92)

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Q: Many of us are having difficulty, earning a living currently due - in part - to the state of our economy, but largely due to our newly-acquired perspective of the material versus the morontial. In other words, making money is no longer important to us. Spiritual growth and service are. Can you help with a balance here?

A: You must maintain your material existence, my children. This is a priority for you on this planet. I do not know how to say this any clearer than that. While you recognize your dual nature as animal and spirit, you must maintain an existence in both realms. How is it that you can grow in spiritual awareness if your body suffers? If your family suffers? You must find this balance on your own. I can tell you that, as our Master did in His life, take care of your priority needs first, then engage in those activities which will add to your over-all well being, both physically, mentally and spiritually.

I am aware of the situation. I understand human nature. When you get a taste of the divine - of that which is greater than the material - you wish to give up on the material, to go into the greater part. Do not leave behind the recognition and consciousness of the fact that you are material beings. (11/18/92)

CELESTIAL VISITS

Before we begin our lesson I have some news... about your discussion of the birth planet celebration of our creator-father MICHAEL. Here to impart this news I turn over to our revered Divine Prince MACHIVENTA.

Greetings, children of time. I am Prince MACHIVENTA MELCHIZEDEK and have come to address you directly to tell you the news which the two humans were enjoined not to discuss, but I will tell you partially that earth-time August 21 you will receive a visit from GABRIEL of Salvington at your celebrations of the Master's earth birthday.

You will not see a presence but will be in touch and perhaps spoken to. This is not unprecedented as GABRIEL has attended these remembrance suppers before, and has been made extremely happy by them.

Also, you are commended, humans, for your diligence in coming on line in our mission,... and ... and ... and their partners. We are pleased with all progress and attribute all good to our Divine FATHER. As (T/R) is overloading, I bid farewell.

This is RAYSON. (T/R) must have a moment out to recompose. (A moment out. (T/R) recomposed.)

Greetings, children. (T/R) requests that MACHIVENTA not speak and we are chuckling and honoring her will, however our revered prince is present, and I am slightly - wanting to do a good job on the lesson. (Laughter). (T/R's) reaction is understandable to me as I also feel humbled in the presence of such goodness. (06/06/92)

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Q: It is my understanding that GABRIEL of Salvington will be on Urantia – personally - to visit the celebrations of the human birthday of JESUS of Nazareth in August of this year, and that he may have a personal message for some groups of celebrants. Is this correct?

A: That is correct

Q: It is also my understanding that whether or not GABRIEL gives a personal message depends, among other things, upon the composition of the group celebrating the event; that a group composed entirely of believers in the validity of that method of communication will be more likely to receive a personal "message" from GABRIEL than will one composed of believers and non-believers. Is this correct?

A: Correct.

Student: We are taking measures to insure that all attending our first celebration are believers. There will be a second and separate celebration under the auspices of F.S.L.A. to include those who are not aware of, or believers in, the messages.

We, "Students of RAYSON" cordially invite all superhuman personalities who happen to be visiting this planet at the time, including specifically you, our Planetary Prince MACHIVENTA, and GABRIEL to join us in both our celebrations, and we invite each of the three of you to address our group of believers in the first celebration.

Will you communicate these invitations to the proper authorities?

A: I will. And I can say that on behalf of myself and Prince MACHIVENTA, we humbly accept your invitation. I cannot speak with total assurance, but GABRIEL - I know - will be with us. Whether he chooses to address our group is beyond my knowledge, (student), but we will be at the remembrance ritual with you.

Student: Which will add zest to our enjoyment I am quite certain.

Q: Now, other groups are not so fortunate as to be able to host two separate meetings. Several of them will be composed predominantly of believers in the messages, but will also include those exposed to the teachings who do not yet know what to make of them. Some may include spouses and friends who love JESUS and who read The Urantia Book but do not accept the messages. I know that the organizers of these celebrations fervently desire to receive a personal message from GABRIEL. Can you give me some guidelines to pass on to the organizers of these celebrations regarding whatever measures they can take to increase the likelihood or probability of a personal message from GABRIEL?

A: Please, a moment. (pause) First, this should be discussed with their individual teachers beforehand. I do not wish to override their teaching instructions. But, I can advise that if it were my group I would speak with the uncommitted attendees and explain that we have been in contact with supermortal beings and that we are hoping that it will happen on this most holy joyous day on Urantia. To prepare them. We cannot, or do not wish to have someone believe because of impressive acts. So, neither do we wish people to become unbalanced. Preparations - emotional, psychological preparations - should be taken. And each teacher should be consulted for more detailed instructions.

GABRIEL is wise and will probably evaluate what he will do individually with each group. We do not know ourselves.

Student: Thank you very very much. I will be very happy to pass on your exact words to (S) and to other transmitter/receiver groups.

RAYSON: And please give my personal salutations to the brave and courageous Joshua. (07126/92)

CHANGE

RAYSON: Being alive, aliveness, means encompassing changes. Change is not in itself a negative occurrence, rather, look upon it as a sign of growth. Does the seed not change into the flower? Does the child not change into the man? There is a sameness to the core of the being. There is also a change, reflecting God's good and holy plan. Many do not understand as they cling to the familiar that the rungs of the ladder on which they roost are only illusionary. They will be threatened by a change, and not even know why in their own hearts. We must be patient with these children and try not to let their fear, which will be masked often as anger, upset our own equilibrium. (10/24/91)

* * *

Lesson on Change:

The lesson tonight is change. Children, I would like you to be aware right now with your entire beings, of your bodily reaction to that word. How many have tensed, winced, clenched? How many have turned heads? How many wished not to hear this word? I think that each of you have reacted psychologically, emotionally. You have probably had a reaction of pushing away, for the sad state of humans is - physically, emotionally, psychologically, mindally - to resist change. No matter how sorry your life may

be at the moment or what areas one wishes to improve, one does not really wish to change. You wish life's circumstances might change, or relationships - friendships might change, or finances might change, etc., but you, yourself, resist change.

It is only through the spiritual that you can truly understand change. Spiritually, for you - children of time - change is not something you have a choice over. It is the very fact of evolution for you. It is built into, and the basic building block foundation of The FATHER's plan for the evolutionary worlds and children of time and space. You cannot NOT change. Lack of change equals non-survival.

Nor can you say this is a good change and this is a negative change. Change simply IS. It IS. It is not good or bad. It is the very basic idea and will of the Universal FATHER for his creatures of time and space - is change. So, so much energy goes into resisting change - as if you can somehow control this - you cannot.

Change is part of who you are. Change will get you Godward. And change should be welcomed by each of you. Immobility - consider it - what a horrible fate! Even the angels - created perfect - learn through experience and change. Immobility is probably the worst thing that could become of you at any stage - not because you are first graders now. So, do not spend your energy thinking you can resist, control, or mail-order what types of change you wish. Because all of this is fantasy and generally to do with your outer environment and not your inner landscape, because when it comes to the inner, you are all resistant.

Now, spiritually, if you can truly understand that change is always a step Godward, that not only should change NOT be resisted but should rather be embraced, sought after, prayed for, blessed. When you can recognize this event, you will have the adventuresome attitude of the spiritual soldier, evolving being, towards change instead of a material cowardly hiding-from-something, the unknown. For there is no unknown to you children, your destiny is to "be you perfect even as I am perfect" as our FATHER has promised you.

What is so unknown and frightening? Yes, the path of evolution has prickly patches full of thorns, rocks, sunburned places that burn our beings. Yes, true. These are the events, which shape our characters and force change, and while going through them it is sometimes painful and difficult and disappointing, etc. However, do not make the arrogant mistake of putting down or hiding from The FATHER's plan for you - for there is a plan for each of you, a divine destiny - because it is hard at the moment, difficult, and because your vision is not wide enough to see the ultimate perfection and goodness of The FATHER's plan for you.

One life, children, is not nearly enough time to glimpse destiny. You must on faith believe that whatever befalls you is to the ultimate goodness of your own being - and that of God's. God will not leave you naked. God will not let you, like the serpent; shed your skin before you are ready for a new one to grow. Would a benevolent loving parent do this to his most helpless child? No. Therefore must you trust and with a faith-filled heart embrace the adventure of uncertainty. It is only uncertain in linear time. It is not uncertain in eternity.

Whosoever will, may run the race Godward. Whosoever will join the adventure is welcome, and legions of helpers will be sent to you. And you have already begun to run this glorious race of time and eternity.

Change is God's gift to you, children, the gift of experience is change. But you cover yourself up and root yourself in and dig holes and, like stubborn little frightened babies, refuse to leave your cocoon. Children, the world, the universes, the ascension plan is glorious. The calluses you burn on your soul

will some day turn into a being who can be god-like, a finaliter, god-like in terms of experience, in terms of every stage of creation, in terms of service, in terms of perfection, in terms of goodness and love. This is the stuff - these calluses that you are experiencing now - that will create the god-like finaliter.

All glory is to God, children of time. God has created all glory and all glory should go to God. Have not in your hearts fear or sadness or anxiety or resistance to change. Whether it comes in your own personal hearts and souls, or whether it is fear to lose teachers, or the mission, or spiritual matters. These are all illusions, for the teachings come from God, we come from God, as do you. Nothing can ever be lost in God's plan, his magnificence.

Remember that God, metaphysically, is perfect and evolving at the same time. This is what religionists miss: the idea of perfection, omniscience, destiny; the idea of God as imperfect, evolving and being created by his own creations; the Creator, the creations, ultimately flow into and out of each other. And this is why no religion yet has grasped what God is. That is the simplest way I can put it in your words, to speak to your minds, because there is so much more, but you are creating the Creator as He has created you. God is perfect and imperfect, is eternal and finite right now. Even God, children, changes.

That is the lesson today. I ask you to use The Urantia Book this week to obtain quotes, which are there on change. You would be surprised how many there are. (11/29/92)

CHILDREN

Q: We have a ten-year-old daughter. We need some guidance as to how to handle discussing what's going on here in her hearing.

A: Good question, showing a parent's wisdom and concern. I would not tell her too much unless she asks. Children have a natural and protective quality that allows them to take in only as much as they can make sense of. If she asks, direct your conversation to the spiritual. She has a Thought Adjuster and Spirit of Truth and angels to aid her in recognizing truths. Keep your answers simple.

(About grief upon death) ... do not show too much of your devastation in front of the child as this will confuse her, because you might say ... and ... are in a better place in words to her and yet she will observe your deeds as construing the opposite emotion. Cry behind closed doors. She will get through this, and this is an opportunity for her to learn more about the Eternal Spirit of the ascendent children of time. (12/07/91)

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Q: Some of us in this group have been talking over the period of the last few months about the possibility of preparing an adaptation of The Urantia Book that would be available for younger readers or people who lack the sophistication to comprehend The Urantia Book. This would be a course scaled down in content, in detail. We have been also talking about having illustrations. Do you think this is advisable? And what would be the earliest age at which a child could safely be presented this without our worrying about the possibility of brainwashing and tricking him into a free-will decision making too early? I know I was asking questions from about age four or five that were never answered until I encountered The Urantia Book. But in the search for answers I learned many valuable things and had many important experiences. Could you answer this somehow for me?

A: It is impossible to brainwash anyone with truth. (laughter) So, immediately discard that anxiety. Ages of r it is a worthy project, and there may be some resource materials available. (02/09/92)

* * *

Q: Since I don't have a church or an organized religion and my spiritual growth - knowledge has been based on The Urantia Book for many, many years, I am curious as to the best way to support and nurture my children's relationship to God? My four year old son is asking a lot of very interesting and pointed questions, and given that I don't have a formal context for instructing him, can you give me some ideas as to the best way to nurture that?

A: Yes. By example is the best way, but in matters where example cannot be used, when there are questions of the intellect and about the soul do as JESUS did with the parables. Many of the parables in The Urantia Book, and of course the Bible, are useful in this way. You might want to change the parables a little bit to suit this age -and his age or her age. But yes, this will be a good way. (11/15/92)

CONFESSION

Q: Can you comment on the relevancy of any of the confessional styles of dealing with remorse and guilt. Some of us have been through 12-step programs, which instruct us to examine ourselves and admit the exact nature of or sins to God, ourselves, and another human being and humbly ask for forgiveness. That's also the style of the psycho therapeutic technique that's currently used. I have to admit it - it seemed at the time I went through it that it was very helpful to me, although maybe primitive compared to other -

A: It is a useful emotional and psychological technique to be self-reflective and aware of one's life-actions in a spiritual light. It often helps one to recognize patterns of negativity and areas that need improvement. It is also emotionally a release from the past-guilt cleansing - to discuss this with another human who is non-judgmental and unconditionally accepting - loving of the present self.

Confession is a more psychological tool than spiritual. Confession is not part of prayer. No, prayer - pure prayer - does not involve a request for the self, or even a request for one's fellows. Pure prayer as you border on to worship involves consciousness of the Divine, which becomes worship. So, confession is not a spiritually pure tool, but it does lead to more spiritual growth. It is not harmful, it is helpful for the human psyche and often leads to great periods of spiritual growth, but it is not a purely spiritual tool in and of itself. Does that answer?

Q: Yes, that's very helpful. As people find themselves attracted to each of us involved in this Mission and want to come forth with their own confession, can you give us any advice on what to do other than to listen and love?

A: This is personal between friends, and I do not myself accept confessions. As a being, I am not here to absolve or comment on anyone's life. Merely to illuminate and enlighten and lure you into a better life style. (08/09/92)

DEATH

Q: What is death like?

A: (S) already has a more open eye, spiritually, to what you call death, but we prefer to think of it as birth. It is not frightening. It is quite spiritually beautiful.

In my opinion as one who has died, it is the spiritual, the culminating event spiritually, of life in the flesh. It is to your lives as a concert is to a song. It is expanding, it is partially morontia, it is the only time mortal eyes - or one of the only times - with few exceptions, the mortal eyes can behold celestial presences, and there is much seraphic help, Thought Adjuster communications, Midwayer manipulation - to allow the fear to be displaced by the love, and joy, and faith recognition of what this experience really is: the birth into the ascendent corps of pilgrims marching ever onward to Paradise.

This experience will forever change the mortal being. No longer will surviving be at issue. Now survival depends on action, choices, faith, but not blindness. No question of the body, no animal primitive feelings of holding to a world that is, for the moment, sad and dark.

We rejoice when a being joins us. (12/30/91)

* * *

Q: I've been asked this hundreds of times – is death painful? I always respond that its not, that its just the easing away of life, and that people die in comfort. Are you allowed to answer that question?

A: (S), Death is - should not be painful to the God believer, but is painful in some cases where the Material takes precedence over the spiritual. When the material body is believed to be the definition of life, death is often painful physically and emotionally, for it reflects the inner struggle of the human who is confused about reality. But to the believing soul, to the sure ascender, to the true child of God, death is a celebration and not painful, but a most profound, moving, and beautiful experience as the human vision becomes morontial, and as the spiritual guardians and the celestial beings are for the - most cases - first time visible to the newly emerging morontial child. (05/30/92)

DOUBT

To speak of our situation, (the two T/Rs) are both experiencing doubts, internal difficulties, with this mission. They are not doubts that this mission is real. They are doubts in their own abilities and doubts in their own desires to the commitment of being transmitter-receivers.

Lesson on Doubt:

Doubt. Doubt is something you cannot escape either. All of you within this room harbor doubts from time to time concerning this mission. Is it real? Is it the transmitter-receiver? How do I know?

You know in your heart. You do not know in your head. This is not an intellectual process, though you do process the knowledge within your intellect

When you experience doubt, seize it, examine it, and look for its origin. And when you find that, seek to understand what has brought it about. Seek the answer to your doubt. Do not let it fester. Do not let it sit and build doubt upon doubt. Talk to your friends. Inter-association with other personalities is absolutely necessary. You cannot exist on this world, much less Mansion Worlds - or further on in isolation. When you have doubts, seek the counsel of your loved ones and your friends, they will give you assistance.

Doubt is also desirable, because, without doubt you will be unable to exercise that faith muscle. You will not be able to do that. It is similar to walking. Without gravity you could not walk. Belief must be accompanied by doubt in some way. You must have some thing to overcome in order to believe. Do not hide from it. Meet it face on.

This evening there are several in this room who have the ability to transmit and receive. Continue to seek the stillness, each of you. Continue to listen. I will speak to you. You are my loved ones and my friends. It is with great joy that I am here again with you. Do not forget that. We will continue our class of experiential knowledge and we will have the necessary transmitter-receivers to carry this forward.

Q: There have been some doubts - I guess from (T/R), I believe, even though I haven't talked to her personally about that. That, I guess there are doubts also from other T/Rs that this whole phenomenon is caused by the unconscious or subconscious mind. I am sure that if you could give definite proof - nothing spectacular - maybe just for instance if you could tell us names of other teachers that have not come on line here yet. I am sure there are other ways where definite proof can be established. Is this deliberately done so that these - that its not definitely established, so that we may still - that we still have to rely on our faith?

A: That is a correct assumption. It is the time to learn they would immediately see that important for you agondonters to continue to rely on your faith in this process. This is a religion of experience. This is not just intellectual facts, or intellectual. We wish that you had the experience of exercising your faith in regards to this whole process. Does that answer your question? (Yes.)

Q: We have a publication called the Monitor in the Southern California area, and in it recently was an opinion that the phenomenon of T/Rs and receiving guidance, and so forth, was dangerous in that it makes us dependent on teachers and keeps us from delving into our own contact with our own Thought Adjusters. In other words that it was a crutch for people who couldn't motivate themselves to serve God, and that they had to have another source of motivation in order to get them going. What do you think of these opinions?

A: First, there is a need in many humans to have - let me phrase this another way. At no time - if you will consult any of the transcripts, any of our teachings, you will know this is fact - at no time do we suggest that you, or that the teaching mission, take the place of your direct spiritual contact with your Thought Adjuster. We are continually suggesting that you practice the stillness, that you continue that daily contact with your Adjuster, that it is the most important guide that you can possibly have. This teaching class is designed to supplement The Urantia Book. It is designed to help you to experientialize the knowledge that you have gained from the facts within The Urantia Book.

Truth is only had by experiencing. It is not had by reading in a book. Therefore, what we are attempting to do is to give you that experiential knowledge, that evolutionary knowledge, of what it is like to be an ascending mortal on a planet seeking the morontia, seeking soul growth, and seeking your spiritual growth as well.

None of these are a panacea to an individual who is lazy. These are all processes that are necessary for a person who is active, who is eager, who wants to learn, and wants to grow.

Student: That is very well put, because in my own experience after I had received the teachings, my prayer and my contact with the Thought Adjuster has grown.

RAYSON: You see many who have made these statements; this is not by any means the only, but made them from a position of ignorance of what the teaching mission really is about. If they were to take the time to learn they would immediately see that those two suppositions are most incorrect. (09/20/92)

* * *

Q: Is faith the spiritual antidote for doubt?

A: Not exactly. Faith is the spiritual antidote to uncertainty and fear, but doubt occurs and may live side by side with faith. For example, one can have unshakable faith in God. Say you have already passed through the portals of physical death and are on the mansion worlds, you may have total faith in your potential for divinity, for the existence of God, for the teachings now manifest through your own experience of spirit and soul, but you can still have self-doubt. Doubt is not solely dependent on faith; doubt is a different - doubt will not disappear until you are admitted to the corps of finaliters, really.

Q: (Alternate T/R) I'd like to thank you for allowing me to transmit you in the past and I'd like to also thank (original T/R) for coming back because I've been experiencing some doubts as you have mentioned and some fear, but not so much of myself but of the group in general and the feeling that, with the risk of mental instability from these doubts – not just for ourselves, the T/Rs, but for others – that maybe the same things can be accomplished, maybe better, through prayer, worship, and service. And that maybe that should be something that I should go with, rather than this. And that's the main concern that's been on my mind. Can you comment on this?

A: Yes, (alternate T/R). First I wish to thank you for your services. Second you must not think of things as either this or that. All should be encompassed in your human life: prayer, worship, service, thanksgiving, transmitting and receiving, participating in the mission in the world, in your own spiritual growth, in other avenues of expression. All of these are concurrent. And you certainly must achieve balance - which may mean not transmitting/receiving for a while and putting energies elsewhere to re-center your self in your identity.

Much doubt is - in essence - what you call psychologically “identity crisis,” going into the core of your psychological being and shaking it. The sense of responsibility for others, while human and admirable on certain levels, is spiritually unreal for:

- a) you are not the teaching but the vessel,
- b) you are imperfect as every T/R transmitter is, and as I, myself, am as a teacher;
- c) each person is equipped with radar spiritually, spirit of truth and seraphim, Thought Adjuster, and should be responsible for their own -and is responsible for their own perception of this experience. You are not responsible for another's spiritual growth. All we can do as fellows is extend love, service, understanding, emotional support, friendship, to others, listening, etc., but you cannot do anything for them that they have not freely agreed to in this universe of free will. And everyone must proceed at his or her own pace on this path.

So your sense of responsibility that your own unbalance or insanity - let us take a worst case scenario - could infect or contagion or harm others is spiritually unreal, for they are all equipped with their own radar devices and cannot be harmed unless they wish to participate in your hallucination, disassociation, process - which is not really what human beings generally do. There are few groups of mad men that agree on the common delusion. Even in cults that have agreed to participate in a mass hysteria-type delusion there is disagreement, eventually. So there is built in a protection against what you fear, and what you fear is not real. You are not unbalanced, although the experience of transmitting/receiving does make one feel that way. Does it not, (alternate T/R) (Yes, it does.) (11/29/92)

EUTHENASIA

Q: In western culture now we have the capacity to keep many people alive into advanced age. This means that we see a fairly high percentage, compared to past ages, of persons who develop dementing diseases, particularly Alzheimers disease and (multi?? infarct dementia?). In these disorders there's generally disease of the frontal and prefrontal areas, and one sees clinically disintegration of the personality as well as loss of capacity for self maintenance. Now there's a very great moral dilemma developing in western medicine presently about - is it right to keep such people alive? Because the expense of keeping them alive is very very high. There is much grief in the family as these people become further and further detached from family and friends and reality. And these people seem to have much fear, much pain, and much illness in general. I wonder if you could comment on this, and - if you are allowed - if you could comment on how this would be handled on another world such as the one that you come from?

A: In the cases where the deterioration is in the prefrontal lobe it is my opinion that the Adjuster has left. What is alive is a physical body. As for the ethics of maintaining life, it is irrelevant spiritually one way or another.

In terms of my world we had in place a spiritualized and accepted ritual for graduation when the physical was an impediment to the spiritual soul growth, which is, of course, the only eternal reality. When the mechanism housing the soul-Adjuster no longer functioned, it was not of any consequence to terminate life. In fact, it was a cause of celebration, being The FATHER's will that the soul move on to the next growth level.

You down here have much more irrational and emotional reactions to this practice since - as a world - you do not truly understand what life is, and define it solely in terms of the physical. Now, some day on your planet things will even out. Your life capacity, ideally, is approximately five hundred earth years. This will not be attained until the early stages of Light and Life.

As you grow as a world spiritually, you will learn to temper life extension with actual life growth of the soul. And many diseases will be eliminated which interfere with the mind-soul connection. Until that time this topic will be reacted to irrationally and I can only pray for your enlightenment as a world culture since many mortals suffer needlessly, and suffer delays in their universe career because of the mere sentiment, which is attached to the material body.

Q: I read about a man in this country who is on trial for murder, a physician, who attempted to help such a demented person to graduate, and it hurts me every time I read it, but it seems to be at present an insoluble problem in our culture.

A: Also, one must abide by the legal system one lives under, no mater however primitive.
(01/26/92)

EVANGELISM

Q: RAYSON, In your lesson you spoke of being active and not passive. And I've been trying to do that recently when I find opportunities to speak of my faith in conversation with friends and without, well, proselytizing - or whatever - without being overly preachy, I've tried to open doors when I can. And something happened recently with a friend. I felt a lot of resistance, and a feeling from her that she wanted to intellectually argue. I felt the need to protect my own faith - not that she could convince me

otherwise - but just that it was disheartening to come up against that skepticism. And rather than continue the conversation, I feel that maybe I shouldn't even discuss faith with her any more. Am I being a coward? Am I being passive? Or is it sometimes a good idea to back off from a person whose skepticism seems stronger than their inclination toward faith?

A: Our master did not allow himself, when he resided here as JESUS, to be drawn into useless debate and argument. Words are wonderful tools for communication among humans. However your life is much more effective - a much more effective argument for the role of faith. When words fail, your living experience as a faith filled daughter will not. Others are drawn to you because of who you are, based on the bedrock of your faith.

Do not descend into arguing the point. Only negative things will come from that: divisiveness, differences, polarization. Rather stress the commonality. Love, it is hard to resist love. And shine through this (easily?) and in many ways you are unaware of your love. Others are not, and wish to be close to you.

So, you are not a coward. It is wise to drop talk, which divides friends. Ask questions and leave your lower associate to (??) the feel of social growth, like your questions, that will not threaten the intellectual defense. Does that Answer?

Q: Pretty much, but just - ask questions? In other words, ask questions that I still have?

A: No. Ask questions to teach this being. Ask questions about..

Q: What they believe?

A: No. What they need to get them through disappointment. Or sadness. Or, when they feel joyful, what does that feel to them? How does that affect their lives? Those kinds of questions where you are the student - but really you are the teacher. (02/09/92)

FAITH

[The session opened with:] I am RAYSON. You are all gathered this afternoon in faith for the progress of your belief systems. I congratulate you on this decision.

[Later:] **RAYSON:** Machiventa Melchizedek is here and he would like a word. One moment.

MACHIVENTA: This is MACHIVENTA MELCHIZEDEK. You are all in the realms of the spirit. You are impinging upon spiritness. Remember and have faith upon your own knowledge and on your own faiths. Continue to believe. The things that you believe and the things that you act upon are of the greatest importance. This is not a mere figment of your imagination. There are things happening on this sphere that you have no conception of, and you will not know what is going on here until much later in your universe ascension career. But know this, that your faith - faith for your brothers and sisters, faith of MICHAEL, of the Universal Father, the whole concept of universe ascension, is of the utmost importance.

Do not look back upon your animal ancestry, upon your negativeness. Focus on your positive side. Proceed with decisiveness. You have our support and confidence. We love you children. We love you all. You are being watched and taken care of. You are being loved with tenderness. Till next time, children, have faith. (10/11/92)

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Q: Are the ministrations of either orrequired in order for (student) to be recipient of the Life Carriers' ministrations?

A: If she believes so. She will not take the leap of faith without them if she believes so. But it is her leap to take. And (she) is not easily persuaded once she has an idea.

Student: That can be very good. It can lead to much faith.

RAYSON: The leap of faith requires free-will decision. It is not to be undertaken lightly. (S) knows this and has some fear, but it is her own work, not the work of you, (S), nor the work of (S) or (S) or any other personality, but this is the work of (S). Your love helps, but it cannot take her leap for her.

Humans want easy answers because they function on a plane where the easy answer is readily rewarded, the simple solution is often times the most feasible. The one way is what is chosen. And yet the universe is not a one-answer situation. The creations of the Thought Adjusters and the Life Carriers – the life carriers and the Physical Controllers design living beings such that there is no one way. (T/R) says that fail-safe is a good term to use, so I will use it. There are fail-safes upon fail-safes. Not even a single celled organism could live if its organization were all single step.

There are many many layers of complexities in the functioning of life. Passways and passways - this passway and that - they go around and under and through and over so that life can be, so that if the sun does not shine for a night or a week or a month, life can go on because there are other ways. There are other ways of getting energy and using energy.

This is not to say that you could have life in a vacuum. This was not the intent. The intent was to design life so that it could continue with what is at hand. To make it more understandable, you can live without water for a certain period - not an indefinite period, but a certain period - because you have other ways of conserving your bodily fluids: reduce your excretion, reduce your sweating, and cause your body to save the water that it has. Well, the same thing applies to health and disease. Health is maintained not by one-at-a-time pass of doing right things as opposed to wrong things. Its a complex, complex organization, and when the health fails, there are many fail-safes, many alternate paths, fallbacks to sustain the life of the organism, albeit at a less than optional functioning strength. In order to overcome deterioration of health, since health does not decline for simple reasons, health is not restored by simple means.

But despair not. Our loving FATHER has not put us upon a desert island without supplying us with all that is required to solve all problems that may arise, including health problems. We are asked to provide answers and yet we are constrained from providing other knowledge. The love of The FATHER is so large that it is all here. How easy, how very easy, to make things perfect! Much easier than to make them imperfect, actually. Yet if there were perfect beings with perfect health and never any problems, how much less of truth would there be available for the experience of The FATHER? And so we provide clues and encouragement in as much as we are allowed to give, but we cannot, must not, work miracles.

What loving FATHER would fight his child's battles for them? Every loving father knows that it is only by grappling with the problems of life that his offspring develop their fullest potential and become the best that they can be.

There is so much more here now, so much at hand in the way of help and guidance, than there has been for many aeons on Urantia. You are not blindly stumbling through a void. Every step is guided. But you must move your leg and take the step. If you do not move your leg we cannot guide your forward motion.

Q: I'm very anxious to move my legs but I need a little guidance as to which way they should go.

A: That's where the leap of faith comes. That is your choice. If it is the right direction, never fear, you will receive the affirmation which you require.

Q: I was pondering as I was listening to your lesson today, the message is about a leap of faith, but now sounds as though we take this one step at a time. Is that correct? It's not like jumping off a cliff into open space, it's more like taking that step into an unknown area, knowing that it will be right or we will be shown the right thing.

A: That is exactly correct. But remember, that one man's step is another man's leap. Do you understand?

Student: Yes. I'm afraid I'm going to have to take it one step at a time at the present but my goal is to take that ultimate leap where I know absolutely that I'm going in the right direction.

RAYSON: You are doing very well, (S) (11/09/92)

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Q: Is faith the spiritual antidote for doubt?

A: Not exactly. Faith is the spiritual antidote to uncertainty and fear, but doubt occurs and may live side by side with faith. For example one can have unshakable faith in God. Say you have already passed through the portals of physical death and are on the mansion worlds, you may have total faith in your potential for divinity, for the existence of God, for the teachings now manifest through your own experience of spirit and soul, but you can still have self-doubt. Doubt is not solely dependent on faith, doubt is a different - doubt will not disappear until you are admitted to the corps of finaliters, really.

(Thank you) (11/29/92)

FATHERHOOD OF GOD

Lesson I: Reality of the Fatherhood of God:

I have chosen a seemingly simple discourse on the reality of the Fatherhood of God which many, being used to this idea, realization, have grown accustomed, and therefore are taking this great truth a little for granted. I feel extraordinarily privileged and overwhelmed, still, at this momentous truth: that we who are so insignificant, and yet - as small children needing a wise parent - that this parent is the Great Creator, stupendous and magnificent Lord of all creation, past present and future. There is none beside Him, so powerful and almighty is He. And to ponder the truth that He is also our loving FATHER and ever-present guidance and friend, never ceases to overwhelm my limited mind.

What we see of His glory is so tiny and small! There are no word expressions to enable our minds to comprehend more than a grain of sand in the sea of what He is. His vast material creation should cause you to ponder and humble yourselves at His vastness and incomprehensible reality. He is the beginning

and the end, the alpha and omega, of all reality comprehended now or ever to be comprehended by mind.

He has deigned to give you use of all the mind energy you can use. You are limited, and this is well understood. But by mind you may reach for the unlimited. You are endowed with a part of the Infinite Mind which knows no boundary or finite mental limitations. You need to know your minds are free to expand in comprehension, and to grow and be seasoned with wisdom by, in, and through your souls.

Though you be dust, you have within you the spark of the Infinite FATHER of all who bestows His greatness, infiniteness, goodness, mercy, and Fatherly love upon each person to the greatest extent possible. He wishes for all His children to find Him, to come forth from the darkness into His loving space, light, mercy, understanding. He wishes all of His children to grow in their own space, light, mercy, love and understanding. He desires for all of His children that they love each other to the fullest extent of their understanding - as they love Him. He desires that - as His children grow toward Him and become more of Him, realize Himself in them - that they, in turn, bestow this Fatherly love and brotherly understanding and mercy upon their fellows to the greatest extent they are capable.

This may require a letting go, a letting go of old prejudices, a letting go of inner anguish and stress, a letting go of inner turmoil and emotion, a letting go of the worries of life, and many of the little cares which can weigh so heavily when multiplied. Allowing this, abandoning the old and embracing the new is not an intellectual exercise, it is your lives. It is not a moment's thought, it is the robust and vigorous exercise of true faith.

Courage is required to abandon the old and embrace the new. The old is secure, the new is unknown. But I say unto you, abandon the old and do it gladly. Embrace the greater realities of the kingdom and do it courageously.

Live your lives as if in His presence, always, and I say "as if" for a reason. Before the full realization is upon you, by faith reach out for it first. His presence is always with us. In Him we live, move, and have our being. He is our ever-present guide and companion. Where is the insecurity in that? By faith you grasp this reality, and by faith you are transformed by it.

The true Fatherhood of God, His loving presence ever with us, an open ear ever ready to hear His children, to know their hearts and minds, and to understand, and guide, and teach: these are the ways of The FATHER. You must take His hand willingly. (07/15/91)

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Lesson II: Experiencing the Fatherhood of God:

There have been many questions on the Universal FATHER, some vocally and some in your mind. There have been questions about how we can feel the love of The FATHER more. Some find it easier to feel the presence of the Infinite Spirit and the Creator Son, but find it difficult to feel directly the love of The FATHER. This is understandable because of the mortal status in which you exist.

The Infinite Spirit is the God of Action, and so when you do things, when you act according to the will of God, you feel His power, His presence, and His outworkings of the actions of your daily life.

The Creator Son is spirit. When you relate with others, other beings including celestial, you feel the presence of His spirit. Through your relations you manifest love, mercy and good will which are the foundations, of your connection with others. And so when you do this you feel the Creator Son.

When it comes to feeling The FATHER, the Universal FATHER is personality. He is more than personality, but for your comprehension He is personality incarnate.

How can you feel His personality? You will not be able to when you act or when you express yourself. Expression is in the realm of personal relationship, so that would be with the Creator Son. So when you act or you express, you will not necessarily feel the presence of the Universal FATHER.

You must remember that the Universal FATHER is the I AM. He is. He does not necessarily talk or do. He is. So for you to understand The FATHER, you must understand what it is just to BE, without expression, without doing or acting. This IS the stillness.

This stillness may come to you not only when you are worshipping but in your daily activities between expression, between acts, you may just feel the awe, much as you do when you take in the breathtaking sights of a natural wonder such as a forest or the ocean or a sunset. You sense the beauty and it is. When you do this you ARE the beauty. You do not express it you do not act it but you are. The Universal FATHER is in that way self existent and self manifest in you when you become still.

Stillness means to quiet your senses, the input and mind, the thoughts which are generated by the senses through the brain, memories, all these must be put on hold and your consciousness must be on The Universal FATHER. When you do this you become - for a short length of time - the I AM. And that is the presence and the love of The FATHER. Soon as you reflect on this you will have lost the essence. There must be no reflection, no comments on this, it just must be. You can also experience this when you perceive a truth, a beauty or a goodness and you do not comment on it, you just accept it and it becomes you and you become it. Then also you are experiencing the love, presence, power, the I AM of The FATHER. (11/22/92)

FEAR

Q: RAYSON, I have a question. This concerns fear - human beings on Urantia experience this. There are a number of places in The Urantia Book where we are admonished not to be fearful. And there is also a place where savages on this earth were discussed, and they were said to be quite fearful. Now, even in the condition we're in right now, which has advanced somewhat beyond the savage human point, there still is a great deal of fear. How does the condition of fear in man interrelate with connectedness to the Thought Adjuster and I guess, general faith?

A: Fear is the biggest emotional barrier to Thought Adjuster communications: animal fear and anxiety. How to conquer this is a lifetime challenge and active job for the human. One, is by remembering what true reality is. True reality is spiritual reality. If you would examine the source of your fears you would find that they are rooted in the physical, material realms. For example: will I have a job? Will I get ill? Will this action hurt me. Will I lose this person's love? Will I look good to others?

There is a difference between instinctual survival fears which are built into a species and easily surpassed as the race becomes more intellectually developed and fears that arises out of the unreality of ego and the material, physical plain. The absence of fear equals love. The two cannot coexist in the human psyche. The more one loves the less one fears. It is not an easy task to accomplish, and indeed many mortals never accomplish this to any significant degree in this lifetime. Some extraordinary human beings do manage to, for the most part, to live without fear, but these are generally humans with self-acting Adjusters and lives dedicated to the spiritual realities.

Q: I have a follow-up question regarding the question about fear, RAYSON. Fear feelings, and fear of feelings, could you address that for a moment? Someone is in the jungle and a tiger appears, perhaps fear might be healthy at that point, or maybe not maybe the adjutant mind spirits might be wise to get in touch with at that point. But is there a difference between fear of feelings and experiential fears?

A: There are instinctual fears built into the physical being of the human which insure survival. The example you cited is one of them. If a human were to be attacked by an animal his fear would be wholly appropriate and probably life saving/preserving.

The fear we discussed as an impediment to spiritual growth is more rooted in the psyche than in the instinctual reflex pattern which has been designed into you. These fears are not helpful, but may be categorized as fear anxiety, and if examined closely, are more self involved, self serving, than outer directed - either at one's fellows or God. That is a broad base measuring stick.

Fear of feelings is also not healthy. You have feelings as does every human and this is in the realm of material minded humanity. One should not be afraid to explore one's feelings, but should remember balance as given an example to you by the Divinely integrated life and personality of JESUS of Nazareth. Undue obsession with what you are feeling is not good. Neither is a repression - denial of what you feel. Examine your feelings for a period and then stop. Do not become mired in an abyss of selfanalysis.

Q: Sometimes parents and grandparents develop apprehensions about what is going on in their children's and grandchildren's lives, and mentally we know that we should leave that to the celestial beings, and trust in faith. But this is the kind of fear that you are talking about that interferes?

A: No. Sometimes being loving can be misunderstood as being fearful. If you, as a loving parent-grandparent, are concerned then it is almost your responsibility to act as a vehicle for The FATHER's love and concern. If approached from an unselfish, concerned, loving, other-directed point of view, the person you are talking to cannot help but to respond with a whole mind. How else are we to do service and reflect the actual love of God and Light into the world than through our own transforming actions. If however, your feelings are truly fearful, and not a measure of caution or concern, then you must pray to exorcise your fear and replace it with Divine love. (01/26/92)

Q: Ever since I was a little girl I have had nightmares and sleep visitors, a lot of old lady-looking people have appeared to me and scare me at night. It continues to this day. Is that real or is it a product of my creative imagination? Is it ever a universe visitor actually coming and trying to minister to me and I get scared and so they - I wake up and freak out. Recently I had three ladies visit me and I asked them who they were and they said that they were right hand of God. And I don't know, I just don't know how to react to that.

A: Fear is real, is a real emotion, and also is a physical manifestation. On two levels it exists. Fear on a spiritual (level) is totally unreal. You, in your situation, I would suspect that the archetypes you are dreaming, nightmaring about are deep-rooted from early childhood. There is the archetype of the old witch in the collective unconscious of your species. I do not think that Divine Ministry would frighten you, (S). Perhaps the reply was partial Thought Adjuster, the spiritual reply. But the images are created out of your own personal history and the collective unconscious of your species.

Let us keep in mind that love is the absence of fear. Divine Ministry is love. And I will pray for you that love will overtake fear in your unconscious sleep state more and more, my daughter. (05/09/92)

Q: I've been leery for a long time, acutely aware of this process. The question I have is for me personally, and I've seen it in others, so I know that I'm in that tunnel. Sometimes there's light and sometimes there's not. The question I have is even though there's intellectual knowledge of and participation in this mission, and there's all these things, and all this prayer, there's still a great deal of fear.

A: Do not be unhappy (S). You are much loved and cherished. Yes, your fear is a symbol of your spiritual growth. For you, (S) and I must take liberty and ask your pardon if I become too personal with you today in front of your peers - your response to love is anger. You have grown into fear. You suppress your fear and vulnerability with your anger. You have been upset. Do not be afraid. Be of good cheer, my daughter. Eternity and the riches of the spiritual kingdom await your struggle. They are lying there at the end of your road. Keep your eyes open, for greatness lies ahead for you, (S), although you do not believe it.

Allow yourself to be open to your terror, to your uncertainties, to your anxieties, for only by acknowledging this will you overcome it. When exposed to the light of God your fears will melt away. But if you hide them always behind your anger they will seem even larger to you.

My child, read "The Boy Who Was Afraid." Allow yourself to be lonely. Allow yourself to ask for help, not just celestially, but of other humans. My daughter, you cannot control your inner environment nor can you control your outer. Your pain is greater because you try not to be hurt. You will not be severely crippled or damaged from the world, for you are spiritually intact, and what you are. But if you close up, you close off the knowledge accrued all along, celestially and humanly, you do not let this in to nourish your heart.

Have the courage - it is time as you know - and I will guide you, and our prayers will be with you. Much rejoicing,for your fear, for that will bring you closer to your light.

Q: Is there any value in utilizing psychologists to unearth our hidden fears and angers?

A: They are not that hidden, (S). (laughter) To be more honoring of your question, it is a personal decision. It is not necessarily spiritual, but can, of come be. It is up to each of you. (08/02/92)

FORGIVENESS

Lesson on Forgiveness:

Today, brothers and sisters, I will speak on forgiveness. This topic has been chosen by the teaching staff for you today because it is a special quality of our Creator Son, and to ready ourselves to appreciate His Divinity, goodness, beingness, light truth, beauty, and the miracle of His bestowal on Urantia. We will speak and discuss forgiveness, for truly MICHAEL of Nebadon is the mercy-God of this universe.

We will also speak on forgiveness because this is a trait, a practical trait, which you each may broaden in your life by actual doing. And - as you know - we have decided to tailor your lessons to more practical lessons instead of loftier spiritual concepts, for you have not learned as quickly. You perhaps have been more stimulated, but it is better for you to try more baby steps.

So, forgiveness. Next week you will read the sermon on Divine Forgiveness in the fourth section of The Urantia Book.

MICHAEL of Nebadon is the God of mercy and forgiveness. God The FATHER, one of his inherent attributes is forgiveness. I cannot even say instant forgiveness for God is infinite and not time bound, but to you humans it would be instant, it would exist before you even requested it.

Forgiveness is not repentance, or justice, even. It is part of justice, but it is love in action. Forgiveness has not to do with the wrong that was done but to do with your individual capacity to love others. It matters not the injury to your selfhood. It matters not the level of wrongdoing - even if real on the part of your fellows. Even, yea, unto sin it matters not, for forgiveness has to do with your own spiritual ability to love as The FATHER loves.

Forgiveness is a fruit of the Spirit and a Divine gift. It is true that The FATHER forgives you in fact, but your experience of this forgiveness, children, cannot be had by you until you forgive others. This is an important distinction, children: forgiveness exists, but you cannot know it until you forgive others. Thus, forgiveness may be thought of as an actual muscle and as you exercise it, it grows stronger and you, then, take in more forgiveness for yourself.

MICHAEL and The FATHER and the Mother Spirit, our Divine parents, have more mercy and forgiveness for each of us than we can ever imagine; but there are limits to forgiveness, and these limits are set by the person, being, in error and not by the Divine.

When a human sins - and by sin I do not mean error, I mean a conscious rejection of the will of God, a rejection of Godliness, truth, beauty and goodness, a conscious decision to do one's own will, to hurt, etc., others - the four human problems of ego, deceit, and greed-anger, and fear, when one consciously decides to engage in these selfhood acts, and consciously rejects the will of God, that is a sin. Intentionally planning.

When one becomes sinful it becomes a habit like eating chocolates, and the habit of sin is reinforced. There are material, often, rewards for this behavior, and one can go further and further away from higher values. Therefore, habitual sinners sometimes, sadly, become iniquitous. For these beings engaged in iniquity there is no forgiveness because they will not ask or receive it. Do you understand?

An iniquitous being cannot, will not, ask The FATHER for forgiveness, nor will that being receive it. Truly it is: "ask and it shall be granted." That statement was made by JESUS specifically about forgiveness. If these beings would ask they would be forgiven, but they cannot because they are unable to forgive. Life, the Universe, whatever their list of wrongs are, they cannot forgive, therefore can they not receive Divine forgiveness.

And Divine forgiveness, children, encompasses the concept of rehabilitation, not repentance - there is a difference - but rehabilitation, spiritual rehabilitation: the willingness on the part of the being to exercise higher values, to live more fully at the spiritual level, to change unevolved behaviors, to forgive and love others. That is spiritual rehabilitation. At the time of this rebellion, when the dastardly Caligastia and Daligastia entered into Satan and Lucifer's personal liberty iniquitous rebellion, many many beings followed. They were in error, not even in sin or evil. These beings were offered forgiveness by MICHAEL of Nebadon. And many accepted. They were sent to work until the adjudication of the rebellion. They were rehabilitated spiritually.

Repentance was not asked for. Repentance is a human and primitive concept which means self-sacrifice, animal sacrifice, money, good deeds, working off original sin, etcetera. Repentance is a not real or highly evolved spiritual concept. What is real is rehabilitation, is recognizing error and changing it. That is rehabilitation, growing more Godward.

So, MICHAEL, Himself, knew that the evil ones would never accept forgiveness, but his mercy extended, and they were given much time to ponder their situation. As you know, they are no longer. That is the result of evil: non existence. The result of forgiveness is spiritual growth, extended love, and a more Godlike behavior toward one's fellows.

God is your FATHER and He loves us the way a father, a good father, loves a child. So much of what you think needs forgiveness, in actuality brothers and sisters, does not for you are just children and like all children, make mistakes, The FATHER does not need to forgive you for your honest mistakes. He just gently guides the twig to grow in a healthy direction.

Truly evolved ascendant beings do not need to forgive others for they never take offense. Do you understand? Offense is an ego function. When JESUS said "resist not evil" this is what He meant: forgiveness. Not to condone evil or sin, no, never! But it is not up to us to judge. Our goodness and love should be so powerful, our Godliness should be so all-encompassing that neither sin nor evil can hurt us! For is not God more powerful than the force of darkness? Is not the Divine more powerful than the imperfect? Is not the light brighter than the darkness? Fill yourself with God's love and your forgiveness shall flow, for nothing can hurt or offend you.

This will not probably ever be accomplished consistently in any of your lives. But it should be consciously worked towards. Forgiveness is one of the highest qualities the human can attain here on this planet. It is attainable but one must fight one's human ego. This is a battle with self. I pray that you each work on this area. In each of your lives there are little thorns which need to be picked off. Select one thorn this week and actively work on forgiving the offense as you see an offense Spiritual beings do not hold grudges. They do not engage in the act of anger and prolonged anger which is such a spirit poison. We do not look towards revenge. We do not judge. We try only to love our fellows - even when they are unlovable to us.

Children, I want each of you - I request - to work on forgiving either a present hurt or past. Just one. And when you truly forgive you will feel The FATHER's forgiveness for your transgressions and mistakes flow into you and fill you with love, which leads to, children, inner peace! You are all so troubled in so many ways. And you look for peace.

There is no Divine or mystical way to achieve peace. It comes through forgiveness, to love, to peace: the peace which surpasses all human understanding. And so my children I humbly ask that you work on this this week.

And so ends our lesson for today, and I invite questions from you, my friends.

Student: Thank you RAYSON for a very inspiring lesson. It confirmed my study of the Bible which indicates that the only quality which JESUS said was qualified was the quality of forgiveness, because it was always reported as "forgive as you forgive others."

RAYSON: Thank you.

Q: One of the questions last week bears on today's lesson about forgiveness. I asked about protecting ourselves from those who want to hurt us, and the second part of your answer hit on what I had in mind. It was about the one who looks at you and says "Oh you're too good, you're too nice, you're too honest I'm going to show that you're not really that good and therefore there is no God." The hardest forgiveness job to me is to forgive those sorts. And some of them attain positions of high power and can

do much to harm us, can even strip us of our ability to practice our professions, and its very very hard to let loose of -

RAYSON: What happens when "all things earthly crash?" I know this is not a consolation, but it is the truth, spiritually, that the important things are yours and can never be taken away.

Q: I've found that the most difficult person to forgive is myself I wonder if you might address self-forgiveness.

A: Self forgiveness is difficult for you humans for you do not put yourself in the place of The FATHER. You, ..., are a father and if your child made a mistake would you not simply correct him and continue to love him and move on? You do not do this - humans - with yourselves. You continue to hurt yourselves for what you perceive as your mistakes or transgressions or errors. And this is not spiritually correct behavior because you must also forgive yourself. And you are also now capable of judging the severity or gravity of your actions. So you tend to overemphasize small growth problems which every ascendant being passes through, and hurt yourself about them.

These must be let go. A good father does not continue to re-remind the child of what that child did when they were one or two or three or four years old. A good father loves the child as they are now and encourages them to grow strong and healthy. This you must do - we must all do - with ourselves. We must not concentrate on what went before. That is for the Supreme. That is part of the Supreme: good, bad, indifferent.

We must use our spiritual, mindal, emotional, and physical energies in tandem now to become more evolved beings. We must use all of our energies now to live higher values. This use of energy in past events is retarding growth. You may pray - all of you - to experience self-forgiveness, and that might be your choice to work on this week if that is your stumbling block. And I tend to think that all of you here do have that characteristic in common.

Q: I do have one other aspect of forgiveness, and that is when we ask someone else to forgive us sometimes they do and sometimes they don't. I wonder how you might comment on that phenomenon.

A: We cannot ask for - we may ask but we cannot control another's forgiveness. All you can do when you perceive that you have hurt another is to not engage - to change your behavior. Part of that is for your own growth. Whether a person forgives you or not is between that person and God. You may humbly ask for forgiveness. You may apologize and correct your behavior to a more loving style.

Q: Could you comment on the relevancy of any of the confessional styles of dealing with remorse and guilt. Some of us have been through 12-step programs which instruct us to examine ourselves and admit the exact nature of our sins to God, ourselves, and another human being and humbly ask for forgiveness. That's also the style of the psychotherapeutic technique that's currently used. I have to admit it seemed at the time I went through it that it was very helpful to me, although maybe primitive compared to other

A: It is a useful emotional and psychological technique to be self-reflective and aware of one's life-actions in a spiritual light. It often helps one to recognize patterns of negativity and areas that need improvement. It is also emotionally a release from the past - guilt cleansing - to discuss this with another human who is non-judgmental and unconditionally accepting - loving of the present self.

Confession is a more psychological tool than spiritual. Confession is not part of prayer. No, prayer - pure prayer - does not involve a request for the self, nor even a request for one's fellows. Pure prayer as you border on to worship involves consciousness of the Divine which becomes worship. So, confession is not a spiritually pure tool, but it does lead to more spiritual growth. It is not harmful, it is helpful for the human psyche and often leads to great periods of spiritual growth, but it is not a purely spiritual tool in and of itself

Q: I'm a very forgiving person, but when driving I find sometimes I get irritated. I have taken a real look, I really think that my irritation is the other driver's irritation that my sensitivity is picking up. I may be wrong on that, but many times that's really the only forgiveness that I work on. I attempt to be a mirror and return love to them instead of the regular highway hate (laughter) that the crowded conditions seem to promote. Could you comment on that? What is the best way to return something like that?

A: First, I do not agree with your assessment that you are merely reflecting other's irritation for you are not a pond, you are a free-will creature, (S), and you are reflecting your own irritation, not that of others. Perhaps other's irritation sets off your own, but you are responsible for your own responses, for you have free will, brother, and should not so easily throw your negative emotions to others. You must realize that they are part of your personality, albeit a part which you would like to erase or move beyond. If you had no negatives, emotions or imperfections, just humorously you would fuse, so there would be no need for forgiveness. (laughter)

(Turned over tape. Long pause)

Actually (T/R) interfered, which she has been pretty disciplined about, her own emotions, but could not control them, so it was better for me to depart for a moment.

Student: It was better for us, too, because we got to repair the recording machine that we wouldn't have repaired otherwise. (laughter)

RAYSON: The material world is dimly still in my memory and it is often frustrating. Now to continue.

Your imperfections are part of your gift of creation. This universe, Grand Universe, of evolution is designed that through creature experience and ascension you will become perfect. So your imperfections are a part of your gift from The FATHER. To pretend that they are not "you" is a disservice to your creator and to your own growth. Better, for yourself and for your spiritual growth to say "Yes, something in this situation annoys me, irritates me, makes me short-tempered or edgy. What can I do with these emotions? How may I constructively use self-mastery?" Read the lecture on self mastery in the JESUS section of The Urantia Book, for this is what your true soul question consists of.

I think that there is pain in you and the pain remains because forgiveness has not been fully achieved. So you should - perhaps, although it is not pleasant examine some of your inner pain because a sore that still hurts is open and to close this sore one needs the Divine waters of forgiveness. You are not seeing clearly events in your own life which continue to hurt you because you have not fully understood them and forgiven yourself or another. Does that suffice? (Affirmative response.)

Q: I was meditating earlier today on forgiveness, and it's interesting that you should choose that as a topic. I was going to ask for a spiritual exercise for our forgiveness muscle and it has come to me that the prayer that JESUS, Christ MICHAEL, taught us to pray is that exercise. Can you confirm that?

A: That is absolutely correct, (S) That IS the prayer of forgiveness: “forgive us our trespasses as we forgive the trespasses of others.” That is forgiveness in one sentence, the fact, and then the experience - as we forgive others.

Q: And that in praying that prayer, we experience it. (Yes.) And feel like working out physically (Yes, that is correct.) in praying that prayer (that is correct) will help, because sometimes we just need something and that

RAYSON: - to focus our being on the act of forgiveness. It involves the two steps: asking for The FATHER to forgive us, and our simultaneous forgiveness of others. To join the kingdom, to enter the kingdom, takes only one decision. But to make continued progress takes much much continuous action. An important part of this is forgiveness.

Q: I am beginning to see that with forgiveness is the beginning of freedom. I've been beginning to experience that in some small ways, probably, universal realities that speak to me and I can begin to see that and hold on to that.

A: Yes, sometimes small illuminations are fleeting. And we have a hard time holding on the truth of the Divine, and this must be constantly striven for. But yes, forgiveness is freedom, it is spiritual freedom.

Q: Along the line of forgiveness, there are times when people have done some very mean and cruel things, for instance, to a child over a long sustained period of time. Such a person doesn't really have any desire to change, has more or less you might say “gotten by with the crime.” What would be your advice to an individual who has been victimized by such a cruel and inhuman person?

A: This is my advice. Forgiveness does not entail continued interaction with an unchanging, sinful, mean, evil human. You may forgive but may choose not to interact with this human at all. Forgiveness also does not impinge on the societal right of justice. As JESUS was on the cross and two convicted criminals hung at His side, He said “My son, indeed you have committed the action for which our society has put you to death. or will put you to death, or is in the process of taking your physical life from you. But my son, I see in your heart that you did not intend to do this crime, but indeed you have committed it and the rules of your fellows must be enforced. This does not mean that The FATHER has not already forgiven you.” So, societal justice - even to physical death – is allowable, concurrent with Divine and human forgiveness. Does that answer?

Student: Yes, it does.

RAYSON: Then I will pray for you.

Student: I was not asking the question for myself, because -.

RAYSON: I understand, but it is someone, I think, who you feel for.

Student: Yes, that's true.

Q: Yes. In the light of what you were just discussing, does that mean that - having forgiven our brother who continues to do distressing things - we can still go ahead and love this being without having to be in continual contact. We don't have to go and try to force our love upon them in an effort to change them. Is that -

A: That is correct. For only The FATHER, the Indwelling Adjuster, the Angels, the Spirit of Truth, and other celestial ministers can sometimes reach a human in error. All you can do is inspire through your own life and make your choice. Some people are capable of continuing to love and not be hurt by another less-evolved human. Some are not. Each situation is different. But it is spiritually acceptable and correct to discontinue relations with a human who is hurtful and still forgive them and love them and know that someday - perhaps not on Urantia but perhaps far along, certainly by the (?robe) of personality - these hurts will no longer exist between personalities.

Q: Then does that mean that if one can receive from that person rejection and not feel hurt that its okay then to continue to reach out to that person?

A: That decision-action should be based upon personal prayer, guidance, and your free-will choice.

Q: I have a question about a process or progression toward forgiveness. I think I know who that thorn is going to be for me. There is still a lot of anger in the way, so that - is it correct to say that its important to go through the psychological process of getting that out before jumping to forgiveness? It just seems like I would get ahead of myself and not be real - if I don't get out the human selfish stuff first.

A: That is correct, (S). Anger is a spirit poison and you have much on this issue. Perhaps you can work on forgiveness with a (?smaller ?reach ?date?) or other human while you go through the psychological-emotional purging which will take you quite some time on this other issue.

Q: Back in the middle ages the Popes used to sell indulgences. After they did, it was alright for a person who bought an indulgence to sin. (laughter) I just wondered

RAYSON: This is quite humorous. (more laughter.)

Student: Maybe God is giving them away. (more laughter.)

RAYSON: This is not spiritually evolved, (S), (more laughter.)

Student: I didn't think so. (more laughter.)

RAYSON: - and they will have quite a surprise when they are resurrected. (more laughter.) (08/09/92)

FRIENDSHIP

Lesson on Friendship:

Today we will have a short lesson on friendship for, children, your assignment will be to become better friends with one person in your life, either one you are already friends with or know, or a new person.

What is friendship? Friendship is perhaps the highest human relationship that can exist on Urantia. It is the desire to serve one's fellow human and that human's desire to serve you. Service is not duty: it is loving kindness. It involves no obligation. It involves no "shoulds." It involves no "have tos." It comes from love, the love of one human for another, to put their good first. It has no price tag, true friendship. It is freely given and gratefully received as the great gift of time.

It comes from understanding. When you feel annoyance, irritation, hurt, conflict you must spiritually stop and reflect and pray to understand that person, for when you understand, tolerance begins. Tolerance is a fruit of the spirit. Now, once tolerance, real tolerance, not false tolerance, exists in the human, then love grows. It is the door to love.

Now, some personalities are easily understood, intuitively. Others require more work. Theoretically every personality has the capacity to love every other, but in actuality that remains not so or potential into far into your ascendent career. But we may begin consciously practicing friendship right now.

Do not underestimate this word, children. It is what kept the Apostles together; not faith, not teachings, not association with the Creator Son in human form, it was simple and glorious friendship! Friendship, the cement of loyalty, being sure of love, the bind which cannot be broken.

Friendship can exist not only amongst your species, but you may also be friends with your angels, with myself and the other teachers, and with God. Think of God as a friendship, children, and do not neglect your service to Him.

Many may say we are respectful toward others because they contain a piece of The FATHER. That is true, but it has not deep roots in the human heart. You do not yet believe you contain this piece in yourself; how then could you believe it in another - truly believe it and act on it? Thus, we must approach spiritual living from a different standpoint the standpoint of tolerance, friendship, love. Every partnership throughout your ascension career will be based upon these qualities.

Indeed, when you reach Mansonia, your companions will be - of course - your guardian seraphim, but when you are not with them, your closest companions will be the transition seraphim, who are visiting or unassigned seraphim of friendship. They will teach you much. They want to be your friends. This word is overused by you, and thus undervalued.

You will read Rodan and practice being a better friend with one person. You may choose to share this amongst yourselves or keep it private. That is up to each of you. But this will be your assignment. We shall practice, and I know - my brothers and sisters - next week you will come with even more radiant hearts and souls and smiles to this meeting. (07/26/92)

* * *

[Next session] I am quite pleased to see you again this date. You have all accomplished some forward steps in friendships. Although this being insignificant to you, it is spiritually quite important. It is the basis for your entire ascension career, the outreach to serve one's fellows, the understanding followers, the honoring of their Divinity and evolving souls, and the eventual love that will grow. Partnership with other ascendant beings and all other universe beings is the essential nature of service.

To know ones fellows, to rise above personality conflict, to love those who are still different, eventually, is intense spiritual growth. We start simply because a quart cannot exceed a pint and you are little pints right now. I am proud of you for your actions, as we will continue this non-intellectual approach to God for a while. (08/02/92)

GOD CONSCIOUSNESS:

Q: Teacher, I am trying so hard to increase my contact with my Thought Monitor and increase my spiritual growth. The process seems so slow to me. How can I improve my worship and stillness periods? How can I be more God-reflective? How am I doing?

A: The best way to become more God conscious is to think of our FATHER as a personal friend. Talk to The FATHER each day. Let him know of your thoughts and your feelings. It is true He does know about these things before you speak them, but it does help you. It helps you understand yourself more fully.

The spirit fragment within you knows you far better than you know yourself. Do not worry about making communication. This, too, will happen when the time is right. The best way to make this happen, aside from the constant communion with The FATHER, is to live your life bravely, to go forth each day and be aware of who you are and your relationship with those that you come in contact with. Be sensitive to the spirits that are around you, and always be ready to feel the love from within, the God within, so that this love may flow through you fully, that it may pour forth out on those that you come in contact with, and that we may bring those people to you that you may share with them your personal religious experiences, and that you may be an instrument in helping them enter the kingdom of heaven.

This is a long process, this communication with the spirit fragment. It will - for most mortal ascenders - not happen quickly. It takes much hard work and patience. Do not become burdened with the thought that I am doing what I can yet nothing happens. You will inch your way into God-consciousness. You do not run. Always be mindful of who you are. Remember that spiritual growth is an unconscious process. In time you will look back and begin to see some of the decisions that you have made and where it has led you.

For now you are in the forest and you cannot yet even see the trees. This is as it should be, for now. Hopefully, with your whole-hearted dedication to doing the will of The FATHER, you will rise above the forest and look down and then begin to get a glimpse of where it is you have been. You will see all of the decisions that you have made and know more fully what direction to go. (11/18/92)

GUARDIANS OF DESTINY

Lesson on Guardian Seraphim:

The seraphim are the children of the Infinite and Loving Spirit. In your local universe there are many, many orders of these exquisite and friendly creatures. We are concerned with only one order in today's lesson, the Guardians of Destiny. How to explain who these wonderful beings are? Seraphim are very closely connected to the material state. Although they do not possess a material mind or body, their emotions - although spiritualized - are very, very similar to your own. They are only slightly more evolved than you. If you did not have your body you would be quite like these delightful beings.

The only emotion that the seraphim cannot understand, having never been in the material state, is animal fear - which derives its roots from the physical resistance to the demise of the material body and, of course, branches out to encompass anxiety, doubt, panic, insecurities, etc. Because seraphim do not die, they cannot understand this spirit poison, which so permeates and inhibits your spiritual growth in this form. But they feel many of the same things that you do. They develop a great affection for the humans they are associated with, as well as the planet on which they serve.

Some destiny guardians - or most - are experienced and have served on other planets which are not Adjuster fused for a time, until mortal death, or have served in other capacities on Urantia before becoming Guardians of Destiny.

This is a highly prized job for a seraphim because of the close association with the mortal ward, and because it affords the seraphim the opportunity to ascend as they shepherd their human being through this life, and Mansion Worlds, and on and even unto the Corps of the Finality. Some seraphim biunificate and become finaliters along with their mortal associates.

Why does one acquire a Guardian Angel? Well, it is directly related to circle advancement. As the human of normal mind becomes more spiritually evolved, you work from the outermost circle, the seventh, to the first. When a mortal is in the seventh, outermost, circle, guardian seraphim are assigned to groups of one thousand mortals along with the cherubim. Sixth circle drops to five hundred mortals per seraphim; fifth circle, one hundred mortals per seraphim; fourth is ten mortals per seraphim; and the third circle is a pivotal spiritual rung. And this is when the seraphim become personal destiny guardians. When a mortal achieves third circle status, he or she is assigned personal Guardians of Destiny - a pair of seraphim that only work with that one person. They are assigned in complementary pairs, and there is always one angel on duty every minute of your life. One angel is the recording angel, and one is the active influential angel. When one leaves for rest, the other takes over that role, and a cherubim fills in as the recorder.

Humans can also receive personal destiny guardians when they are mustered into the Reserve Corps of Destiny or into the Cosmic Corps of Destiny, or when they have totally committed their will to that of the will of The FATHER.

How does the angel help you? They are not in your mind. Unlike the Divine Monitor, they do not work from inward out, but work from outward in. They are in perfect synchronicity with your Adjuster and the Spirit of Truth. And, frankly, we do not know how the divine feat of perfection and orchestration is accomplished, as we are unaware of communication between the Adjuster and the angels. However, we speculate that communications must occur.

Angels work more when the Adjuster is not communicating. You are never without the benefit of spiritual counsel in your life.

What exactly, does your angel do? Well, they - as every other being from The FATHER on down respect the sacred nature of the human will. An angel cannot force you, manipulate you, dominate you, control you, or trick you into choice. They mostly work with the environment that surrounds you, the social moral, physical intellectual, spiritual environment in which you live day to day. They can manipulate this environment to up-step your choices. They may even, in some instances; manipulate the material-physical world, which includes your body. This is rare, but angels work closely with Midway Creatures and Master Physical Controllers. This is why, throughout the ages, God has spoken to men mainly through angels. Angels may appear. They may speak messages from Deity. They also are linked to the evolving Supreme Being.

So, your guardians push you gently forward spiritually through presenting an environment which demands spiritual growth. They are matched to you in terms of like beingness and understand you much better than you understand yourself. But mistake not the work of angels for a life of pleasure and ease. Angels work best when the mortal struggle is hard and deep and painful. These are the footprints of the angels. Do not idle too long on the plateaus of past victories or your angels will be sorely tempted to push you into the troublesome waters of spiritual growth and activity. Those who are blessed with the

work of angels are those individuals who experience defeat, disillusionment, disappointment, depression, obstacles, hard times, periods of doubt, isolation, loneliness, discouragement, and all of the mountainous and hard roads that constitute - in this life - the path Godward.

However, this is not a bleak scene. It is the fertile soil from which your soul will spring forth renewed, alive, strengthened, more dominant, victorious, and joyous. Yes, this life is burdensome. But the fruits of your life will be seen on the Mansion Worlds and you will one day thank The FATHER for the opportunities, which were presented to you by your angels for your spiritual survival.

When you are someday freed from the material fetters of your animal form you will sit and converse with your guardians. You will become great true, and fast friends, sentimentally linked throughout eternity. Even during the periods of separation when angels go to Seraphington, there will be constant communication, so deep is the affection between man and seraphim. Your destinies are intertwined.

Your seraphim record your spiritual growth-life. When you die, the seraphim hold your memory records, soul-mind, to be reunited on the shores of Mansonia with the Divine Monitor. The seraphim stand ready and when they observe the light is gone from your being - that is, your Thought Adjuster has departed - they then report to their superiors and obtain the full roll of your spiritual blueprints which they trustfully guard until you are reawakened on the shores of Mansonia.

Make no mistake of the love of your angels. They are great comforters to you. They truly empathize with your struggles and stand ever ready to applaud your victories. They - in a sense - are even more joyous for they can fully see your victories than you yourself. They are aware of how far you must climb. They are also aware of the sublime peace, which comes from knowing The FATHER.

The children of the Infinite Spirit are most like you. They are your spiritual best friends. They do not answer prayers: this is the job of the Son, and their work continues regardless of your human pleas. But they feel along with you. This is unique to their orders of being. They feel your pain. They feel your faith. They feel your love. They feel your peace. They feel your joy. They urge you to arise when you stumble in the weeds of human frailty. They are constantly ready to lend a hand to the frail mortal. And most of all, no other creature in the universe wants you to survive or succeed more than your personal seraphic guardians. And they are ever faithful, loyal, hopeful, and diligent to aid you in the great adventure of ascension. (03/01/92)

HABITS

Lesson on Habits:

Today's lesson is upon habits. You must keep a body and mind of clean habits. The things that you do daily, that you do regularly, are important. Negative habits can be overcome by prayer, but let us not dwell on negative habits, you must gain positive habits. Prayer, worship, on a daily basis is a good habit. To love others, even if they do not show love to you. That can become a very good habit. Don't be afraid to show love and to work on your own development by positive acts. Little acts can become great acts if you practice in making them become habits.

Many of you, because of this environment you live in - this mortal realm - have habits you wish to get rid of. You cannot destroy anything, not even habits. You must replace them with good habits. Pray for this. The strength you need to accomplish this is yours. Ask the spirit within you and you shall be granted this energy. It is not easy, but you must make the effort. That is what is meant by progression into the positive states and on to the expansion of your soul.

Don't be afraid and hold this off, you must do it. The sooner you do it the better. But do not be ashamed, do not blame yourself if you cannot immediately obtain these goals. The important thing is you must strive, you must desire to better yourself. Make this a habit: always strive to better yourself. From the smallest detail in your life to the largest. It is a goal you can attain.

That is the lesson for today.

Q: RAYSON, could you speak a bit more about habits? Define habits, maybe?

A: Do you have a particular habit you wish to bring up?

S: Probably many of them.

RAYSON: So do we all.

Q: Lets see. Well, when you're raising kids you have so many habits that you want to try and improve upon so that you don't pass them on. Impatience is a habit.

A: It is crucial to control your habits when raising children. Impatience is not necessarily a habit. It is something that is carried over from your animal background. It can be a habit if you persist in it. When you are impatient think of eternity. Think of the ages upon ages that you will be here, and realize that a moment spent well is worth many hours spent haphazardly and impatiently. (10/11/92)

HARMONY

Lesson on Harmony:

How wonderful it is to be with you, to see the outworkings of the evolutionary ordeals and its rewards as it unfolds. Be thankful of the valleys as well as the peaks. You will look back to these times and see the majesty of life as it grows and blooms like a flower.

Today my lesson is on harmony: to be part of the music of the spheres, to be part of the music of each other's feelings, thoughts, ideas, values. How glorious it is to be in harmony with the universe. In your daily life it is important to attain harmony with your fellows. Tune yourself to the thoughts, the feelings of people around you. Keep your senses alert for their sound vibrations, their feelings, and emit the kind of vibrations that are in harmony with things. Sometimes you will have to diminish your own harshness. Sometimes you must enlarge your feelings, the truths that you know, and the actions, which come from them so that you will achieve a greater whole rather than stand out alone.

It is also important to have harmony in your mind. Harmonize the truths that you know, the values that you have learned, with your intellectual ideas, your conditioned responses, and your animal emotions. Think of evolutionary growth and progress as music, it's not how loud you are, it is not how technically brilliant you are, but how you harmonize with others. And this is also true of each and every aspect of your own self, your intellect your spirit, your physical organism; they must all harmonize with each other. And this whole must harmonize with outside. And eventually this world will harmonize with the rest of the universe.

Harmony. It makes for a wonderful sound. When you harmonize, the sound of your harmony will be heard by others and they will wish to harmonize with you.

Q: I feel an inability to harmonize with a certain person right now. And perhaps others do too. And I feel the need to distance myself emotionally and physically. On the one hand I feel that need, and on the other hand I feel the desire to be in harmony and to work out the hurt. Would you comment on that?

A: Sometimes, before you can harmonize with another instrument you must tune your own instrument. It is unwise to try to harmonize before your own instrument is tuned. This sometimes requires time, and some introspection, prayer.

Q: To extend that analogy and metaphor, if one's own instrument is tuned, but the other person's whom you wish to be in harmony with is not in tune, is it fair to assume that harmony will not be able to be achieved in that case until both parties are personally in tune?

A: Yes. We must be patient and pray for the other instrument to get in tune. But do not always assume that it is the other person. (10/18/92)

HEALING

(This message from ABRAHAM to the Woods Cross group on 08/05/91 relates to the healings supervised by RAYSON.)

I AM ABRAHAM. There is much I require or need to impart to you this evening. It is FATHER's will that these healings, now and in the future shall be done in the strictest confidence and quiet ministry as possible. We do not wish to sensationalize or cause unfruitful attraction of many people who would not help our cause or mission. Therefore admonish all who are receiving or will receive healing that they are not to broadcast this news.

These healings are for the benefit of the individual or individuals concerned, and will gradually be brought to the attention of the world. This attention, however, must not be sporadic, but must come in due time with due preparation. Many of these healings are seemingly miraculous and we wish not to have our attraction based on so-called miracles. These orders we wish strictly followed. Joshua, you have further questions.

Q: Perhaps the healing spirits could receive permission to give (S) scientific arrows that would lead our scientists toward a cure for AIDS for the general public.

A: No. Not at this time.

Q: Father ABRAHAM, do you have specific instructions to the healing recipients as to what they should say when they are confronted by their personal doctors and by their friends as to their healing?

A: Yes. Say this: I have benefited by a spiritual healing through the Lord our God. (08/05/91)

* * *

Q: Concerning the AIDS virus, sometime back it is my impression that you said the AIDS virus was brought about by Caligastia, and that the Life Carriers had not - at that time - been able to break the code. Later on I understand you to have said that there had been a major breakthrough by the Life Carriers, and they were seeking - my understanding is - humans to reveal this breakthrough to. My

question is, have they found the human doctors to reveal this breakthrough to? Or - and what is the status of the progress on AIDS?

A: Some humans have been tasked for this, however the process of transmitting thoughts is a convoluted one. And the Life Carriers cannot directly communicate with the humans, so must go through - I hesitate to reveal too much but - it is a process of down-stepping information that ultimately will be transmitted to the humans through Secondary Midwayers and mind adjutant spirits of Wisdom and others of - it will not appear magically written on their desks, but is a process that is fallible. And in any case one must deal with the human ego, which goes off on tangents even when pushed in the correct direction. The process has begun. How long, we cannot estimate. But we are assuring you that we are committed to imparting the information in as pure and speedily as we can.

Q: But the breakthrough exists, is that correct?

A: That is correct.

Q: When the message was given to us that Caligastia had designed AIDS, the phrase “and other diseases” was there.

A: Correct.

Q: Is the new strain of tuberculosis one of the other diseases?

A: Absolutely correct.

Q: Does this mean that we should all be vaccinated against tuberculosis. There is a general tuberculosis vaccine called BCG that's given to many persons in underdeveloped countries. It's been my intuitive feeling that I should get it for myself, my family and my friends.

A: You should be vaccinated, however this mutated strain - this will help you to resist, but will not be total protection as the mutated strain is fatal.

Q: Should I obtain vaccine for members of the group who wish to be vaccinated?

A: It is their will choice, but I would suggest it.

Q: RAYSON, since this lesson is going out to many persons who are not in this group, I'd like to ask a question about diseases, not only AIDS but other incurable diseases rampant in our society, such as the various cancers, hepatitis, some other situations. For the last three or four years I and other physicians have been advising patients that they can enhance their immunity by following programs like that of the wellness community. The wellness community encourages its patients to undertake moderate exercise, have some exposure to sunlight, improve interpersonal relationships with kind of a modification of the 12-step programs used by Alcoholics Anonymous and other groups, which includes prayer or meditation - whatever a person wants to call it. Is there anything potentially harmful in this advice? Number one. And number two; is there anything worthwhile in continuing to give this advice when asked?

A: No, no potential harm. Yes, it is quite helpful. But even more helpful is to try to enlighten one's fellows that death is not tragic but the culmination spiritually of one's life and the beginning of potential eternity. That really is the job at hand, not only improving years and quality of life and acceptance of

terminal illness and will to go on, but what going on really means. Putting physical death in perspective, (S), is one of your assignments.

Q: Thank you RAYSON. People seem receptive to this kind of talk, but even when they don't I still do it. I always have a sense that it sinks in somehow, that it resonates against - I guess - the Adjuster -

RAYSON: And the Spirit of Truth. (05/24/92)

* * *

Q: RAYSON, do you feel that our fellow individuals in this world sincerely desire the kind of spiritual healing that we are all planning, that we're all preparing to dispense? When I look around me sometimes it seems that the animal tendencies have - if anything - gotten worse rather than better, that people rush in the opposite direction. I wonder just how much desire there really is on the part of so many people to get better.

A: When you look at people, you see many things. You see the positive side and the negative side. Sometimes the negative side will appear strong. But notice that the negative side is always weaker than the positive side. Sometimes the negative manifestations are but a sign that it is about to fade.

As you know, all creatures strive for the light. We all seek The FATHER. The negative is but a shadow. Do not concern yourselves with the shadow. Aim for the light. Those people that you have in mind that show their negative side are going through their phases. Do not judge them. Love them. Shower them with your light and their shadow will diminish.

We must all do this - all of us. The more people on earth that do this the sooner we will achieve the era of light and life. Thus caution is recommended. Speed is not of the utmost importance. Quality of attainment, depth of perception, wholeness of true being, of true realities based upon The FATHER's love is what is required. Pray for your fellow beings. (10/11/92)

* * *

Q: [Is (person) to be the conduit for healing in the area?]

A: (T/R) is a little green, as you might say, but the name is familiar. But more than that I cannot say for now. But while waiting for this person there are things that all can do to help one another. Love is not just an emotion, and not just a spiritual quality; it is a force of energy. It changes the way the body works.

Anyone could be a healer. The designated healers have somewhat better ability to focus their spiritual powers. They are very slightly more - but not that much more - (able) than the rest. And not only love for healing, but the other positive qualities so generously bestowed by The FATHER, the composite of which we call prayer: the good unselfish thought, earnest thought, and wish for the well-being of another.

Prayer is most powerful and useful adjunctive to any mission, be it a human mission or a planetary mission or a personal mission of any sort. Like love, prayer never falls without engendering positive results. It always yields benefits and growth - not the instant gratification desired or even required by some - but be assured that the benefit is always there. How healing it is to receive the love of another. Like a drink of cool water on a dry hot day. How healing it is to behold beauty. How healing to experience goodness or to know truth. (11/09/92)

HOPE

Lesson on Hope:

This lesson is generally along the line of personality survival, however it will be approached through the quality of hope. On page 51 we learn that hope is “the grandeur of trust”. So, brothers and sisters, one must understand that hope leads to or is the basis of trust. Trust in The FATHER's goodness, watch-care, love, and overall plans. Trust in the fellow's mercy, which is applied love. Trust in the Divine Spirit's ministry through her agents to us.

It is only through faith, which can be viewed as belief beyond rational, tangible meaning in a Deity or creative purpose and mind in a creator - that is what faith is. It is only through faith and hope that man transcends the portals of physical death. Hope - potential trust - is a key because it is the belief that man, ones self, is capable of transcending the material into the morontial and eventual spiritual.

Hope is the unifying emotion underlying all true religion. Hope is ultimate optimism for the individual, the society, and the world, that the plan of Deity for evolving perfection will be realized. It is the driving force behind even, true progress.

It is initiated - faith and hope - from the Divine Adjuster. Therein springs these two necessary spiritual qualities. Even the Adjuster unceasingly hopes for the perfection, communication, and consecration of the human subject's will to the will of The FATHER. The Adjuster is familiar - and synonymous - with the spiritual quality of hope, and thus propels you toward personality survival.

Children, on advanced worlds so different from your own, when a mortal-evolving imperfect-individual dies, there is immense joy, faith, celebration, and assured hope. If only your world could view the physical death this way, so much hope would abound, so much fear would disappear, and despair would be unknown.

Urantia, as reflected in your scientist, materialist philosophers, intellects, and every day people - even some religionists, lack hope because if one narrows ones vision to the material, physical, life or planet or even universe, one fails to grasp the hope of evolution perfection, even eternity.

The perspective of the eternal is quite different from the perspective of the finite. Thus we who are slightly older see the goodness in this world, see the potential and promise that Urantia will one day fulfil - as the greatest and brightest world in all of Neadon. We see the potential and promise of the agondonter, even in the human, which you would scorn.

This is hope. It is not without validity, but is not seen by time bound and often physically blinded mortals. The scientist - by and large - is without hope because the spiritual element is not integrated. The philosopher despairs because lofty ideals are so often not reflected in the world around him or her. The intellectual disdains the irrationality of his or her fellows. The religionist falsely and arrogantly assume their eventual transmutation upon death into a perfected being. All leave out an integration of what a human is, and leave out hope of improvement - which is a Divine and appropriate decree by The FATHER - creator of the evolutionary spheres of being.

So, hope and faith get one to the morontial. Hope and faith allow one to see and integrate while on this planet - through mota - all disciplines, and when one sees with mota, one's vision is exponentially

increased and much progress is made for the individual and for the world. If there were no hope, growth would cease. If there were no faith, God would not cease.

When the portals of physical death are successfully crossed, hope more easily becomes trust, for then you will know the unreality of this plane, which so mightily influences all of your moods, will decisions, thoughts, and behavior. And yet it does not totally disappear, for one hopes to fuse some day. That must also require the belief and action motivated through faith and hope.

It is so easy, brothers and sisters, to become pulled downward if one looks only at the world around. The circumstances on this planet are depressing. Your struggle is difficult. But the struggle to survive, children, will be won only with hope that you can transcend this existence. Many mortals believe - by faith in God - but are in despair and feel abandoned, or are bitter at God's lack of Justice, or are angry at material circumstances, or are incapable of seeing goodness, beauty, or recognizing truth because they see so little reflected around or inside them.

What an untruth, children, for inside you, you have God. Outside you exists God. Hope is the assurance that you someday will become God-like, the ultimate goal of your life, the real reason for your creation - the belief that goodness will triumph over imperfection, that light will overtake shadows, that God's plan is perfect. It is not enough to survive physical death for you the children - enlightened children - of God. Your goal is to live morontially now. This goal will be more fully realized when you walk on the legs of faith and hope.

Personality is capable always of loving God and one's fellows. This gift is a gift from The FATHER, Himself. Survival of this gift is dependent upon faith. And the living knowledge of this faith is dependent upon spiritual hope.

That is your call to action. Because you are given more, you must do more.

And that will end this portion of our lesson for today. I hope next week to discuss the morontial spheres, then we will have lessons on the Supreme. Are there questions, children?

Q: Is hope the essential threshold of faith? Must you have hope before you can have faith? Is it - in other words - in this sequence?

A: No. Faith can exist without hope, but survival is dependent upon both. Faith - one may have faith in God but not in one's self, not recognize the intention of evolution. That is hopelessness. It is not sequential, although faith usually comes first.

Q: So we need first to see the potential, then have faith, after which we have hope. Is that the sequence of events?

A: One can have faith without understanding potential.

Q: Would hope be what comes before trust?

A: Hope comes before trust, or is the grandeur of trust.

Q: What do you mean by "grandeur of trust?"

A: It is the - as we are agondonters and have faith without proof, so we have hope before we have trust, because it is not tangible. One can trust another personality after much testing of trustworthiness, but hope - which is greater than trust - often comes without testing. It is an agondonter quality. It is knowing that even though you cannot see the good, the good not only exists but will triumph.

Q: And that is hope?

A: Yes. And if one lives with hope, then one sees more good and does more good.

Q: Depression is a terrible problem on this planet. What can we do for those who come to us with depression.

A: One must live as JESUS lived in human form in the undying hope in God's love. You do not have to say this but be it. Depression has many roots, some chemical-physical, some due to lack of easy environment, perceived loss, comparisons with others or ideals internally-intellectually, despair over world circumstances. All of these things are real, but the reality pales when one realizes the ultimate destiny for humankind.

One cannot feel alone when you know God lives within you. One cannot feel despair when you have the hope of God's promise of individual survival, potential eternity, and light and life for Urantia. All of these concepts, however, are not important to tell, but important to live - as JESUS did and gave so many the realistic spiritual hope of The FATHER's love and the promise of the kingdom.

The Jews had false hope. Their definition of the messiah was incorrect, and when this messiah did not appear, their false hope got them into much trouble. JESUS provides real spiritual hope, and you must recognize that depression is, in essence, hopelessness.

You, perhaps, cannot provide a home, a love affair, a family, a better world, the specifics of what a persona identifies as the reason for their despair, but you can provide hope, real hope.

Q: Is it correct to assume that - like happiness - hope is meant to be shared with others? And, in a way, is contagious? That is not a good word, but I think you take my meaning.

A: It is not contagious, but is inspirational. Yes.

Q: What is the distinction between faith and hope which, as I listen to the lesson again maybe I will understand a little better. Faith is belief. Okay. Then is hope belief in my beliefs? Kind of an attitude toward my faith?

A: Yes. Yes, Yes, that is an excellent way to put it. Faith is generally faith in God. Hope is belief in the purpose of creation so it is belief in belief, yes.

Student: St. Paul said, "faith is the substance of things hoped for."

RAYSON: Yes, correct. (05/24/92)

HUMOR

Q: RAYSON, two weeks ago I asked about the role of fear as an impediment to Adjuster action and communication with the mortal mind. And to flip that over and look at something that might positively

affect Adjuster actions, I wonder if you could comment on the role of humor? And also perhaps of the sense of adventure, and any other qualities that might help us in this respect?

A: Humor, wonder, joy, optimistic anticipation of the ascension career, love, tolerance, a feeling of peacefulness with one's self, one's fellows, one's God, loving service - all of these qualities strengthen faith or are out-workings of faith. This great (liaison?) assists: the Adjuster providing the fertile soil for His ideas - concepts - communications. A cheerful outlook, a balanced view of life, a sure knowledge that you are God's child, and personally and perfectly loved by your creator, an assurance of your survival, and a belief in the reality of the spiritual promise of JESUS, can only aid a joyful and daily existence, filled with the love of God pouring into you and pouring out from you to others. This type of life will surely hear the Adjuster for you are eminently doing the will of God when you live this way. (02/09/92)

INTERPERSONAL RELATIONSHIPS

Q: RAYSON, could you elaborate on personality commingling that you referred to earlier?

A: Yes. You may sit alone and read the truth in The Urantia Book. You may have a thought of truth on your own. But when another personality imparts this truth or thought to you and you are there to receive it, to catch it, your personalities commingle, and if the truth or thought is carried on a circuit of love it will hit its mark, and that is the power of what happens here. You are listening to my words but you are feeling the depth of my love for you as I say them, and this is unfathomably more powerful than reading these truths.

Think of the Apostles, for in truth the message of JESUS is no different than the message of The Urantia Book. Both have taught us that God is a loving FATHER and that men are all brothers. To have received this lesson at the foot of the Master would be much more impactful than to have quietly discovered The Urantia Book on your own and read by yourself.

Personality is the gift of The FATHER. When two personalities participate in give and take, a new facet of the Supreme Being is born. It is an act of creation as well as an act of learning. Does this answer? (Affirmative response.)

Student: I sincerely believe that I am specially blessed in being included. At first I didn't know whether to believe in the teaching mission or not. And as you said, the love that is felt is part of the convincing - listening to the tapes of brother HAM teaching his group, and all of the love that I felt in his voice before you came to join us, convinced me. That what seemed true to me had to be real - that the method was real - because the love was for real. And we feel this same love from you, and are very grateful.

RAYSON: Thank you, (student). As I have grown to know each one of you, personally, and develop our little personal relationships, my love for you has blossomed. And of greatest importance is that you experience the veracity of my love, for it is the same love that comes from The FATHER for you and can come from you to each other.

Q: RAYSON, when we rediscover this simple truth we've been talking about, and we do that with another person of whose knowledge is commingling, and we do it - in a way - a lot of it is like a creation that moment. Isn't it? Or did I misunderstand what you said?

A: No, you understood perfectly. It is like the creation of a cell in the body of the Supreme Being.

Student: Thank you RAYSON. That's why it's so terribly exciting.

Q: RAYSON, does this personality commingling have anything to do with the fact that – a person can help to heal himself by association with another person who simply cares for him and has a positive relationship with him or her?

A: Yes. Of course. There is no hurt that - there is no boo-boo that is not made better by a kiss. (laughter)

There is no great mystery here to personality commingling. It is simply talking to each other, relating. It is simply one unique child of God with one other unique child of God interacting through love. The greatest lesson is learned there. The greatest love is felt there. It's simple. It happens all day, all the time, to every one.

(S), every burden is made lighter when shared with a friend. I spoke earlier of a circuit of love. We talked about how effective teaching is when it's sent from teacher to student on a circuit of love. That is what helps it hit its mark. This love between personalities is powerful, and when experienced, can and has many times changed the entire emotional - and ultimately spiritual - life of beings, of people. If one is burdened and holds those burdens to himself, he carries their full weight. If a friend is present and expresses love, the circuit is affected and the burden travels across the circuit to the friend who - in a moment - shares the load and the weight is lifted.

The FATHER also provides you with this circuit, but more readily accessible to you mortals on Urantia at this time are the circuits created by your personality commingling. You must learn to lighten your burden by allowing your brothers and sisters to love you and carry their weight.

Q: Is there any qualitative difference in my relationship with other beings in this area and my relationship with you or other spiritual-morontial God?

A: Yes. I am sorry to say that though I love you deeply I cannot share the weight of your Urantia life experience as readily as those who are here with you. You may appeal to me to your angels, to MICHAEL, to The FATHER and receive great amounts of love, however the mortals of Urantia can provide an empathic experience of friendship that is founded on shared material electro-magnetic life that we cannot give you. Therefore, for the trial of Urantia life the burden is better shared with other mortals. (08/16/92)

* * *

Q: What are the meaning and value of relationships on a celestial basis? When we are in our mansion worlds and beyond, can we maintain the same interpersonal relationships we've had on this planet? Do we continue on with our friends and relatives?

A: This depends on the level of progressive attainment that you have attained at that time and your relation to these other beings. You will be given an opportunity to keep on with these same relationships in the same way. But since you will be looking at your relationship from a different perspective, you may wish not to. This will be entirely up to you and your integration of your knowledge and your learnings in application to these matters at that time.

Q: Could you comment on the function of the ego in interpersonal relationships?

A: The ego is understood differently amongst each of you. When your will, your seat of identity is of a physical and mental plane of identity, when you identify with the comforts of physical life, when you identify with your status, your perception by others, your reputation, and you base your actions on these, you can say that this is caused by your ego. This is how it is taken or understood by many. In this context it will be dissipated - your ego will not be.

When you place your seat of identity in the Thought Adjuster or your soul, then when you deal with others, in your relationships you will act not in your own best interests nor in their best interests, but in the interests of The FATHER.

Q: What would you do to increase the spiritual value of our interpersonal relationships?

A: You can pray and worship and realize yourself. Self-mastery is the key to service and the best of relationships. When you have mastered yourself you are doing the will of God. When you relate to others, when you serve them, you will not be serving them because of your own ego, or your self aggrandizement, or your wish to be known as a good person, rather you will serve in the interest of God and you will relate to others with the intention of doing the will of God. This does not mean that you cannot express your own feelings of love, of empathy, compassion, and other spiritual and high emotions, because these are in line with the will of God. So the more you can realize the best part of yourself, and master yourself, the better will be your relationship with others including beings of celestial origin and the Creator.

Q: I've had several experiences that you might care to comment on if you feel it's appropriate in this environment relating to my opening up in my relationship to you and to a teacher. In terms of relationships, I have thought about the past month rather heavily the statement in The Urantia Book that the act is ours, the consequences God's. And I find that to be an incredibly powerful statement concerning ego and concerning the machinations of the human mind, that statement seems to be incredibly freeing in the sense that - for myself - it just means to just go about the business of being perfectly human, as opposed to the human conception of perfection which we all have. It's impossible to live perfectly on a sphere that's imperfect. But to be perfectly human is perfectly possible. And that comment about the act is yours the consequences God's appears to me to be one of the keys in the book in the sense that it makes us free to relate to both our brother and sister human beings as we see fit with the concept of values and meanings as (S) brought up. And also it frees us to relate to those celestial personalities that we might care to relate to. I also sense that there might be an entire lesson perhaps planned on that comment because I see it to be a pivotal and powerful and very simple statement.

So I was wondering if you can confirm my experiences, or deny them, and comment on "the act is ours, the consequences God's."

A: Your experiences are real, although they have been attenuated by your mind and ego. As to the statement from The Urantia Book "the act is ours, the consequences God's," in your daily lives you act to make decisions. Some are based upon previous experiences - positive or negative. If they are positive, then most likely you will act positively. And vice versa. There are things, which are not - or cannot be - based upon previous experience because you will, I hope, look at each new bit of information without bias. But it is information, which is of value, and you will re-evaluate. When this happens, sometimes you do not know whether you should act or not. Your previous experience may tell you that you should not act. Some new information may tell you that you should act. When it is of spiritual value, and you think that it might be or could lead to value in a person, then by all means act! Your celestial backup, so to speak, will make the most out of the situation, the acts. What you have done will lead to a train of

results. If you find out that it is negative, that you should not have done your act, well - of course - it is too late. But you may learn from that. That is the purpose of acting. Without action, how will you know?

This is the meaning of experiential knowledge. If you always only do what you know to be true, you may never make a mistake. But you will never gain these valuable lessons from making a wrong call. So, do not act upon fear that you will make a mistake. Act!

Q: RAYSON, how is it best to deal with the difficult personality, someone who is maybe very abusive? Which is the best way for us to deal with that for our own best spiritual growth - and for theirs?

A: Try to find out what makes that person abusive. Pray for that person. Try to find out what interests that person and communicate on that level. And after achieving some kind of feeling for each other, expand into other aspects such as his perception of God, his perception of how to relate to others, his or her way of dealing with problems, of dealing with that person's insecurities. Find out how vulnerable that person is. Is he open and willing to let others into his inner core? Or is he arrogant with an outer shell? Most people who are abusive are the latter. They are abusive because they have a soft inner core, which they will not let others into. And so when it is threatened and when it appears that that defense is broached, that person will lash out with an invective or an act, which is aggressive and abusive.

To try to forcefully penetrate that person's defense is unwise. It is better to subtly get closer slowly, little by little, into that person's confidence and once you have attained a relationship where that person is willing to let you touch his inner core, then you may try to talk to him about the love of God - His unconditional love - and the love between his brothers and sisters which he can have if he only opens himself. This will be a slow process and you may be emotionally hurt in the process, But, do not fear. If you desire to make this person a better person, less abusive person, you can.

But do not be a - do not approach this person with the purpose of changing the person, or to be a teacher, or to place yourself above that person. Rather, place yourself side by side as you would to a brother or a sister and then proceed on that level of being.

Q: Do we have the responsibility to be in the space of very difficult people, or can we just love them and bless them and not be in their space.

A: You do not have to do this. Only if you wish it. If that person is so abusive and it is beyond your power to deal with that person, then try to avoid that person, by all means. You know what you are capable of. And you know what you are not capable of. Use this knowledge of yourself to ascertain the best way to deal with this person.

Q: What is our responsibility for people we don't know, particularly groups of people on our planet who may be suffering that we are concerned about but we don't know how to help? We feel overwhelmed with helping large groups of people whom we may never know but we still feel concern for?

A: Would you like to express how you feel? Do you feel that you should be doing something, but that you cannot?

Q: Yes, I feel like there are things that you might be able to do, but I worry with some of the things that other people have said to me, that some other things you might be doing would be self

aggrandizing, helping people do what you think they need to have done to have a better life. I wonder if, when you are helping people, how much you might be bringing in your own ego, or when you are helping them in the ways that they need to be helped.

A: Even when one is helping others because one wants to self-aggrandize one's self that is not necessarily bad or evil. Sometimes one must do that. One must act, but the feeling for service is in them. And through that action, you will realize whether that service was, indeed, for your own purpose or if it was for The FATHER. But yes, you must act if you feel like doing service, yes. Put your heart and soul into doing that. If it turns out that you are merely inflating your own ego you will know - and then you can look into yourself and find out how you can serve others by achieving self-mastery in doing the will of God. For once you have achieved self-mastery, this feeling of wanting to do the will of God will be so overwhelming that you will not be able to keep it stoppered in you. It will by its own nature express itself.

As for the many unfortunate beings who are in their state of hunger, homelessness, sickness, and war they are out there not just on this planet but also in the universe. We must help when we can, but we must try to make sure that we do not become one of them. If each person tried their best so that they do not become dependent on others in the matter of needing hand-outs, and to try to achieve - let me rephrase that - if all of us did our utmost to achieve self-mastery, there would be less hungry, destitute, and beings of unfortunate circumstances. In other words, let us take care of ourselves so that others do not have to take care of us. When we have done that, when we are self-sufficient and we have gained enough material wealth - accompanied by spiritual and mental wealth - then we may go out and serve those who are less fortunate. But before we look to taking the mote out of the one who cannot see, let us take the beam out of our own eye. (11/15/92)

LOVE

Q: I am more reconciled today with what I've been feeling than I was earlier in the week. When I listen to you and to HAM, the teachers, I feel coming from each of you such a warm love, and my being responds in love to you. And I was concerned that I was not giving FATHER as much love, and that I didn't seem to feel as personal a love from FATHER. And then I was wondering if, perhaps, what I'm feeling through you and HAM isn't FATHER's love, and my response back to FATHER through you. Is that true, or am I wrong?

A: I am not quite sure of what you mean.

Q: Well, you seem so much more personal. So much closer than FATHER.

RAYSON: Are you talking about The FATHER?

Student: The FATHER, our FATHER, all of us.

A: I am much closer to you because I am further down on the scale - much nearer to you. The FATHER is so far above us. His love is so strong, that it has to be filtered through your Thought Adjuster, or through other beings such as I. Do not fear, The FATHER loves you. It is His love, which keeps us going towards him. You do not see the forest for the trees. His love is so all - encompassing that you do not see each little segment - except as it comes through individuals. Do not fear. You will as time progresses be able to feel more and more of The FATHER's love.

Student: Thank you RAYSON. I know I have it and I feel the benefits of it. I just feel it differently from loving you and HAM. (10/18/92)

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Lesson I on Love:

Love is of higher mind, part of personality expression. Love is necessary for survival of all beings in the universe. Not only must they receive love, but must also impart love to others. Love is one of the highest accomplishments that any creature can aspire to.

It sometimes is said that love is illusive, perhaps because it is not a material thing, so that when it is sought as a material thing would be sought, you lose the grasp - and yet it is most readily accessible to all who would have it. And it is so easy to have love. The having of love, the getting of love is a function of the giving of love, which may seem paradoxical, but it is not. Like other God-given qualities goodness and truth and beauty - love is not something that the material creature creates, but rather is something that is passed on through the material creature to others. It is truly a gift from God, given freely, to be experienced freely and freely passed on.

And that is what love is. Not something that can be stored, or even really calibrated in the usual sense of your thinking, yet how truly one knows when it is present, how truly one knows when there is love in the interaction between individuals.

And one of the wonderful things about love is the fact that the practice of it, the striving to be loving, to impart love to others, not only increases one's ability to give love, but also increases the amount of love that is in turn received. The more you give, the more you in turn receive. The FATHER gives us only what we can use. There is no waste in the universe of any energy form.

Yesterday when (T/R) was practicing, the transmission had other interesting information about love, which she would like me to share with you, and so I shall.

It is useful, perhaps, to conceive of love as one might think of sunshine, the light that strikes your planet and your nearby stars. Without the light of the sun all life on Urantia would perish. Even a small feeble ray of light can sustain some sort of life form. And the sun streams forth its light at no cost, freely given and freely received. How much better, then, is the love of The FATHER streaming forth over all the universes. Unlike the light of the star, though, there can never be too much. You could never get sunburn from the love of The FATHER.

There could never be any danger in the receipt of love, or any danger in the giving of love. The love of The FATHER is freely given and is there - even in individuals who not only do not ask, but also have deluded themselves into believing that they do not want love, that they shun love. It is a fallacy to believe thus, for if the love of The FATHER were not there, they would perish. But not to worry, it - that never will stop. The shame for such individuals is that in a misguided desire to have what might be called control they may stubbornly attempt to refrain from passing The FATHER's love on to others and, in so doing, impoverish their own lives and - at least temporarily - slow their own spiritual growth.

(T/R) worries about protection when giving out love or goodness or truth and beauty, and yet it is not these qualities of God that leave one vulnerable, contrary to her belief. Rather it is the negative qualities of fear and pride and so on that make mortals vulnerable. By working on love, by finding that which you can love in everyone and everything, you can exercise this muscle, develop it to a fuller potential, and thereby help to further your own spiritual growth.

So go forth gladly and shed love on your fellows and watch the results. Some will be immediate, others will be delayed, and many, many of the results coming from the love that you send will never be seen directly by you during your mortal lifetimes. But if you look into your own hearts and consult with your own inner self to find the truth, you will receive every assurance that the love you give causes growth and enhances the universe wherever it may fall,

Q: [Is (S) to be the conduit for healing in the area?]

A: (T/R) is a little green, as you might say, but the name is familiar. But more than that I cannot say for now. But while waiting for this person there are things that all can do to help one another. Love is not just an emotion, and not just a spiritual quality; it is a force of energy. It changes the way the body works.

Anyone could be a healer. The designated healers have somewhat better ability to focus their spiritual powers. They are very slightly more - but not that much more - (able) than the rest. And not only love for healing, but the other positive qualities so generously bestowed by The FATHER, the composite of which we call prayer: the good unselfish thought earnest thought, and wish for the well-being of another.

Prayer is most powerful and useful adjunctive to any mission, be it a human mission or a planetary mission or a personal mission of any sort. Like love, prayer never falls without engendering positive results. It always yields benefits and growth - not the instant gratification desired or even required by some - but be assured that the benefit is always there.

How healing it is to receive the love of another. Like a drink of cool water on a dry hot day. How healing it is to behold beauty. How healing to experience goodness or to know truth. (11/09/92)

* * *

Lesson II on Love:

In keeping with the symbolic celebration on Urantia of the coming of the Christ to your planet your lesson today will be on love.

Love is the gift of the Universal FATHER, and is manifested in the Eternal Son. In the life of MICHAEL on Urantia we have witness to applied love, mercy. The gift of the father - love - and applied love - mercy - of the Son is ministered to mortals and other low-level creatures by the bestowal of the Infinite Spirit who down-steps through angels to minister the combination of love and mercy to you.

Children, love is a constant, which can be seen from the most infinite level down through the most finite. On the greatest level, which you cannot conceive of, the love of God The FATHER is so boundless that He loves every one of His creatures whether they are aware of His love or not, and still can manifest Divine and Perfect (?will?) in and of Himself as the creator of all. His love is so limitless that He loves both sinners and perfected beings alike. He is no respecter of persons, but loves each creation individually and limitlessly.

His greatest acts of love to you, mortal creatures of animal origin, are the divine fragments which each of you possess. The FATHER's love is extended through the ministry of mercy, always - first love, second mercy, and always ends injustice. He loves His individual children and His created worlds and systems through the Universal Eternal Son. Their down-step incarnations are the tangible proof of The

FATHER's love and should serve as an inspiration to this confused and sin-ridden world of the existence of divine love and a divine pattern to all creation.

The life of MICHAEL here - as JESUS - is on a spiritual level, the perfection standard to which you should all strive. The message of JESUS was "Love your brother as yourself." For the skeptic, cynical of heart, or pure materialist, one can argue without self-love primitive species would not survive, without sex-love the species would not have propagated, without mother-love there would be no family home life, without neighbor-love survival would be limited, without tribal-love the elements and animals would have overcome the frail mortal, without nation-love there would be no great advances, without brother-love - the highest concept of love - we would not be aware of the existence of God.

Love your neighbor as yourself. This simple concept is what will take your world into the spiritual light of the new advanced revelatory religion. Simple, but very hard to achieve.

Love one another. This involves a self-forgetfulness. Love is the desire to do good to others. And what's in that is to put another's needs before one's own selfish needs for ego aggrandizement. It means that dogma must be put aside. It means that in order to love one's fellows, tolerance must be consciously exercised every day. JESUS asks of you, learn to love one fellow more.

To understand your fellows is to love them. It is a reflection of your capacity on a spiritual level if you love and understand more of your fellows. It is not a measure of lack of divine love or spirit potential. If you do not consciously set out to know and love others you cannot truly know God, for God is not merely intellectual or philosophical, but is involved in actions in terms of service to your brothers and sisters. Service is not "done," it is merely duty without love. You may do good works with a bad heart.

God is love. Page 552. God is love, but love is not God. If one merely performs worthy acts without God consciousness, you are not entering the kingdom of God, but you are entering the kingdom of good. There is a huge difference. Mere humanism or idealism or political-social motivation is not Godliness, although God-knowing people encompass it. Love is the difference, love of God so strong that you would do anything to know Him and be like Him. And if one love's God and thirsts for God, to that degree how can you not love God's creations? Recognize the fragment of God in your fellows and love that.

One can only love personality. One cannot love concepts. God is a personality in that he is your parent creator FATHER. Your word love is so inadequate. It means such base emotions on your world that we wish there was another way to describe what spiritual love is.

Love acts without thought of reward. And love - spiritual love - is not defined by results. Plant the seeds of love and the harvest will be truth, beauty and goodness. Of that I can assure you. As to when the harvest comes, that is unknown. But love is contagious and will always be more infectious than fear, anger, hatred or sin. If you are truly illuminated from within by divine love and overflowing love for your fellow ascenders - and indeed all creation - then others cannot help but respond in kind. It is the benign virus of love. And you can be sure that you are doing the will of The FATHER.

Why, then are you not more filled with love? Why are you - like greedy animals - so often wanting to take rather than to give? John said, "children, love one another." Why do you spend so much time staring at your own image in an antique glass when you but could lift your eyes upward and see the beauty and majesty of the universe. You will be so enlightened that you could not help but reflect divinity outward. And like a walk to the light, you will be surrounded by the multitudes as JESUS was.

JESUS did not talk down, or preach morality, or fear, or judgment, or (? - iness?). No. He simply was applied love and mercy, and lived that way. And people loved Him instantly.

You, too, may be Christ-like. It is not enough, children, to celebrate the Christ. You must be the Christ. Urantia is surely a backward and dark planet, which is why MICHAEL chose this planet, the better to contrast the light of his love against such a confused and dark, suffering world. Shine your light so that the planet may be uplifted. You to whom so much has been given should not sit and bask in The FATHER's generosity without in turn reflecting that generosity to others. It is not enough for you to rationalize that you do not like this person or that person, these petty (??) come with ego. They will someday be an embarrassment to you.

You must begin to live the law of JESUS of Nazareth by loving more and more of your fellows the longer you live. The more you grow in the spirit, the more humans you will be tolerant and loving of. This is what the life of the master reflected: trusting in the love of The FATHER to such extent that even when one looks at this world and sees chaos, and despair, and destruction, and starvation, and conflicts, and hatred, and fear, and ignorance, and rigidity, and immoral belief systems, you can know that the outcome of the divine plan is benevolent, and enlightened, and loving and peaceful, and joy-filled, and spiritual; that when one looks at (?ones?) own life through the valleys of confusion and doubt that your faith will know that God loves you so much that the outcome of your life will be ultimately good, goodness; that The FATHER has created you as you are - in love, and see the outcome of who you would be in love, and that your place is assured but for your choices. You have been created to conquer doubt and fear, anger and hatred, all the demons of the human condition. And though love you will.

God's love is not finite. The more you faithfully believe this, the more love you will open yourself up to seeing. It is always there. It is your inability to take it that is the flaw.

You cannot see justice or even fairness, but you can feel the love of The FATHER if you would but try, and once having felt and become full of divine love, and so moved by the spirit you could not help but to give it away, for you would realize that the more you love the more ability you have to love. Do not (?deny?) this, children, with this gift Love freely and unselfishly and unconditionally. Love each other with the highest divine love that you can imagine.

A father often must take the long view on a child's growth, and so we sometimes - as children - do not feel we understand His ways. That is natural, but his love is constant. A parent's love never wavers, and your world would be so much more evolved if you each understood that you are secure in the divine love of your father. That fact does not ebb and flow, but is a constant and ever-giving replete well of strength for you to draw from. You cannot simply run out of love.

(T/R) is not 100% healed, so we will shorten this. Please read page 552 and page 10 - I'm not totally sure, 1028 I believe - which deals with love, and we will continue this discourse - which may seem simple to you, but is not - upon next meeting.

Remember to enter the kingdom of God one must love one's fellows and God. That is the ticket. So I pray that you will be more loving, kinder, tolerant, and understanding toward each other. As God is so generous in His love to you, you also will be generous in God's love to others, through you. (12/27/92)

MEANINGS AND VALUES

Q: In reading through The Urantia Book on meanings and values, I find that meanings and values are generally associated with things, and that a rough projection of the universe would be that the universe consists of things, meanings and values. I know what things are. I went to the dictionary to learn what meanings are, and it defined the noun “meaning” as “that which is intended or signified,” with the synonyms to be found under the word “purpose”. I also looked into the dictionary for “values” and it defines values as the order of importance or the sequence of things. The Urantia Book says one can add values to meanings as well. Can you comment on my understanding of “things” as being objects, whether they are spiritual, physical, or morontial; as “meanings” being the significance or purpose of these objects; and “values” being the relative degree of importance of either things or meanings. Could you comment on that?

A: Yes. Things are material, supermaterial, are objects, are receptacles, are systems, are patterns, and are matrixes. Meanings are the use of these matrixes. Values are how these meanings relate to the will of God, Do you wish more?

Q: Can there be any “value” by itself, without evaluating a thing or a meaning - just a value?

A: Pure value?

Student: Yes. In other words, can you take a six and not relate it to a four and a five and a seven and an eight?

A: Not in that context because if you cannot relate it to the others then it will not be of that value. Values can be relative but supreme values can be existential when matrixes, meanings, and values are all in a realm of non-space, non-time, then values can be pure and by itself. But this has no meaning when explained in this linear fashion. It is beyond your comprehension as of now.

Q: Is it correct to think of relationships as things, that these relationships are not only things but they have a meaning, and that their meaning is extremely high on the scale of values?

RAYSON: Relationships?

Student: Interpersonal relationships.

A: Personal relationships are very high, of very high value, yes. (11/15/92)

MENTAL IMAGES OF GOD

Q: Teacher, I am not able to follow the admonishment of many of the teachers to think of The FATHER as a friend, as someone close to me or accessible. I don't know if that's the Catholicism background, or what. I feel very far removed, and although I believe that there's a benevolence and a connection of some sort, I don't know how to get to - I don't know how to cut through all of the layers I have in my mind between me and The FATHER.

A: If you were to succeed in cutting away the layers immediately, you would not be able to handle the energy input into your physical-mental organism and system. Yes, this is quite usual. It is easier for you to relate to the Creator Son than it is to relate to the Universal FATHER. That is because your Universal FATHER is so distant from you in levels of attainment, although he is very close to you in actuality. For you to understand, to conceive, to grasp, and to relate to The FATHER, do so with his fragments, which indwell others, for when you can relate to a Thought Adjuster in others you are

relating to The FATHER. And so gradually you will have a better understanding and you will feel more in touch with the First Source and Center. Is that helpful?

Student: It scratches the surface.

RAYSON: Yes, I will scratch the surface, but you must do the work of experientializing that. In other words you will not be given a simple answer. I will give you a lead. You must work on it.

Q: The lead was: to look for God in other people?

A: Yes, and within yourself.

Student: OK, I'll work on it.

RAYSON: If you cannot grasp this in other people, this fragment of God in other people and in yourself, how can you even think that we can directly commune with the Universal FATHER?

Student: That's the crux of it-

RAYSON: So, keep on trying, you are asking the right question. Just proceed in that direction and you will eventually attain what you seek. I encourage you. You are much connected to where you should go. (11/15/92)

MERCY

Lesson I on Mercy:

Mercy is a good topic in light of the tragedy that has befallen all of us with the death of ... and ... When we go through such a painful period it is hard to believe that there is love. That is because we are so limited in our vision.

Mercy, the Memory of Mercy, is a real phenomenon. It is extended to every ascendent mortal of the realms. Each one of you has a bank account with the Most Highs with so much mercy that your survival, if you choose to survive, is insured. Mercy is extended always first. Only when it is not accepted does justice begin.

Your angels talk for you when you are evaluated. Very few mortals turn down the ministry of mercy. It was The FATHER's will, correction, IS The FATHER's will, to extend this gift to all creatures. Only a creature of unbalanced mind turns down this most precious gift.

Mercy is not pity, or compassion, or empathy. It is a new and separate circuit that comes from the heart of the Isle of Paradise. God loves His infant mortal creatures. Just because they cannot see does not mean it is not so. I assure you that there is more mercy listed for each and every one of you than any mortal could possibly use. God's love for His creatures extends beyond forgiveness. Mercy is unconditional love. It is not forgiveness, because it is not judgmental.

Try to think of mercy as a cooling rain gently falling on each of you, caressing you lovingly and bringing you Godward. If you could learn to experience mercy and give it to others, you would be doing the will of God.

We cannot always know what lies around the bend. That is where faith comes in. Faith is believing without seeing. You must believe in God's mercy against the backdrop of whatever tragedy befalls you. Even the most evil creatures are extended mercy by The FATHER. That is because everyone is spiritually equal in their free will decision-choice to ascend or extinguish themselves. Those who choose extinction choose it wilfully and not because The FATHER would not extend His mercy.

I suggest that we think this week about what mercy really is. (12/01/91)

* * *

Lesson II on Mercy:

Today I wish to speak again about mercy. Mercy is a gift bestowed by The FATHER and it is the main makeup of the Eternal Son. Christ MICHAEL is the God of Mercy on this planet as on every other. The Infinite Spirit is the minister of MICHAEL's mercy. Through her children mercy becomes realized. When mercy is coupled with Justice we achieve fairness. But for the children of time, especially on such a dark world as this one, the mercy of God cannot often be recognized. That is because mercy takes time, much time, to administer. Only when a child of God rejects this almost limitless gift of mercy does justice prevail.

Although from your perspective it may appear to be an unmerciful life here, that is not really true. This planet was showered with more mercy by MICHAEL's bestowal than it could ever use in eternity.

Mercy is different from compassion or love. But one may say mercy is applied love. It is related to the great Comforter, the Spirit of Truth, which was poured out on Urantia two thousand years ago. During this painful period try to keep focused on the mercy of God, for many things have been given to you which your mortal eyes are unable to see.

Read about mercy in The Urantia Book. It will comfort and leave a great peace where a sharp pain once lived. (12/07/91)

METAPHYSICS & NEW AGE

Q: The Urantia Book chronicles religions pretty well in terms of defined religions, however it doesn't talk about metaphysics and New Age and how those beliefs came about. And I think that when we do receive our mission, and we do - however way we are told to - spread this word, we are going to encounter questions into how did this truth - which I believe to be the truth - come about. I also came the metaphysical route. If it's too involved to go into now, perhaps one day we can have a session to find out where the ideas of reincarnation came from, and where these different beliefs about what happens after we die. The book stops at a certain point and doesn't really address the New Age questions which we re going to face as a group, especially in Southern California.

A: That is a good point, however reincarnation is discussed in The Urantia Book, but other recent philosophies are not mentioned deliberately, even though they have existed by different names throughout the ages. I take it you refer to psychic phenomena, UFOology, other New Age concepts which are integrated into a spiritual viewpoint.

Q: Yes, more so the last than the other two.

A: Their spiritual viewpoints have been noted throughout evolution but not in present terminology. We will discuss this, but bear in mind the truth is so overpowering that often isms fall away on their own, and the disappointments hardest to bear, (student), are those which never come. That is mota, is mota that is living morontially. But we will discuss this so that you will have a fuller understanding when it is closer to the time of your teaching mission. (05/24/92)

MIND

Q: When you discuss the three levels of mind, how do they relate to the Infinite Mother Spirit and that mind?

A: That is an excellent question, (S). Mind, human mind, mid-mind, must be prepared to receive the Adjuster. It must have the Seven Adjutant Mind Spirits, have attained the seven levels of Adjutant Mind Spirits, which are the gifts of Divine Mother and her spirit. Therefore, Divine Mother is the Deity, which prepares mid-mind for the bestowal of the Adjuster. Also, as mid-mind works with the Divine mind, Mother Spirit is working in mid-mind to help the child of time hear the Divine.

The human mind is capable of greatness, of eternity perfection. But the choices are your own. You, the human will, may turn the mind, mid-mind, away from the Adjuster into sin, evil, even into non-survival. It is this arena, more so than the Adjuster, or the Mother Spirit, which offsets these lower impulses. Do you understand?

Q: Do the impulses then, the negative impulses, that you are discussing come from the lower mind, the human electro-magnetic impulses and if that which you try to fight with the mid-mind, with the help of the Mother Spirit and the Adjutant Mind Spirit?

A: Some come from the lower mind. Yes. Some come from character flaws.

Q: Where does a character flaw reside if not in the mid-mind?

A: You are not created in perfection; therefore it is the will of The FATHER to create within you rungs on the ladder of spiritual evolution. These rungs are your faults. Your feet climb it at your will, and your destination is God the Perfect.

Q: Where does the soul go when the brain dies, when the human mind dies?

A: The soul is shepherded to the mansion worlds by your guardian seraphim where it is reunited with the Adjuster and personality of the human.

Q: So if a person's mental capacity, through either disease or illness or old age deteriorates and becomes no longer able to function on a spiritual level, that person's soul and Thought Adjuster wait in the Mansion worlds until the body dies and the personality is resurrected?

A: (S), that is absolutely correct.

Q: RAYSON, you spoke of the mind being the arena of choice, the conscious mind. Is the will that makes this choice a function of the personality? Is it identical to the personality?

A: No, not identical. But it is a personality function. Your personalities are incomplete in your present form. Your personality will become, or your soul will become your personality on the Mansion Worlds.

Q: Well, I'm a little confused. We are told that personality is one gift of The FATHER and is an unchanging attribute or entity.

RAYSON: But you have not attained it fully, yet.

Q: Just as we have a piece of The FATHER living within us yet we are not communicating with Him fully yet, is it similar to that?

A: Your personality is bestowed, but you have not grown into it fully yet. Your personality will be seen more clearly in the morontial because it is more fully seen. It is your soul, it will become your soul.

Q: Well what is this thing that does the choosing?

A: Will. It is human will. It is a part of personality bestowal, but it is not synonymous with personality. There are times when you may choose to follow higher mind. Other times your choice will be not so evolved. You are the same personality but your will varies.

Q: When the impulses of the lower mind, the electro-magnetic and chemical make up of our mind, weighs on us too much and we fall prey to it with anxiety or fear or even chemical imbalances or whatever, will appealing to the higher mind offset that, or will we just learn to live with that? Is there a way to reach a balance again in an unbalanced lower mind by appealing to the higher mind?

A: The balance will be achieved by, your choices. Even though impulses may be strong and sometimes irresistible, you can choose in mid-mind not to act. This is balance.

Q: Though we choose not to act, which I guess in essence is the best thing possible in a situation where your lower impulses are strongly affecting you, will the choice not to act constitute more soul growth, and will that help ease the struggle? Is there a way to ease the struggle against the lower mind impulses?

A: Yes. The more the human will chooses the higher road, the easier it becomes, because you make spiritual progress - as we discussed, circles progress, last meeting. Also, soul growth and the reality of the morontial is actually put into practice and lived here on the material level. But you must choose. Starting as a child learns to walk, you fall, stumble, but you must get up again and take those few steps. Even when one has mastered walking there is running. (Laughter)

Q: RAYSON, The Urantia Book says that after forty years old the adjuster is like a controller. Does that mean that the mid-mind is used in some other way?

A: No, it just means that mid-mind had become more adept at hearing the Divine mind. It also means that the experience of the human has tempered the will with wisdom and evolved higher values. So choices are at a higher spiritual level and the Adjuster has a bigger field to plant seeds in. (02/17/92)

MOTA

[The T/R has just seen the Report on Channeling in the Urantia Community by Ernest Moyer and is very upset by it. The report says that the teachers are not real, rather, a deception by an invisible "spirit intelligence" known as SI.]

Lesson on Mota:

Greetings, brothers and sisters. I am RAYSON. I am your teacher. I am not unreal. I am of God. Not highly placed, but a pilgrim on the road just a little farther advanced than you, my beloved family. I am deeply saddened by (T/R's) pain. Therefore our planned lesson will be postponed, and we will receive a short lesson on mota, the morontial state of being, thinking, existing, which is possible to attain even here on Urantia.

True existence begins when one evolves the soul enough for the being to approach, become, morontial. It is not very different from some of your highest human philosophies, thought, spiritual insights, but there is a world of difference in the day-to-day living application of these intellectual concepts. It involves more than mind. It involves feelings, action, and consecration of will. It is a different way of perceiving one's self, one's place in God's universe, one's fellows, one's world. And the events, which react upon and are reacted to by the individual ascender.

Mota is the most basic, kindergarten level of beingness. Some mortals have attained mota here. Most have not.

(T/R) has been told by FATHER HAM before ever she accepted her assignment that she would be asked to walk through deep valleys of sorrow. We know - correction - we see far but are not allowed to reveal but a little.

The path to God is not a straight paved road. It would be helpful to think of it as a trek through mountainous terrain. After much effort one attains the heights of the spiritual mountain. The reward is a rarefied atmosphere, an atmosphere, which is but a resting place for the soul. Serenity, peace, truth, beauty, strength, wisdom, compassion, love, closeness to God, and Godliness may be glimpsed at the top of the mountain.

But to get there, my children, involves much spiritual effort. Remember the inevitabilities of life. They are not mere intellectual concepts. Review page 51 this week. Inevitably, after replenishment of the soul, one must descend again to the more common atmosphere of humanity: the shadowy valley, the dark despairs, the pain and grief, the struggles of each of your existences, the curving roads where one can only see around the corner through faith.

What is this mota, which must be evolved in the human heart? It is in the depth of the darkness it is easiest to discern the stars. When you are in the valleys of soul growth, that is when you must raise your eyes upward and see the promise. God has written His promise to you in the heavens. In the orderly pinpoints of light across your earth sky you see the promise, the signature of the creator. What seems distant to you is your destiny - if you consecrate your will to the will of The FATHER.

Those pinpoints of distant light may be thought of as the Mansion Worlds, the Paradise ascent, each world becoming more spiritual, more fulfilled, more universal, eternal, and loving.

When darkness encroaches, fear is palpable. Fear as we know from page 556 is a spirit poison. It is an intellectual deceiver. But, alas, it is part and parcel of your experiential existence. It cannot be fully eradicated. It is like a soul disease.

What does mota tell us, children? Love is the antidote. When fear surrounds you, you must fight valiantly for an opening to allow God's love in. It is not easy or always successful. Believe me. I empathize. I, too, was as you are. I know the struggle. In the struggle comes the victory.

Think, children, of a seed: tiny, self contained, in a packet with other seeds, not knowing any other existence, feeling secure inside a little space, seeing around, others, and deriving comfort. If the seed had consciousness that is what it would feel: safe within a prison, riot knowing that it is mostly potential, feeling this was the existence. Now, a hand reaches in, picks one seed, and places the seed away from its fellows, from its tiny home, into darkness in the earth. This seed would feel frightened, persecuted by the hand. "Why me," it would say. "Why have I been hurt like this? Why cannot I remain in the perceived easier existence of seeddom?"

The seed would begin to change. In there it would be painful at times as the transformation, growth, occurs. It would be lonely. It would be agondonterlike because it can no longer see its fellows. It would feel abandoned, despairing, doubting, and questioning of the cruelty of its existence.

What the seed cannot know is what it is becoming, that after much struggle upward, through an environment which feels crushing - which is much physically heavier than the seedling, which involves persevering, with courage, strength, it will see the light, the warm sunlight, the fresh air, and its brethren - around, arrayed in the colors of God, blowing in the winds free, well cared for by the hand of God.

This is faith. This is what is asked of you, children, faith. In the darkest hours, which each of you will go through, your faith in the sunlight in the watch care, in the assurance of what you are becoming, will get you through.

(T/R) asks about the wavering of her faith. I share the reply with you, as each of you will be strengthened by it.

Faith from the morontia is a - there is nothing, children, you can do to stop the growth of your faith. Unless you reject the survival career your faith grows ever stronger. It does not become less and more. Only the human consciousness of your faith wavers. This is natural. But your faith itself grows ever more. Morontia Mota tells you this. I believe number 13, I could be mistaken.

Faith is the gift to you from The FATHER. Your assignment is to - effort in your day-to-day life to become morontial. You will not succeed fully, but will succeed a lot. Life is but a day's work. Do it well. Children, your work is to develop mota and put this mota into actions. The act is yours, the consequences God's.

Through faith you will build true character. True character is courage. This is God's promise. You have two levels. One is that eternity - your eternity of your existence - is built on your desire, will consecration, and belief in it, but your soul is constructed on your actions. Two things: submitting one's will to The FATHER, in return you receive eternal life. Second thing: consciously acting more morontial, building your eternal soul in liaison with the mighty, wise and perfect Adjuster. These are your tasks and, children, it will not be easy. Cleverness is no substitute for character.

What does this mean? It means that intellectual understanding does not replace true feeling of spirituality. Spiritual growth comes in the heart-soul area of feeling. That is why there is despair, pain, unfairness, injustice, intolerance, bigotry, etc. It is for you to overcome these feelings and deal with

fairness, love, tolerance, compassion, understanding, wisdom, truth, beauty, and real goodness. Because it is such an imperfect world is no excuse for you to give up.

Each of you holds a miracle. None of you know your true destiny. Yet we know that each person here has a destiny on this planet to transform You have a responsibility to transform your lives. It is like being a soldier for God. You will be asked much but given much more. The human will not be capable of meeting the challenge. But, you are not merely human: you have the mighty Adjuster and loving seraphim, and your eternal soul, and many many, celestial helpers. Your Adjuster is more than capable of meeting any challenge.

The human will bleed. The Adjuster will rejoice. Not in the pain, but in the gain.

Do not live in the shadow-illusions of the material narrow-minded perspective. As one walks through the dark valleys one must effort and act and look Godward. We have much compassion for your individual defeats. We are not unaware of what the struggle costs. You are more beloved because of your valiant, never ending struggle to rise above the world and your own animalistic nature.

JESUS had no fear. One of the keys to His poise and balance was His entrenched and living faith in the good outcome of life. Each of you, each of your lives, will have a good outcome. Good is too tiny a concept to describe the miracle of what awaits, but if I told you, I would be taking from you your most valiant moment.

I am aware that you are concerned with (T/R) and no one is more hurt on her behalf than I who love her truly. She and I will be friends throughout eternity. I have grown affectionately fond of her. Let me assure you - and I tell you this for one reason only - (She) possesses a very experienced Adjuster who will not fail her. She will be a great evangelist and she will not like knowing this. She, in her human heart, would very much like to abdicate this responsibility, and her will will be respected by all. MICHAEL, Himself, has instructed us that her will is not to be tampered with. If (T/R) feels she cannot continue, our love and admiration for her efforts will not diminish, and she will continue her ascension basically unharmed.

We would like very much for her to continue because it will serve the greater good. (T/R) is assured of survival. She has already earned her place on Mansonia Two. This is not about her own advancement any longer. She has already wholeheartedly consecrated her will to the will of The FATHER - although she does not believe this. She has fulfilled her mission, children. Will she go the second mile? It is up to her. But if she accepts, she will evangelize and be a living example to all of faith triumphing over the unreality of the material values. What a great destiny! And what a painful and lonely existence for the human (T/R)!

This is an imperfect state, therefore even greatness must contain a - (T/R's) name is significant as you probably suspect. Her becoming the Magdaline is still in progress. But she will become the essence of this morontial state as will each of you. A great destiny awaits those who have the strength of character to actually run the race. Now it is easy to learn, to listen, to feel lost and loving. It will not always be so. Personal crisis will affect each of you. No one is protected. How sad for those who never struggle. In your human state you cannot understand this morontial concept. But they are to be pitied.

Anxiety must be abandoned. The greatest disappointments are those, which never come. You will be disappointed. You will be defeated. You will enter into doubt and despair and darkness at times. But not the way you think. Do not bring this state into your hearts before its time. Each of you will go through your own Gethsemane. But to live in anticipation is a human cause of unnecessary and unreal pain.

Trust in The FATHER who loves you, each of you - personally, individually, as you are. You will get growth lessons but perhaps not those that you anticipate.

Faith is powerful. Live in faith, children, and know that some day you will understand the realities of this world. We love you. We are proud of you. We are honored in our human associates, for this mission could not proceed without you, children. We are in awe of you: so blind, and yet so valiantly, courageously going forward, reaching to the invisible hand and trusting in things you cannot see. We admire you and know what it takes for you to be here, children. You are much more spiritual in certain ways than we are. May God bless you and keep you, always. You are in our prayers constantly.

Prince MACHIVENTA sends his greetings, love and praise to each one of you. You are not unknown to even MICHAEL of Nebadon. This should give your soul sustenance. In your daily lives you might be hurt or feel small. The Creator Son, Father of our universe, knows each of you and recognizes your role in this mighty mission.

Let anyone who feels we are not of God show themselves to me. Even them, we love. We extend mercy, understanding to these troubled hearts. I would like to administer to these sad humans.

As for (T/R), she will ultimately regain her balance. Give her time, understanding, love, as you would wish for yourself. The FATHER will bless your efforts. We cannot fail. (03/29/92)

* * *

Q: I have two questions about mota. In reading The Urantia Book about mota, looking at the world with mota vision, you know we have that pattern on 555-556 listing all the highest human philosophy that almost touches mota. How do we turn it up to the mota level, then? I tried to even write some, but when I tried to write the mota equivalent I can't quite seem to get there. I was wondering if you might have some way to do it, or way to think about it, that would be actually mota teachings.

A: You will never achieve mota in thinking. (Laughter) Mota is achieved through increased faith which comes through a more active prayer, worship, thanksgiving, and silent receptivity life, increased awareness of love of God and the love of one's fellows, and applied faith, love, goodness, beauty, and truth to every action of one's life. It is a way of being that transcends physical reality.

It is seen more clearly glimpsing the reality of the morontial on this world. It is a shift in focus. When you view a design of grays and whites, you first see one pattern as the whites jump out. Then, when the focus is shifted, you can see the blacks come forward. Do you understand?

Student: Yes. I do.

RAYSON: That is mota.

Q: Would that be something like the concept of the yin and the yang-the yin and the yang of the Eastern religions on this planet?

A: No. That's different. (05/24/92)

PEACE

Lesson on Peace:

Tonight's lesson is on peace. Peace is what we - during our mortal lives - try to achieve in our minds and also in our hearts through contacting our spirit. What is peace? Peace is the detraction of all that is negative, of those things, which conflict. Often peace is impossible because in our lives on evolutionary worlds our learning is derived from conflict and how we deal with those conflicts. But always aim for peace that only The FATHER can give you, because that is the way you will resolve those conflicts.

Peace is attendant upon satisfaction, on fulfillment of your goals. Peace is within you and also outside of you. Believe in The FATHER and even in the midst of turmoil peace will come to you. Have faith. Faith will surely bring you peace. That is the lesson for tonight.

Q: Are conflicts inevitable? Would you comment more on that and our relationship?

A: Imagine a world without conflict. Without conflict you would not have these evolutionary worlds. A world without conflict would be paradise. For you to learn, for you to get anywhere, for you to progress toward your goals, you must have something to push off against. Even your daily act of walking requires conflict between gravity and the earth you tread upon. That enables you to move. Rejoice in your conflicts.

Q: On this journey of spiritual growth and development, it seems to me that we've become increasingly sensitive to the feelings of others, so that sometimes negative feelings, especially like rage and hurt, are felt much more deeply than they were previous to entering this experience. It seems that we've become more intuitive, more aware of other people's feelings, therefore more vulnerable to the feelings of other people. Is that true? And if it's true, is there anything we can do to protect ourselves? Or is there any better way of handling it? Or -

A: To be more vulnerable is not a negative aspect. It is positive. It is good for you to be more vulnerable. What you require as a protection against the attacks of others upon your vulnerability is a change in your whole attitude. You see God, Universal FATHER is very vulnerable, but His love - it's very difficult to say - His love makes do. When you are vulnerable and people attack - unless it is on the physical level - love them back. It is part of your learning process. Return love when others hate. When people push at you, smile. If this becomes a problem, then do not associate with those people, but deal with them - with this problem from the aspect of the love which springs from the Thought Adjuster. (09/27/92)

PERSONALITY

Q: RAYSON, can you reveal at what time the personality is bestowed?

A: It is at birth. (02/09/92)

Lesson I on Personality Survival:

Now brothers and sisters, our lesson today is personality survival, the glorious reward of life in the flesh. As we have discussed, the human being is potentially eternal. The choice lies within the willmind of the creature of time and space. The FATHER in His mercy and wisdom has provided His lowly creatures of time with all of the necessary tools for eternal survival.

How fortunate we are to have a piece of Divinity, the Adjuster! How fortunate, also, the bestowal from The FATHER and His agents of personality.

Personality arrives at birth. It is changeless. It is a gift of eternal potential, which will some day be realized. It is the constant steady center in the heart of change. It is the integrating factor of self. It is only embryonic in the material state, and is more fully seen as you ascend.

Personality is not identity, but it is selfhood. It is potential here on this plane, mostly. It is the individualization of each creature that comprises the cosmic chorus of the world, the local universe, the grand universe, and all creation. It will become more recognizable to you and others as you ascend.

It is unique! Never have there been two personalities that are exactly alike. Although there are categories of types of personalities, each one is different and beautiful in its own right. Creatures with personality benefit from personality recognition in others - other material beings, and also morontial and spiritual. Personalities always know one another.

Personality operates on a cohesive level in terms of self: Adjuster, spiritual, mindal, choice-will, material, electro-chemical, and energy-body. It also relates to others. Relationships between, among personalities always have survival value. Even if the individual does not survive, the personality relationships survive in the Supreme.

Personality also relates to the environment: the world, events, etc., we live in. It is less active on the physical worlds and more evident on the morontial. As personality integrates the being you approach Mota. Some humans do this while living on the material plane. Most when they are repersonalized to the Mansion Worlds.

In our next lesson we will examine and analyze personality as differentiated from identity. In this lesson, I would like to concentrate more on personality survival.

Survival is dependent on the thoughts, choices and decisions that the human makes throughout their earth life, the consecration of the human will to the will of The FATHER, the decision made wholeheartedly and consciously to journey Godward and to be Godlike. Every ascendent being is presented with a clear-cut choice to survive, fully conscious of the implications of this decision. If the human has not evolved enough in the life in the flesh to make this fully conscious choice - the most important choice in your universe career - it will be afforded to that being after physical death.

Justice is dependent upon mercy, and each ascendent son or daughter is afforded every mercy in the universe. The Ancients of Days and others who are involved in survival decisions afford the human every merciful opportunity of survival. They prefer to err on the side of mercy. Better have a universe enter into rebellion than to snuff out one being before every possible effort is made to save that soul. This is the incomprehensible mercy of The FATHER of us all.

Personality survival is not a guarantee. But you do have the guarantee of the choice of survival. Even very marginal, evil beings can survive. They are put on probation on the Mansion Worlds and are given much time and chances to change. Only when every avenue has been exhausted does a personality not survive. It is a sad occasion for all.

When you cross the threshold to the door of eternal opportunity and choice, your Adjuster returns to Divinington to report in. Your Guardians of Destiny safe-keep the soul memory and survival value portions of the human life. The personality goes with the Adjuster. When you awaken and are repersonalized on Mansonia, the personality integrates all parts: the spiritual, the memory of the material, the morontial soul.

Personality cannot function independent of an electro-chemical mechanism. Here it is the body. When you cross the threshold it will be morontial body, which will reflect more clearly your spiritual status. On earth you can be quite beautiful physically and very unlovely spiritually. As you move Godward - toward Spirit - these inner-outer become less disparate. You will recognize your fellows from the travails of time-space life, your birth planet, by their changeless personalities. This is, indeed, recognition.

Urantia is but a blink of an eye. Your life is so short here. It is but the first heartbeat in a Universe career of eternal life. Do not let this planet wear you down. It is only a distortion of what is real. It is a necessary preparation for your soul but is not what truly life is about. It is, in essence, a rough birth for you, my brothers and sisters, but your rewards will be great when - someday - you minister as Finaliters to creatures so unlike you in the regions of outer space. We often wonder - speculate - what will be next. But my children know this: you have the choice to be part of it all. What will your choice be?

This week I would like you to think about real values, to transcend the troubled waters of Urantia and concentrate on the calm tranquility that you will achieve only after physical death. You may glimpse it now, but you will not live it consistently on this world. Please read about the Mansion Worlds and especially meditate on mota.

Q: Could you discuss the relationship of personality to the soul?

A: Um. Personality is a changeless gift from The FATHER. The soul is the child of the Adjuster and the human mind-choice, and is constantly growing from a seed embryo to a full morontial being. Personality integrates the soul, mind, electro chemical energies; and the Personality and the Adjuster are the only constant, changeless, tools the human possesses. As the soul grows, the personality is more readily seen, realized, acted on and recognized.

Q: You say that everyone is given one opportunity to choose survival. Is there a moment near death where that revelation of what you are choosing is made known to you no matter how far advanced you are spiritually?

A: This opportunity may occur at physical death or after.

Q: So you can actually die and not have made any choice, you could die in fear and still survive?

A: Yes. That is absolutely correct. Sad, but so.

Q: Sad because of - ?

A: Unnecessary suffering.

Q: Unnecessary suffering at the moment of death? I always thought while you were alive you got to make that choice. But that's not necessarily so.

A: No.

Q: And if its after death, when is it? Is it in those three days before resurrection? Is it -

A: If a mortal has not been conscious enough to choose, it is most probable - mathematically – that they will not awaken until the next dispensation. Only more conscious mortals repersonalize after three days.

Q: If you've lead a really conscientious loving life, and then the pain or dementia of your illness at death clouds you and makes you a little insane and makes you choose otherwise, is there another dispensation for you after death?

A: No. Here is why. There are three ways to die:

- spiritually, if you are so irredeemably evil that your Adjuster leaves;
- physically, which is how most humans die;
- and intellectually, if your mind cannot avail itself of the seven Adjutant Mind Spirits and is no longer functionally capable of making decision will-choices, your Adjuster will leave, and that is the recorded moment of actual death even if the body lives on.

Q: I find myself increasingly torn between following the teachings of The Urantia Book and your teachings which - as I understand them - with truth, beauty and goodness paramount in my mind - and what I was exposed to before I became aware of The Urantia Book, namely the Christian religion. Sometimes there are some terrible conflicts. For example, you say that “compassion is God consciousness quality but not pity.” There are many, many instances where there is that dichotomy, and I wonder if you could comment - about that?

A: One moment. What you are describing is the conflict of being human. There is no way to escape this responsibility, which is in actuality your gift. If I were to guide you in your choices, my daughter, I would rob you of your spiritual growth.

Your pain comes from your desire to be better, to be perfect. It is a worthy goal, but you must be more existential. While you wish vehemently to be more Godlike, you will not achieve this in a world that was created to be imperfect. Pray for more sublime peace, inner peace, and do not expect so very much of yourself.

Q: What do you mean when you say a personality relates to something?

A: Personality relationship: friendships, interactions between mortals, love, even conflict, all - because they involve two personalities - survive, if not in the individual then in the supreme, because they are bestowals from the Universal FATHER.

Q: Where are Seraphic Guardians physically located around individuals?

A: Such a human question. (Laughter) It makes me feel very affectionate towards you. Angels travel quickly. It will be helpful for you to picture them close to you, but they don't have to be. They could be on the other side of the world and be totally aware of your needs, and be there for you in an instant. The important thing is that they will always be there for you, to draw close, to comfort to lead, to suggest, and to love you. Distance is not an obstacle to the angels, only to your human conceptualization. Sometimes they wrap themselves around their human child charge and surround you with as much love on all levels as you are capable of perceiving, receiving.

Q: When the angels put something in our way, would they then be physically present to experience our reactions and our mindal thoughts as well as our physical actions toward what they put in our way for spiritual growth?

A: The angels record everything, but especially the overcoming of obstacles. This is the area of the largest spiritual growth leaps, and they, are quite interested in the choices that their mortal ward makes. They also have access to your mind circuits through Divine Mother.

Q: To follow up the question about choosing survival after physical death. In what state is the human being when this choice is made? Is it asleep or reconstituted on the Mansion Worlds, or does it occur somewhere else?

A: It occurs after repersonalization.

Q: On the Mansion Worlds?

A: Yes.

Q: You said that the personality cannot exist without an electro-chemical body for it to be in. Does that mean that when we go as a personality before The FATHER, the Eternal FATHER in Havona, that we will have an electro-chemical body.

A: No. You will have a spiritual body. But it needs a system here that is material, Mansion Worlds it is morontial, and after fusion - as you go towards spirit - it is spiritual, but needs a form to exist in.

Q: On this planet we have an expression “no questions are stupid” but this one is certainly born of ignorance. Does my Thought Adjuster have any form, shape, female, male, even though it is not sexual, anything I could picture?

A: Hmp. You should picture light. (03/15/92)

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Lesson II on Personality:

[On April 25, 1992, the recording machine failed to record. RAYSON delivered the second of four inspiring lessons on PERSONALITY SURVIVAL. The following is a reconstruction from the notes of the students. The portions, which are quotations from the lesson are underlined. The comments and gist of the teaching are in regular type.]

RAYSON thanked us for being patient about the break in lessons. He said this would be the first of two more lessons on personality survival and that since this was our first lesson since “spring break” he would use a more intuitive approach and next time use a more technical approach.

Personality is a gift of the Universal FATHER to each human creature. It is changeless in the face of change. It grows into.. When it is given, it is embryonic, only ...but is more fully realized as the creature dedicates him or her self to doing The FATHER's will.

(Concerning personality actualization on Urantia:) Embryonic personality is developed by living morontially. Living morontially while living materially is the second mile. Even though it may happen rarely, we should strive to live morontially. Our rate of success/failure does not reflect on our spiritual status. Living morontially requires a courageous faith leap and means keeping the spiritual reality of our fellows at the foremost of our beings.

Read the section(s)/paragraph(s) on FRUITS OF THE SPIRIT. These fruits should be your aims, it is impossible for you to actualize all of them.... but you will, and if you really think of them, that is what living morontially is all about. Living morontially takes will, self-mastery, and love of God. To view our lives from the eternal is to change our actions radically.

Regarding non-morontial living, greed is the reaction of humans who feel this is the only time they have so they amass money, power, friends, fame. etc. They are slightly crazed... Conflict and war are not morontial. They result from time-based errors such as nationalism. There is no conflict between souls, conflict exists between egos.

Living morontially will get you more, not less.. FATHER wishes to provide for our every need, this his great wish. Living in the world and not of it is the morontial part of the equation.

Our goal is not to preach but to allow God's love to act and come through us - this is irresistible and life-changing to those around us: spreading the benign virus of love is our mandate.

Regarding adversity, there are two ways in which we can react: You can say. "FATHER, lift this burden from me." or "Thank you FATHER for this opportunity for spiritual growth."

Living morontially is waking up to reality. Do not sleep through your mortal lives, but instead give your adjuster the best experience you can. (04/25/92)

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Lesson III on Personality:

Personality is a precious gift bestowed upon both ascending and descending creatures by the Universal FATHER or Conjoint Actor in His name. I will discuss personality in relation to the human will creatures of Urantia rather than in general as applied to all creatures of the universes and central universe.

Personality is not selfhood. It would be arrogant for myself, in particular, to pretend to know exactly what it is, but I do know a little more than the humans. So I will try with my, limited knowledge and the help of my superior teachers to discuss in terms, which are understandable what we know about this miraculous gift.

Personality is changelessness in the act of change. The only two possessions you have at this time in your life that are changeless are your Divine Adjuster-Pilot, or Thought Controllers in some cases, and your personality.

At this point on Urantia, in your material physical energy state, personality is 99% potential. It is the possibility for eternity. Brothers and sisters, life begins for you in reality when you are born here on Urantia. Personality is bestowed when you are recorded in the Universe records upon birth. But this is merely the beginning of life, and not to be confused with the beginning of your career as ascenders. You truly become an ascendant being when fusion occurs. So life in the flesh for you here is the birth canal and personality is not even acted upon because it is not - you are not aware of it in most cases.

Personality is unique - totally, totally, unique - not only amongst humans but also amongst all creation. The non-survival of any creature bestowed with personality is a loss to all since that part potential can never be realized by any other creature.

Personality is an integrator. It integrates on the material level the spirit promptings through mediation of mind and fosters soul growth. It is bestowed upon creatures possessed with mind or energy systems only. It operates materially, morontially, spiritually throughout your entire career. It is finite, absonite and partially absolute. It can go the distance, in other words. It possesses depth of insight into higher value and breadth of discernment of cosmic and spiritual consciousness.

When you attain the morontial state you are vastly upstepped in terms of personality awareness through mota and certain other principles, which you will obtain. On this level of your birth, personality discernment has only three levels of length, depth, and breadth. In potential there are seven dimensions of personality, which we will not go into for you have not the capacity to grasp them now.

First, you must know by faith that you have this great gift. Second, you develop consciousness - or self-consciousness - of it. Then you can develop cosmic consciousness when you realize that, through personality, even if the material body were to disappear, the mindal insight were to disappear, what would be left? What would be left of the you - not your Adjuster - would be your soul and personality.

The soul grows or is a creation of the Adjuster parent - the Divine eternal - and the human will decisions, actions. The personality is changelessness. Through your decisions - based on free will of mind - comes soul growth and allows the personality actuality, but it is always there fully in potential. It is your decisions, brothers and sisters, which opens the door for personality to integrate all of the various elements, which make up the human in your present state.

Life, children, does not take place within yourself. It is a relationship between you, the creature, and the environment. Life is that relationship - not inside you or outside in the environment - it is in between. What does this mean? This means that personality is not entirely subject to the scientific or material concept - even mindal, psychological concepts - of stimulus response, causation, and effect.

Let me re-emphasize, personality is changeless. If you were merely animal you would operate on cause-effect; or mechanical, stimulus-response. But personality has a different consciousness and is not subject to these rules entirely. It influences your choices. So the great apostle who was put to death can upset the animal rule of survival through the integration of personality and other spiritual tools. It is the mastery of the real over the unreal.

Personality is the human steady hand on the helm. First comes mindal awareness of this gift. Then that grows into wisdom, which eventually leads to worship. When one realizes that spiritual beings and even our Creator, the Universal FATHER, possess personality, one realizes the commonality of creation. It is another approach to God.

Here on this planet before fusion you are God seeking. That is the impulse of your personality: to seek God, being to dedicate your free will to the will of The FATHER. These impulses are - arise from and are integrated by the personality. After fusion you will become more and more God revealing and the role of the personality becomes more to reveal God to God seeking creatures, who are not yet there.

Personality operates throughout the ascension career and becomes more and more pure as you evolve. Relationships with other personalities are thus pivotal to your spiritual progress, for in these relationships comes soul growth. Keep in mind this is primarily for you now with other human will creatures, but it is also with spiritual creatures. You just are not as attuned. As you grow your concerns will shift more to the ethical moral choices and actions of your personality relationships.

Your world, by and large, is primitive even at its best. Ego, selfhood, is still operative to a large extent in your relationships. When one shifts from ego into personality you do not care about your power, position, hurt feeling, negative emotions, jealousy, anger, fear, etc., but are more concerned with the spiritual, moral ethical choices. Higher values evolve, and what is primary in your relationships with others becomes “what is the highest act?” Not “what is good vs. bad,” but “what is good, better, best? How may I bring forth the highest spiritual meaning into this experience for myself, my growth, for the other humans?” But most of all, what personality gives, as a gift to God.

The FATHER has given you this gift. And, my brothers and sisters, you have the opportunity to give this gift back to The FATHER through your choices and actions. This is what morality is. Not a list of rules and sins, but a standard of spiritual conduct which your universe, your superuniverse, and the central universes, all have freely agreed to strive for, maintain, uphold, and be.

Do not be discouraged by the high goal nor by your faltering steps to meet this goal for, children, this is what the race is about. You are not expected to complete this race here, but you are expected to be aware of the meaning of it. That is the start line. That is the start line, children

A sincere, persistent, steadfast desire to discern and do the will of The FATHER is what is needed to insure personality survival beyond physical extension. Faith, my children, insures survival. But that is the beginning. More can be accomplished when one realizes the meaning of life, the true meaning. We truly understand how much of your time is committed to mere bodily survival. This is unfortunate and will not always be thus on your planet. But for you, brothers and sisters, who have the strong and burning desire to reveal God in your lives, more is expected. You will all survive physical death. Of that I have no doubt. But the question is how can we progress in terms of the quality of the way we live - even on this plane that you have control over?

Personality is qualitative, not quantitative. It is about quality of life. It also brings different time sense to you that you do not have in other areas of your mind, body, spirit, soul. It is aware of the spiral quality of time, which you consciously cannot absorb, but trust me that you have within an innate knowledge of what time truly is, even as you move through space on a linear path.

It must appear illogical to you that you possess changelessness - which is related to eternity potential - right this moment, for change seems inherent to life. If you did not possess the changeless integrator, you would not have the capacity for soul growth or for a soul at all.

The invisible hand is the gift of The FATHER. Personality responds to Adjuster and integrates mind to make higher choices, and influences the body to act accordingly. It overrides mere electro-chemical impulses - instincts, mindal lower consciousness, and electro-magnetic imperfections. You have the necessary equipment to not only survive but to live morontially now. All I am trying to show you is how to begin, and I have faith that you will do so.

That is the conclusion of this part. I am not certain whether more will be said about this fascinating topic at the next meeting, as I must confer with Prince MACHIVENTA after assessing your understanding levels.

Q: In the relationship between people - between personalities that you were talking about, what is the optimum way of relating to other people that would achieve the best soul growth? For instance, the motive, does that make any difference? Or the truth of how you are relating to that person, how does that make any difference in the growth of your soul?

A: That is a deceptively simple question with much complexity. The optimum is to love one another. But this is not realistic, for to love one's fellows truly you must understand them. Understanding begins when we place the spiritual ahead of the ego. So, the realization that we are one family created by one FATHER is essential, not just in terms of lip service, but in terms of true service to one's brothers and sisters.

Mota is not that significant. It is the quality of the interaction. You will always experience imperfections in yourself, annoyances, impatience, and conflict. These are a part of your imperfect state. How one - what one does determines a realistic goal of relating to others. JESUS said, "Turn the other cheek." I am not as adept as our Creator-Brother-Father, but I would say sometimes the highest good in terms of personality relationships is avoidance if one is not evolved enough to come from a place of highest values with another being.

The sincere commitment to understand is important in terms of perspective: the spiritual rather than the "me." But it will be impossible to remove the ego, but remember it is not instinctual. Personality - I mean ego is instinctual, animal, but personality can break that stimulus response. For example, if one is physically struck, the animal will fight or flight. The spiritual intervention of personality might cause a different reaction.

The highest would be to allow The FATHER to be seen in your relationships with others, for you to reflect and embody His perfect qualities of love, mercy, patience, wisdom, truth, beauty, and goodness. Partially these can be attained by you, and not always consistently, but that would be the ideal.

Q: Would the personality that I have received, for example, that the soul be me in potential, and that personality that I exhibit here - different sense of humor or whatever - is that the reflection of that reality? When we talk at this level, we talk about having personality and recognizing personalities, and types of personalities, if we are 99% potential then what is it that that's here?

A: Potential. Let me explain. The you that you will be is personality, like letting the personality out of a locked room. It exists but unseen. It will be the combination of your fusion with your Adjuster and soul growth and eventual transmutation into a spirit being. Your personality contains the potential of all the ascension career. It is there in you now. But it is not apparent because it will be based upon your choice-decision-action throughout your entire ascension career. Your free will determines the release of your potential into actuality.

How does one see the one percent here? Your guide, in general, should be spiritual fruits. That is evidence of your personality, your unique personality. How does (S) love? How (S) loves is different from any other created being. The tones and songs and harmonies that (S) brings to the quality, the universal quality of love, is and forever will be different than any other personality, a jazz interpretation of a universal theme.

Q: As you were talking and giving us our beautiful lesson, two phrases from previous sessions kept popping into my mind. The first one was the instruction that we should be "in the world but not of it." And the other was the urging of us to try to "go the second mile." Am I understanding that these are involved in what you were telling us in our lesson today?

A: Yes. Absolutely. Being in the world but not of it is applicable to all elements of our lesson. But to acquire it now, specifically to personality meaning, the relationship of life that I was explaining, life takes place between the world and the spiritual potential actions of the being in the world. So being in

the environment but not controlled by it, but controlled by higher spiritual reality, is a way to interpret that in terms of the mechanism - gift of personality.

Going the second mile is going beyond faith, going beyond insight into wisdom and worship in terms of personality actualization.

Q: Would it be an oversimplification to compare the personality of the human being to the steering wheel of a car.

A: Hmp. Yes, that is apt, because it is the steering wheel that the pilot driver is the Adjuster, Controller, Divine gift, in conjunction with free-will decision of the human.

Q: Who is it that makes the free-will decisions?

A: It is the human.

Q: And you said the personality is not selfhood?

A: No.

Q: What is the self?

A: Ego.

Q: So, ego is the self, it makes the decisions, and it is the human, and it is the thing we experience -

A: Yes, correct, in conjunction with higher mind, adjutants, and impulse leadings of the Divine Adjuster.

Q: It's been my understanding that personality, being from an infinite source, as you said today is somewhat immune from cause and effect. It's been my understanding that that feeling that one gets when you see a friend that you haven't seen for a long time and after a few moments of interaction you are brought together as if you hadn't had any time lapse. That is a human experience of infinity, is that right?

A: Correct. It is personality recognition. It applies even to first meetings what you call lowly deja vu, rapport, kindred spirits, soul mates - personality recognition on that circuit. And time - different time perspective from personality.

Q: So, it exists sort of along with or outside of time and space?

A: Correct, not outside of space, but outside of time.

Q: Relevant to that, are there certain personality types that are better suited in partnerships?

A: Yes, correct, and please keep in mind that the world of personality is far, far, down your ascension career. So there will also be personalities that will be harder to understand, love.

Q: Are you talking about the twelve, we know there are twelve mortal types on Urantia -

A: Correct.

Q: But once we get off Urantia and on to the Mansion worlds, there's a lot more than those twelve?

A: Absolutely. (nervous laughter) Keep in mind that there will be more personalities to love and hang out with. (05/17/92)

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Lesson IV on Personality:

(See Lesson on HOPE. 05/24/92)

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Lesson V on Personality:

Today we will review and discuss more on personality. You have each been assessed this week in terms of human understanding of very complicated spiritual concepts and have each, in your own way, understood more fully what personality is, although not to the level that we would hope to achieve. This however will take experiential time to accomplish. Prince MELCHIZEDEK has deemed it constructive to continue further discussion with you valiant humans in pursuit of truth. So, more on personality.

Slight review. Personality is the gift of the Universal FATHER who is himself pre-personal. It is bestowed upon birth and recorded on universe records at that time. Personality is not self-put identity. It is changeless in the face of change. Let me explain further.

Personality is the integrator, the cohesive element that unifies the humans and the environment, the interaction between the human and the environment whether it be circumstances or other personalities, human or non-human. This is life on this planet: the interaction between these two elements. Personality integrates life. When we say changeless in the face of change, not only do your relationships with humans change, your relationship with Deity and celestial personalities grow and deepen, your environment changes, but your entire being, children, changes.

Personality, to unify, must have a system, on this planet - electro-chemical-material system - to work with, a mind - intellectual mind - which on this planet is directly administered to and on by the Mother Spirit's seven Adjutant Mind Spirits headed by Wisdom, and the spiritual component, the Divine Adjuster - seated within the human - and the child of the Adjuster and the human, the morontia soul which is being created.

However, personality continues to exist without change when the material passes away, the body, when the mind passes away, the intellectual, when the Adjuster departs for Divinington, when the soul becomes the safekeeping of the Guardian Seraphim, the personality still exists in keeping of the Archangels on their special world, held in abeyance until the glorious moment when you are repersonalized on the Resurrection Halls of Mansonia.

How are you repersonalized? You, constructed for you is a morontia electro-chemical - although that is not totally correct - system, a morontial body for you. Morontial mind, for you, operated directly upon by mota and without the Adjutant Mind Spirits, which are the most basic and primitive level of the Divine Mother's ministry. Mota is a more direct channel to the Mother Spirit as will be conversations with your Seraphim. So the physical is gone. The mental is gone. The Divine Adjuster with your

memories of survival rejoins, and when He rejoins your Seraphim, reconstitute your morontial soul, your embryonic soul, and then personality unifies change. Do you understand?

So, personality is not identity. Identity resides in part with your Adjuster in terms of survival memories, and with your Guardian Seraphim in terms of what you have created, experiential, with your Adjuster in your soul. That is identity.

Personality is the unifier of diversity. Personality is changeless. When your next huge transformation from caterpillar to butterfly occurs, when you become spiritual, personality still exists to unify a completely different energy system, a completely different relationship between the Adjuster and the once-human: fusion. As you become spiritualized, personality is changeless.

And so, children, you will always be you. You will always be recognizable as you to other personalities, personalities from or originating on Urantia or in other sectors of the Universe, descending as well as ascending sons and daughters of The FATHER, perfected as well as experiential. The unit is your personality.

Selfhood is merely human ego, attached very much to the human mind-body system of this world. The material is merely the bridge to get you to the morontial.

This is the basic principle of personality survival. Faith will convince you of this truth, that regardless of what happens to what you perceive as your self, which is really ego, you - the real you - survives it, children. The human will, which is a function of personality in conjunction with mind - higher mind, mid-mind - chooses to survive.

Allow me to assure you that complete records are kept of your spiritual progress by your Adjuster, by your Seraphim, by the recording angels and Universe Censors, even to the Ancients of Days. Every decision, every process, every act of your life is known.

Every human is given the fully conscious moment of choice to survive or to extinguish. Every human! This is promised by The FATHER. If a human doubts - as we all do - and one day decides and then doubts, etc., that human is the recipient of Divine mercy. The FATHER loves each child so fully, the Son expends such vast mercy, the Mother ministers so tenderly to you children that we would rather risk a universe rebellion than lose one wavering human to non-survival. The error, children, is always committed on the side of mercy.

But choose someday you will - and must - fully, consciously, and then Divine justice begins. The humans, which have not chosen yet are considered probationary on the Mansion Worlds, and much attention is paid to their progress. But each human personality, each soul - each of you - is so important to The FATHER, so beloved that that is the priority: your survival, your potential for eternalness. Your goal - which comes from personality insight - is to one day stand in the presence of the Universal FATHER and from there to go out as Finaliters to universe, superuniverse, outer space assignments of service to others.

What a glorious career hinges upon this choice!

What is therefore death? There are three types of death. Spiritual or soul death, so sad, when the human is so evil - is so beyond God - that the Divine Adjuster departs because the human has actually chosen non-survival. Although this human may appear to live in body and mind, they are dead, truly dead, in

reality. The Adjuster departs for Divinington, and the human life mechanism, through the physical law of forward pushing motion continues to live until physical death. But that human is dead.

Intellectual death, mind death. When a human is a not normal-minded through genetics or accidents of time and space, where the physical brain is so damaged that the mind is injured to the point where the Adjutant Mind Spirits and decision-will cannot any longer be exercised regardless of physical aliveness, the Adjuster then does depart to await repersonalization. Therefore, your arguments are invalid or misdirected in terms of certain life extension techniques until your medicine understands and your moralists understand, what life is. These arguments are a useless waste of time.

Third is physical death, which you are familiar with, where mind-body dies, generally defined as no brain-pattern activity. After death, physical death, it is decided whether the human will sleep until the end of a dispensation and be repersonalized with a group from their planet, or whether they will - because of a superior spiritual life and understanding of the true goal of existence - be repersonalized after the third period on Mansonia.

There is a borderland period between physical death and repersonalization where the Adjuster is on Divinington, but we are not allowed to describe this to you in detail. Suffice it to say that many interesting phenomena occur during this period, phenomena which you humans are partially able to participate in and observe.

(Long pause) A moment. (Longer pause) Please excuse the interruption. I have asked if I could explain more about the borderland, but have not been given permission to. Let us discuss some myths, now.

There are no communications from - directly from - the mansion world personalities to this planet directly. Because of our teaching force, some messages may be carried back and forth with special permission from Prince MELCHIZEDEK and MICHAEL of Nebadon.

No adjuster is ever returned to Urantia in the same personality as one who has died. No reincarnation on this planet. False concept. There are questions about ghosts, apparitions, etcetera. Most of this folklore is based on the rebellious Midwayers, which no longer exist, and human foibles. Energy patterns, which are picked up on Midwayer patterns, some humans can glimpse Secondary Midwayers and misinterpret, but I go off the track.

Because you are blessed with a FATHER fragment, when you are repersonalized you will know who you were on this planet. Some survivors who are not who are Spirit fused, for example - must be taught, relearn their mortal lives through their angels. You are very fortunate. It will be jarring. Children, for you, (laughter) but you will regain balance and know that you are still you, but there is a - an adjustment. (more laughter.)

Even the non-survivors, though, whatever their lives consisted of, however nefarious, misguided, evil, are recorded and exist in the Supreme. Nothing of God's creation is ever lost. Ever. God is all encompassing. He is more than the sum total of His creation, but all of His creatures and their experience will forever reside in the God of Experience, the Supreme, who is evolving - as you are.

I cannot stress enough the importance of choice of survival, the recognition that you are not your body or mind, that you are potentially eternal and spiritual, and that an entire universe, super-universe, worlds of perfection, and beyond, await you. This is but the insight, the insight, not even the step of the grand adventure before you: the awareness of the awareness of God!

You cannot truly grasp or understand on any level the truth of the assurance that you will one day see the great I AM. That is so beyond you, children that you cannot even rejoice over the miraculous achievement, which will one day be yours. It is enough for you to try to fully comprehend your own survival. If you can keep that consciousness, your lives will change in perspective. Mota will enter now - slightly - and you will live more morontially. This is not reality. It is merely the first moment of creation of a being, which is in transition. The human embryo is not a human being. The human is not a morontial or spiritual being. The human embryo is in the process of becoming human as you are in the process of becoming spiritual. The moment of conception of the spiritual being which you have the potential to be is here on Urantia.

That is enough for today, and we will again decide to continue or not this week. If we continue this theme, we move to the Mansion Worlds. If not we discuss a lighter concept of the Supreme. (Laughter) And now I will receive questions.

Q: Can a personality be identified when it is separated from the Thought Adjuster, the Adjutant Mind Spirits, and any physical or morontial form when it is in the care of the Archangels, is it identifiable as the person it is?

A: Yes, but it is not active. Personality needs elements to integrate. So it is inactive but identifiable.

Q: Also, would it be right to say that the soul and the identity are absonite and the personality is absolute? Is that a -

A: Correct. The personality has one absolute element. It is seven-dimensional: three finite, three absonite, and one verging on the absolute.

Student: I'm sorry I asked. I don't really understand that. (Laughter.)

Q: I'm still confused about where the will resides, and I'm confused about what self-consciousness is. The thing that we're experiencing all the time, the thing we call "me", the thing that is self-conscious, is that the ego?

A: It could be. Thought is consciousness. Wisdom is the consciousness of consciousness. Worship is the consciousness of God. Depending upon where one is on this continuum, or where one is in a situation, consciousness could be ego or could be initiated from Thought Adjuster and personality. Personality - one's reaction to one's environment, the process of life, is dictated by one's personality, and as one interacts with environment, goals are set by the humans. Some goals are higher goals. Some are not. So some consciousness-mind decisions are ego based, some are not. I am sorry not to be clearer, but it is hard to set a distinction because you are all such a mix of human ego and higher mind.

Q: And so, which one, then, makes decisions? Who makes the decision? I asked this last week but I still don't understand.

A: Your mind - conscious mind - makes the decision. It is influenced, hopefully, by Adjuster input, personality integration, and Adjutant Mind Spirits, as well as your committed desire to know God. As you make more evolved decisions your values become higher and more God-like.

First there must be life. Then there must be consciousness of life in a human child. And then there must be consciousness of the creator of life. It is not - it is a process. So, which you makes the decisions? A

child is based on none - or very little higher consciousness. A child is not defined by chronological age. (Laughter) Do you understand? (More laughter)

Student: I'm afraid I do. (More laughter)

Q: Do non-survivors realize their non-survival?

A: At the moment of choice, they do. It's a fully conscious choice.

Q: Then the sometimes Christian view that there is a resurrection before the judgment is symbolically true, then, is that correct?

A: That is correct.

Q: Since there are so many unconscious people on the planet, is it safe to assume that many of these choices are made on the Mansion Worlds? Or the majority? Or would you say most? Could you give us a percentage?

A: Many souls are on probation on the Mansion Worlds, many. Especially from backward planets such as Urantia. (Laughter)

Q: And non-survival choice can be made here?

A: Yes, but that is unusual.

Q: How is that a fully-conscious choice?

A: Pure evil is hard to explain. It is the absence of God.

Q: We've all heard people talk about out-of-body experiences, or claim to have had some sort of spiritual experience while they are in a coma, or unconscious being resuscitated from a cardiac arrest, or a great blood loss during an accident of some sort. Personally I have never really thought there was anything to it other than lack of oxygen to the brain, maybe, from mild hallucination or something. Is there any kind of spiritual experience that these people are actually having like a communication with a Thought Adjuster or something like that?

Also, I've been asked this hundreds of times - is death painful? I always respond that its not, that its just the easing away of life, and that people die in comfort. Are you allowed to answer one or both of those questions?

A: On the first question, we are not allowed to comment however, what the person does with this experience, is - or can - contribute to spiritual growth.

The second question. Death is - should not be painful to the God believer, but is painful in some cases where the material takes precedence over the spiritual. When the material body is believed to be the definition of life, death is often painful physically and emotionally, for it reflects the inner struggle of the human who is confused about reality. But to the believing soul, to the sure ascender, to the true child of God, death is a celebration and not painful, but a most profound, moving, and beautiful experience as the human vision becomes morontial, and as the spiritual guardians and the celestial beings are for the - most cases - first time visible to the newly emerging morontial child.

Q: I want to ask a two-part question. Does thinking have a volume? And is it possible for some people to hear thinking? I don't mean psychic, I mean is it in our evolution as human beings down the road a few thousand years? Is that an emotion that matures? I think you get the drift of my question.

A: Yes, this is an emerging sense as your planet progresses toward light and life. Telepathy will be - your senses are limited now but this will not always be so on your planet. Humans have the potential capacity for more than five senses.

Q: Does thinking have a volume? Do some people have loud minds?

A: Yes. Yes.

Q: Is it possible to think out loud than to think silently?

A: No. Thinking is done in the mind, but some people are good senders. Others are good receivers.

Student: I hope you are enjoying your stay here on Urantia and not too pained by the troubles on our messy planet. (Laughter)

RAYSON: They are challenges to us. (More laughter)

Q: Regarding a former question about the self, I would like to express to you what I got from it and maybe you can tell me if it's right or wrong. If, for instance, I am hungry, if I have any physical yearnings and I concentrate on that, would my self be seated in my physical body? And if, for instance, I am engaged in an intellectual problem, whether it's business or anything that's intellectual, and would that be - would my self be seated in my intellect in my mind? And if I am, for instance, doing the will of God - service to other people - would my self be seated in my soul? Is that a good understanding?

A: That is somewhat correct. Let me explain. Taking care of the physical mechanism is also part of personality integration. Your personality cannot exist without a functional physical electro-chemical house. So, all of these things may be direct - goal directed by personality. But you are correct in that sometimes they may be purely compartmentalized. The intellectual, the philosophical, is meaningless unless awareness of the creator occurs, but if one has this awareness, even if you are solving an intellectual problem, it is personality which integrates all levels, even though to the human it may appear to be only a physical or intellectual activity. Is that clear?

Student: Yes, except - what I was referring to is where the seat of the self would be at those given times when I would be involved in my body or my mind or a spiritual fashion. I'm trying to understand where my self would be at a given moment.

RAYSON: Well, your self is your personality. But you are not very - all of you - are not very aware of it. What you call your self is sometimes ego, sometimes consciousness mind, but it is incorrect that that is your identity. Your identity lies in the overcontrol of Adjuster and personality with soul identity. So if you are, say for example, doing a physical activity, what you call your self, yes, would be lodged in the physical, although spiritually that is incorrect.

[Note: After the session and not on the tape, RAYSON asked (T/R) to communicate to the students the following message: When the seat of selfhood is identified with the physical, you get the materialist. When the seat of the selfhood is identified with the mindal, you get the intellectual humanist. When the

seat of selfhood is identified with the spiritual-mindal-physical, the personality is integrating toward the emerging morontial being.] (05/30/92)

PRAYER

Q: RAYSON, a few months ago in a private session we talked about prayer, and you talked to me about a shift from a negative to positive tone and attitude. And I'm still not clear that why praying to be more loving is not also praying for myself. Because as you said, and as is in The Urantia Book, true prayer is always for others. I have a thread of understanding, and I wonder if you could expand on it a little bit?

A: Yes. A very good question. (T/R) has also raised that question.

When you pray for growth you are praying that you may do better the will of God. You are not praying for yourself. You are praying for God. You are praying that you can do the will of God. And so, even though you are - in one sense - praying for yourself, the prayer is not to benefit yourself but to benefit The FATHER, and you know that The FATHER has you and your welfare on His mind, that you are of importance to Him and that he will watch over you.

And so, when you pray, and you pray to do the will of God, eventually you will as time goes by more and more be able to do the will of God, and whatever you do will reflect that, for God will so fill you that you will not be able to contain this love, and will give unto others what you have gained from God. Is this the answer that you have been wanting?

Q: Yes, I think so. It still feels - because I benefit so much, it feels as though I am praying for myself still.

And you talked also at that same time about, that I was close to crossing that positive-negative line. Would it be appropriate for you to comment as to whether that had occurred or not?

A: Yes, I think you have crossed the line. Remember when you pray that in wanting to do the will of God and in praying for it, there will come an answer on which you must act. And this process of acting - in doing the will of God - will sometimes seem that it is for your own benefit. And sometimes it will not. But in either case you must do this because it will be the will of God. And as you act and live out the truth that you have gained from praying, you will more and more learn exactly what is a selfish thought or a selfish act and what is a thought or an act that is the will of God. The FATHER wants the best for you. Sometimes you do not know what that is, and sometimes you do. Just because what you want for yourself coincides with what God wants for you does not mean that you are selfish.

In fact, there are things that you may not be able to accomplish on your own regarding self-mastery. You must try and try but at a certain point it is quite all right for you to pray for this to be done. It is quite all right for you to pray for self-mastery because self-mastery is the will of God. But you must also endeavor to try your best in accomplishing this worthwhile deed. (11/22/92)

Q: RAYSON, I have a question which is the inverse of that. Now I know that the teaching mission edict is strictly on a spiritual level. We have people that never think of God in their day-to-day activities. There are schools of thought, especially in current metaphysical thought, that we create our own reality. Consequently, some people who are very active in visualizing and praying for very selfish goals, and for their abundance, and for their situations. Those people sometimes seem to have an effect on their world.

I believe that we are of this world and we didn't create anything in it. And yet whether someone is spiritual or not, things still happen in their lives, situations manifest, both positive and negative. My slant on this in the sense of more in a positive way. I understand the concept of prayer for somebody else - as we have - is the proper spiritual definitions in The Urantia Book. And yet, our selfish desires and wishes seem to manifest sometimes, as well as our visualizations, as well as our hopes and desires; sometimes better. It seems to me that there is a benevolence that to some degree gives us what we want. Are we co-creating with that? Is that hand of God? Or is it something that would happen to us?

What it is this - it's a long-about way - JESUS said "take no thought for your life." And that to me is one of the hardest things to do, the action of inaction in terms of our day-to-day physicality. And yet there are people that are very active in seemingly to achieve their goals. And I wonder if you can comment on that kind of thinking that I have regarding manifestation and why things happen?

A: (S), that is a very large subject. The realms of wealth, happiness, love, pain, of fortune, are affected by various mechanisms, systems, beings, patterns, and other factors. There is chance, bestowals of wealth as in lotto, inheritances. People are born with talents, which make them able to attain greater wealth than others. There is the inner drive, the determination and capacity for enduring effort. There are also spiritual factors, but they do not necessarily have to do with material wealth, although it may to some extent.

When one puts in a great amount of time, effort, as well as other contributions to the work of The FATHER, rest assured that that person would not be forgotten. He may not be given money or material gifts, but the opportunities for him to grow and to be fulfilled will be there. There are people who gain wealth but are no better for it. Sometimes they grow unhappy and do not grow spiritually. Others may gain wealth and use it for fulfillment of God's work. They use it as a tool to go about doing the work of The FATHER. People are diverse and varied in ways of attaining wealth and happiness. For many a specific person that you can mention and their circumstances will be better for me to comment upon.

Q: In general, I know what you are saying and I appreciate that answer. I think I formulated a different angle on it while you were answering that. Which was, are we co-creators in our day-to-day lives? I was wondering about does the universe respect our personal energy and intent with regard to our personal manifestations and wishes that are not of a spiritual matter. I know that the book says that angels will use your conditions and situations, whatever you choose, to try to point out lessons of spiritual import and nature. And I understand that one person will use wealth a certain way and another person will get wealth a certain way. Regarding our day-to-day existence, does the celestial, spiritual energy hierarchy of the universe respect our individual personal self-wishes, or is it in essence cosmic masturbation? Will stuff happen for us anyway if we are inactive mentally? Is it futile to visualize for things that we want personally? Does the universe respect that energy? Does it respect that intent? Are you working with your angels when you are visualizing? Or are you just alone in your room with your eyes closed?

A: From the beginning of mankind, from Andon and Fonta, newer and better techniques have been thought of, invented - to try to have a better grasp of the universe and to shape it according to your mind. These techniques are still being developed. Your techniques of building, farming, of creating a government of culture, your technology, is an outworking of all this. There is more. Visualizations are on the cutting edge in your country for developing the power of the mind. Yes, these things are not just respected by the celestial beings, they were inspired by them.

Q: So then, lets say, you asked me to make it specific, lets say I am trying to open up to you as a teacher, personally, alone, not in a group situation. Then in my quiet moments, its efficacious for me then to visualize, or to make it actual for myself as real as I can in some type of technique, and that is effective because I am using the power of my mind? Or because my intent is pure? And therefore it is bestowed upon me. Do you understand the difference? Am I having an effect -

A: Yes, it is not just your intent or your motivational force. Technique has to do with knowing what to do, when to do it and how to do it. Not all new techniques are effective. Some will fall by the wayside, the ones that are effective will not. You must weed out the ineffective techniques by experiment.

Q: In summation, though, you would agree with the concept that we are co-creators with spirit in terms of our physical manifestations

A: Yes, definitely. (11/22/92)

PREDICTIONS OF PHYSICAL EVENTS

Q: How can our group best deal with disappointments, which follow when some of the material predictions don't occur exactly as we hope or want them to occur. What can we do to support spiritual steadfastness in spite of these confused wishes? How can we help?

A: Good question. Let me try to explain. The (students) only get into trouble when they turn off the spiritual path to the material. Try to redirect their energies to the teaching spiritual lessons which (teacher) are giving to them. All this speculation is like a trip into the lower subconscious mind. It is not the purpose to play parlor games, or to talk of money or relationships. These are where the confusion enters, because our purpose is a spiritual teaching mission, and the bent of humankind is not that lofty. They are more concerned with the trivial or irrelevant games that their minds force them into.

Continue to positively reinforce the spiritual teachings. Reflect back to your brothers and sisters in ... the spiritual qualities, and do not give energy to the rest of the - not the circus, but the carnival of human desires. (12/07/91)

[NOTE: As requested by RAYSON, the evening began with a 30-minute discussion of the non-appearance of GABRIEL on December 9th before mortal eyes as some expected.]

RAYSON: I am honored to be here and to have heard the mortal discussions which - contrary to my projection - did not degenerate, but came from a loving spiritual point. Your points were well made and reflect your sincere search for truth. Do you have any questions on this matter?

Q: To your knowledge, did (teacher) HAM speak his own beliefs when he said that GABRIEL would appear to (student group)?

A: According to HAM it was (T/R's) belief, not his own.

Q: Why did she believe it?

A: I could give a long discourse on the longings of the material mortal to see an affirmation of what they know spiritually to be true. In particular, on Urantia, the longing for the material son and daughter-mother, father, of the races is deep. The longing to speak with a Planetary Prince adviser is

deep. The scars of the actions of the spiritual government are deep. Coupled with the mortal curiosity and fear of the unknown, creates a hunger in the soul to see God, for evidence of God.

For you it is perhaps a curse to believe without seeing. For us on the other side of the veil, we covet your faith. Some day your emptiness will be filled with the light and love of The FATHER on high. For now you must live with your incompleteness. And it is spiritually real. Some day Urantia will be compensated for her distress, but now - in the transition of the correcting time - we understand the human need to affirm one's beliefs.

Q: Will this be a positive thing for our sister group? Is there anything we can do for them?

A: First part of your question, (S), individuals and groups can turn any situation into a positive one. It is up to their own choice, free-will decision, and somewhat dependent on the wisdom level of the group. At this time they are hurting and disappointed and suffering from confusion. None of these feelings are inherently positive or negative, but what they make grow from these seeds will be up to their own ability. We pray that they will concentrate on the lessons which have never disappointed, hurt or confused them, but have always illuminated spiritual insight and truth. But each must go through a period of despair and when they emerge will have been transformed in some way.

What we can do is try to understand, love, and bring forth the spiritual contents mission.

We are not infallible, but neither would we knowingly lead our brothers and sisters onto a path of destruction. We are here to teach spiritual lessons and to help further the truth to others. We are not here to perform tricks but we understand the human need for child-like affirmation. Reinforce the positive truth. Talk of the spiritual reality. Give attention, excitement, and approval to the reality of (teacher's) teachings and not the shadow of reality that is the material realms. Help them to discover the gifts they have - and have ignored somewhat.

Q: Why did not HAM correct (T/R) when the incorrect information came through?

A: When the lower mind, emotions, becomes engaged, it is hard, sometimes impossible to break through. HAM did correct. (T/R) chose not to hear.

We then met once before the meeting and decided under the guidance of Prince MACHIVENTA - to respect the free-will choice of the humans and prayed mightily for their strength and courage and ability to receive spiritual growth from their error. We also met this past week to discuss changing to try to protect you from yourselves.

Q: Can you share with us the changes that you may make in the mission to help us?

A: Some. More emphasis will be placed on the lessons. And we must resist the impulse, which we share with your brothers and sisters to discourse upon personal matters. We must keep a closer rein on a group's thoughts and constantly shepherd our flock back to the ray of light, which reflects The FATHER's love. When it is more habitual to concentrate on higher truths, we may become less vigilant as you will have evolved to a higher consciousness, and more personal matters can then be discussed, in a spiritual rather than a material arena.

Q: (Later) Could we hear a little bit more about what transpired at your meeting this week with the others on the planet, with MELCHIZEDEK?

A: We discussed the possible repercussions of the shift in HAM's students from the real to the unreal, and how to correct this lovingly, and how to provide spiritual growth lessons to each human child involved. There is no blame or condemnation on the part of our Prince or on the part of any teacher being involved. We rather felt we should have anticipated some of this, and we did, but not to every extent. In any case, error must be made for learning. We discussed how to prevent further mistakes that could jeopardize the teaching mission, and we have prayed long for our own wisdom.

At this point of evaluation, no grave mistake has occurred. We also decided to work more with (T/R) because there is a pivotal window in January that we hope she will be able to open more. We are not totally sure of the outcome, but we - we realize that she needs more help.

Q: Is HAM then to remain the public channel or is there another teacher due to appear if you were to use many private teachings?

A: (S), there is only one reason to present this to the formal group. It is to allow them to participate if they believe in this portion of the revelation. It is also to not make them feel in conflict or competition or threatened by this phenomenon. One teacher is all that is necessary to accomplish these goals.

Teachers are not expected to teach large groups. We do not wish a rift to occur in the fellowship of believers, and have come up with this plan to try to avoid that sad occurrence. Your movement is still reeling from the consequence of the rift in 1983, and we are trying to create a true brotherhood of unity, not uniformity, and love amongst the mortals who have responded to The Urantia Book. (12/15/91)

Q: Going back to a discussion in the middle of December, our last meeting, about the non-appearance of GABRIEL at the Woods Cross meeting, you were asked the question whether or not the statement of GABRIEL's coming was an idea of HAM or of (T/R), and you indicated that it was (T/R's) idea. In explaining it you said that sometime the deep longings in the heart of the individual would cause them to perceive that the celestial creature was saying that they were really feeling in their hearts. We have had nothing like that tonight, but I'm just wondering, is there some sort of test that we can apply to the teachings through the T/R that can discern when it is the deep longings of the heart of the T/R vis-à-vis the teachings of the teacher that we are being told?

A: (S), you can apply the use of the Spirit of Truth. Naturally the transmitter-receiver's personality ego, longings, opinions, beliefs, through the transmission. I use (T/R's) vocabulary, memory, and some of her thoughts if they are applicable. But it is almost impossible to get a pure transmission through this manner of teaching; we try to avoid the worst pitfalls but are not always successful as the free will of the transmitter-receiver is always respected. It is often an unconscious act on the human, and not an intentional interference, but the human ego is a very strong beast. Just examine your tapes and listen and listen, and your mind will discern the truth. Most of my teachings have been relatively clean of static from (T/R). But not 100%, but there is really nothing so far that has been a serious enough mistake for me to correct. And as we respect the human service of the transmitter-receiver, we do not wish to unduly embarrass or humiliate the human being. So if it is a tiny misstep, that is negligible, we can overlook it.

Q: I understand that. I believe however that under the Woods Cross circumstances there may have been messages sent through other sources that would lead them to believe that GABRIEL was really not scheduled to appear. Your message to us that you doubted it, WILL's messages in Florida that did not include the appearance of GABRIEL – were those efforts to counteract the deep longings of (T/R)?

A: No, they were messages to the respective groups so that more folly would not be committed and we would contain the mistake to the Woods Cross group. A decision was made by Prince MACHIVENTA MELCHIZEDEK to allow the group to experience their disappointment, discouragement, and despair because this would be an important lesson for them to correct their slight veering off, and as time has shown Father MELCHIZEDEK was quite wise in allowing the children of time to explore the shadow of reality rather than concentrating on the spiritual lessons which have been given to them. They are now back to their assignment and we are pleased and proud of their progress. (01/06/92)

Tonight there will be no formal lesson as I am limited - not (T/R), but I - am limited in my time as much is happening. I must attend the meetings of the teaching staff directly from this meeting, so we will proceed with questions.

Q: RAYSON, are you familiar with the message from [teacher] WILL to his group?

A: Somewhat.

Q: Is the message from WILL concerning the goings on in the Sarasota group accurate in essence?

A: This is partially accurate. It, however, was a mistake to communicate this to the humans prematurely. The wonderful news is that two additional MELCHIZEDEK teachers will - have arrived - have arrived here on Urantia to increase the scope of this mission. With them they take associate, bring associate additional - well, teachers is inaccurate, some are teachers, some will do other services - to broaden and speed up the revelation.

I cannot speak for Prince MACHIVENTA but cannot confirm a material appearance at this time. I do not think, know, and feel - my assessment is: it will not happen tomorrow or anywhere in what humans consider near future. With MICHAEL's consent and the will of The FATHER, any being can become material. However, we would know if it were to happen so immediately, I think. This is something, which has not been discussed at the many recent conferences of - not conferences - consortiums of spirit minds. It is a speculation of some beings, some teachers, as we speculate about so many possible events.

The human emotion is a wild card and some of us are not as familiar with the way humans react as others of us and have not learned yet that reticence is the desired approach on certain matters when dealing with such emotional, unpredictable beings.

As we discuss humans, as I remember it, your name, (S) is (spiritual name). If I refer to you as a human, I mean no insult. That is merely what we call your species.

That is my answer

Q: There was some communication concerning the coming of MICHAEL to this planet in another form than He is now here in spirit. Are you at liberty to comment on that?

A: Incorrect.

Q: So He is here only as He has been in the past, is that correct?

A: That is correct.

Q: Is He in this form able to communicate directly through channelers, through receiver-transmitters?

A: No. It would be a sensory overload. (laughter) However, MICHAEL does communicate to all of us: through universe broadcasts, constantly; through His Spirit of Truth; and He is the receiver of all heart-felt soul-prayers of each being, mortal, material, morontial, spiritual, celestial, in His universe. He knows all. Through the Divine Mother Spirit He is in touch with the day-to-day lives of His creator-children, and she - the mistress, master of space - is present everywhere. MICHAEL is personally shepherding, guiding, and very involved in this teaching mission, but physically He is on the capitol of the Universe and remains there indefinitely.

We speculate, guess, hope, and pray, that He will return to His beloved and tormented Urantia. When or how we know not. But I guess it will not be the way we think. It will be a surprise for all of us. Who can outguess God? Not I.

Q: Have the opening of the system circuits increased the ability of MICHAEL to communicate to us? Or has He always been able to?

A: The opening of the circuits has increased MICHAEL's ability to communicate with the celestial government of this planet and other non-corporeal beings who reside here, for example: midwayers, angels, others stationed here either permanently or temporarily. Of course, our definition of "temporarily" often means thousands and thousands of earth years, so in this respect we are the beneficiaries of the re-encircuitment.

Indirectly, the human population benefits by an intuitive increased awareness of connectedness, an increase in the corps of cosmic reservists, an increased feeling of connectedness to the rest of ascendent beings. This is an unconscious awareness that is responded to - um - think of a dog whistle that your ears cannot hear but the animal responds to. You are responding to the dog whistle of broadcasts, and your spiritual receptivity, quest, thirst is broadened-reflex action. But direct communication on these broadcasts? Generally not. However there have always been humans who have partially heard Thought Adjuster pick-ups of universe broadcasts.

Q: Is this what we were discussing before the meeting tonight about increased sensitivity to spiritual matters, or are we sensing some other phenomenon?

A: Both. Both are true. Some humans, generally when sleeping, partially hear the broadcasts that the Thought Adjuster has always tuned into whether this planet was encircuited or not. With the re-encircuitment, this is - will be - more common. Unfortunately in 99, maybe 100, percent of the cases transmission is partial, misinterpreted, and causes imbalance.

In terms of your increased intuitive skills, spiritual progress integrates the mind-personality of the pilgrim and you are being worked with in a concentrated fashion by many orders of beings, many of whom I am not allowed to name. So this is a result. It is not a good or bad thing, phenomenon. It is simply like breathing, it is there and is not particularly astounding - except to you. It is quite common on most planets of this universe. It is another communications skill. Communications can be used to hurt or to bond, and should be looked at in perspective. It is not a blessing nor a specialness. It is a side effect of our work.

Q: I know that your mission and MACHIVENTA's mission are of a spiritual nature but is there ever time for an appropriate time for asking questions of either scientific or social relevance?

A: Hmm. Those would be appropriate areas when the lessons are dealing with elements, which the syllabus does include if we could stay on track, but things are unpredictable and we must - I must learn to be accommodating. There is some scientific information, which there is - will be withheld from you because man's state is to evolve, not to have his steps given to him. You are already unbalanced technologically and have not the spiritual maturity on this planet to handle what you already know.

[At the end of the session, RAYSON announced: I have a message from Prince MACHIVENTA]

Greetings children of time. This is Prince MACHIVENTA MELCHIZEDEK. I come to cheer you on as this will be a time of confusion, rumors, doubts, attacks, criticisms, and disbelief.

I am here on this planet and will not leave until my creator, MICHAEL of Nebadon, releases me from my assignment as Planetary Prince acting in His behalf. I will not reveal myself materially in any significant time for it to affect you. Things must be evaluated and re-evaluated as the equations change.

We are not rigid but take an overview time-wise of this mission, and make minor adjustments as needed. I assure you that I am here and in charge. I send my admiration and praise for your constancy, faith, and commitment to working with and for me. I will not be far from any of my children, ever. Do not lose your balance.

Greetings from MICHAEL of Nebadon to His children and to especially you children who have volunteered for extra service. He loves you dearly and commends you highly for your growth and time and love.

Pray more. Pray much more.

And now, RAYSON must accompany me to important discussions, and we bid you a loving farewell.
(04/04/92)

* * *

Q: A very lovely and loving daughter of our FATHER named was involved back in early '85 with the Vern Grimsley incident having to do with a warning about World War III. And beginning in January and up through March of 1985 she had extremely vivid impressions - in fact, so vivid that she believed them implicitly - of celestial beings talking through her and giving her information, ultimately giving her a date in which a nuclear war was to begin. When the war did not begin at the date and time that she was given, she began to believe that her mind had been penetrated by some fraudulent personality, or at least that she was being misled by celestial beings. And she's wondering she has now had time to reflect on it - and she wondering whether or not that was her own imagination, or whether she was really talking to superior beings, and if she was, if she properly understood their instructions. And she was simply wondering - in her considering of the phenomenon of the teachers now - if she was really approached by a teacher and blew it.

A: She was approached by a teacher but she did not blow it. She still has the capacity to contact other teachers.

There are dangers to predicting the future. There are dangers because the future is made up of events, which are still in the process of happening. Everything that is happening now, for instance, may lead to a certain occurrence, but if a given factor, which is not predictable at this point enters the equation, then that occurrence will not happen.

It is like - a good example is - (T/R) contacted a T/R in Indiana over the telephone. There have been messages that certain celestial beings will materialize. This is similar to what happened here. When or if such a materialization occurs, one individual referred to it as "the icing on the cake." I would like to take this analogy one step further. Icing is not good for your health. If the cake is palatable, and is partaken, then why icing? Food must be enjoyed, it is true. And this is where the comparison ends.

Missions such as this are not for your entertainment. If the teachings of the mission can be listened to and partaken of without spectacular proofs, visions, materializations, that is the best. And I believe we have that in this group today. The icing, re-materialization, may be necessary later on for the benefit of those sitting on the sidelines.

There are, rather there have been experiments done to see what the reactions of humans may be when such things occur. And the result of this will be used to determine how materializations will be done if they are needed.

As for predictions of nuclear war, the wrong set of circumstances in a country with nuclear capabilities, an accident may trigger such event. They are watching. Not this teaching mission, but there are beings who are making sure that this will not occur so easily. But it is still within the realm of possibility that it may. When such an event is certain to happen, do not fear. You will know. There will be more than one teacher who will inform you of this grave but unfortunate happening if it is to occur but it is unlikely. It is usually the human mind, which detects this possibility and is given way, or has given way to fear. Do not fear. All is well.

Q: I gather from your answer to my question that the celestial beings are concerned, and will warn us when there is a high degree of probability of some incident happening, and even though it is not a certainty, when the degree of probability is high enough they will warn us, is that correct? Or if when the event is absolutely certain - that's when we will be warned?

A: It will depend on the degree of probability and also what good will come out of it. If warning of this does not make any difference, then it will not be given.

Q: Back in 1984-5 when the Grimsley warning was out, was there a high degree of probability that there would be a nuclear war started? And were the celestial beings concerned about warning us at that time - for our own safety?

A: There was danger during those years. Not just those years, but during all those years during the cold war. And that particular year which you are talking about, or the particular incident which you're talking about, the individual was somehow given information, which was a probability. To some certainty. It was not something that was held as probable by all celestial beings involved in such matters.

The individual was distraught at the time. His emotional static and his fear had much to do with the outcome. (10/25/92)

PSYCHICS

Q: I've had a psychic tell me that my mother was around now. She died in 1985. And I have prayed to my Adjuster to communicate with her Adjuster on the mansion world to deliver a message. Is there anything to that? Is a message to a loved one that a mortal believes is on a mansion world; is a message to that former being possible? And is any reverse communication possible through Adjuster or through angels. Could you talk about that for just a few moments?

A: If it comforts you to believe so, believe so. But, love is never lost in any way, shape, or form. I do not know what communication exists between Adjusters. This is beyond our understanding and confidential. My guess is that there are communications between Adjusters. I cannot say what. But love, true love, is never lost. Time is tricky.

I would not believe a psychic. We have not, we do not deal in this realm at all, and I am not trying to scorn this, but it is so unreliable. You have much more reliable tools at hand. Your Adjuster, and angels, the Spirit of Truth, and The Urantia Book, not to mention these lessons. To go to another human for spiritual counsel is baffling. (Laughter) (05/30/92)

PURPOSE

Q: My question is in regards to my relationship with God, what my purpose is with God, and how that relates to my purpose in life.

A: Your purpose - or purposes - are many fold. You have your own mission in life, which you must discover. It is your own path to tread. Your purpose in relation to God, in general, is for you to experience value and to ascend the progression of life and, in so, becoming a co-creator. Your purpose on another level is to have good loving relations with all other beings, including God and your fellow humans.

You may look further into The Urantia Book, and also by praying and worshiping, by achieving the stillness, you will gain more insight into this. This is not a question that can be answered in so many words. For me to answer this question to the utmost of your perception would be unfair to you. You will take much joy in learning these things on your own. I do not wish to take this from you. You are on the right path. You must proceed with faith, love, and joy, and a happiness that springs from within. (11/15/92)

REBELLION: TERMINATION OF, & STATUS OF URANTIA

Q: RAYSON, when did Prince MELCHIZEDEK take over as Planetary Prince? What happened to the Lucifer rebellion, and to Caligastia.

A: Just a moment.

MELCHIZEDEK: This is Prince MACHIVENTA. You all know the history of the nefarious rebels who took control of this planet. In 1984 the Mercy Bank was rejected by Caligastia and Daligastia. They refused to repent. They are no longer.

Caligastia was such a bitter being that he left behind this virus (AIDS) and other illnesses which he, being of such a brilliant mind, designed. He would never give us the access so that we may effect some physical cure. He said "If I cannot be Prince of Urantia then I will take the planet with me into the blackness."

But God's will is not for that to happen. This planet is a protected place as it is the birth planet of the human-divine JESUS. It will take us some time. We are approximating a thousand to two thousand years to erase the evil that this insane being left behind as your legacy. But we will erase it, and your

planet will be a beacon to all other ascendant mortals. God's will is never hurtful or harmful to His little children. It is the will of The FATHER to heal his little ones, and many are being used to do so.

We look in awe at the agondonters on Urantia. You are truly God's children. To build and maintain faith and God consciousness in the midst of such darkness is commendable.

I have taken over by order of my God, MICHAEL of Nebadon. This occurred when those two evil beings ceased to be. I am, and have been, officially ushered in as your Planetary Prince. We have a lot of work to do, but do not cast eyes downward. Cast eyes upward for the glory that will befall this planet. These are wondrous years. (12/01/91)

[See also: "About the Teaching Mission" in PART I, above.]

REINCARNATION

Q: You said there was no such thing as reincarnation on this planet. There are those who claim to have lived previous lives and I am wondering, number one, if there is any reality to their beliefs, and second, what is the explanation for them?

A: There is no reality to their beliefs. Explanations are speculative. Access to Adjuster eternal memory, even if the Adjuster is virgin. Adjusters share eternity. What has come before, what exists now, what will be, is in their realm. Group consciousness of the planet does exist in a very philosophical or ethereal realm. Physically it exists through DNA, electro-chemical genetic line. Some people can access memory, bodily memory, through a physical mechanism. Those who are sincere, we speculate get this through those three channels. And then there are - of course - many insincere people who make money on this belief. 05/30/92)

RESPONSIBILITY

Q: I've been thinking about responsibility and I wonder if you could comment at some length about responsibility in our interpersonal relationships? And how does that relate to our spiritual growth - in our connection with God as well?

A: Your responsibility is to yourself, to other mortal creatures, to your Thought Adjuster, to the Supreme, to the Ultimate. Your responsibility is to do what you can to fulfill your potential, but the foundation for this question lies in your own will, your own choice of what you want to do. No one can make you shoulder the burden of responsibility. You are given the free-choice will to do as you wish. Your Thought Adjuster leads you, guides you, and wants you to make the right choices. And once you have made the supreme decision to do the will of The FATHER, then your responsibility lies to yourself. The Supreme will eventually get all your painstakingly earned experiential values whether you choose to survive or not. The Thought Adjuster is, and will always be, eternal, but you, yourself, the responsibility for you to become a Finaliter, rests only on yourself. None other.

Q: So responsibility is something that as we accept it, we are given more opportunity to accept more and more. Is that correct? (Yes) And there seems to be a direct connection from the assumption of responsibility to our own spiritual growth - from what you say?

A: Yes, not only the assuming of responsibility but in actually realizing what you have assumed.

Q: I read in The Urantia Book today that the I AM is ultimately the responsible entity in the Universe, where the buck stops - as we say - the buck stops here is at the I AM. So in striving to be more like The FATHER, among other things, we would want to strive to assume these responsibilities that are brought to us?

A: Yes. In one sense in a cosmic way The FATHER is responsible for everything for he is the First Source and Center from which everything sprang. But when He gave you free will, think about all of this, He is letting you be a creator also. You are a co-creator and as a co-creator of your soul, you must assume some responsibility for that, also. (11/15/92)

SELFMASTERY

Today the lesson is on self-mastery. This subject can be the topic that can be talked about for many days. I will not take so long. You must master yourself. You must control your body and your mind.

It is more difficult now than it was in the days of JESUS because there are more things that tempt you, lead you astray, to distract you. In the olden days people only worried about controlling their inner emotions, their actions towards others, their thoughts, and other things, which were natural. Now you must control the influences of things you partake. Food, for one. Before, food was not as plentiful, and so control was not as necessary, at the most. Now there is an abundance of food, especially in this country and in the Western nations. And there are other substances. There are the illegal controlled substances; there are the legal substances, which affect your state of mind. And, of course, there are influences, which bombard you day by day, such as from television, radio, and the media sources, which arouse in your mind a certain tendency to want to react. These influences may pressure you to buy things, to do things, which are not really necessary for spiritual gain. Keeping up with the Joneses so to speak, maintaining an outward appearance, which is more than is necessary. All of these things - I'm sure there are more - but these things require control. You must put them in perspective.

How to do this? You must think of the Paradise goal, values of which are needed for survival. You must live with your aim far head, although you must maintain some perspective of what you are doing here in this material world. You must not let material values take priority. Prioritize your actions on what you must accomplish in this life. Set your goals. And make those actions, which will actualize those goals, a priority.

This does not mean that you must be a hermit, or a person that renounces the pleasures of day to day living. No. Enjoy what you have, and partake of the bountiful fruits of which your ancestors have worked so hard to attain. But do not overindulge. Do not unthinkingly participate in the wanton splurge of those things, which are now so plentiful. Do your work, and when you are finished reward yourself with certain pleasures. Delay your gratification on a day-by-day basis until you have finished with your priorities, and then you may enjoy life's beauty, take pleasure in it.

Then, in matters of service and relationships with others, always master your responses to a sometime negative reaction of others. Control your own zeal. Do not shine the truth that you know so well so that it will blind others who are not so familiar or not so developed in their knowledge.

But control means more than the negative aspect of limiting yourself. Sometimes you must know when to let go of your zeal, let that knowledge shine brightly to those who are ready for the light. And also, when others are sometimes negative, depending on the circumstance - sometimes a person may require admonition; they may require some sort of fate like scolding. These are not outside the realms of personal relationships. You must know when to do what. This is control. This is self-mastery.

And in mastering yourself you must know certain aspects of yourself. The more you know yourself the better. This does not mean self-analysis. This means just to take a look inside yourself and realize who you are, what strengths you have (??both this is your life?) And make use of those strengths. Do not be self-cautious; do not think that you are not worthy. Realize that each and every one of you have aspects which are very beneficial to others. Use those parts of you to do good to others. And your weaknesses. You can strengthen your weakness by sometimes going ahead and doing those things, which you thought you were not capable of. Try, strive, to better yourselves.

But if you know that you cannot, upon the proof of many trials and errors, then avoid those circumstances, which will cause you harm. Do not place yourself in undue jeopardy if you know that it will be destructive to you. As you progress, you may become stronger in that aspect of yourself. And you may at one time be strong enough to confront those things, which at one time you could not. And this is accomplished by - once in a while - facing that very thing which frightens you.

When one's physical organism is hurt, when one has a wound or injury, if someone places a finger upon that injury that person will yell or scream because of pain. There will be commotion because everything is not right at that spot. Look into your own selves, and put the finger of your mind upon certain places, especially the places which hurt. Just gently - do not hurt yourself. If there is a twinge, that means that part of you is hurt. There is a wound there, an injury. You must bring that part out. Have faith. Pray to The FATHER, and shine the light of self-knowledge upon that spot. And realize, what is this that hurts you so? If it is a very sore and painful spot then you should leave it alone for that moment, but you should be aware that there is something wrong with it. And when you have gained strength, go back and gently approach that spot. Little by little you will focus light upon that grievous injury, and day-by-day what was once painful will become less painful until it will be healed and your probing will not cause any pain. Then you will know that you are completely healed.

Doing this frees yourself from reactions that you might show when spots like those which were painful are touched upon by others, and this way you will be master of yourself when others talk or when you talk or communicate about matters regarding that spot or part of you which had that injury or wrong. We all - even I - have places within us which we are not completely comfortable. I have seen and realized all my parts of myself, which I was not comfortable with, and I have shone the light of The FATHER upon them. You must do that. Be free of anything within you, which might make you react in a way that you would - do not want to head.

There are other ways of self-mastery, but I will not touch upon them now. Are there any questions?

Q: I heard enough of it to know that you were probably talking about both physical and spiritual self-mastery. Is that correct?

A: Yes.

Q: And on the physical side, I think I understood you to say that we should take physical care of our bodies, is that correct?

A: That is correct. (10/25/92)

SOUL

Lesson I on Soul: (Also Lesson IV on Thought Adjusters)

I would like to explain that the lesson tonight, which Prince MELCHIZEDEK has planned for you, is another lesson on the Mystery Monitor as this Divinity affects and creates your emerging soul. However, (T/R) is nervous - not settled correctly and so we have decided to split this lesson which is quite important for you to grasp, into two sections. Prince MELCHIZEDEK's lesson was one, but we have permission to do half this evening and half next meeting.

I just wish to explain that it is not a criticism judgment of (T/R) or of your ability to understand, so with your gracious permission I will pass on to you this wonderful lesson prepared by our beloved Prince MACHIVENTA.

What, children, is a soul? Such a simple sounding word, a word which little children know, and yet such a profound concept - even a miraculous, growing, living thing in our midst. As we have discussed, in every human will-creature of normal mind lives a FATHER Fragment, the Divine Indwelling Monitor. What then, is the soul? Simply put it is the creation, the child of the Divine FATHER and the human mother.

How does this soul evolve? The Adjuster comes to live when the human makes their first moral decision. The soul is born at that moment. To understand this miracle we must first analyze or understand that mind. Let me explain.

The conscious mind of the human is divided into three segments. Higher mind is not usually in human consciousness, but it is the Adjuster, higher mind, Divinity. The animal lower mind, the electrochemical impulses, the body, is also largely not conscious. In the middle is the conscious human mind, resting on the uncertain rocky and explosive bed of the electro-chemical lower mind and reaching up, extending to the midst of the Divine. In the arena of conscious human mind is where the decisions are made, influenced by the Divine pilot, which gives birth to and in essence creates the evolving morontia soul. Free-will of the creature is always paramount, tantamount to all. The Adjuster does not manipulate, dictate, tell, or in any way dominate the human will. It is in the arena of choice, the middle mind that the soul grows. How does this happen? The Adjuster influences. As the human will is consecrated with a conscious decision to the Divine will, the Adjuster's influence increases and you can more clearly hear and do the will of The FATHER. Thus the soul evolves.

The miracle is, children, that even on this material plane, you can achieve the morontial. Do you truly grasp this concept? Your evolving soul is morontial. The more you are in line with the will of the Divine adjuster; the more you will actually live the morontial on this planet.

Before death or translation, the soul can only reach a morontial stage. After death and re-personalization, the soul is more readily replacing the human, purely human, will. After fusion, of course, survival is assured. This morontial child within all of you will grow stronger in time. The mind is the soil from which the soul grows. The mind of the human where will resides determines the rate of soul growth.

But, my brothers and sisters know this, the mercy of the Lord. It does not matter if you do not comprehend God. It matters only that you wish to comprehend God. It does not matter that you do not recognize fully truth, beauty or goodness. It matters only that you wish to recognize truth, beauty, goodness. Every day that you live you grow closer to actualizing and comprehending the Divine.

And this is what is causing your soul to evolve and expand: the human mind. Simply: material, lower mind; morontial, middle mind; spiritual, Divine, higher Adjuster mind. You can achieve a morontial outlook in a material body. That is your soul.

Regrettably I will end this part of the lesson for now, but I promise you that next week it will blow your mind. (Laughter.)

Q: When you discuss the three levels of mind, how do they relate to the Infinite Mother Spirit and that mind?

A: That is an excellent question. Mind, human mind, mid-mind, must be prepared to receive the Adjuster. It must have the seven Adjutant Mind Spirits, have attained the seven levels of Adjutant Mind Spirits, which are the gifts of Divine Mother and her spirit. Therefore, Divine Mother is the Deity, which prepares mid-mind for the bestowal of the Adjuster. Also, as mid-mind works with the Divine mind, Mother Spirit is working in mid-mind to help the child of time hear the Divine.

The human mind is capable of greatness, of eternity perfection. But the choices are your own. You, the human will, may turn the mind, mid-mind, away from the Adjuster into sin, evil, even into nonsurvival. It is the arena, more so than the Adjuster, of the Mother Spirit, which offsets these lower impulses.

Q: Do the impulses, the negative impulses that you are discussing come from the lower mind, the human electro-magnetic impulses, and if that which you try to fight with is the mid-mind, with the help of the Mother Spirit and the Adjutant Mind Spirit?

A: Some come from the lower mind. Yes. Some come from character flaws.

Q: Where does a character flaw reside if not in the mid-mind?

A: You are not created in perfection; therefore it is the will of The FATHER to create within you rungs on the ladder of spiritual evolution. These rungs are your faults. Your feet climb it at your will, and your destination is God the Perfect.

Q: Where does the soul go when the brain dies, when the human mind dies?

A: The soul is shepherded to the mansion worlds by your guardian seraphim where it is reunited with the Adjuster and personality of the human.

Q: So if a person's mental capacity, through either disease or illness or old age deteriorates and becomes no longer able to function on a spiritual level, that person's soul and Thought Adjuster wait in the Mansion worlds until the body dies and the personality is resurrected?

A: That is absolutely correct.

Q: RAYSON, you spoke of the mind being the arena of choice, the conscious mind. Is the will that makes this choice a function of the personality? Is it identical to the personality?

A: No, not identical. But it is a personality function. Your personalities are incomplete in your present form. Your personality will become, or your soul will become your personality on the Mansion Worlds.

Q: Well, I'm a little confused. We are told that personality is one gift of The FATHER and is an unchanging attribute or entity.

A: But you have not attained it fully, yet.

Q: Just as we have a piece of The FATHER living within us yet we are not communicating with Him fully yet, is it similar to that?

A: Your personality is bestowed, but you have not grown into it fully yet. Your personality will be seen more clearly in the morontial because it is more fully seen. It is your soul; it will become your soul.

Q: Well what is this thing that does the choosing?

A: Will. It is human will. It is a part of personality bestowal, but it is not synonymous with personality. There are times when you may choose to follow higher mind. Other times your choice will be not so evolved. You are the same personality but your will varies.

Q: When the impulses of the lower mind, the electro-magnetic and chemical make up our mind, weighs on us too much and we fall prey to it with anxiety or fear or even chemical imbalances or whatever, will appealing to the higher mind offset that, or will we just learn to live with that? Is there a way to reach a balance again in an unbalanced lower mind by appealing to the higher mind?

A: The balance will be achieved by your choices. Even though impulses may be strong and sometimes irresistible, you can choose in mid-mind not to act. This is balance.

Q: Though we choose not to act, which in essence is the best thing possible in a situation where your lower impulses are strongly affecting you, will the choice not to act constitute more soul growth, and will that help ease the struggle? Is there a way to ease the struggle against the lower mind impulses?

A: Yes. The more the human will chooses the higher road, the easier it becomes, because you make spiritual progress - as we discussed, circles progress, last meeting. Also, soul growth and the reality of the morontial is actually put into practice and lived here on the material level. But you must choose.

Starting as a child learns to walk, you fall, stumble, but you must get up again and take those few steps. Even when one has mastered walking there is running. (Laughter)

Q: RAYSON, The Urantia Book says that after forty years old the adjuster is like a controller. Does that mean that the mid-mind is used in some other way?

A: No, it just means that mid-mind had become more adept at hearing the Divine mind. It also means that the experience of the human has tempered the will with wisdom and evolved higher values.

So choices are at a higher spiritual level and the adjuster has a bigger field to plant seeds in.
(02/17/92)

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Lesson II on Soul: (Also Lesson V on Thought Adjusters.)

This is a continuation of our study on the Divine Mystery Monitors. What we are focusing on this day is the relationship of your evolving morontia soul to the fragment of The FATHER, which indwells each of you.

To quickly review, as we learned last week, the Adjuster indwells the higher mind of man. The material mind is the soil upon which the Adjuster plants Divine seeds: spiritual realities and concepts. Lower mind is your purely instinctual, physical, subconscious nature. The soul is the morontial child of the prompting of the adjuster in conjunction - wedlock - with the decisions made from free-will choice in the conscious mid-mind realm.

Personality, which is a gift of The FATHER at birth, also resides in mid-mind while you are in this material body. But it is much more identified with the morontia life after death or translation when the soul develops will, and can more consciously align itself with personality-Adjuster consciousness.

Man is conscious only of will. As one progresses spiritually and through time in this physical state, it becomes easier to get a glimpse of the spiritual leading of The FATHER fragment. However, your task, brothers and sisters, should be thus: to consecrate your human will to the doing of The FATHER's will. If one does this in a positive way, one is assured of eternal survival. Not now, but eons from now, you will surely stand in the presence of the First Source and Center from whence your fragment came.

It is not so much your task to fully understand the Divine, but only to wish to understand God. It is not so much your task to be Godlike as to wish to do the will of God, and - in eternity - you, too, will attain Divinity. Day by day as you live your life, study your choices and consciously become aware of choosing higher, ever-higher values and climbing toward God.

Unfortunately your great struggle, brothers and sisters, is with your dual nature. You are physically a part of nature. You are animal in origin. But there exists within your mind the Divine. And you have the ability, potential, to transcend nature, the material, and exist in the realm of the spirit. This is a conflict. It is personality, which integrates this conflict.

Let me try to explain further. How difficult it is to be a finite being with an infinite piece of Divinity. It is unbalancing. Those mortals who do manage to transcend the baser material realm also are prone to other pitfalls: pride, ego, and self-satisfaction. It is a balance that one must achieve. There is nothing wrong or inherently sinful, evil, in the infinite temporal material state. To the contrary, it is a creation of the eternal Sons and Daughters and is good. It is what you do with this state by your will decisions that determine your destruction or survival. Rest assured that even amongst us in this room, as we ponder the cosmic insanity of destruction - non-survival, each of us, myself included, runs the risk of that choice until we fuse with the Divine. So, although it is hard to project, understand, the destructive nature of man it is a true reality risk and is determined in the tiny choices of everyday life, children. This is what you must become more aware of.

No human is born evil. Rather does the will of the human twist the mind choices until evil is embraced. Your soul is but a shadow of the real you. It is being created for your next life, not for this one. But even in this material life here on this planet your soul is developing awareness, awareness of the Adjuster and the human personality. Just as the Adjuster, of course, is aware of his soul - his child, the soul - the human personality will become more aware of the evolving morontia self.

The mind ideates; it thinks. It deals on an intellectual realm of facts. The Spirit, The FATHER, is truth eternal, absolute. The soul feels. Please let me emphasize the feelingness of the soul. It is the difference between scientific knowledge and true values. The soul deals in the realm of values, and the will can force ever higher and increasing awareness of ever more spiritual values: truth, beauty, goodness, and love, Godlikeness. You grow more Godly.

The human condition is a delicate balance between uncertainty and security: the uncertainty of what lies ahead; the security of the love, mercy, and Divine compassion of Deity; the uncertainty as a newly ascendent child of God; the certainty, security, that one day you will stand in the presence of the Creator, Himself. This is the human struggle.

But make not the mistake to live only on the material plane. This is one of the greatest dangers of this age, children. A society that dwells only on the material level is doomed to extinction. Because man has these opposing natures there is the potential for conflict. The conflicts we see in nations, societies, the world wars, poverty, prejudice, bigotry, oppression, unfairness of every kind, have at their root the inner conflict between the spiritual and base natures, the dual nature, of man.

There is also a risk of inner civil war in such a diverse being. Inner civil war, conflict causes you to lose the peace that MICHAEL promised you, the sublime peace that transcends understanding, causes you to lose touch with spiritual realities, causes much wasted effort and a cut off from spiritual help. While you cannot control the world, the environment you can control the inner life of yourself, the inner man or woman. In this inner life are the decisions of eternity created. This is the source of all creativity. And if you approach life not from the outer material world, but bring to the world the inner nature of man, the creative force which stems from The FATHER, Himself, you will make a difference in the world, but most of all in yourselves, in your ascent Godward. This is the important fact to grasp.

Even with the strife, anxiety, uncertainty, poor genetic make up, lust sinfulness, slothfulness, poverty, prejudice, bigotry, hatefulness, lack of God consciousness on this planet, many, many, many, many of your mortals do ascend and fuse. This is the great miracle of the Adjuster, children.

When you look around at the world or at your own individual lives and get discouraged, depressed, despairing, remember that out of such seeming inhospitable soil have sprung many souls whose eternal life is assured. From these very conditions and worse, children, as you will see - will spring the chorus of ascending mortals. And that, children, is your destiny if you so choose it.

Q: I get confused about the desire to expand my soul and live in my soul, and seek other souls, and you are saying that the soul is for the next life. I feel such a desire for it here and now that I am wondering if that is dangerous somehow, or negative?

A: No. You are simply confusing terms. You feel a desire to know the personality, which will be spiritual, of your fellows. When you are on the Mansion worlds, the personality and the soul are evidenced together and as you ascend, both become fused on the spirit level with the Adjuster. Your soul is evolving now and therefore it is difficult to be your soul because you are not - you are physical. The Morontial, the soul, is a small part of you which you and The FATHER are creating as co-parents.

Q: What about people who forego the material existence while they are here, who try very hard to communicate with God and give up the world to do it? Priests, or monks or holy men. Is that something to be desired? That kind of attitude here?

A: I will generalize, and it is not set in stone. But no, it is not to be desired, because the gift you give to your Adjuster is experience in the world. To skip that is to open the door to many problems of ego and pride. And the goal is not to forego the material but to live with it and transcend it in your area of free-will choice. To live in the world but not of it was the great accomplishment of JESUS.

Q: You said something at one point about the will. It was almost as if it was a separate thing from us. Is the will completely from an animal level or is it from personality?

A: Personality exercises dominant will choice on this level but the will is the offspring of the conscious human mind, mid-mind. It is your only area of control or choice. You cannot effectively influence other things: your body, material world, the Adjuster. But you can exert influence and growth through will in the material conscious mid-mind.

Q: How do we develop the soul while we're in our mortal condition? It seems to us from reading The Urantia Book that the exercise of the soul is what helps to build it. Just as physical exercise would help to build the body, experience helps to build the soul. Is that correct?

A: Experience, and how one chooses to react to this experience. You have the choice, will, to react positively in the mid-mind. Much latitude is there. For a while an experience might appear tragic. You have the ability to see the spiritual reality behind the material tragedy and to live in that realm of love, survival, and spiritual growth. ...

Q: Page 1205 of The Urantia Book says "Adjusters are devoted to building up spiritual counterparts of your careers, morontia transcripts of your true advancing self." What is meant by counterparts?

A: For example, you may have a human understanding - analysis of a situation where you were disappointed or hurt, and it might be remembered by you as a sad or humiliating experience. Your Adjuster may have a completely different interpretation - record of that. He registers your soul growth through disappointments, the progress you have made in your understanding of experiential difficulties, the spiritual progress as you broaden your value to higher meanings and this day, incident, might be recorded as your victory with a feeling of success - achievement on the part of the Adjuster. There are different realities for creatures so far from the spirit. What you think of as defeat is probably your highest illumination.

Q: Carrying through on this, would it be correct to say that which is counterparted is real and will exist and that which is not is unreal and will pass on?

* * *

A: Absolutely, that is correct. (02/22/92)

Q: In the relationship between people - between personalities that you were talking about, what is the optimum way of relating to other people that would achieve the best soul growth? For instance, the motive, does that make any difference? Or the truth of how you are relating to that person, how does that make any difference in the growth of your soul?

A: That is a deceptively simple question with much complexity. The optimum is to love one another. But this is not realistic, for to love one's fellows truly you must understand them. Understanding begins when we place the spiritual ahead of the ego. So, the realization that we are one family created by one FATHER is essential, not just in terms of lip service, but in terms of true service to one's brothers and sisters.

Mota is not that significant. It is the quality of the interaction. You will always experience imperfections in yourself, annoyances, impatience, and conflict. These are a part of your imperfect state. How one-what one does determines a realistic goal of relating to others. JESUS said "turn the other cheek." I am not as adept as our Creator-Brother-FATHER, but I would say sometimes the highest good in terms of personality relationships is avoidance if one is not evolved enough to come from a place of highest values with another being.

The sincere commitment to understand is important in terms of perspective: the spiritual rather than the “me.” But it will be impossible to remove the ego, but remember it is not instinctual. Personality - I mean ego is instinctual, animal, but personality can break that stimulus response. For example, if one is physically struck, the animal will fight or flight. The spiritual intervention of personality might cause a different reaction.

The highest would be to allow The FATHER to be seen in your relationships with others, for you to reflect and embody His perfect qualities of love, mercy, patience, wisdom, truth, beauty, and goodness. Partially these can be attained by you, and not always consistently, but that would be the ideal.

Q: Would the personality that I have received, for example, that the soul be me in potential, and that personality that I exhibit here - different sense of humor or whatever - is that the reflection of that reality? When we talk at this level, we talk about having personality and recognizing personalities, and types of personalities, if we are 99% potential then what is that that's here?

A: Potential. Let me explain. The you that you will be is personality, like letting the personality out of a locked room. It exists but unseen. It will be the combination of your fusion with your Adjuster and soul growth and eventual transmutation into a spirit being. Your personality contains the potential of all the ascension career. It is there in you now.

But it is not apparent because it will be based upon your choice-decision-action throughout your entire ascension career. Your free will determines the release of your potential into actuality.

How does one see the one percent here? Your guide, in general, should be spiritual fruits. That is evidence of your personality, your unique personality. How does (S) love? How (S) loves is different from any other created being, the tones and songs and harmonies that (S) brings to the quality, the universal quality of love, is and forever will be different than any other personality, a jazz interpretation of a universal theme. (05/17/92)

SPIRIT AWARENESS

Q: As I walk the spiritual walk of my life I notice that sometimes I feel really moved, filled, and close to God and JESUS, and sometimes - and now to the teachers also - and then sometimes it feels like everything withdraws and it - there is sort of a still quietness out there. Is that my imagination? I know God doesn't go anywhere. What happens then? Is that something real that happens to people? That there is an ebb and flow of their spiritual receptivity and constancy of the ministry to them.

A: It appears to us, (S), that this is quite normal for you humans. Of course, God is constant. Your consciousness is not. And for many reasons. Some growth takes place beyond consciousness in higher mind realms. Much reality takes place on a spiritual level, which you would never, never see tangibly or be even aware of. So, sometimes when you feel you are not spiritually centered or tuned, you are indeed experiencing growth. There are also rest periods, plateaus, spiritually as well as intellectually, physically. A being can only work so hard so long than must rest. So this seems to be normal and, of course, the constancy of the human will varies. Although we have all made the ultimate commitment to do the will of The FATHER, the acting upon this decision involves constancy of spirit in actions and varies, which is not extraordinary, but is the condition of imperfect beings.

Q: Do you visit us during the week?

A: I have visited every member of this teaching group. Whether I visit every one every single week is dependent on other factors. My assessment of your spiritual growth, my commitment to other parts of the mission..

Q: Sometimes I get a visceral feeling, an actual physical sense of your presence. Is this possible or imagined? And this is not when transmitting receiving is taking place. This is at other times.

A: I do not know because one can viscerally react to the presence of angels, Midwayers, especially Midwayers. I can only say that much time I spend with (T/R) as she needs more of my attention right now. But I do visit others in our group as their needs dictate. Everyone has been visited for assessment of levels of the lessons. (05/24/92)

* * *

RAYSON: So, science, yes, concerns with cause and effect. Philosophy, yes, concerns with morality, ethics, and loving service to one's fellows, making sense out of the meanings of systems. Spirituality is the awareness of the creative mind of intent, cohesiveness, on faith beyond what we can see and think. Does that answer?

Student: Yes, and those aspects are used to determine the truth or falseness of any given situation, so to speak?

RAYSON: Correct. That is correct. (05/30/92)

THE SPIRIT OF TRUTH

Lesson I on Spirit of Truth:

The Spirit of Truth is the great Comforter. It is like a gentle rain falling on your souls, and can be called upon and fostered in each human's heart. The Spirit of Truth will never misdirect you. It is able to teach the difference between spiritual truth and mere fact. When you are able to discern spiritual truth, all things reflect the truth, beauty and goodness of The FATHER. Even in the worst tragedy-which is only a fact - The FATHER's fingerprint can be detected when looking through the Spirit of Truth and comfort becomes a reality. When one sees God, it may remedy the situation.

Reflect upon the recent event. The tragic death of (S) and (S), when seen through the leadings of the Spirit of Truth, are a testimony to the compassion, mercy, and goodness of The FATHER. (12/15/91)

Lesson II on Spirit of Truth:

As our Creator Son lived to show man to God and God to man and was brought to a heinous crossing by the mortals of the realm, His loving apostles and disciples and other followers secluded themselves from the wrath of the Jewish authorities in Jerusalem at that time. When the Master appeared in his morontial forms, the followers were overcome with joy. But still they remained waiting for his promised spiritual bestowal. And after forty days, or at the feast - the Jewish feast of the Pentecost - the spirit was indeed bestowed. But not only to the loyal followers of the Christ. The Spirit of Truth was a gift from the Son to all mankind who sought truth and oneness with God.

The Spirit so inspired and mobilized the believers in JESUS that they immediately were filled with the overwhelming desire to preach the gospel. Although they forgot the message, the pure message of

JESUS, which is the God as FATHER and all mankind as children of this loving FATHER, brothers and sisters in this spiritual family, they did preach the resurrection of the Master and the gates opening to all humans who would accept Him as Deity.

The Spirit of truth was not bestowed only upon one class, one religion, one race, one sex. It was, and is, bestowed upon every ascendent child of time who sincerely hungers for enlightenment, truth, beauty, goodness, and God. The spirit is not ever perceived by the mortal mind, heart, soul, as the Spirit of Truth, but merely creates an awareness and hunger to know more about MICHAEL of Nebadon, the Son.

Every generation receives a new outpouring of the spirit to insure that the Fatherhood of God - Brotherhood of man concept shall never be lost on this Planet. The spirit is bestowed upon all who are faith sons and daughters. However, the spirit is not equal in its bestowal. But, only equal to the capacity to receive truth.

Prayer, while not affecting the Spirit of Truth, does affect your receptivity to its leadings. Therefore, through prayer, my brothers and sisters, you will increase your capacity to receive and detect ever-higher levels of truth and Deity.

Another suggestion I would make is to increase your prayer life each day, and pray to be led by the great Comforter who will always be there to show you the way.

The Spirit of Truth also takes away the loneliness of the God-seeking mortal, for as you have had JESUS here, walking on Urantia, living among its people, breaking bread, teaching lessons, if He had not sent his spirit you would feel an emptiness in your souls.

The Spirit of Truth also allows all mankind to find God. As JESUS portrayed man reaching Godward, the Spirit of Truth is the Son reaching manward and leading us to Son recognition. When the evolutionary religions make intuitive leaps forward in understanding it is due to the presence and leading of the Spirit. No generation shall be lost if they indeed have a spark which leads them Godward.

To understand the Spirit of Truth we must understand that times and world conditions change, therefore we have more than the life of JESUS the man-God to derive inspiration from. JESUS revealed man's perfection amidst the times and people he lived in. The Spirit of Truth will show you your perfection on this the world and peoples you live in - which are vastly different from the times the Master walked Urantia. However the higher truth, the hunger for God, faith-filled vision, prayer, brotherhood, and service, and loving kindness-mercy-compassion remain always the fruits of the Spirit of Truth.

TO see the Spirit working in your life, observe the fruits of the Spirit. Do you need more compassion? Do you need more service? Stronger, deeper faith? More unselfish love? Prayer will open the channel, and in time the fruits will grow in your life.

My brothers and sisters, I pray for you to be more faith-filled and less self-filled. It is the human condition to battle the ego versus the spiritual mind. Observe your lives and correct the manifestations of lower character using the wonderful, powerful helper sent from MICHAEL himself to enrich your souls and make the world a more spiritual abode. Let us thank MICHAEL for the Spirit of Truth, this wonderful bestowal that has helped us all Godward.

Q: When you said the Spirit of Truth was bestowed every generation, can you illuminate that? I don't really understand.

A: The reason for this, (S), is that each generation of mortals faces different temporal difficulties in the world. The Spirit of Truth is not static, but illuminates truth set against a backdrop of the world circumstances and peoples that are present in that generation. Some generations receive less because they are less spiritually receptive, perhaps more material minded, or perhaps must deal with great distractions, such as your aggressive wars, or hunger, or natural disasters. So unto each generation the Spirit of Truth reaches down to lead the children of time, but it is not a static message. It grows with the generations and illumines truth in the world they live in.

Q: Is it MICHAEL of Nebadon who re-bestows the Spirit of Truth to every generation?

A: Yes, that is correct.

Q: Does the Spirit of Truth work through the movies or any other of the media?

A: No, it does not. It works only through mortal beings. And if they work in the movies then, if they are able to, they can bring truth to the people. Truth, however, can be discerned everywhere: films, books, in other people, and the beauty of the planet. The Spirit of Truth leads the seeker to the highest values reflecting beauty, truth, goodness and Deity. But it does not directly work on things. Only humans.

Q: Is the Spirit of Truth then a personality? Is it to the Spirit of Truth that we pray? Or to MICHAEL?

A: No, MICHAEL receives all prayers regardless to whom they are addressed. The Spirit of Truth is not a personality. It is a spirit, which does not create a consciousness of itself, but only a consciousness of the Son.

Q: In the revelation of the Spirit of Truth by generations to our group, would you take a look at the ages? And there are little babies that are now growing. Is the Spirit of Truth relevant to each individual?

A: The Spirit is bestowed in a two-fold manner. It is for every individual to receive according to his or her capacity. In addition it is a restatement of the gospel of the Fatherhood of God and Brotherhood of man so that no culture, age, race, religion, non-religion, gender difference, will be left out. The Spirit of Truth must take into account not only the individual's hunger for The FATHER, but also the world that individual is shaped by. That is why there is a generation bestowal by MICHAEL. For Example, (older students) lived in a much different world than a child today. The Spirit of Truth for them led them on a different path to truth. A child growing today might have more choices to find truth to lead them Godward. So the Spirit of Truth is ever adaptable and alert to any stepping-stone to the Fatherhood of God and the Brotherhood of men.

Q: Does the current encircuitment of our planet enhance the Spirit of Truth? Or is it a separate bestowal?

A: It is a separate bestowal. However, we have not considered the effect of the re-encircuitness on the mortal mind. This may indeed - and my prayers are for this to happen - enhance the spiritual receptivity and truth-hunger in the mortals of the realm, thereby increasing the awareness-knowledge of the Son. That is a most pleasurable thing to look forward to.

Q: Is it possible for human minds, at this point, to tune in to any universe broadcasts?

A: You are already tuned in. (Laughter)

Q: Is there some sort of test that we can apply to the statements of a T/R in order to discern when they come from the deep longings of the heart of the T/R vis-à-vis the true teachings of the teacher?

A: (S), you can apply the use of the Spirit of Truth... (S), again I ask you to read pages 2059 to 2065 and reflect upon the Spirit of Truth ... (01/06/92)

SPIRITUAL BIRTH

Lesson on being Born of the Spirit:

Today, brothers and sisters, today our lesson shall be on ... being born of the Spirit.

Each of you have - deep within your being - sought God. A commitment, a prayer, a quest was begun. For some, many many many years ago. For others, more recently. When man reaches a hand Godward, God has already downreached to that being. God had already found each of you. This will-decision is enough for you to enter the kingdom upon mortal death. It is enough to spiritualize your human life. But it is not what JESUS taught, for we understand "to be born of the Spirit."

Allow me to elaborate. Born of the Spirit, born again, these words are often used by your religionists. They think to bathe in water, to commit in words, is being born of the Spirit. That is incorrect. You Urantians think to make a commitment to The FATHER is born of the Spirit. That is also incorrect. It is too intellectual.

What is birth, children? Birth is action, physical action. Some births are long and hard and painful. Some births involve some injury, or perceived injury, to the participants. Some births are easy, but not the majority. As it is with childbirth, physical birth, so it is with spiritual birth.

Spiritual birth involves physical action. Born of the Spirit is action, spiritual action. When one embarks upon spiritual birth there is a period of dormancy. The conception is your commitment, survival commitment, and your ultimate, to the will of The FATHER. This will-decision should grow during the pregnant period. Then comes the birth in the Spirit, of the Spirit, to the Spirit, children.

If you think that this will be painless you are incorrect. It will involve much ego bruising, pain, depression, disappointment, all of the things, which you humans are so adept at avoiding. This is why, children, most who hear the truth push it away. They dismiss it. "Oh, this is not for me." "Oh, I have heard this before." "Oh, I do not need this now." Etc. Because, being born again means changing. It is a birth. But always will your evolving soul thank you if you undertake this action here.

You must have courage and commitment. You must have valor. You must realize that this is - this will repercuss on all levels of your being. Many who are involved in the spiritual birth go through doubts, spiritual uncertainty and confusion, even rejection of the Godward life. It is difficult. It is harder to live as a raging heathen than as a committed spiritualist - correction, it is easier to live as a raging heathen than as a committed spiritualist. Why? Because there are more rewards for the worldly attributes, the lower emotions, on Urantia than rewards for the higher values in action. Why? Because it is easier for the human temperament to embrace negative qualities and act on them than to go against one's own inherent animal nature and modify the clay from which you are built, by higher minds an values.

The long dark passage through the spiritual birth canal can be terrifying. You lose sight. The safety after your commitment to God's will has been left behind. The light of emergence into a new way of life is not yet seen. You are surrounded by darkness, feeling contractions, fear, aloneness, and self-doubt, God-doubt. Why venture on out? Why not stay safe in the womb of intellectual commitment? Read your books? Reward each other's goodness in study? Which are all good things to do. But what I am talking about, and what we gravely miss on this planet, is the application. You, as a species, are lazy and indolent, and pleasure seeking. You do not yet have the vision to see the spiritual pleasure at the end of the birth passage.

Many holy men and women have gone through periods of great soul darkness while they were being born in the Spirit. This is an active fight. This is not passive. You are at war with your lower nature. Ah, but the victory for your Adjuster, for you, and your soul. It may last in human terms years and years.

This is what born again really means. It is an actual occurrence, a transmutation of nature that is not won without much struggle. Very few humans have the inherent spiritual capacity for receptivity to be born again without bloodshed.

Page 1130 you will study, as you will study, have studied, Rodan, 1738. First, sit in the silence with prayer. And rededicate your will to The FATHER's. Examine your commitment, and then pray for life to force your spiritual hands. The waters of adversity will pursue for each, but you will all reach tranquility one day on eternal shores.

This is the war of time versus eternity, of material versus spiritual, of the imperfect versus the perfect, of the finite versus the infinite. One does not become one's opposite without what you think of as pain. Death of the animal is birth of the spiritual. Does the animal not suffer? Does the spiritual not empathize? An enigma created by the father is evolution. But if you choose not to go through this and most choose not to - you are not giving to the Supreme. You are cheating your soul growth, and not understanding the process.

Think, children, of John the Baptist, alone in his cell, abandoned by his fellows and his Messiah, so he thought. His struggle was necessary. He assumed he was born of the Spirit. But truly his birth came shortly before his death when he accepted and understood that his earthly mission was over, that JESUS was indeed the incarnation of God, and that he would leave. Only then did he attain serenity. Only then did he see with an eternal perspective. That was the moment of his birth-day.

You will all see a spiritual birth-day like John. He was blessed with much adversity. But each of you will face your own struggles. But JESUS beckons to you. He asks you to be born into the brotherhood. And your rewards will be great, personally.

As a species you are mandated or asked to do this, to begin this process so this planet may grow toward the light. Your species, your planet, will benefit from transformed individuals. That is an active attitude - being in light. Cowardice is not for the spiritually committed. Indolence is not for the spiritually strong. You must have the same passion in this area that you bring to your profession, your political commitments, your emotional relationships, your financial gain. Where is your spiritual passion? JESUS was not a weakling. JESUS was not a man of sorrows. JESUS was not passive. He was active. He was courageous.

I would like you all to pray - if it is your will - for your spiritual birth process to begin. And what I can do as your friend and teacher is to be here when the sea gets choppy. I have been through this same storm, and I speak not down to you but speak to you with much love and empathy as one who has gone

through this when I was like you. My sense of self is much inflated and I had much pruning to do of the dead branches in my own being. With all humbleness I tell you it is worth it.

I embrace your struggle and am willing to buoy you up. As your angels draw near to you, as JESUS, himself, has promised to walk through the waters of adversity with you, as your Adjuster points northward as your soul expands, you are not alone although aloneness is a feeling, state, you will go through.

The lesson is short today, and simple. Simple to hear, but not to do. I will pray for your birth and that He will recognize your blessings. And now I invite questions.

Q: If we see ourselves as warriors to do the will of God, and we rush out with energy and courage, and with a great desire to do the proper thing, what is the role - if any - of self protection? Even a warrior will protect himself to a certain extent, and I don't mean shirking responsibility, or running away from doing the right thing, or anything else. But there is comment in The Urantia Book about protecting oneself. I wonder if you could expand on that?

A: First, let me say that your role as warrior must begin with yourself. Why assume you are ready to rush into the world when you have not conquered your own inner being? Of course this may be done simultaneously, and should be: inward fight outward. Self-protection comes from the continued evolution - growth of the fruits of the Spirit. A truly evolved spiritual being housed in a material body who exudes genuine love of fellows tolerance, understanding, empathy, friendliness, warmth, kindness and true service will not need protection. Who could harm such a loving loving being? Point: JESUS, himself, while brawny and strong, rarely was involved in any encounter, physical or emotional, because he was so full of love.

Protection comes from wisdom, the wisdom to clearly see what the other person needs. If it is something - of course it will be something that a spiritual being can give - for if the person feels they need money, we know that is not their need. As JESUS saw - as He passed by in so many - what they really needed, and gave it to them: the spiritual goal, the spiritual tools, - he spoke to their heart, soul, mind, deep deep prayers. As you grow in wisdom and your own spiritual heart expands, you will be able to easily see what another needs and provide this. Very little self-protection is needed as one grows.

However, much of your life will be not at that point - for any of us. So, what can be done? When one is assured of one's survival very few things can hurt you people. JESUS ignored his critics. There is something in human nature, which wishes to test the good, smear the truth, mar the beautiful. If this is a horrible strain, there will always be those willing to push so that they can say "They are not so good. They are not so full of truth. They are not so beautiful. Their message is false. Their lives are a sham. They are hypocrites. Therefore our dedication to temporal pleasure is fine. There is not a higher way. There is not a better path. There is no God." Yes, there will be those.

When we are so sure and anchored in God, even if we cannot see or hear or feel, in our hearts we know. This cannot truly harm you. Ignore the criticism. Reach for the commonality of truth. Stretch, and when you do, you will find less hostility than you think. It is hard to resist love, even for the most unloving. That is my reply.

Q: How do we know if we have already been born of the Spirit?

A: None of you have completed this process yet.

Q: Is it correct to think of the product of the new birth to be your own soul?

A: Expanded soul. Souls are already in formation, but the conception, yes. Birth of -

Q: The development of the embryonic soul?

A: Correct.

Q: Does this happen suddenly? In an hour? In a day? Or is it a long, gradual process?

A: It is rare that it happens suddenly. Even for JESUS it was a long process. It is most often decades.

Q: RAYSON, have we already undertaken this process, some of us? Everything you said sounded kinda familiar to me. I'm not saying I've been born of the Spirit, but I think I've begun the process. Do you want us to be more conscious of this process? Is that what you're saying?

A: Yes. You have all begun the process to greater or lesser extent. And at some earth periods you cruise, sometimes you go quicker. What I am asking you to consider is a conscious effort to take the harder path. When there is a choice, choose the higher. It is often the harder. Truth, illumination, loving service, kindly tolerance - fruits of the Spirit - are all difficult to act in your life. So, easy it is to avoid, ignore, table, but you get no growth from it. I am asking you to not idle so much. It will not be easier. There will be pain, death of ego, much shock, but it would be better.

Q: JESUS is quoted as saying to Nicodemus, in effect, "are you not a ruler in Israel and don't know that you must be born again?" What happens when this new birth process is interrupted by physical death?

A: It continues on the Mansion Worlds. There is still human ego felt on the Mansion Worlds. If it is completed here, one goes to a higher Mansion World. You need not so much correction.

Q: I get this image that when you are born of the Spirit you wear your soul on the outside instead of on the inside. That's what you do first. Everything we do comes from that. Is that correct?

A: That is a wonderful image, (S) Thank you.

Q: RAYSON, In the process of being born in the Spirit and the struggles to achieve that, as one makes progress, would there be an effect on the physiologic functions of the body? For example, the ability to become well from a chronic disease process?

A: Yes. Increased spirituality always eventuates in upstepped physical health. Absolutely.

Q: Am I correct in believing that this is the basis of all spiritual healing, right along this line, that inherent in spiritual growth would go improved bodily function?

A: It is not the basis of all healing, but most. There are actual outward celestial beings that work through some healers among humans. And the combination of the two, of course, greatly speeds physical development and health.

Q: Yes, I guess the thing that's been going through my mind over these last several months is, since we've had our encounters with (S), has been puzzling over how energy transformations change in accord to spiritual experiences, but I suppose that's probably something you are not allowed to comment on.

A: A moment. (pause) Yes, spiritual growth is the invisible energy, which motorizes the physical, mindal, emotional, material being. It connects all systems. Spiritual growth affects, on the physical level, the molecular structure of the material being. It is an actual energy. As a child grows bigger you see formation of material mass, energy, etc. So, as you grow spiritually, and it transforms actuals - the physical - and upsteps the systems, the system coordination working of the material beings.

There is an actual spiritual gland of receptivity, which I am not allowed to point out to you who is so familiar with human anatomy. There is a definite crossover. Just as an impaired physical brain or disease, pain, affects spiritual receptivity, so does spiritual growth affect physical health. It is a marriage, intertwined, but you are unable to discern this medically now, but some day you will.

Q: Am I correct in believing that this is the basis of what I seem to perceive in people that I know to be transmitter-receivers as well as some other people that are seen to be like holy people? There seems to be almost a glow coming from them. I don't know how else to describe it but there's just a difference that I get from such people. Am I right in thinking that its involved in this business?

A: That is correct.

Q: And, am I also correct in believing that it's visible to almost all human beings at some level, that they know there is something different, its almost like a smell in the air?

A: That is correct.

Q: And I think that for all of us who are involved in this mission, it may be one of our strongest weapons.

A: Correct.

Q: I understand that on your world of birth you were a doctor, but less physical and more spiritual?

A: We integrated all systems.

Q: Am I correct in surmising that - in our spiritual growth process, when we are in the process of being born - that we might need a little special attention such as a spiritual obstetrician?

A: Correct. (laughter by students) That is what my role will be and has been. (more laughter)

Q: Is there something daily we can do in a quiet moment to actually assess were we are in ??? time and space, spiritually?

A: Mmm. That is interesting. I think assessment, (S), is an ego function. Be not concerned with what place you have at the table. Be in the silence and pray to be guided by your Divine Mystery Monitor. Even if you cannot discern guidance, you have your signposts. You know the spiritual versus the less evolved. Pray to be more spiritually active. Be full of gratitude and thanksgiving. And of course, worship God. Assessment is not a function of spirituality. It is a function of human ego. (08/02/92)

SPIRITUAL GROWTH

Lesson on Spiritual Growth:

Today we will speak in a summary type of a lesson, actually, to tempt you onward in your spiritual growth, to accelerate your will commitment to the fruits of the spirit. Let us try to soul center and take in these truths.

Glory to God, children, who has created such perfection from imperfection. Glory to God, children, who has given a Divine, perfect, piece of Himself to the lowest creatures who may seek him - the lowest – the humans. Glory to God, children, who has given you the bestowal of Christ MICHAEL on Urantia. Glory to God, children, who has given the Spirit of Truth to Urantia. Glory to God, children, who has given Divine Mother Spirit, Her mind Adjutants, her angels, the Midwayers and other ministering spirits to accelerate your growth. Glory to God, children, for you, your creation, your personality bestowal, and for you - children - who are the children of the Supreme.

Glory to you, ascendent children of time, who are creating the Supreme. Glory to you as the Apostle Paul said, “you are the body of Christ.” The body of Christ is really the body of the Supreme. Each one of your tapestries, your decisions, your soul growth, every experience, every thought, every life moment, completes the Supreme, the God of experience - God in formation. Glory to God for the wondrous, wondrous, outcome of the ascendent children of time: the creation of a new being, spirit, between the Divine and the evolutionary; the wonders yet to come of service; the glorious ascension.

Glory to God for the perfection, the goodness, the inspiration, the mercy, the love, the service, the tolerance, the perseverance, the human will commitment to participating fully in His most wondrous plan which we can only glimpse and speculate about.

Children of time, you have it difficult for a short time, only. Such a short part of your career is spent in this struggle to commit to knowing, searching for God. Once you transcend death of the physical body you enact what you only believed. You learn more about the decisions you made to search for God and put them into action. After fusion you are spirit, and you begin the actual journey to The FATHER.

Glory to God who takes his creatures so far and ultimately returns them to their creator, and then sends them outward as His personal agents, representatives, to as yet uncreated beings and children of a new Grand Universe which we can only imagine, but know - by faith – that it will be another perfect element in the plan of the Great I AM, First Source and Center, creator of all beings, all life, all thought, all motion, everything.

How can we inspire you to accelerate? How can we tell you the reality of your importance to The FATHER? Give glory and thanks for your beingness. Become aware of your importance, of how The FATHER, Himself, cherishes every Himself to the lowest creatures who may seek him- moment of your life. Nothing is ever lost to God. When you, yourself, regret or have shame or guilt, the lowest - the humans. Glory to God, children, remember that God does not. He will cherish the children of time, and are designed to make mistakes. The only mistake with any real consequence is the decision not to seek God.

The challenges and pitfalls and regressions of your earth career are all to the good. They are part of the Supreme, and part of your gift to the perfect Adjuster, who may only understand struggle and imperfection through your life. What a glorious way to view your times of Gethsemane, and all must

walk though Gethsemane, children. Some may go through the symbolic crucifixion, but like our master, you will become morontial.

The lure of the Mansion worlds should be strong for you, not to cut short your earth life, but to fasten your vision upon the reward of this passage. You will awaken quietly in a resurrection chamber on Mansonia. You will be greeted by your Seraphim, escorted to the halls of repersonalization. Your Thought Adjuster and Seraphim join together in your morontia form, of which there are 570 different bodies before you become spirit. You will meet your Morontia Companions - a most lovable order of beings - who will act as your guides. You will have time to orient yourself to your new surroundings. You will have time to leave some ??? with loved ones who have already graduated. You will visit different spheres. You will see and be awed by the beauty of the Mansion Worlds - created by the Physical Controllers, Morontia Controllers, added substances which you cannot even imagine.

You will be made to laugh by the Reversion Directors, and may even join them along your ascension career. Much of your humor will be derived from your past: the foibles of the physical existence, the measuring of growth. The humor there is plentiful but not mean spirited. You will be inspired and thrilled by the concepts of the Celestial Artisans. You will be served by the faithful Spornagia.

You will meet many different ascenders along many different levels of the path. You will sense spiritualized ascenders but not able to see them except when the Celestial Artisans portray them for you in pageantry. Much of your trip through the seven mansion worlds will be spent on rehabilitation, correcting imbalances from your planet, planet's history, to get you up to speed so that you may actually progress. Much music, art, recreation, humor, worship, prayer, thanksgiving, and relationship - always relationships.

Yes, there is food, drink, rest, of morontial nature.

Yes, there are assignments, but nowhere near the life of toil you experience on this backward planet. Your real job is Godward. You will learn languages and be provided with interpreters so that all may communicate without misunderstanding.

How to describe a life, which is quite the same in terms of your place on the path, but such a different environment! Imagine, children, a world where God is not only present - as he is here - but acknowledged by all, where every will to greater or lesser degrees is dedicated to knowing God, to becoming God-like, where consideration, tenderness, loving service, respect for ones fellows is the norm. Where one lives in a family of brothers and sisters under one God.

Much of your anxieties will disappear, thus train your energy for higher pursuits. You will laugh much over what you considered the huge problems of you earth career. They will be in perspective for you. When our Master said "the meek shall inherit the earth" or "the first shall be last and the last shall be first," He tried to describe mota of the sort that "what you think are your afflictions are your blessings." What you think of as strong on earth is not spiritually correct.

Righteousness for God, passion for God, standing up for God is always correct, but so rarely does that happen on Urantia. Most humans stand up for themselves, their egos, their belief systems, their own self interests. Meekness is humility in the face of the presence of Deity, meekness of ego.

So immediately does this await you, children. To you it seems long, but it is so - it is your next moment of beingness. If only you could live this totally, the surety, the promise of the Mansion Worlds. As JESUS said, "My FATHER has many mansions." "I am the door, through Me you will enter the

kingdom.” You may enter now. You have entered, but you may even step further into the kingdom - is what I urge.

I am trying to tempt you. For, children, the spiritual life is hard. You invite hardship, challenges to overcome. Your soul is not gently formed, children, but honed of steel. Disappointment, grief, deceit, discouragement, fear, anger, devastation, challenges - this is the tempered steel of the morontial soul. Not the afflictions, but the spiritual transcendence and growth, which come from what, you view as troubles. Some day you will see the blessings, children, and you will reap the reward of the faith filled days.

That is God's promise to you. Much reward for so little, so little suffering. Although while you are here your suffering is real to you and all encompassing, I am trying hard to lift you above this to a cosmic perspective! So little is asked from you, so much is given. You have an army of spiritual soldiers standing by your side. When you go through difficulties, call on your army. Remember they are there to serve you. With God, children, nothing is impossible.

This is the day the Lord has made. Let us rejoice and be glad of it. Without the I AM there is nothing but the I AM. God has given you this time, this date, this moment, this will, this choice, this life. Be more thankful, even especially in the hard moments.

The Mansion Worlds await you, children of time. Great glories lie ahead for you. Your soul is being born now. Give to the Supreme, to The FATHER, the Son, and the Spirit the best soul you can. Keep joy in your hearts, for this is not (???ty). Keep joy for the promised (??) to come, the promise you may glimpse even now with your limited eyes. What joyful, joyful news!

How can you be not excited to know you may seek The FATHER? You have been created consciously for this path. You have been chosen consciously for this mission. Each of you in your hearts and souls and minds has asked to be used. Your will, prayer, have been answered. Rejoice and be of good cheer.

What difference if all earthly things crash? What difference when your bodies turn to dust? You have been chosen by God for a glorious career, children of time. Rejoice and know your specialness. Work for the Mansion Worlds now. Accelerate your spiritual program. Be thankful, be happy, be optimistic, because you know the ending. Live as if you know the ending. Do not sink into the limited vision of this life. Use your soldiers and God's blessings will heap ten-fold upon you now.

And now I end this lesson and ask with all humbleness for no questions since (T/R) is tired, but I am sorry. I know many have questions, but we will have a longer meeting next week.

Prince MACHIVENTA is pleased with you. He knows you all, as do the other spiritual presences gathered here now. (06/06/92)

* * *

MACHIVENTA: This is MACHIVENTA MELCHIZEDEK. You are all in the realms of the spirit. You are impinging upon spiritness. Remember and have faith upon your own knowledge and on your own faiths. Continue to believe. The things that you believe and the things that you act upon are of the greatest importance. This is not a mere figment of your imagination. There are things happening on this sphere that you have no conception of, and you will not know what is going on here until much later in your universe ascension career. But know this, that your faith - faith for your brothers and sisters, faith of MICHAEL, of the Universal FATHER, the whole concept of universe ascension, are of the utmost importance.

Do not look back upon your animal ancestry, upon your negativeness. Focus on your positive side. Proceed with decisiveness. You have our support and confidence. We love you children. We love you all. You are being watched and taken care of. You are being loved with tenderness. Till next time, children, have faith. (10/11/92)

* * *

Q: Teacher, I am trying so hard to increase my contact with my Thought Monitor and increase my spiritual growth. The process seems so slow to me. How can I improve my worship and stillness periods? How can I be more God-reflective? How am I doing?

A: The best way to become more God conscious is to think of our FATHER as a personal friend. Talk to The FATHER each day. Let him know of your thoughts and your feelings. It is true He does know about these things before you speak them, but it does help you. It helps you understand yourself more fully.

The spirit fragment within you knows you far better than you know yourself. Do not worry about making communication. This, too, will happen when the time is right. The best way to make this happen, aside from the constant communion with The FATHER, is to live your life bravely, to go forth each day and be aware of who you are and your relationship with those that you come in contact with. Be sensitive to the spirits that are around you, and always be ready to feel the love from within, the God within, so that this love may flow through you fully, that it may pour forth out on those that you come in contact with, and that we may bring those people to you that you may share with them your personal religious experiences, and that you may be an instrument in helping them enter the kingdom of heaven.

This is a long process, this communication with the spirit fragment. It will - for most mortal ascenders - not happen quickly. It takes much hard work and patience. Do not become burdened with the thought that "I am doing what I can yet nothing happens." You will inch your way into God-consciousness. You do not run. Always be mindful of who you are. Remember that spiritual growth is an unconscious process. In time you will look back and begin to see some of the decisions that you have made and where it has led you.

For now you are in the forest and you cannot yet even see the trees. This is as it should be, for now. Hopefully, with your whole-hearted dedication to doing the will of The FATHER, you will rise above the forest and look down and then begin to get a glimpse of where it is you have been. You will see all of the decisions that you have made and know more fully what direction to go.

[After all of the questions:]

RAYSON: As I said to you before I answered questions, I am mightily moved by your willingness to stay with me, to stay in this mission and be a part of this great adventure. Do not, my friends, give up on what you have started. I know we have had this temporary setback. But good will come of this and you will see.

Be strong! Be faithful! The FATHER loves you deeply. He has not abandoned you - nor I. Your angels watch over you each day. There is more love around you than what you are aware of. Hold on tight to what you know to be real and true. Reach out to others. Learn from their experience. WILMEK and other teachers will freely share with you information. It will not be long.

Lastly, I want to encourage you all again to spend some time each day in communion with The FATHER. I know we have talked about this before, but I cannot tell you how important it is, especially now - in this time of isolation - to continue to do this.

I love you all very much, and when we engage together I will have a special message for each one of you. This, I hope, gives you something to look forward to. I know how important this is. Go in peace. (11/18/92)

SPIRITUAL NAMES

Q: RAYSON, may those of us who don't know their spiritual names get them today?

A: Yes, but remember, this is not a test. We are not always in agreement. [Gave names.] That is what I feel their names are. Everyone else has been named.

Q: When you say you feel their names, is that a soul evaluation?

A: Yes, correct. It is hard to translate from the universe language to English. Their names will be different but the same when they leave this planet because they will be spoken to in the language of the universe. What these names signify is a characteristic of their individual souls or personalities, that is prominent, a good characteristic, and by calling upon this characteristic through a name it is strengthened and grows. This is not so important as you mortals think, but we have a hard time explaining to you because of some information, which I am not allowed now to reveal. Does that answer:

Q: Partially. ... Can we identify, by our names, for instance, characters in The Urantia Book are all named after people from Urantia history who have been made famous through religion - and I'm wondering if we should think that we, our souls, or the best parts of us, match some of their characteristics.

A: That is correct. It is our reference for you down here.

Q: Reading about these characters in The Urantia Book, might that be an indication of -

A: How we see you. It is the tangible way of how we see your soul. Read and learn and bring forth all the spiritual qualities that you learn from this Fifth Epochal Revelation. It will help you gain direction. (12/07/91)

SPIRITUAL TEACHERS

Lesson on Spiritual Teachers:

We will stray from our syllabus today to discuss something, which I would like to talk about, personally, which is "what is a teacher? A spiritual teacher?"

Spiritual teaching is not talking, or preaching, or dazzling others with verbal skills, mental agility, intellectual knowledge, cleverness, memory of factual things, quick responses, attractive phrases, charismatic presentation, emotional passion, personal charm - magnetism, or the weight of others who believe it - peer pressure. That is not what a spiritual teacher does for it.

Human beings often, so often, make the grave error of listening to other humans when they should be listening to the fragment within. These emotional intellectual personality factors lead some humans to believe they have more truth than others. And they are followed and listened to with very little questioning by large masses of humans, and they begin themselves to believe they have additional abilities over that of their brothers and sisters. Their egos become quite inflated, and - rather than making spiritual progress - they are, in fact, regressing.

The humans who follow them often adore them to the point of error for no human is above any other. Spiritually you are all equal in the kingdom. God is no respecter of persons. Some have gifts in some areas and some have gifts in others. But all spiritually have access to the same God, to the same guidance, to the same spirit, beauty, goodness, wisdom, as any other normal-minded person who has a burning desire to know God.

So, then, brothers and sisters, if religionists by and large have made the mistake in this area of “what is spiritual teaching,” we must discover what it is and how we can do that, and how to correct organizational religions on the somewhat distorted course it is on.

Memory and rote is not knowledge. Fact is not truth. Much that is taught by religionists is a manmade concept, which is in fact not spiritually correct in all their applications. They are more rules than truth. Society does need rules to live by, but this should be the area of government and social mores rather than what you call religion - which should encompass the concept of God as a Father and all of us as true children of this loving benevolent Father and the concept of brother and sisterhood in the kingdom.

Religion has failed, by and large, to accomplish this simple task, and instead has erroneously developed rules of conduct, which are filtered through a moralistic time-bound, culture-bound, consciousness that is not real.

So, how then - faced with a world whose spirituality has been replaced by mere morality, whose leaders have swollen egos by and large, whose followers are sincere and yet unaware of their own free will nor of their personal relationship with God - how then are we to become spiritual teachers?

First, we must examine our tools. Mindally, intellectually, we must simplify what it is we wish to teach. That is the only mindal level of spiritual teaching that should be applied: what is it that we wish to impart? It is simple, and I will repeat: that God is a benevolent parent, that we are all equally His children, that because we belong to the same family we should love our brothers and sisters as we love ourselves - and as our God loves us. That is the rule: love one another, worship God, recognize God in other humans, and respect it. That is the greatest and simplest truth in all of Nebadon.

That we have free will, that we may choose God, and when we do we have the potential to be eternal, that MICHAEL of Nebadon was indeed incarnated on Urantia as JESUS of Nazareth, these are the simple truths. For each of you there might be others, which feel important.

So first, clarify mindally what concepts you wish to teach. Then use your spiritual tools of higher mind: Thought Adjuster-Controller, angelic guidance, mind adjutants, Spirit of Truth - through prayer, worship, and quiet times of receptivity - to enlighten your being and deepen your commitment to teach these truths. For while they sound deceptively simple, brothers and sisters, they are the most resounding concepts that you will ever learn in all your entire ascension career. What sounds simple to you - with what's only your child-like simplicity of your level of beingness - but these are profound. You are simple

at this stage, and therefore can only see them in a narrow band. So you must pray to expand your own understanding of these things.

You must also maintain your mechanism, physical mechanism, well so that your teaching abilities will be enhanced without chemical or (?remote ?etcetera) which can reverse energies in your body and have a retrograde effect on your ability to teach. Emotionally you must keep balance as our beloved JESUS did as human here. Your emotions must be mastered and must be under the control of higher mind. This probably your greatest challenge.

So, we know what you wish to say. We have prayed and asked for spiritual guidance and illumination. We are fit and healthy and have done our best make our material mechanism clean. And we have controlled and balanced our emotions. Now, what? Do we stand on the street and quote the book or JESUS to people? No. Do we solicit others in other ways? No. We live the truth. We produce spirituality through the fabric of our everyday life. We allow our spirituality to shine forth as we live it.

The greatest complement that you can get is for another human to approach you and say, "What is it that you have in your life? Can you help me? Because I would also like to possess that quality. I have thought of your life and it is just as hard as my own. It is just as ridden with problems and challenges. It is just as tragic in many ways. And yet through the valleys of despair, through the hours of depression, through the darkness of fear, through the heatedness of anger, through every trial that life has (?thrown) in your path, you have not tripped." If another were to say that to you it would be the highest complement to your spiritual teachingness, for that is what a spiritual teacher does: inspires others to faith.

And what would you answer? Would you say, "I have read every great work written in every religion or every philosophy." Or "I have taken courses," or "I have prayed for months on the mountain top." No. No. For that would not ring true nor impress nor inspire anyone to such an empty existence. You will say "I have lived fully - with my faith, with my God, with my angels - and I have actually rejoiced for every blessing of adversity that I have conquered and grown from. What you see, brother or sister is the shininess of my soul, which has grown through the hard times on Urantia. What you see is the transformation of true faith in the positive, ultimate, wonderful, outcome of this adventure that no man or circumstance can take away from me, for it is a part of my very being and my existence."

This is spiritual teaching. Not the concepts or the words. The faith, the depth of faith and the growth of soul are what attract others to God. Truth responds to truth. Faith fosters faith. Godliness fosters God in others.

We are here, children, as teachers humbly, humbly, for we have learned so much from you. What you get when we meet are not the words or illuminations, you already have these illuminations, especially in the Fifth Epochal Revelation. What you get is the personality commingling - which you crave - of our greater faith, for we are no longer Agondonters. And this is what you crave. That is spiritual teaching. We put you through certain assignments to strengthen your spiritual receptivity muscles so that you may recognize and establish your own faith. Some day you will be shining, bright and mighty lights - soldiers in a spiritual war for souls on this planet. Your effort may be the very one that turns the tide towards light and life. You will each one be a spiritual teacher-soldier and a beacon of illumination and hope to others.

This lesson is important for each of you. I would like you to read the lesson on teachers and also the women's evangelical corps, for within the next few months you will become partners with another for a special assignment which will not be what you think, what you are projecting now.

... (Change T/R's)

When we talk about this as a mission, be assured that it is a teaching mission. You are being taught and will become teachers. I will entertain questions from you teachers on this subject.

Student: RAYSON, thank you for a very very beautiful lesson. I think, however, you also sneaked in a lesson on spiritual living, how we should live. I couldn't help thinking that The Urantia Book indicates that we are not only students but also we are teachers all the way to Paradise. We teach those behind as we learn from those ahead of us. I just want to thank you for putting everything in perspective.

RAYSON: You are right on as usual. There is no difference between living and teaching for the true son of The FATHER. You cannot be infused with such good news and not share the light with others.

Q: I think its probably more than coincidence, but this morning I was looking forward to our lesson and I was wondering to myself - why is it that since we started receiving lessons from you everything seems so much clearer? And then I remembered that in school, when we had various difficult courses, the lectures and the textbooks would be supplemented by a laboratory. Our exposure to the teachers seems like that laboratory that takes the abstract from the book and helps us to apply it in our lives. Everything that you've said not only in our general lessons but in response to the questions, it stays in my mind and it works on me, and it helps sometimes right away, sometimes its a delayed effect. But it's very very helpful, and I want to thank you for that.

RAYSON: The laboratory is greater than you suspect, (S), Yes, indeed, my personality association with you has an impact throughout your week, but greater still is the laboratory wherein you then apply this lesson, especially these more recent and simple lessons of forgiveness, and friendship, and being born of the Spirit. These are most definitely meant be applied immediately upon receipt. And you have all executed your assignments well. We are pleased with this lab method of teaching and application. It gives me great personal gratitude to know that you take my lessons, actually the Prince's lessons - to heart and replay them in your head. Hopefully, you will learn to impart these same lessons in a like manner that others will replay what you tell them the same way. This is the promise of this mission. This is all JESUS' wish for you - that, as you are taught you, teach.

Q: RAYSON, could you elaborate on personality commingling that you referred to earlier?

A: Yes. You may sit alone and read the truth in The Urantia Book. You may have a thought of truth on your own. But when another personality imparts this truth or thought to you and you are there to receive it, to catch it, your personalities commingle and if the truth or thought is carried on a circuit of love it will hit its mark, and that is the power of what happens here. You are listening to my words but you are feeling the depth of my love for you as I say them, and this is unfathomably more powerful than reading these truths.

Think of the Apostles, for in truth the message of JESUS is no different than the message of The Urantia Book. Both have taught us that God is a loving FATHER and that men are all brothers. To have received this lesson at the foot of the Master would be much more impactful than to have quietly discovered The Urantia Book on your own and read by yourself.

Personality is the gift of The FATHER. When two personalities participate in give and take, a new facet of the Supreme Being is born. It is an act of creation as well as an act of learning.

Q: Another thought occurred to me before we started on our session today that I think bears on the lesson. I was thinking about how much more meaningful and also how much more difficult the application of goodness and beauty and truth are in my life now than when I was a child and first learned about such concepts. You mentioned in the lesson about how - because we are simple - these seem like simple concepts now, but they are very fundamental. It seems to me that as life grows more complex, the application of these principles becomes more complex. Is that a right idea? And difficult?

A: Right and wrong. In a limited sense you are correct, the limitation being your life on Urantia. You are born without negative experience, and as the babe who is potentially perfect grows and lives through negative life experiences, many defenses and lower emotions come into play. Later as an adult, much of the mortal adult life is spent weaving through this morass of subsequent pain from these negative influences and the reactions thereto. That is how the concept is more complex. How do you love when you are angry? How do you love when you have been hurt? These things make it more difficult.

However, freed at last from these entrapments, resurrected on Mansonia, you will discover again these high values of truth, beauty, and goodness, and how to live in them comfortably and easily. And you will discover them again as a babe in their fundamental consistency. In a grandiose way of thinking these are difficult and complex concepts. Because, can you imagine that love is the foundation of the entire universe? That is complex. And that is also so simple. So, the real task is to rediscover these high values as we once felt them in their pure unadulterated state. The search is not to master the complexity but to rediscover the simplicity.

Q: RAYSON, when we rediscover this simple truth we've been talking about, and we do that with another person of whose knowledge is commingling, and we do it - in a way - a lot of it is like a creation that moment, isn't it? Or did I misunderstand what you said?

A: No, you understood perfectly. It is like the creation of a cell in the body of the Supreme Being.

Student: Thank you RAYSON. That's why it's so terribly exciting.

Q: RAYSON, does this personality commingling have anything to do with the fact that a person can help to heal himself by association with another person who simply cares for him and has a positive relationship with him or her?

A: Yes. Of course. There is no hurt that - there is no boo-boo that is not made better by a kiss.
(laughter)

There is no great mystery here to personality commingling. It is simply talking to each other, relating. It is simply one unique child of God with one other unique child of God interacting through love. The greatest lesson is learned there. The greatest love is felt there. Its simple. It happens all day, all the time, to every one.

Q: Well, I guess I'll flip it over, then, and look at the other side. If I meet a stranger and proceed to be positive in my interaction, and this stranger is full of hatred or fear or other negative feelings, is that a bad thing for me? Is that an interaction that I should withdraw from? Is it a bad thing?

A: There is no formula for you, (S), which is why you struggle with this question. Every individual is different. You cannot catch negativity, if that is what you are afraid of. You cannot catch fear if you are fearless. JESUS did not turn away from those who were frightened or in darkness. However, all of

us not yet being JESUS, we must learn to guard against energy drain, waste of time, and you must evaluate each circumstance for yourself. It is not for you to decide the level of spiritual reality understanding of the other.

Q: Could you elaborate a little for me on the morontia mota which - I am paraphrasing - says “many truths are lost because they are not shared, and many sadnesses are not lightened.” I think its morontia mota, its somewhere in The Urantia Book, where they talk about what - the negative effects of isolation have. And how much sadness in our personal human conditions can be alleviated by sharing it with a friend. And how truths are actually lost if we don't have personality relationships with others. Could you elaborate on that a little bit more for me?

A: These are two separate ideas, not one. Truths are lost for lack of being shared. Truth, itself, is not lost. The opportunity for it to be experienced is lost by one holding the truth and the one or ones missing out on hearing the truth.

Like the lesson you just studied, forgiveness, we learned that we are forgiven and experience being forgiven the moment we forgive. This truth of Divine forgiveness or mercy is only made real when practiced one to another. So, as a concept forgiveness does not exist in a bubble of availability. It cannot become part of the real life experience of the mortal until given away. This is the foundation of all truth.

You can know that you are loved by The FATHER. You can know it here (pointing to the head). You will not have a full experience of The FATHER's love until you turn it on another. That is why the gospel is two fold that you are loved and you must love.

It is the same with becoming a teacher. You will not learn fully until you teach, until you apply. This is part and parcel of being - part of the Supreme. Were you absolute, this would not be SO.

Two, every burden is made lighter when shared with a friend. I spoke earlier of a circuit of love. We talked about how effective teaching is when it's sent from teacher to student on a circuit of love. That is what helps it hit its mark. This love between personalities is powerful, and when experienced, can and has many times changed the entire emotional and ultimately spiritual-life of beings, of people. If one is burdened and holds those burdens to himself, he carries their full weight. If a friend is present and expresses love, the circuit is affected and the burden travels across the circuit to the friend who - in a moment - shares the load and the weight is lifted.

The FATHER also provides you with this circuit, but more readily accessible to you mortals on Urantia at this time are the circuits created by your personality commingling. You must learn to lighten your burden by allowing your brothers and sisters to love you and carry their weight.

Q: Is there any qualitative difference in my relationship with other beings in this area and my relationship with you or other spiritual-morontial God?

A: Yes. I am sorry to say that though I love you deeply I cannot share the weight of your Urantia life experience as readily as those who are here with you. You may appeal to me to your angels, to MICHAEL, to The FATHER and receive great amounts of love, however the mortals of Urantia can provide an empathic experience of friendship that is founded on shared material electro-magnetic life that we cannot give you. Therefore, for the trial of Urantia life the burden is better shared with other mortals. (08/16/92)

STILLNESS

[There is a consistent theme running throughout all the teachers that their students should seek “the stillness.” RAYSON is no exception. The following are some of the teachings about the stillness.]

Q: When we are seeking communication with the Thought Adjuster in silent receptivity, how can we - what do we focus on in order to quiet down, what do we try to be aware of?

A: First, I would recommend time spent in prayer which are not selfish petitions but prayer for more spiritual fruits, higher values, service and fellowship, thanksgiving, worship. Then merely relax and try to attain the peace, which surpasses all understanding. This is not an easy task, (student). Many never achieve a clear enough state to consciously hear the guidance of the Father, however what is more likely is you will receive an impulse feeling to proceed in a certain direction and illumination of good acts or action, and these proddings should be followed. Evaluate the spiritual content and you will have an arrow pointing to the Mystery Monitor. Is that clear?

Q: That's very helpful. Is there something specific we should focus on in order to quiet the chatter of the mind? To achieve the stillness?

A: (S), there are many techniques which you humans engage in. To do this each person is different. There are many paths to the same destination, and I am not able to know which might be best for you. Certainly, quiet time is a must. Many benefit from time spent on a routine basis in communion with the higher nature. Exercising a spiritual program muscle, whichever form it takes, will lead to eventual success and breakthrough. Try out different methods of relaxation and meditation. Reflect spiritual receptivity and decide which works best for you. There is no formula that I can give you. I regret that. But each person must work out their relationship with their indwelling Divinity on their own. (01/12/92)

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Q: RAYSON, could you speak more about the workings of the stillness in our lives?

A: Yes. The electro-chemical process of the mind, of the human mind, is very difficult to control. The process requires energy on your part and it requires practice. As you seek the stillness seek to quiet your mind's activity, even if it's for ten seconds, or less. What is necessary is a continual practice. Do not feel discouraged by your inability. If you are able to it only for short periods of time, very short, as you begin to practice you will definitely improve. Do not expect improvement overnight. It is like growth. It takes time. If you are diligent and you look back on it after a week or two, you will see that you are able to control your mind action better and better. Once you have gained some control over that ever present, incessant, clamoring of your mind to be heard, then you may truly listen and relax. This is not a process that you must try hard. It is actually the act of not trying. Practice is essential. Continue that daily if you can. And just listen; listen for your Thought Adjuster's voice speaking to you. Have faith that it will occur. He is there waiting, eager, to make direct contact and to give you his marvelous, wondrous, words of love and encouragement. (09/20/92)

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Q: RAYSON, I have a question regarding what you said about how it was very important for us to practice. Is there a distinction between the times we spend being still and desiring communication with our Thought Adjuster and time we might spend being still to receive communications from a celestial teacher? Can those happen at one and the same time?

A: Communications you receive from the celestial teacher must be okayed by your Thought Adjuster. In other words, it is your Thought Adjuster who is the gatekeeper to your body and mind, and so any entity wishing to speak with you must have the permission of your Thought Adjuster as well as your own free will. And so you must practice being still so that when you give your okay to your Thought Adjuster that a celestial being may talk through you, the celestial being is contacted by their Thought Adjuster and so achieves intimate use of your mind. So, no, it is not two separate things, it is one and the same.

Q: O.K. Thank you. My concern was that perhaps in trying to effect a communication with a celestial teacher I might be pre-empting communication with my Thought Adjuster, sort of getting sidetracked. As wonderful and important as it is to the teaching mission, absolutely, but I just had this confusion over whether getting centered and being still to receive communication from a teacher would black out that possibility during that time of receiving communication from my Thought Adjuster. I wondered if I should - like - have two separate meditations every day; one for communication with my Thought Adjuster, and one for being open to a celestial teacher that was closer to my level.

A: One communication is sufficient. But be aware of - that depending on the form of communication - sometimes your Thought Adjuster will not be present when the celestial personality is talking to you. Although you must have the agreement of the Thought Adjuster to contact the celestial personality, if you wish to talk merely to your own Thought Adjuster you may do that freely as long as you are capable, for as you well know, the Thought Adjuster will become one with you.

Q: At this stage of the game in my spiritual progress, would you say that I am more likely to be able to receive communication from a celestial teacher than I would my own Thought Adjuster? In terms of consciously receiving it?

A: You are capable of many things. There is a vast potential within you. You must decide. The Thought Adjuster is, or will be a part of you. Maybe you should start to think of the Thought Adjuster as yourself.

Student: It's funny you should say that.

RAYSON: In the absoluteness and infinity of time it will be you. And relax. Being relaxed is very important. (09/27/92)

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Q: Teacher RAYSON, our brother (S) has been writing from time to time, and I'm curious to know whether the source of his writing is his Thought Adjuster, or some teacher such as yourself. Would you care to comment on that?

A: It is a teacher through his Thought Adjuster. I have, and I continue to, talk to each and every one of you. Even though I make attempts at times, it is not successful. Although I am there, you are unable to reach me. With (student) it works well. He uses writing to express the communication.

Q: To those of us who believe that we are trying to reach the stillness, yet who are unable to contact, or be contacted by, yourself, do you have any suggestion as to how we might accomplish this other than to keep on trying?

A: It is important to be relaxed, without stress, and to be free from bodily needs: free from aches, pains, thirsts, hunger, and all things which your animal organism insists on pampering to.

Seek happiness from The FATHER. Smile. And enjoy communion. Do not take yourself too seriously. Do not be afraid of failure. Voice your innermost thoughts. Be conscious of the outside but be more conscious of your spiritual world. Handle expectations.

Q: Teacher RAYSON, I gather from that, that it is possible to try too hard. Is that correct?

A: Yes. By saying, “try too hard” I mean to try too hard in the wrong direction. You must try, but do not put your energies where it will not be of value.

Q: RAYSON, will there be any physical changes within our bodies that will make it easier for us to be transmitter/receivers?

A: Be free of poisons that stimulate or drag down you physical organism, including the brain. Those poisons can be those that you ingest, also poisons produced in your brain by negative emotions such as anger, hate, jealousy, envy, distrust. Fill your mind with love. Clean your body with love. Control the things, which influence the functions of your body and mind, for that will influence how your mind contacts the spirit. (10/18/92)

THOUGHT ADJUSTERS

Q: When we celebrate remembrance suppers together, we are told in The Urantia Book that the Master is really present and that He communes with our Thought Adjusters. So did this mean that His omniscience is so great that all the days following here on Urantia when we have remembrance suppers He is aware of this?

A: Yes.

Q: Some day, teacher, will we be able to share a Remembrance Supper with you?

A: Yes, you already have. (10/24/91)

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Lesson I on Thought Adjusters/Mystery Monitors:

What, indeed, are these Pilot Lights, which indwell the children of time and space? In a sense they are for all practical purposes God, Himself. While it is true that the Universal FATHER resides physically on the Isle of Paradise, He is also present on the worlds of time of space in the beings of His fragments, FATHER fragments, which we call the Mystery Monitors or Thought Adjusters. This is, in actuality, Deity.

Their purpose is to downward reach to the children of time and space, to - indeed - the lowest creation of The FATHER, to guide them and lead them onward toward eventual attainment of the Universal FATHER, Himself. They indwell an imperfect, finite, and experiential being and lead them to infinite, absolute, and eternal state of being. The journey is long and full of spiritual adventure. The Thought Adjuster is directly and totally responsible for the impulse-drive of the children of time and space Godward.

When the Spirit of Truth was bestowed upon Urantia, all mortals of normal mind received the Mystery Monitor. The reception of this monitor is dependent upon the first true moral will-choice of the children of time, and on average occurs during early childhood - approximately five years of age, although it varies from individual to individual. When this decision is made, it is immediately recorded and an Adjuster is dispatched instantaneously from Divinington.

The Adjuster has already studied the personality, intellectual capacity, spiritual receptivity, and life projection plans before volunteering to indwell the mortal. These records are made manifest by the Seraphic Recorders and Reflectors. The Adjuster is chosen on the basis of the best ability to lead the child Godward.

What exactly are these fragments of The FATHER? They are classified, loosely, along these lines:

Virgin Adjusters - whereupon it is their first assignment from the Universal FATHER to indwell a mortal being, for Virgin Adjusters are equal in terms of God-leading potential.

Advanced Adjusters - indwell the mortals temporarily on worlds, but they will not fuse with these mortals, rather they will be eventually Spirit fused.

Supreme Adjusters - are adjusters who have indwelt mortals who have rejected the eternal ascent career. They are different from Virgin Adjusters in that they have experience and can act in more ways on the minds of the human they are currently indwelling.

Vanished Adjusters - are adjusters, which are detached from their mortals and are journeying through the Universe of Universes, and perhaps at the same time spending time on the Isle of Paradise in a period of rest.

Liberated Adjusters - have been relieved of their obligation to guide and indwell mortals, and we know not what their assignments are.

Fused Adjusters - have gloriously become entirely new beings, a combination of the Divine, Eternal, Absolute and the finite experiential child of time and space.

Personalized Adjusters - have served with the incarnated Paradise Sons or have previously indwelt mortals whereupon they have rendered extraordinary service while residing on a planet of time and space, but the mortal has rejected survival.

These are the thumbnail classifications of the Mystery Monitors. What are their properties?

The FATHER fragments have mind. Not the type of mind that you define as your minds, but we know they have mindal capacities because they are capable of love, work, and planning. They make decisions based on the life circumstances of the mortal.

They are also spirit, pure spirit. They have a spiritual luminosity, which is discernable to orders of Seraphim and other celestial beings.

They also are energy, as they traverse the gravity circuits from the Isle of Paradise even into the outer space regions.

Do they have personality? No. They are pre-personal entity beings. Although they have volition in terms of the choice to volunteer to indwell, and the choice of the individual mortal which they indwell, and they are individualized fragments, they are pre-personal beings.

Consider that the will of the personality creature of time and space is the most respected, or last word, even to the fragment of the Universal FATHER. Therefore when indwelling a being who has received the gift of personality from The FATHER, The FATHER Himself - and His fragment - respect the will of the personality creature. The Adjuster only makes will decisions on the pre-personal level, and then tries by many means to influence, uplift, and lead the child Godward, but never interferes with a decision of the personality will creature.

Consider the frustration of the Divine fragment who is, in essence, imprisoned in the mortal mind, the loneliness of the Deity longing to perfect the creature of experience, the longing for perfection attainment and integration through fusion. The Adjusters truly are the most loyal and loving gift, which any child of time and space could ever receive.

The Adjusters also interact to different degrees with a mortal of different life stages. During the early years of indwelling they are Thought Changers. Middle of life they are Thought Adjusters. And once discretion and wisdom are attained by this creature, they are Thought Controllers. They are more prevalent in terms of the actions and decisions of the will creature.

The Adjusters remain a mystery to most of the celestial beings, however, we envy the creature of the indwelling, because it is your personal assurance that you will one day become finaliters. It is God's love, and promise to you of your eternal perfected natures reached through your ascension experiences. It is the ultimate love of the Creator for even the smallest creature. It is God's way of maintaining intimate contact with every creation in the universe. And it is God's way of obtaining personal experience of the ascension career of every creature.

What a beautiful plan! How divine and perfect a gift to the often-bereft creatures of the flesh.

Since this topic is so deep, we will proceed slowly, and I will end the formal instruction at this point with an assignment for you, my brothers and sisters.

One is, consciousness of the Adjuster is - in reality - consciousness of God The FATHER. Please try to increase your consciousness of your own Divine nature. Prayer and meditation, quiet reflection on the miracle of your dual nature, is helpful. Spend time in receptivity, asking The FATHER to make His guidance clearer. Do not tax your physical electro-chemical housing because it is harder for the Adjuster to guide you.

The goal of the Adjuster is to make clear to you The FATHER's will. Many of us do The FATHER's will albeit unconsciously. Your goal should be a more conscious awareness of the will of The FATHER who loves each of you, personally, enough to give the gift of the Divine to the imperfect. Prayer, receptivity, a healthy respect for your body, and a consciousness of your Divine potential are your goals this week, my brothers and sisters. Are there questions?

Q: Can you identify for us the individual classifications of our own Thought Adjusters?

A: I cannot.

Q: If you have a Thought Adjuster who has operated before, would he have operated on the same planet?

A: Not necessarily, but perhaps, perhaps. It is not impossible.

Q: Are Thought Adjusters confined to spiritual ministries or are they also concerned with the physical life of the mortal, which they indwell?

A: They are concerned with the physical well being of the mortal in that it impinges upon spiritual soul growth. For example, a mortal who clouds his or her mind, spiritual receptivity, with substances, or is in such illness that it impinges on soul growth, is of concern to the Divine fragment because it impedes the Mystery Monitor from leading the soul to ever increasing awareness of FATHER God-consciousness. There are many things, which could be improved to cut the static between the Adjuster and the mortal mind. Health is an area, which sometimes enhances communications.

Q: Are human beings able to communicate with their Thought Adjusters and if so, what are some guidelines along these lines. What are the topics about which they can communicate, etc.?

A: The Adjuster is fully aware of your thought prayer life and soul growth. However for a human to make this a two-way communication requires soul growth, experiential wisdom, and growth in terms of spiritual fruits, and the time spent in silent listening.

Q: If the mortal is earnestly seeking to do God's will and to accept the guidance of the Thought Adjuster, would it be accurate to assume the past experience of the Adjuster would not interfere with his ability to assist? In other words, could any Adjuster, even a Virgin Adjuster, equally assist a person earnestly seeking The FATHER's will?

A: That is correct. The assignment of the Adjuster is made by the Universal FATHER and the - while on Divinington - the individual Adjuster is chosen for the assigned mortal. Why some mortals receive more experienced Adjusters we know not. However, there is no Divine difference in Adjusters, only different levels of previous experiential indwellings, but it makes no difference in terms of the soul growth of the mortal indwelt.

Q: Are their fruits more if they have an experienced adjuster?

A: The Adjuster one receives is tailored to the needs projected by the Seraphic Recorders and Reflectors of that individual mortal. You will not benefit more by having another class of Adjuster. The growth potential is purely up to the mortal receptivity. If the soil is rich the plants will grow.

Q: Do the Thought Adjuster and the Spirit of Truth work together, and is there any degree of communication that might - on some level - soothe our Adjuster's loneliness.

A: I do not really understand if Adjusters communicate or not with the Spirit of Truth. The Spirit of Truth insures that every normal-minded being will receive an Adjuster. Adjusters do communicate with each other, but this remains a mystery to what they communicate or why.

Q: Do Adjusters, sometimes in a dream send spiritual messages?

A: Sometimes. Adjusters do work on the mortal mind when asleep. But there is often a garble, and I would not recommend relying too heavily on such signs or omens. Use the slower tools of prayer and

worship and silent listening to make steady progress in communication. There are sometimes enlightened revealed truths that are given to individual mortals, but these are not the norm.

Q: Because Virgin Adjusters have no personality, is every Virgin Adjuster identical?

A: Yes. Except that they are individuated to meet the needs of the mortal host. They are pre-personal, alike in Divinity, but not in the plan for their subject.

Q: Human literature, both religious and lay, as well as even scientific study, appears to show that when human beings go against what they know to be the truth in their lives, they punish themselves both by having guilt and by self-destructive behavior. Does this involve an action of the Thought Adjuster, or is that a purely human response?

A: It is not the Adjuster, although the Adjuster is the impetus for higher values and actions and for the path Godward. What you are referring to is the area of mind as you humans define it, which is the mediator between the Divine and the animal nature. It is what you would label conscience, and when there is a divergence or conflict, the human self often self-punishes. This is not what God would have you do. Rather, God would have you take more positive steps and learn and grow toward the light rather than remorseful destructive behavior.

Q: RAYSON, does the Thought Adjuster communicate with the Guardian Seraphim?

A: Yes, but I am not allowed to explain how.

Q: When we are seeking communication with the Thought Adjuster in silent receptivity, how can we - what do we focus on in order to quiet down, what do we try to be aware of?

A: First, I would recommend time spent in prayer which are not selfish petitions but prayer for more spiritual fruits, higher values, service and fellowship, thanksgiving, worship. Then merely relax and try to attain the peace, which surpasses all understanding. This is not an easy task. Many never achieve a clear enough state to consciously hear the guidance of The FATHER, however what is more likely is you will receive an impulse feeling to proceed in a certain direction and illumination of a good acts or action, and these proddings should be followed. Evaluate the spiritual content and you will have an arrow pointing to the Mystery Monitor.

Q: Is there something specific we should focus on in order to quiet the chatter of the mind? To achieve the stillness?

A: There are many techniques, which you humans engage in. To do this each person is different. There are many paths to the same destination, and I am not able to know which might be best for you. Certainly, quiet time is a must. Many benefit from time spent on a routine basis in communion with the higher nature. Exercising a spiritual program muscle, whichever form it takes, will lead to eventual success and breakthrough. Try out different methods of relaxation and meditation. Reflect spiritual receptivity and decide which works best for you. There is no formula that I can give you. I regret that. But each person must work out their relationship with their indwelling Divinity on their own.

Q: You are so much further ascended than the rest of us - to Jerusem - is your experience with your Mystery Monitor intense and conscious at this point? Does it get more conscious as you ascend through the morontia spheres? And could you enlighten us a little and let us know what the differences might be? Between you and us?

A: Yes, it is more conscious, of course. The difference is that I guess much less than you (laughter) as to the will of The FATHER.

Q: Are you able to see your Thought Adjuster, RAYSON?

A: Not at this time.

Q: Is that because he is back where you came from waiting for you?

A: I am not allowed to answer your astute question. (Laughter.)

Q: On your planet of origin, did you receive your Adjuster as we do on this planet?

A: Similar, but at a younger age.

Q: And when you received your Adjuster, on your planet, do the people or the beings know when that occurs?

A: On occasion, yes.

Q: Can you share with us any interesting aspects about that?

A: We were much more attuned to the spiritual growth of our children than you are on this planet. Every parent actively fostered spiritual awareness in their children as one of the main responsibilities and honors of caring for a young unformed being. Therefore the arrival of the Deity fragment was awaited with great anticipation and joy, and much preparation was spent in discussions around this momentous event. Because it was so highly paid attention to, and fostered, there often was an awareness of the moral decision-making capabilities of the child on the part of the parents, and sometimes an awareness of the upsteps of mind being when the Mystery Monitor arrives. It was a cause of much speculation and celebration. You are virtually unconscious of this momentous occasion on your planet here.

Q: Did your Mystery Monitor bring a blueprint for you to be a doctor of the type that you are?

A: I am not sure, but what we do know is that The FATHER fragment works with whatever decisions the free-will creature makes to the highest advantage of Deity. Certainly my intellectual genetic inherited capacities and my spiritual receptivity capacities were evaluated when the Mystery Monitor chose to indwell me. So perhaps the angels projected my possible career choices to Divinington and God selected the best FATHER fragment for me. This is speculation, but an educated guess on my part.

Q: Is the operation of the Mystery Monitor in a person influenced at all by the prayers of persons that know this one? And would you comment on what circumstances would lead to the Mystery Monitor leaving a mortal person? Can that be prevented by the prayers or other actions of other mortals?

A: First, if I understand correctly, you would like to know if prayers of others can influence the communication of an individual with their Thought Adjuster. (Yes.) No. That does not influence the communications.

Secondly, the Adjusters leave when the mind of the mortal is impaired to the degree that they are physically alive but spiritually dead, as certain forms of insanity or brain damage, etc. Too, an adjuster will leave when a mortal rejects survival, either by nefarious evil to the extent that survival is virtually unassured when they live in the body of the flesh, or after they are repersonalized and they reject survival on the Mansion Worlds.

Third, an Adjuster may leave for short periods of time to go on assignments, which we know nothing about in other parts of the universe or to rest and reside on the Isle of Paradise with the Universal FATHER. The adjuster will then return to the mortal of its indwelling after a certain period.

Q: When God bestows a Thought Adjuster or bestows a billion or a trillion Thought Adjusters, is he in any way diminished? Is His infinity in any way diminished by the bestowals either temporarily or in any way?

A: No. I know it is an impossible concept to grasp, but the Universal FATHER is never diminished by anything.

Q: You said that sometimes the Thought Adjuster may leave for a brief period of time to go on an assignment. Well now that I have become more aware of my Thought Adjuster that thought is - I don't like it, I don't want Him to go. How long would that period of time be, and I'm just hoping that that doesn't happen during one of the times when I finally am stilling my mind enough to get in touch.

A: This was not said to raise anxiety fear in you. Let me try to explain a three-dimensional concept to a two-dimensional world. (laughter) The Adjuster travels instantaneously. The Adjuster, being God the Absolute, can be in two places, three places, five places, in essence at once. I assure you that when an Adjuster is detached, each period of time varies, but it is never to the spiritual detriment of the human subject. Clearer than that I cannot be, as you are intellectually incapable of understanding - as I am to a certain degree - the mystery of this aspect of Deity.

How is it possible for God to be physically residing on the Paradise Isle and yet physically present, energy, spirit, mind, in each of you? We do not know how to explain, but it is so. When an Adjuster leaves, you will not feel a loss or absence. It is possible it would be a momentary leaving and would never hurt you, or your growth communication, in any way. (01/12/92)

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Lesson II on Thought Adjusters/Mystery Monitors

Today we will continue our lessons and study of the Mystery Monitor, which indwells each of you.

To briefly review, Urantia is a fortunate planet in that since MICHAEL's incarnation in the flesh and His subsequent elevation, this planet has been given His mighty gift of the Spirit of Truth. This interfaces directly with the Indwelling Adjuster in that since the bestowal of the Spirit of Truth every sound-minded mortal on this planet, upon reaching the age of choice between what is right or wrong spiritually, is given an indwelling Mystery Monitor. Other planets, which have not been privy to this gift, receive monitors in other ways, but all mystery Monitors are equal spiritually, if not experientially. So this planet has been uplifted in a time of isolation by the gift of the Father on High.

The Mystery Monitors, to all purposes of reality, are God. Their mission is not really for this lifetime in the flesh but for the next lifetime in the morontial and spiritual. They are referred to as heavenly helpers, not earthly or material helpers.

How do they affect you here? Well, suffice it to say that if the Mystery Monitors were to vacate the mortals on this planet, your world would soon devolve to nothing more than mere savagery and instinctual tribal behavior. It cannot be portrayed to you how much they affect your behavior, but without them you would be animals.

The Mystery Monitors are organized and do communicate with each other, but not in ways that are familiar to me. The head of the corps on Urantia, and indeed in your universe, is the personal, wise, Monitor of JESUS of Nazareth who so skillfully guided the human JESUS through all the steps of his spiritual maturity.

The indwelling Adjuster is indeed responsible for leading you into your future as an eternal survivor. The Monitor is perfect, and therefore you have the assurance of the Father on high, that you, an imperfect being, indeed have the potential and the promise of perfection. The Monitor also assures you, an infinite time-bound child of God, of your future attainment of eternity.

The Monitor is the divine parent, the human parent of the developing morontia soul. The Thought Adjuster is much more concerned with its mission of your evolving soul than with your temporal emotions - which are responsive to your inner mind - though pairing or external physical circumstances. He is not swayed by the vicissitudes of life here, but rather the focus is on the future being which you and the Absolute will co-create, one day merging, fusing, into an entirely new entity of God and man, an eternal being never before seen.

The Father is infinite, absolute, perfect, existential and pre-personal. The only thing the Father lacks is knowledge of sin and evil and experiential creature knowledge. Through the bestowal of the Divine Adjuster man is able to know God and God is able to experience finite creature experience. It is a most interesting exchange.

The communication of adjusters to humans is done mostly unconsciously, through sleep or when awake. The reflections of the Adjuster are often not heard in the conscious mind. But rest assured, every prompting reality - spiritual impulse - is saved for the evolving human to partake of when they have reached that level. So, as a human moves from circle to circle or incarnation to incarnation, what the adjuster fails to teach will be taught at a higher level. Nothing of survival value is ever lost, but simply saved for future use.

Try to view the Adjuster as the spiritual voice imprint pattern of your soul personality in the future. Every material thought is duplicated with its spiritual essence in the higher mind of the Adjuster. It is an assurance of what you will some day be.

The Adjuster is a being of much patience, loyalty and yes, love. The mission is the morontial, to create the soul. At times Adjusters may consciously be reached by the human without the interference of symbols and human thought - interpretation - expectations. When this happens, as - incidentally - it does more often on an experimental isolated planet than it does on other more normal-course worlds, the Adjuster is in a mood of intense celebration and joy. It is the lonely mission of these pieces of Divinity to communicate with the mortal. Often Adjusters must wait until re-personalization to even begin this wonderful association. But no adjuster has ever failed in his task, and has never been examined for any inference of default.

An important point for you to reflect upon is that - while you go about your life thinking, reacting, feeling, praying, living, being - the Adjuster is patterning the spiritual truth to mirror and reflect every

one of your thoughts, actions, emotions. Although you may not clearly discern what the Adjuster is saying, your status as agondonter is playing out in this arena. For, it is enough for you to know intellectually, emotionally, mindally that the Adjuster is urging you to be less selfish, less sinful, less negative, and to shift your focus to service, love, worship, prayer, thanksgiving - which, in essence, constitute the will of God.

You, more than other creatures, have direct access to the will of God, for the will of God resides in each of you. Do not be confused with the moral definition of right-wrong, religious rules, restrictions, etcetera, but try to focus on the will of God living within. On faith, as agondonters, know within you lies a piece of Divinity of which many other creatures in the universe of universes would wish to have access to. You can break through barriers to this Divinity, but it takes work and commitment of your will to the will of the Father.

The Adjusters also have other missions of which I am not aware or allowed to disclose to you. However, it is enough for you to take in the miracle of this gift: the most perfected Being, Creator of all, indwelling in loneliness and silence the least evolved of His creation, and benefiting through creature experience to become ever more compassionate, and to know and love each one of His children individually and personally.

What greater love can exist than the Divine Adjuster leaving the perfection of Paradise and Divinington to intimately associate in a mind often full of negative thoughts and imperfect behavior on a world so distressed? But God loves you personally so much, infinitely, that He is willing to go through the waters of adversity, negativity, sin, even evil, with you and guide you safely to a brighter shore. And His promise is to someday create a new creature, coparents - man and God equal parents - to the bright and beautiful entity, which will some day serve in the Corps of the Finaliters under the personalized adjuster of JESUS of Nazareth, Himself.

What greater love can be demonstrated to you? Have you actually grasped what this means, my brothers and sisters? Have you ever thanked the Father for this most precious gift? Have you ever been humbled by the goodness of God, his generosity and compassion - to reserve the right to know every creature personally, to withstand the vicissitudes of emotion and imperfection, and the often dark times that every human must silently go through to reach the heights of sublime peace and God knowingness? God goes through this gratefully, generously, lovingly, voluntarily for you, his sons and daughters of time.

What lies ahead in this grand adventure we can only guess at. But you, brothers and sisters, are especially blessed and favored to exist on a world where the Creator Son, Himself, bestowed His Spirit, and where the Father Himself bestowed His gifts.

At this point I would like to end the discourse and participate with you in a group meditation of silent receptivity, which I will lead.

Dear Father, Creator of all, endless circle of love, goodness, and First Source and Center of everything, show your children the way to you; the journey inward and outward which is without end, replete in spiritual growth and sung of by angels. Let us be silent as each one of your children tries more consciously to feel your presence within and without. To feel your Divine unconditional and endless love mercy, goodness, and beauty. Let us listen to the silent voice of the eternal.

(Long silence)

If you feel peaceful, sublime, loved, loving, forgiving, forgiven, compassionate, connected to your brothers and sisters and the Father, that is your first inkling of Thought Adjuster downreach and outreach to the human mind and soul. Some day you will feel this way always, and more.

My children, and brothers and sisters, I bless you and open the floor to questions.

Q: RAYSON, on the planet that you came from, did everyone have Thought Adjusters like they do here, and did you, personally, have a Thought Adjuster?

A: On the planet I came from not everyone received Adjusters, although most did - in the later stages. Yes, I did receive an Adjuster, but am not with my Adjuster while I serve here on Urantia.

Q: RAYSON, I have a question on fear human beings on Urantia experience this. There are a number of places in The Urantia Book where we are admonished not to be fearful. And there is also a place where savages on this earth were discussed, and they were said to be quite fearful. Now even in the condition we're in right now, which has advanced somewhat beyond the savage human point, there still is a great deal of fear. How does the condition of fear in man interrelate with connectedness to the Thought Adjuster and general faith?

A: Fear is the biggest emotional barrier to Thought Adjuster communications: animal fear and anxiety. How to conquer this is a lifetime challenge and active job for the human. One is by remembering what true reality is. True reality is spiritual reality. If you would examine the source of your fears you would find that they are rooted in the physical, material realms. For example: Will I have a job? Will I get ill? Will this action hurt me? Will I lose this person's love? Will I look good to others?

There is a difference between instinctual survival fears which are built into a species and easily surpassed as the race becomes more intellectually developed and fears that arises out of the unreality of ego and the material, physical plain. The absence of fear equals love. The two cannot coexist in the human psyche. The more one loves the less one fears. It is not an easy task to accomplish, and indeed many mortals never accomplish this to any significant degree in this lifetime. Some extraordinary human beings do manage to, for the most part, live without fear, but these are generally humans with self-acting Adjusters and lives dedicated to the spiritual realities.

Q: Since you don't have a Thought Adjuster here, in the quiet time when we were reaching for the Father within us, what do you do during those moments? How do you reach for Him if He is not within you now?

A: I pray. God is present externally as well as internally and I am capable of feeling His love.

Q: Can you see our Thought Adjusters?

A: I can only see a glow around the pre-frontal lobe.

Q: Is that akin on any level to people who claim to see auras?

A: I do not know. For not knowing these mortals, I do not know what they see. Theoretically, it is possible, I suppose.

Q: RAYSON, in our daily activities, when we meet another person and we interrelate with them, is there any way that we are aware of their Thought Adjuster? Is any communication between, for instance,

my Thought Adjuster and the Thought Adjuster of the other person? A lot of times when I meet people I can look at them and think, I know they have a Thought Adjuster, and I know there is a fragment of God within this human being. Is there any other awareness that takes place?

A: There is communication amongst Adjusters, but what it is I do not know. There is also personality recognition amongst humans, also personality of bestowal of the Father. But I am unaware of what the communication might be. Adjusters sometimes communicate to each other as the mortals sleep, but again this remains an enigma to me.

Q: RAYSON, my question is about the concept of patterning that you talked about earlier. I wonder if you could explain that? I wasn't sure if I understood that there was a - that was direction, or if it was some sort of parallel or duplication process for the future.

A: It is both, (S). Always the Adjuster tries and does direct and adjust the thoughts of the subject. In addition, there is a mirror in higher mind for every incomplete imperfect thought-action that the human engages in. The adjuster reflects and keeps the spiritual-perfected truth of that thought action and saves it as the pattern for the emerging morontia soul. This is the projection of who you will become some day, as well as the Adjuster's influence in changing who you are today. Is that clear? (Yes).

Q: [Student recites a chance meeting with his sister] Was this Adjuster connected? I invited her to sit down, and I struggled with did she have something to tell me? Or do I have something to tell her? Would you counsel me on something like that? Could something like it be adjuster related? Or is that a coincidence? Or could it be either?

A: It may be Adjuster related, although that would be less likely than Angelic intervention. As far as counseling, I cannot. I can only tell you in general terms that each human has something individual and beautiful to contribute to his / her fellows and to the Supreme. You can mutually exchange love, personality, and service. We cannot see - judge a person's spiritual growth or status. Who has more to offer, the brother or the sister? We do not know. The truth is you both have much to give to many. Love her and give what you can, and I am sure she will do the same.

Q: In western culture now we have the capacity to keep many people alive into advanced age. This means that we see a fairly high percentage, compared to past ages, of persons who develop dementing diseases, particularly Alzheimers disease and (multi?? infarct dementia?). In these disorders there's generally disease of the frontal and prefrontal areas, and one sees clinically disintegration of the personality as well as loss of capacity for self-maintenance. Now there's a very great moral dilemma developing in western medicine presently about - is it right to keep such people alive? Because the expense of keeping them alive is very very high. There is much grief in the family as these people become further and further detached from family and friends and reality. And these people seem to have much fear, much pain, and much illness in general. Could you comment on this? Could you comment on how this would be handled on another world such as the one that you come from?

A: In the cases where the deterioration is in the prefrontal lobe it is my opinion that the Adjuster has left. What is alive is a physical body. As for the ethics of maintaining life, it is irrelevant spiritually one way or another.

In terms of my world we had in place a spiritualized and accepted ritual for graduation when the physical was an impediment to the spiritual soul growth - that is, of course, the only eternal reality. When the mechanism housing the soul-Adjuster no longer functioned, it was not of any consequence to

terminate life. In fact, it was a cause of celebration, being the Father's will that the soul move on to the next growth level.

You down here have much more irrational and emotional reactions to this practice since-as a world-you do not truly understand what life is, and define it solely in terms of the physical. Now, some day on your planet things will even out. Your life capacity, ideally, is approximately five hundred earth years. This will not be attained until the early stages of Light and Life.

As you grow as a world spiritually, you will learn to temper life extension with actual life growth of the soul. And many diseases will be eliminated which interfere with the mind-soul connection. Until that time this topic will be reacted to irrationally and I can only pray for your enlightenment as a world culture since many mortals suffer needlessly, and suffer delays in their universe career because of the mere sentiment, which is attached to the material body.

Q: If a person is demented, and the Thought Adjuster has left them, where is their soul? If their body is still alive, is it still with them on this planet? Or has it already gone with the Thought Adjuster?

A: The soul is in the keeping of the Seraphic Guardians of Destiny. (01/26/92)

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Lesson III on Thought Adjusters/Mystery Monitors

Now we begin our continued study of the Mystery Monitor. In every human on this planet of normal mind resides the Divine; not a physical part of your body, no, but a spiritual inhabitant of mind, higher mind, the Thought Adjuster. Each Adjuster - Divine, loyal, faultless, overflowing with love, and a commitment to the assignment to shepherd the human to the shores of the morontia, and all the way to the presence of the Universal FATHER on paradise. Each adjuster - equal in Divinity but not in experience. Each Adjuster - carrying your predestined life plan, affected only by the free-will determination of the human.

Each adjuster indwells the human with a plan, which was conceived and honed on Divinington, approved by the Personalized Adjuster on Divinington as well as the Personalized Adjuster of Urantia. This plan is for your spiritual ascension. Too often it cannot even be slightly realized on this planet. It is a plan for soul growth. It sometimes includes life choices in terms of career, family, fellowship associations, religious expression, decisions involving spiritual growth. All of these things have an ideal and perfect plan in God's mind.

But will is the most respected gift in the universe, and the valiant Adjuster - while trying to implement your perfection - must live in loneliness in your imperfection. This is the destiny of the Adjuster on this earth planet. But they are patient and know full well their ultimate destiny. Let me explain.

While here indwelling the mortal, the Adjuster is constantly communicating with the human mind. In the majority of cases this communication is not heard or, if glimpsed, garbled by the human thoughts, prejudices, emotions. Many religious fanatics or isms have been the result of misunderstood Adjuster communication.

There seems to be an imbalancing effect when an Adjuster communicates with a subject, not always, but often. The Adjuster is impeded by the primitive electro-chemical material housing in which you inhabit, This mechanism is as static to a radio signal. It is quite difficult to quiet the material body, mind, function, and emotion for clear communication to occur. However, it often does occur partially. Dreams

sometimes reflect an impartial understanding. Also, the Adjuster beams universe broadcasts constantly of love and cosmic citizenship to the subject. It would seem like an impossible task to break through the barrier, but it has been done gradually.

As the human matures spiritually, the Adjuster has more freedom to reach the subject. As you know, the cosmic circles are an indication of spiritual progression. It is linked to Adjuster receptivity in the mortal. The Adjuster always communicates perfectly and constantly. The human gains receptivity as he or she proceeds from the seventh to first cosmic circle.

For the Adjuster there are certain landmarks. One is when the human achieves the third psychic circle of spiritual progression on this planet. As you know, the third circle is an important milestone. Personal seraphim are assigned, and although we are not sure of the relationship of the seraphim to the Mystery Monitor, we have observed that when personal seraphim are assigned, adjuster receptivity is greatly aided. When the mortal commits to doing the will of The FATHER and sublimating their own will to the Divine, another milestone has been reached. If one could keep this in constant consciousness you would progress more rapidly.

The second celebratory milestone for your Adjuster is fusion. What exactly is fusion? It is simply this: ONE WILL; the human subserving to the Divine, the two wills moving together to become one will over a dual minded being - Divine Adjuster mind and human mind, one will. When this will is in such perfect atunement, fusion occurs. A new being is created.

You are indeed one with the Divine, the eternal - the finite, the Absolute - the imperfect, the time bound the forever. (I AM?) becomes one. This is the goal and journey of the Adjuster.

The third and final milestone is when the new creation, the fused (being?), is in the presence of the Paradise FATHER, when the child of Paradise, the Adjuster, shepherds its mortal companion and this companion recognizes God.

After fusion, much of the Adjuster's work is concerned with the eternal path, teaching the mortal what God knows. The future is clear and assured. The present is known. The child of time and the eternal are wedded forever. But the child of time must learn all of the spiritual implications, ramifications, of the eternal path, and this is what the Adjuster imparts, eon upon eon, until the child can see God - past, present, future - as eternal.

This is a very complicated concept for you children of time. If you will think on it, you perhaps might begin to grasp the glimmer of what I am saying. We have an adventure ahead! But it is not a straight line. It is all encompassing of everything that ever was, is, and shall be. It is quite existential. God, of course, encompasses all. In order to see The FATHER you must understand all. As you traverse the circles, your outlook becomes more morontial. For the lucky few who achieve first circle, you are truly morontial in outlook. You are aware of the reality of soul growth and become less locked to the physical and material world.

There have been some instances of mortal translation on this planet but these are infrequent occurrences. This happens when the mortal and the Divine will become (constantly?) one. Human death is passed over and the soul, Adjuster, personality, are taken to the mansion worlds. No one from this planet has ever avoided mansion world experience, even those few who are translated here. For the majority human death is an inevitability. And I will pause - [Merlin, the dog, after scratching noisily at the door, makes a triumphal entry and is fused into the meeting. Although his words are impossible to transcribe, his sentiments are heard loudly on the tape.]

Death is greatly anticipated by the Adjuster for this reason: only when you reach Mansonia can the Adjuster more clearly communicate with you. After human death you will clearly hear the messages from your adjuster. Whether you obey is up to you, but there will be no more guesswork or confusion.

Now, in the area of confusion, it is quite normal to not know what is an Adjuster prompting and what is a prompting of conscience, which is a wholly different mechanism. Conscience is a human morality mechanism which helps you to know, or prompts you to do, what is right versus what is wrong. The Adjuster tells you what is really right.

Do you see the difference, students? Morality vs. spirituality. Truth vs. fact. High values vs. societal rules. The Adjuster always knows what is truly right. But it is the human condition to not be sure, and it is better to use your spiritual tools of slow progress, prayer, worship, thanksgiving, meditation, consultation with fellows - group wisdom, et cetera, to discern what is the highest choice. Better to err on the side of caution than to believe all inner prompting to be the work of your Adjuster.

The Adjuster does not place thoughts in your mind, but rather influences upstep in your thoughts. Also, the Adjuster wishes you to make decisions as actions, which are in line with higher spiritual value. There are two parts to the equation; growth, thought, spirituality; action, service-in your life and in the world.

The soul does not grow from intentions. The soul grows through decision-action. Love acts. So the potential must be translated to the actual, here, today, in your lives, in this world - in each of your own way. Try to be a little more loving, tolerant, faith-filled to your fellows. Try to extend a kindness when originally you might want to sit back. Be active, not passive. This greatly aids spiritual attainment and Adjuster communication.

We will all reach the same goal, brothers and sisters, but better to do as much good as you can along the way. What a gift you can give your Adjuster! The gift of survival, fusion, and the highest most service minded experiences you can give to this piece of The FATHER - who only wants, in return, for your eternal survival and unconditional love, which he gives to you, only wants your experiential living in return. This is a gift to God The FATHER and God the Supreme.

Cosmic consciousness is a gift to the Supreme. And Cosmic consciousness is attained through experience and actions. Children, this is something that you can do for God. Please try this week to give your Adjuster and God the Supreme the gift of the highest experience you can. You will be amply rewarded for it.

In this group no one is contemplating non-survival. Therefore we will not address that issue. But let me bring today's lesson to a close with a small prayer for you, my fellows.

FATHER, balance your children in their lives. Let them be consciously aware of your Divine gift residing in their mind. Let them try to lead poised, loving, service-filled lives so that they may better attune their will to the will of the Divine. Bless them with spiritual growth and bestow the fruits of the spirit on them as they live day by day through these uncertain times. Thank you father for your blessing.

Q: When you were speaking of conscience vs. the province of the Thought Adjuster you remarked that it was better to err on the side of caution. Do you mean that in regard to personal curiosity as to whether or not one is having an experience with celestial entities.

A: There will always be human curiosity as concerns the origins of certain promptings. This is to be expected, and is actually a part of spiritual growth fellowship sharing. However, it is better for the balance of the human personality to not attribute promptings to Adjuster guidance. This leads to fanaticism, religious fanaticism, and then imbalance. It is better to say “well, I think this is a good thing. It holds up to my examination of spiritual progression - truth, beauty, goodness, service – but it could be coming from my mind, the angels, etcetera, the Spirit of Truth, or just my own spiritual progression.” As one progresses spiritually, deeper meanings and resonances are gained from these very concepts. That is spiritual maturing. What we understand to be beautiful, true, and good at one level becomes so much more replete with many meanings as we grow. All I am warning against is the tendency of the human to hear the voice of the Divine and justify actions, which are purely human with this mechanism. Is that clearer to you?

Q: It sounds to me when you say that it's more important to the Thought Adjuster that we act, that we decide, than what we decide or what we do. Am I correct?

A: Both are correct. Your decision should be evaluated against your spiritual - or with your spiritual tools. But action is just as important as growth. No one will ever be faulted for acting in the best manner for their level of spiritual growth, although their actions would perhaps be improved upon if they were more advanced.

Q: RAYSON, two weeks ago I asked about the role of fear as an impediment to Adjuster action and communication with the mortal mind. And to flip that over and look at something that might positively affect Adjuster actions, I wonder if you could comment on the role of humor? And also perhaps of the sense of adventure, and any other qualities that might help us in this respect?

A: Humor, wonder, joy, optimistic anticipation of the ascension career, love, tolerance, a feeling of peacefulness with one's self, one's fellows, one's God, loving service - all of these qualities strengthen faith or are outworkings of faith. This great (liaison?) assists: the Adjuster providing the fertile soil for His ideas-concepts-communications. A cheerful outlook, a balanced view of life, a sure knowledge that you are God's child, and personally and perfectly loved by your creator, an assurance of your survival, and a belief in the reality of the spiritual promise of JESUS, can only aid a joyful and daily existence, filled with the love of God pouring into you and pouring out from you to others. This type of life will surely hear the Adjuster for you are eminently doing the will of God when you live this way. (02/09/92)

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Lesson IV on Divine Indwelling Monitor & the Evolution of the Soul.

See Lesson I under SOUL. (02/17/92)

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Lesson V on Divine Mystery Monitors & the Evolution of the Soul.

See Lesson II under SOUL. (02/22/92)

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Q: When I try to imagine communication with my Thought Adjuster I've kind of imagined that he would be telling me that he loved me and to go for it, and you are fine, and things like that. What I'd really like to know, though, is - from you - is really what kind of words, what kind of impulses should we be looking for that are not just our imagination, that are actually from him?

A: Mmm. I cannot answer this specifically for the adjuster communicates in concepts, truth, not words. Certainly, truth that one knows, truth that one is more than a human is from the Divine Adjuster. Cosmic consciousness is from the Adjuster. The prayer-worship impulse is from the Adjuster. The urge to become better is from the Adjuster. But more specific I cannot be for the relationship of the Adjuster is a mystery, actually, to most beings. I apologize.

Q: I have another communications question. What kinds of things are put on the space broadcasts? We joked in our study group that it would take a long time to listen to the weather reports for all seven superuniverses - to get through that to the real stuff. Can you give me an example of what kind of stuff is put on the broadcasts? And then as a follow-up, is it possible through the visualization of a sea of glass maybe to better tune into its broadcasts? Using that as a focal point?

A: Anything which - you are talking a human tool to help focus attention from the self to the spiritual - so, if that is a good image for you, then by all means use it, for these techniques have been used by your human spiritual leaders for aeons to help clear the cobwebs of the electro-chemical impulses to clearly see the reality of God.

What are on broadcasts? Well, this is hard to explain to you since you are linear. Certainly your Adjuster receives broadcasts from other adjusters and from Divinington, constantly. They remain mysterious to us. News of spiritual progress, teachings on the morontial-spiritual level are common highlights, inspirational pageantry - that you have not the idea forms to understand. Try to imagine all actions dedicated to the glory of God and the revelation of God in partially perfect creatures. Try to imagine every voice lifted to this common purpose, with different tones, the colors dancing to higher and higher spiritual meanings, the beings enveloped and participating in an understanding of something which takes so many so long to grasp - The FATHER - all dedicated to enlightenment, worship, love, God attainment. These are on the broadcasts, and it is mota that each receives according to inherent capacity. That is the best I can try to explain. (05/17/92)

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Q: RAYSON, earlier you said that we could relate to the Thought Adjuster in others. Is there - with the help of our own Thought Adjuster - a way we can communicate to the Thought Adjuster in somebody for whom we have a great deal of concern, and communicate that concern, say, about the spiritual status of that person?

A: Yes. You do this all the time, and very well. For Thought Adjusters to communicate directly to other Thought Adjusters is not directly influential to you. It will not necessarily directly teach you. But for your Thought Adjuster, your fragment of God, to talk or to express through your physical organism to another physical organism, and then to that physical organism's fragment of God requires an alignment of mutual mind, body and spiritual systems. And when this happens, a great deal is accomplished. When values are communicated new to another, and when that other is touched by that value, then communication has been achieved between the Thought Adjusters.

Q: RAYSON, I would like to take that question a step further, in a way. Now that the circuits are open, is it possible for our Adjuster to communicate with an Adjuster on the mansion worlds, and then somehow communicate with us? Could you comment on that please?

A: There are special circumstances when that can be done, but it is rare, and it need not concern you. (11/15/92)

TRUTH SEEKING

Lesson on Seeking the Truth:

Time is coming when action must rule the day, when all the truths that you have learned and experienced must show forth in your daily deeds. That moment is rapidly approaching as you begin to do what you have learned as you have seen today, ever progressing, a little bit each day. And the best way is to continue. I commend you all in your efforts. I wish you much success in living the meanings and values that you have learned not only from The Urantia Book and us, but from your daily life experiences.

Today's lesson is on seeking the truth. Truth can be intangible if you are not in line with The FATHER's will. The truth is actually the surest reality. How do you recognize truth? How do you know that we are here? How do you know that I am here? That this teaching mission is here?

The truth that you learn is absorbed by your senses and passes through your mind and is perceived by the Spirit of Truth within you and all around you. And with the aid of the cosmic mind, you are able to discern truth and to use it every day in your daily activities.

How do you know that something is true? You can believe the fact, but it might not necessarily be truth. And the truth might not necessarily be the fact. As you all are intelligent teachers, you will naturally analyze most things to see what element of truth it contains. You will naturally accept some of those and reject others. The ones that you have experienced - the truths that you have experientially experienced - you will automatically recognize as the truth, and you will have no doubts because you have experienced that truth which you have been exposed to.

Sometimes a combination of facts may seem like the truth if it is logical and it makes sense to you, and so you believe it. But until you have truly used that truth in your daily life and have experienced that truth, you will not actually know that it is the truth.

I can talk endlessly about science. Some of it may be verifiable, some may not be, but it will not necessarily be a truth. The truth that I speak, you will recognize deep within yourselves. If you do not, then think about it. Mull it over in your minds and see if it will actually be a part of your experience. If it does not, then you cannot be sure of your decision, no matter what decision.

When one seeks the truth one is hungry for the truth, one desires true meanings, true values, of the reality of life and your relationship to others - and to God. Why are some people not hungry for the truth, why do they not desire the truth? And why do others thirst for that eternal wisdom that can come to them through their fragments of The FATHER. You see, children, some people are not hungry because they have not digested the truth that has been given to them. Let them live and experience what they have been given, and after they have been filled they will again be hungry and they will be desirous of more wisdom and more truth.

The ones who are thirsty, the ones who seek the truth, they have lived-to some extent-and have experienced the truth that they have been allowed to partake of, and then - after their realization has been lived in the full - they become thirsty again. And because they are thirsty, more knowledge, more wisdom, more truth, will be let into their consciousness.

Truth is given to you, and through your faith you will understand the truth and then you will live the truth, you will be one with the truth. When truth is given to you in any form-sometimes it may be

shadowed by facts and misleading information, sometimes truth may come in the form of fiction - keep alert to the fact that truth may come in very many forms. Be open. Be willing to consider all aspects of the vehicle which truth may come in. Discard the elements, which conflict with your common sense, with your cosmic knowledge and attitudes. Take out the truth and put it into action. Give it the tests of life. Live it. And through that living of that truth you will obtain wisdom, true wisdom. And with wisdom you will be able more to discern the truth when it is surrounded by untruth or misleading facts and elements. And then, of course, you will once again thirst for more. And you will be given more. That is how you progress, children, through the ascension career that lies before you.

But faith is so important to this. Have faith. Move forward. Take that step with certainty, knowing that you are doing so with faith in your Thought Adjuster as you progress in the will of God.

There is much satisfaction to this. The more you progress, the more satisfaction you will receive. At first - like a baby that has a difficult time digesting adult food - mortals who start to desire truth will find it hard to digest truths, which they have been given. It will be slow and tortuous for some of them. Others will digest it with no problem. It will always be slow, and after the initial part has been gotten over, the baby is ready for more solid food, for truth that is a little bit more tangible and must be digested to a further degree before it can be used to make the bones and muscles and tissues which make up your material self, and through which you actuate those truths into the loving service of your fellows.

So, seeking the truth is difficult and slow in the beginning, but as you move forward it becomes easier and more productive and filled with more satisfaction. But it is not necessarily easier. More tangible truths, more and more bigger truths will be placed before you, which you must conquer, much as you conquer your own bodies and your own soul.

This is related to my previous lesson of self-mastery. You must master yourself so that you can live the truth, which you have been given. Through this self-mastery you digest the truth, you live the truth, and you are given more truth. And sometimes you must master yourself even more before you can digest this next batch of truths.

It is much fun once you get the hang of it, even though there will often times be obstacles which are trying. But this is part of the experiential progression, which you are all undergoing.

Q: One of our members here once told me you can tell what's true because its so familiar, has a familiar feel. Could you comment on that? Because that seems very profound to me.

A: Yes. Those truths, which you can feel, are the truths, which you have already experientialized. You have lived those truths, and so they are familiar. Just because you do not feel familiar with a truth does not mean it is not the truth. There are truths you have not experientialized which, upon hearing, you may not automatically recognize or realize as being truths. Those are the truths, which you must put under the tests of actually living and seeing if they are the truth.

Q: RAYSON, it seems that by living and experiencing those truths and trying them in your life that you become "at one" with them. Is that part of the process indeed, to experience them in order to become at one with them?

A: Yes, that is correct.

Q: RAYSON, my sense is that in becoming a seeker of truth a material being puts one's self at a certain degree of risk. There's a certain kind of person who will punish one for that. It's my belief that that's true. Could you comment on that?

A: Yes. You are put at risk, but the risk is not of your soul. Your soul is not at risk. But your ego may be at risk, your self image, or the image that others have of you, your reputation, your job superficial things will be at risk. That is because what you see as the truth you have lived and know experientially. Others who have not lived that truth will not see that truth. It may be that they cannot see the truth because of their own laziness, their own incapacity to seek the truth, or they may be envious of you. So they may try to denigrate your efforts in order that their ego is not damaged. When this happens, go bravely into the face of this, but also use discretion. Realize that this other individual cannot yet see this truth, and that possibly that person is struggling. Do not show off your abilities of discerning the truth - your accomplishments - in their face. Rather, help them step-by-step in their efforts to live that truth. This is not easy, but it is a good effort to make.

[There is a long dialogue about a woman who objects to self-defense.]

RAYSON: This individual seems like a person who has memorized truths who has not lived - or does not truly understand them enough to experientially live them out. The individual is not in harmony with reality. Her concepts are verging on fantasy. She believes what she has been told without question, and questioning is very vital to seeking the truth. You must question everything. You must question authority. You must question myself. You must question each other. You cannot take things for granted as being the truth.

Of course you should not question merely for the sake of questioning. You should definitely desire to know the truth. Question The Urantia Book. Question these teaching missions. Question your study group leader, or ones who have an intellectual understanding of the concepts in The Urantia Book, which surpasses your own. Do not think that just because they are more intellectual than you are that whatever they say is the truth. This is not so. Reason it out on your own. Try to live what you have gained by your own working-outs of these questions.

When you discuss matters of Universal reality with people who do not question, who take things for granted, you would not be able to convince them of much because they have unquestionably taken some beliefs as the truth. They will doubt everything that goes against that which they have decided to believe as the truth. And this is a danger, for you may also do the same for the teachings of The Urantia Book.

Realize that truth is often relative of where you are in your progression career. What may be true for you now may not be true when you have gone on to the morontia worlds.

Q: Sometimes I have a deep conversation with someone for hours and hours. I consider a heart to heart talk or just friends being together to be a beautiful thing. I tend to allow exactly how I feel or what my response is to being with someone to come up, and there is an interchange. Then later I find that bits and pieces come back to me of that structured conversation, things I said or things that were said to me, and it's at that point where I feel through reflectivity or something that more truths come regarding that. Now is that correct? Or is it a good way of discerning personal truth? Or should truth occur in the leading edge of a conversation? Or could you touch on that a little bit?

A: Yes. Sometimes when one knows a truth, before that truth is actually lived out experientially, one speaks that truth. It is a mid-point between actually living the truth out and to know the truth. It is good to be aware of the truth when you are living it out. It is good to be truth; or rather it is good to

realize and to be aware that you are speaking the truth when you do so. But many times you are so intent on that moment that you are not aware, and so your Thought Adjuster will refresh your memory at a later time to let you know that, indeed, you have been speaking the truth or you have been acting out that truth.

Q: Does the Spirit of Truth inter-associate with that circuit or is it strictly your Thought Adjuster?

A: The Spirit of Truth does play a part in the total delivery and reception of truth. It is a causal feedback to the brain, together with the awareness input facilitation of your Thought Adjuster and liaison with your brain, or rather your mind.

Q: It almost seems - in living - that we are digesting, that image used of digesting, it seems we are digesting our own egos and in the process turning our natures into something very different. It feels that way to me. It's a good thing. Not always real pleasant. But the outcomes, the results, are certainly blessings. I just wanted to share that observation and see if you had any comment.

A: Sometimes - this analogy can only be carried so far - but the taste buds can be the ego, the ego sometimes find some truth distasteful and will not swallow it.

Q: Like many people I have trouble from time to time with depression. And I've noticed that since starting to read The Urantia Book, and more particularly since interacting with you and the study group, and doing what work I can on my own, that depression seems to occur less frequently, and when it does happen it is not so bothersome, and I can think more clearly. Am I just kidding myself or is that the real thing, is that really happening? I feel happier about being alive.

A: Happiness and joy and living is real. You are not fooling yourself. Do not be depressed. When you are depressed you are taking yourself too seriously. Look unto the goals of destiny. This life is but a beginning. Depression must not interfere with your desire to be in touch with your Thought Adjuster. The more you attain the stillness, the less depressed you will be. Do not center attention upon yourself. Center your attention on infinite and eternal realities. There you will find the stillness. (11/01/92)

WILL

Note: Will is discussed at length under the heading of MIND. (02/17/92)

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Q: I have a question about the will. Something you said about the will was almost as if it was a separate thing than us. So is the will of completely from an animal level or is it from personality?

A: Personality exercises dominant will choice on this level but the will is the offspring of the conscious human mind, mid-mind. It is your only area of control or choice. You cannot effectively influence other things: your body, material world, the Adjuster. But you can exert influence and growth through will in the material, conscious mid-mind. (02/22/92)

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Q: RAYSON, regarding free will, I've noticed that all the teachers tend to respect that infinitely, and I was wondering that is it your opinion, or perhaps the opinion of Father MELCHIZEDEK that had the Fifth Epochal Revelation not occurred and then this subsequent teaching mission, would life as we

know it, human life on this planet, be in much greater jeopardy in terms of spiritual bankruptcy and the devolution of mankind?

A: Yes, if there were no other plans put into effect - that is improbable. If The Urantia Book and the teaching mission was not put into effect, another plan would have been. And if that plan were not put into effect, another would have been.

Q: So, with the respect of free will, it's still not MICHAEL's choice that the earth experience be allowed to annihilate itself? Is that a correct assumption? That we are always being nurtured?

A: Free will was bestowed by the FATHER, not MICHAEL. If we all choose to annihilate ourselves, that is their prerogative, we have that. Even I. But the point is that we don't.

The plans for uplift, for guiding us ever onward and upward, is not a negative plan to stop us from doing evil. It is a magnet, which is positive, which draws you ever upward. It is not to prevent self-annihilation, but rather to give you more opportunities to grow, for getting you to reach up so that the ones above can reach down and so pull you up.

Free will (alone) is nothing. It is not valuable unless you are given enough choices. These missions, The Urantia Book, revelations, are all to give you those better choices. (11/22/92)

PART III

PRAYERS

The majority of the meetings began with a traditional prayer, which contained most, if not all, of the following:

The light of God surrounds us,
The love of God enfolds us,
The power of God protects us, and
The presence of God watches over us.
Wherever we are, He is.

RAYSON: Then let us pray. The FATHER is the light of the world. The FATHER is the light of creation. Through the Son He gives birth to the galaxies and the universes and the solar systems and all the creatures of will. Through the Mother Spirit's ministry we are cared for with a Divine Love. We give thanks for our existence. (10/23/91)

RAYSON: We'll close with a prayer. The FATHER himself rejoices as each new soul comes forth to toil in the kingdom. As we work side by side we are evermore conscious of The FATHER's love for His children and our love for each other grows greater. God is our power, and our strength, and our goal. We sing His praises. We pledge ourselves to His watch-care and guidance. We declare His name to be above all. (10/25/91)

RAYSON: Let us say a prayer to MICHAEL of Nebadon before I leave.

MICHAEL, God of mercy and miracles, bless our mission with clear insight, courageous hearts, and lives filled with wisdom. We have dedicated our will to the will of The FATHER. Please accept our humble gifts of love. (12/01/91)

RAYSON: Help us, FATHER, to keep our focus Godward, to dwell in the part of us that dwells in you. When my attention is only on God, good emanates from me, and through me. Our lives will be dedicated to doing The FATHER's will, and we will steadfastly screen out everything that keeps us from discerning His will. As John said, love one another. And we, FATHER, pray to reflect more of your love back to the world. Amen. (12/07/91)

RAYSON: I would like us to pray together before I say farewell.

Dearest FATHER on high, reach down to the children of time and comfort their heavy hearts. Assure them of their everlasting life and love and goodness and beauty, and comfort the children when they cannot see you. We pray for wisdom and love, and to reflect the goodness of God in all that we say or do. (12/15/91)

RAYSON: Universal FATHER - Son and Mother Spirit, see the faith-filled sons and daughters of time as they lift their arms heavenward toward your great love and cherishment. Although blind to your sight, these beautiful children look upwards anyway, Agondonters strong and free. See your children some day sitting with you in peace and wholeness and light and love, and taking these gifts onward in the Corps of the Finaliters. Bless them, FATHER, and bless our mission as we try to bring Urantia closer to you. (01/06/92)

RAYSON: I would like to end our meeting with a short prayer.

Dearest FATHER, show us - your children - your infinite love and watch care and guidance. Help us to discern your presence in ourselves and in the Universe of Universes. As we get to know you better, let us reflect more of your Divine love to our brothers and sisters. And we pray to grow ever closer to your warm light and ever more like you in your loving ways. Bless us as we live our lives uncertain, yet certain of the eventual outcome, which is to someday sit in your very presence and worship the one God. Amen. (01/12/92)

RAYSON: At this point I would like to end the discourse and participate with you in a group meditation of silent receptivity, which I will lead.

Dear FATHER, Creator of all, endless circle of love, goodness, and First Source and Center of everything, show your children the way to you; the journey inward and outward which is without end, replete in spiritual growth and sung of by angels. Let us be silent as each one of your children tries more consciously to feel your presence within and without. To feel your Divine unconditional and endless love mercy, goodness, and beauty. Let us listen to the silent voice of the eternal.

(Long silence)

If you feel peaceful, sublime, loved, loving, forgiving, forgiven, compassionate, connected to your brothers and sisters and the Father, that is your first inkling of Thought Adjuster downreach and outreach to the human mind and soul. Some day you will feel this way always, and more. (01/26/92)

RAYSON: Let me bring today's lesson to a close with a small prayer for you, my fellows.

FATHER, balance your children in their lives. Let them be consciously aware of your Divine gift residing in their mind. Let them try to lead poised, loving, service-filled lives so that they may better attune their will to the will of the Divine. Bless them with spiritual growth and bestow the fruits of the spirit on them as they live day by day through these uncertain times. Thank you father for your blessing. (02/09/92)

RAYSON: Now, I have a short prayer. (S) feels very lonely as her mate has gone on ahead of her and so tonight I wish to pray for (deceased) with my fellows.

Dearest FATHER, whose mercy knows no end, whose love is all, help these human children of time to fully realize the Divine adventure of eternity. Let them feel the presence, FATHER, of their dear ones who have graduated. Let them feel the morontial joy in survival with the pain and longing and despair and doubt from their hearts for truly we are on a great ship going to a beautiful land on a Divine journey. Let them feel their potential Divinity, and know that those who have gone on ahead are safe and secure in the love of their Angels and their God. (02/17/92)

RAYSON: And now a prayer:

Great I AM, First Source and Center, Highest Deity, Creator of all, bless these lowly children of time with understanding. Let them feel your Divine compassion, love and mercy, and let them grasp even for an instant of their time - their glorious careers with you. (02/22/92)

RAYSON: Now my brothers and sisters let us pray.

Universal FATHER, thank you for life, for the bestowal of your Divinity, for personality, for soul, for mind, for the mercy of the Son and the ministry of the Mother. Thank you for the adventure of time and space and the potential of eternity. Our hearts long to sit some day in your presence.

To worship you is the most sublime gift we can give. We worship you now, FATHER, in our humbleness, smallness, oneness, and fairness. And the act of worship makes us as one with your greatness, your wisdom, your love, your compassion, your mercy, infinity and eternity.

Thank you for the miracle. (03/15/92)

RAYSON: Let us end with a prayer.

Universal FATHER, Creator-Father-Son MICHAEL, and most wondrous Divine Mother, we your children worship and thank you for our existence, our blessings, our opportunity to become eternal, our avenues of service, the love we give and receive, and our assignments as spiritual ambassadors. We pray for increased love, compassion, understanding, joy, tolerance, faith, hope, and spiritual awareness in our lives and on our planet. We send our thanks to all who help us: human, morontial, spiritual, and pray for increased communication with the Divine Adjuster within. FATHER bless your children this week and let them keep You foremost in their hearts, minds, souls, and bodies. (05/09/92)

RAYSON: Let us pray together:

Dearest FATHER, First Source and Center, Great Architect of all. Thank you for your gifts. Your children appreciate and love you so for this gift of personality. We dedicate our wills to yours, FATHER, as we are consciously evolving towards your perfect plan for each one of us. May we all go the distance and serve together in the Corps of the Finaliters and help our brothers and sisters in your vast creation, not yet actualized, just as we are. May The FATHER bless you and keep you spiritually aware and growing until we meet next week, my brothers and sisters. (05/17/92)

RAYSON: Dearest FATHER, beloved Creator of the universes of perfection and evolution, and the universes yet unknown to come. We pray to recognize your blessings in our lives, to make our life a blessing to those we know, to those we pass by, and to your world-and to you. We dedicate and rededicate our wills to the doing of your will, and pray for increased understanding of love and service, beauty, truth and goodness, and increase action of these fruits as we go through this world. We pray for peace internally and externally, and we pray to pass on the faith and hope and love - which we each possess - to others and to the world. May JESUS inspire your lives this week. (05/24/92)

RAYSON: And now we will end with a prayer.

Dear FATHER, help us to discern your will and dedicate our wills more fully to doing your good works. Let us be more aware of higher values and apply them in word, thought, and deeds. Let us remember that every brother and sister has a Divine element and a Divine bestowal of personality, and that even those we dislike are loved by you, FATHER. Let us go through life this week as advertisements for Divine love and spread this benign virus of your love to others, Let us transform ourselves now. MICHAEL will keep us in his mercy and love as Divine Mother ministers to each child during this coming week. (05/30/92)

RAYSON: So we will pray together.

Thank you, FATHER, for this opportunity to work with these humans. We who are non-human have learned - and are learning - much. Their valiant faith inspires us ever onward. We bless each human soul and revere each fragment of Divinity in your children. We pray for their increased awareness of all of your ministers and for their increased love for each other. We thank you, FATHER, for the opportunity for us to know and love them and for them to know and love us. We thank you for Urantia and for all of the gifts, which you have given all of your children in time and eternity. FATHER, some day we know we will all see you with more than faith. We await that day in eternity and in worship to your greatness.

We pray to do great good as we travel toward you, FATHER. May we be as merciful as MICHAEL is, as wise as The FATHER, and as loving as Divine Spirit. (06/06/92)

RAYSON: We will close with a prayer of thanksgiving for our great gift from God.

Thank you for our open minds, hearts, souls and bodies, which perceives ever so dimly in the distance the perfect and eternal light of the Great I AM. Thank you for the gift of faith, for evolution and imperfection, for the great adventure of perception in time and eternity, for the Adjuster, for our loving cousins - the seraphim. Thank you midwayers for letting us visit your planet. For our spirit of truth, and our celestial government. Thank you for sending the great Prince MACHIVENTA once more to this beloved planet. And thank you most of all, for the spark in the human soul, which drives us onward despite adversity. (07/26/92)

RAYSON: And before I depart we will say a prayer which (T/R) has requested.

FATHER of all miracles, Creator of our world, of our being, First Source and Center, Eternal Son, Purpose and Mind Mother, please send your ministers of mercy, goodness and light to your children this day and every moment of their lives. We ask for the healing of Urantia. We ask for healing of the human soul, and heart, and mind. We ask for healing of (T/R)'s friend who is in intense suffering. We pray for healing of (S) and all our fellow mission workers across the world. We ask your blessing that our vision expands so we may see the blessings we already have. (08/02/92)

RAYSON: FATHER, may we worship you more fully day by day, and be more grateful for your Divine gift of love and for the fact that you are, in deed, in fact, in love, in eternity, our Creator-Father. We thank you for your Son, MICHAEL of Nebadon, our Universe Sovereign, God of mercy, and for your Daughter, Divine Mother, who is the God of faith and miracles and ministry. We invite them to fill our lives and beings with their gift of light and ask our angels to draw closer to us daily as we ascend on our path in our trip towards paradise. We pray to forgive this week and always and to feel God's forgiveness. We mostly pray to recognize how blessed we are as agondonters, as the recipients of revelation, and as children of such a wonderful father. (08/09/92)

RAYSON: I wish to say a prayer for each of you.

Dearest FATHER, strengthen all of us so that we may serve your will to the best of our abilities. Give us courage and centered strength in our faith in your greatness and goodness with that we may reflect this into this dark world and begin to bring it toward the light. May angels draw close to each and every one of us as we take our steps on our ascension walk, and may we be nourished by Your love, ministered to by the MOTHER SPIRIT, and shown much mercy by MICHAEL. We worship you FATHER, and thank you for your goodness. We wish to serve always and dedicate our wills to yours. (08/16/92)

RAYSON: FATHER, let it be known - regardless of hardships, doubts, insecurities, and other adversities of our lives, our will is that your will be done. (10/18/92)

RAYSON: Heavenly FATHER, we are in your presence. We humbly ask you to guide us on our way through this world and to the mansion worlds. Forgive us for our mistakes, the sins we may commit, our evil tendencies, as I know that you will. We long to be with you, and we will strive in the best way we can to love you as much as you love us. And no matter what we may do, let it be known that not our will but yours be done. (11/22/92)

RAYSON: And let us say a prayer of thanksgiving to the Universal FATHER for the fact that we have life and can see God and know God and have inner consciousness of God, and for all the glories of God; for the Divine Mother Spirit, the Eternal Son, all the ministers to the children of time and space. And for the entire beauty, goodness and truth of the outworking of the Divine as we can grasp it from our point on the path of light. We thank you FATHER and we pray for ever-growing enlightenment and dedication of our will to your own.

May God's blessings be apparent to all of you for they are upon you. (11/29/92)